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# The Somerville Times

www.thesomervilletimes.com



VOL. 8 NO. 37

SOMERVILLE, MASS. WEDNESDAY, SEPTEMBER 9, 2020

TWENTY-FIVE CENTS

## Inside:



The first one is  
unforgettable

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Tacos with a  
certain kick

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Where arts and  
community collide

page 9

## Limited Phase 3 Step 1 business reopenings taking place this week



The long awaited Phase 3 Step 1 reopening of specified local business, such as fitness clubs and gyms, began on Tuesday of this week.

By Jim Clark

Last week, Somerville Mayor Joe Curtatone announced that certain Phase 3 Step 1 businesses, including fitness clubs and gyms, may open with restrictions in Somerville on Tuesday, September 8. Somerville is the last city in the state to do so.

According to city guidelines, all businesses seeking to open are required have a city-approved health and safety plan and meet stringent COVID-19 safety requirements. The requirements, which are designed to decrease the risk of virus transmission, include all state requirements as well as measures that exceed State standards such as mandatory face coverings for all staff and patrons at all times. The city continues to encourage and support outdoor alternatives as additional safer options for gyms and fitness centers.

Continued on page 4

## Fluff Festival will be virtual for the first time ever

By Isabel Sami

The first-ever virtual Fluff Fest takes place this Saturday, September 12. "In Fluff We Trust: Sticking Together Thru Fluff" is an all-day event viewable in the comfort of your home on the Fluff Fest website (<https://www.flufffestival.com/>). The beloved community tradition will be accessible to Somerville residents past and present, as people around the world will be able to view the events online for the first time in its 15-year history.

At 11:00 a.m., demos and tutorials for games will go live on the website, with challenges such as making a "Fluffernutter" sandwich (marshmallow fluff and peanut butter) blindfolded. Following the "sticky fun at home" is a livestream at 6:00 p.m., hosted by former Somerville Media Center employee Erica Jones and other local festival representatives, who will announce the winners of the Fluff Hairdo contest and the Fluff Fear Factor contest.

Continued on page 6



Be sure to tune in to the virtual edition of the Fluff Fest this coming Saturday.

— Photo courtesy of Union Square Main Streets

## ATTN: LOCAL BUSINESS OWNERS

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The views and opinions expressed in Newstalk do not necessarily reflect those of The Somerville Times, its publisher or staff. The column has many contributors.

The **Phase 3 Step 1 reopening** has begun in the city this week, and several local business owners are already taking advantage of the newly eased restrictions. We wish them all the best of luck, while also cautioning them and all their patrons to keep following safety guidelines that are still in effect. We want everyone to remain safe and healthy as well as the business owner renewed success.








\*\*\*\*\*  
Don't forget that this year's **Fluff Fest** is a virtual one and can be enjoyed on their website at <https://www.flufffestival.com>, this **Saturday, September 12**, beginning at 11:00 a.m. Join in the fun!

\*\*\*\*\*  
With generous support from the **City of Somerville, Cradles to Crayons, The Beautiful Stuff Project, the Diaper Circle** and **individual donors, Somerville Family Learning Collaborative** provides free diapers to Somerville families **every Wednesday, 9:00 a.m. – 11:00 a.m.** outside the East Somerville Community School, 50 Cross St., and **West Somerville Neighborhood School, 177 Powderhouse Blvd.** No signup or ID required. Since March, more than 200,000 diapers have been donated to families in need. Donations may be made to The Beautiful Stuff Project or contact **SPS/SFLC Volunteer Coordinator jCapuano@k12.somerville.ma.us** to donate packages of unused diapers. (Sizes 4,5,6 preferred, but any size N-7 and pullups are welcomed), or to volunteer.

\*\*\*\*\*  
Happy birthday this week to several locals: Happy birthday to local realtor **Stephen Bremis**. We wish him the very best for his birthday. Happy birthday to an old friend, **Bob Trane** (former Alderman for Ward 7), and another great guy. We wish him the very best. Happy birthday to **Jodi Gallo**, who is married to **Jimmy**. We wish her the very best of birthdays. Happy birthday to an-other local historian and a guy that loves Somerville, **Matt Hoey**. We wish him the very best of birthdays as well. We wish **Juscelia LoRusso** a very happy birthday. Continued on page 7

## Somerville Weather Forecast

for the week of September 9 – September 15 as provided by the National Weather Service

DAY	CONDITIONS	HIGH/LOW	PRECIPITATION	HUMIDITY	WIND
 <b>Wednesday</b> <i>September 9</i>	Cloudy	81°/67°	19%	12%	SSE 7 mph
 <b>Thursday</b> <i>September 10</i>	Thunderstorms	85°/61°	41%	29%	SW 10 mph
 <b>Friday</b> <i>September 11</i>	Partly Cloudy	69°/55°	21%	15%	NE 12 mph
 <b>Saturday</b> <i>September 12</i>	Partly Cloudy	70°/56°	1%	14%	ENE 10 mph
 <b>Sunday</b> <i>September 13</i>	Cloudy	73°/65°	20%	12%	S 12 mph
 <b>Monday</b> <i>September 14</i>	Sunny	76°/56°	19%	9%	NW 12 mph
 <b>Tuesday</b> <i>September 15</i>	Sunny	68°/51°	9%	8%	NNE 11 mph

NOTE: Conditions subject to change. Always check a daily forecast prior to activities that can be affected by the weather.

## TheSomervilleTimes.com Comments of the Week

### Response to: City calls for more police enforcement for illegal parking on Beacon Street

#unintendedconsequences says:

How did anyone not see this coming?? You remove parking and what did you expect? I can't wait until the patrons complain because businesses can't get supplies delivered, or residents complain that their Amazon purchases are no longer being delivered. Because that's what this will lead to. UPS and Amazon drivers aren't going to risk a ticket so eventually delivery companies will simply stop coming.

Jim says:

I actually like the sloped curve b/c it allows you to go into the street to pass slow cyclists. Also, I find there are lots of clueless pedestrians walking and jogging in the bike lane. Instead of yelling at them to move (pointless if they have headphones in) I just swing onto the street when its safe. The sloped curb allows that.

I bike this route into Boston a few times a week and really the delivery trucks are a nuisance, but I get they need somewhere to park to make deliveries so they don't really irritate me. The Uber drivers are another story. The worst is Uber Eats b/c the restaurants don't run the food out to them so they just park in the bike lane (happens a lot on Somerville Ave). I find that really, really irritating. I feel like if a restaurant wants to do Uber Eats, they need to make the food handoff much more efficient

Rachel Klein says:

Definitely take photos of these violators' vehicles when you can, especially catching the license plate nos. Provide the police with plenty of details (place, date, time, etc), and be sure to lodge a FORMAL COMPLAINT. These people are breaking the law and the police can't ignore it if you make it official. There's no point in passing laws if both the public and law enforcement blow them off. This is for everyone's safety.

D says:

Seriously? These businesses need Uber Eats, deliveries and customers to survive. People unable to bike and without cars need ride shares. When you order take out do you ask if there is parking for the delivery service that is not in a bike lane before you order? Have you given thought lately to the issue of white privilege, role of police or the ripple effect of Covid. I'm sure you have. A blocked bike lane is an inconvenience. A bike lane is an amenity not a right.

Gaspar Fomento says:

Sorry – when it is legally mandated it is a right. Inconvenient for you or not.

Log onto [TheSomervilleTimes.com](https://www.somervilletimes.com) to leave your own comments

## The Somerville Times

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# Life in the by Jimmy Del Ponte

## Our first rides



Remember when driving was our biggest thrill? We couldn't wait to get our drivers licenses.

We would pile out friends into the car and just cruise all day and night. If you had wheels you were a popular person.

When I got my license at The Armory on Highland Ave. in 1971 gas cost about 40 cents a gallon. I was so happy when the that scary Registry cop gave me my temporary license (pink slip) I ran home and begged my dad to let me use his car. I had flunked two previous road tests so I didn't tell anyone about the third one in case I failed.

Some of my friends took Drivers Ed at the high school and some went to Andersen or Pleasant Auto, where I learned.

Some of my Somerville friends shared their memories of their first cars:

"1947 Ford I was 16. I totaled it 1/2

hour after buying it. I went through a stop sign. I was 16 years old."

"I had a '61 bug I bought for \$25 in '68."

"1968 2 door Teal Blue Plymouth Satellite. Sharp! I chased two guys away at 1 a.m. on Heath St. breaking in to it. I was alone and said, "Hey, what the hell are you doing? They took off. #somervillegirl."

"Mine was a 1969 Olds Delta 88. I'd like to say it was white, but the front fenders and hood where green and the trunk was red. The rest was in fact white, well sort of..."

"Mine was a 1970 green Buick Estate Wagon. You probably got into a few accidents with my father driving home after gigs with it." (I was in a band with his dad)

"1963 Chevy Biscayne. 3 speed on the column."

"65 Corvair... should have kept it!"

"1968 Buick Skylark convertible."

"I had a 65 Chevy Bel Air. Paid \$50 and had it for 2 1/2 years. Thanks Gramma and Grampa!"



"This is an actual picture of my first car. A '62 beetle I bought in '76 for \$50. This is when I lived in Maine."

"1966 Ford Fairlane, bought it for \$100. Five payments \$20."

"1983 Silver Dodge Daytona, with sun roof. Thought I was a big shot, got my first speeding ticket on Lake St., Arlington, with the radio blaring."

"64 valiant slant six, pushbutton trani." (the 225 slant six was one of the easiest motors to work on)

Although I was thrilled to get my dad's '67 Dodge Dart free, the best car deal I ever got was my 1973 Cadillac Fleetwood Brougham complete with foot rests in the back seat. After admiring this car, which was parked up my street for three years, the owner sold it to me for a whopping \$30. After putting a Nissenbaums purchased recycled radiator in it she lasted almost three years. Best memory was when my pal Dave chauffeured six of my festively costumed

Continued on page 10



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*A tradition of fine  
foods since 1935*



Per the order of government restrictions in helping to stop the spread of COVID-19, we are only open for **take out and delivery** until further notice.

Please note that we are offering in addition to our full menu platters and trays of food to go as well.

**For delivery, please visit [doordash.com](https://www.doordash.com)**

Our menus and specials are posted on our Facebook page at:  
<https://www.facebook.com/Mount-Vernon-Restaurants-103209019028/>

We ask you to bear with us while we implement these guidelines. The safety of our patrons and employees remain our number one priority as we continue to operate and maintain our small business during this difficult time.

Our hours of operation moving forward will be  
**12:00 to 8:00 p.m. until further notice.**

**Be safe and stay healthy – The Mount Vernon Restaurant**



THE WEEK IN CRIME

By Jim Clark

# Bully with a knife taken off the streets

Somerville Police officers were dispatched to the Star Market on McGrath Hwy. shortly after midnight on September 1 on reports of a man with a knife threatening the reporting party's husband.

Upon arrival, the officers made contact with the victims. The male victim was frantically saying that a man had just threatened to stab him and took off on a bike heading through the parking lot by the ice skating rink.

The victim was able to provide the officers with a picture of the suspect that he had taken on his phone. The officers sent out the picture to all east end units responding and provided an updated detailed description of the suspect.

The victim's wife told police that while she was waiting in front of Star Market for her husband, a man, later identified as Paul Phaneuf, of Woburn, approached her and began harassing her about a bag of medication that he had left there.

When the woman stated that she did not know what he was talking about, Phaneuf reportedly started tossing around shopping carts, then walked away.

When the victim showed up, his wife told him what had just happened. The victim then said that as he was putting groceries into his van, Phaneuf approached the van and the victim asked him why he felt the need to harass females.

At this time, Phaneuf reportedly took a knife out of his backpack, brandished it at the victim and stated, "I'll stick you."

Phaneuf then reportedly went around to the other side of the van, opened the driver's side door and while the woman was seated in the front passenger seat brandished the knife at her and stated, "I'll stick you."

The victim grabbed a tool from inside his van and ran around the van chasing Phaneuf away from the vehicle.

The victim said Phaneuf put the knife back in his backpack, grabbed a bike from the parking lot, and took off through the parking lot by the ice skating rink.

The two were eager to leave and go home, and they were advised before leaving the scene that Phaneuf had been found and detained by police. Using the photo taken by the victim, the arresting officer was able to confirm that the man they had detained was the suspect that brandished the knife.

Police recovered a knife from Phaneuf's backpack. The knife was logged into evidence and a picture of it is attached to the report.

Phaneuf was placed under arrest and booked on a charge of assault with a dangerous weapon.

## Crime Tip Hotline: 617-776-7210

Do your part - Leave a message on our tip hotline answering machine – All calls are confidential –Your Privacy is Assured. If you choose, you can leave your name and phone number and your call will be returned (not required). Also, if you prefer you may e-mail directly with your crime tip. We will follow up on all information provided to the best of our ability.

Thank you for your assistance.

## Help Keep Somerville Safe!

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Simply text the phone number "TIP411" ( 847411 ) and put "617spd" at the beginning of your text message. If your message requires an emergency response PLEASE DO NOT TEXT and instead call 9-1-1.

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## Limited Phase 3 Step 1 business reopenings taking place this week

CONT. FROM PG 1

Businesses eligible to open in Somerville on September 8 include:

- fitness facilities and health clubs including gyms, yoga studios, and other fitness centers;
- motion picture and television streaming productions; martial arts and dance facilities; non-athletic instructional classes (such as arts, music, language, etc., classes).

City staff will continue to work with specialty indoor recreational facilities with more unique safety challenges such as ax throwing or indoor rock climbing to consider potential openings on individual timelines. But at this time they will remain closed. Movie theaters and museums, including the LEGOLAND Discovery Center, will also remain closed until further notice.

Somerville safety requirements and enforcement that exceed State guidelines include:

- Face coverings must be worn at all times by patrons, staff, and any other individuals present. There are no exceptions beyond standard medical and disability exemptions or age exceptions for infants under age of two. State exceptions, for example, for persons at a greater distance or engaged in vigorous exercise, will not be permitted.
- To ensure state or local capacity limits are not exceeded, businesses must require patrons to register in advance for specific classes or time slots, including for open gym time.
- All businesses must submit a health and safety plan to the City, which must meet all requirements for their business category. Plans must be approved by Inspectional Services, and must be available at all times to patrons and the public. Plan templates and requirements are available at [somervillema.gov/phase3reopening](http://somervillema.gov/phase3reopening).
- Due to the risk of aerosol transmission of the virus, all businesses must adhere to new COVID-19 safety recommendations for air quality management issued by ASHRAE, the American Society of Heating, Refrigerating and Air-Conditioning Engineers.
- Capacity must be limited to ten or fewer people including staff at any given time for martial arts and dance facilities, non-athletic instructional classes, and motion picture and television streaming productions.
- Inspectional Services will carry out spot checks and respond to complaints. City staff will support businesses in maintaining compliance, but in cases of willful disregard endangering public safety, individual closures may be ordered.

Somerville also continues to hold the limit on attendance at gatherings to stricter levels than the State with no more than 10 persons allowed until further notice. This applies to both indoor and outdoor gatherings of any kind unless otherwise specifically permitted in City activity-specific guidelines.

Phase 3 Health and Human Services categories opened in Somerville according to statewide plans on July 6. Phase 3 grocery store capacity limit increases also went into effect in tandem with the State on July 17. Regulations currently in place for Somerville youth and adult league sports remain the same. Businesses seeking COVID-19 related information and resources are encouraged to visit [www.somervillema.gov/covidbizhelp](http://www.somervillema.gov/covidbizhelp).



Visit us online at [www.TheSomervilleTimes.com](http://www.TheSomervilleTimes.com)



# Review: Ball Square’s vegan taco restaurant expands and starts serving alcohol

By Denise Keniston  
tw:@denisekeniston

Taco Party, Ball Square’s vegan taco restaurant located at 711 Broadway, has expanded to the space next door and is now serving alcohol and beer. Whether by luck or design, or both, owner Keith Schubert is well-positioned to benefit from a rare shift in the restaurant industry. Large swathes of eat-in restaurants are closing due to COVID-19 measures but many Mexican and vegan restaurants, well-versed in takeout culture, are surviving.

“I like thinking about possibil-

ities and this space opened up and I was like, well, it would be nice to maybe get some alcohol sales in the mix, and have some more seating and so we just went for it,” says Schubert. “I think people are feeling like they want to eat healthier and many are experimenting with vegan and vegetarian a couple of days a week. I think that’s helping.”

Walk into Taco Party’s newly expanded takeout space and bar and you can’t help but notice the light-hearted décor. Freshly decorated, it’s a dash of retro, shot of Mexican, and dab of casual diner-style. But, it’s the simple, delicious vegan taco creations



The new bar doubles as a takeout pickup station offering several local beers and tequila-based cocktails. Dining booths are located in the rear, but social distancing guidelines don't allow for indoor seating yet. — Photos by Riann Keniston-Hale



Taco Party regular four-year-old Oscar Sweeney enjoys outdoor seating as he dives into his fav dish – a tofu torta. Holland Sweeney, Oscar’s mom, says “I would say he’s more of a regular than I am just by the percentage of his life he’s spent at Taco Party. We love the food!”

that keep people coming back.

Holland Sweeney and her four-year-old son, Oscar, are regulars. “I would, hands down, eat any taco they have,” says Sweeney. “My favorite used to be the crispy tofu taco, but these days I like the chorizo seitan taco for that little extra kick and the salsa they put on it is great.”

Designing a vegan taco menu takes creativity. For example, Taco Party’s flavorful Jackfruit Tinga Taco (Shredded Jackfruit cooked in spicy tomato sauce, cabbage slaw, avocado, chipotle mayo) is a favorite. Jackfruit, with the texture of pulled pork, is commonly used in vegan recipes as a meat substitute. The Chorizo Seitan Taco (Spicy Ground Seitan, Green Cabbage, Chipotle Salsa) is a popular,

spicy option. Seitan is also used as a meat substitute. Imaginative sauces, salsas, and slaws make every dish something special.

*“...offer good food that happens to be vegan and then hopefully people will come and enjoy it”*

“If people are curious about it, I tell them about it,” says Schubert. “My idea was to offer good food that happens to be vegan and then hopefully people will come and enjoy it. I prefer to let the food do the talking.”

The menu is simple and uncomplicated with six tacos, torta sandwiches, salads and nachos

as well as tequila-based cocktails, local beers and a few side dishes. The price is right too. Pair a PBR or White Claw (\$5!) with two tacos (\$4.02 each) for under \$15. Or pair a Party Margarita (\$9) and a torta sandwich (\$7.94) for under \$20. Currently, there is no indoor seating, but you can get drinks and food to go and there’s outdoor seating on the sidewalk.

“They’re such a joy,” says Holland Sweeney of Taco Party’s atmosphere. “It’s a warm, community feel and it’s not just the food. Since they opened, we’ve been there at least once a week. In fact, Oscar and I will be going there today for lunch.”

You can reach Taco party by calling or ordering online at [www.tacopartytruck.com](http://www.tacopartytruck.com).

## Dorothy’s Corner

BY DOROTHY DIMARZO



### Ricotta & Marmalade Bruschetta

I had some leftover ricotta from another recipe I made this week. I also had some brioche that needed to be used up. Immediately I knew what I would make. I remember this snack from my childhood. My Sicilian uncle made this often and it soon became one of my favorite snacks growing up. Don’t skip the black pepper, it really melds the flavors together. Give it a try, you won’t be sorry.

- 2 pieces of brioche
- 3/4 cup of ricotta, (whole milk)
- 1/4 teaspoon lemon zest
- 2 tablespoons orange marmalade,

divided  
Freshly ground black pepper

Toast the brioche. In a small bowl, mix the ricotta and lemon zest. Split the ricotta mixture between the two slices and spread on the toast. Add the marmalade to each slice of toast. Add about 2-4 turns of freshly ground black pepper to each slice. Serve it with a double espresso and enjoy! You can use whatever bread you want. Ciabatta is a great vessel for the creamy goodness too. You can make smaller bruschetta for snacks or even an addition to your brunch menu. Serves 1-2.

Visit Dorothy’s website at <http://ddimarzo2002.wix>.





Fluff Festival will be virtual for the first time ever

CONT. FROM PG 1

While no events will be held in Union Square on Saturday, all the video content found on the Fluff Fest website was filmed in Union Square businesses, such as Play Union and Parkour Generations. Restaurants and shops worked with Union Square Main Streets to stay involved in the annual event that usually brings about 20,000 people to the Somerville square, using employees and business owners as models in the game demos.

“What we wanted to do as much as possible with Fluff Fest this year is spotlight businesses,” USMS director Jessica Eshleman said. “So a lot of this programming is going to be streaming from Union Square businesses.”

During the livestream, local bands will be performing, with a dynamic lineup of vocal performers that span musical genres. “To tell the story of small businesses in Union Square, what we did was we’ve recorded these performances in Union Square venues,” Eshleman said. Performances were

recorded at Sally O’Brien’s, the Jungle Community Music Club, and New Alliance East to spotlight Somerville venues that have been closed since the pandemic began.

Fluff was invented in 1917 in Somerville by a man named Archibald Query, and since 2005 the Fluff Festival has honored him with an Archibald Query impersonator who hosts the “Shenanigans Stage” where messy games take place. Though the games and festivities are virtual this year, the beloved impersonator will be featured in the videos to explain games and challenges to participants.

To conclude the event, Aeronaut brewing is hosting virtual Fluff trivia at 8pm. Aeronaut founders Ronn Friedlander and Dan Rassi developed a trivia app specifically for Fluff Fest to allow anyone to play along and answer questions about Union Square businesses and Fluff.

“The irony of this – or the beautiful thing, I would say – is the name of this festival this

year is the ‘What the Fluff Festival: a tribute to innovation in Union Square.’ And so for Aeronaut to be able to respond so quickly in a COVID climate, to create this trivia platform, is this beautiful illustration of the type of innovation that this festival celebrates,” Eshleman said. “You look at Greentown Labs, Artisan’s Asylum – we have these communities of incredible makers and innovators who are innovating every single day, and this trivia platform is just such a complete illustration of it. It’s really fitting for us to be incorporating that into this year’s festivities.”

Businesses that offer Fluff themed menu items can be found on the website as well, and Somerville residents are encouraged to order take-out or delivery from the restaurants and shops involved in the Fluff Festival. Many local stores are already selling Fluff items, such as Union Square doughnuts with their Fluffernutter donut. An online marketplace of vendors will also be featured on



the website, where retailers will be selling Fluff items like pins and t-shirts. Supporting these businesses is always a priority for Fluff Fest organizers, but this year they really worked to involve the community in the virtual festival.

The morning of the event Fluff organizers will be posting actively on their Instagram and Face-

book, where the community can ask questions.

Organizers want to emphasize to viewers that activities are to be done at home, and people should not gather for events. Order some take-out from Union Square, buy a couple tubs of Fluff, and enjoy the festivities and celebration of innovation from home.

SENIOR CENTER HAPPENINGS:

Taxi Rides

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The COA has a new program just for you.

Taxi Rides for Somerville Residents 60 and Over

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For more information please call Connie Lorenti at 617-625-6600 ext. 2319

Healthy Eating Workshop

Monday, September 14th at 10:00 A.M. Please join in our new group workshop via ZOOM. Planning meals can be tiresome and gets to be boring. Let’s share ideas on how to balance out your day with tasty and nutritious meals and snacks. We will focus on getting in all of the daily food groups, while enjoying some summer treats. Things we will cover include:

- Knowing how much to eat and spreading out your meals
- How to choose foods that are delicious and nutritious
- Meal preparation for weekly planning and leftovers
- How to get started on your grocery list
- Filling out a meal plan that works for you and your schedule

RSVP to Mary Marshall at 617 625-6600 ext. 2316. Please leave your name, number and email or you may email me at headtofitness10@yahoo.com

Social Services

Are you interested in learning about different social benefit programs or have question for one of our Social Workers? Social Workers can be reached via e-mail, phone or Zoom. They can set

up a zoom meeting if you want to meet face-to-face while socially distancing. Zoom meetings can occur during business hours which are Monday-Wednesday 8:30-4:30, Thursday from 8:30-6:30 and Fridays from 8:30-1:30.

Friendly Phone Callers

Looking for a way to practice social distancing but still remain connected to other people? Look no further than the Somerville Council on Aging's Friendly Phone Caller program. We have many wonderful volunteers who are waiting to give you a call. Whether you are looking to make a new friend or would just like a friendly chat to look forward to every week, this program has you covered. Call Natasha at 617-625-6600, ext. 2317 to learn more about the program and to sign up.

Open Enrollment

Open enrollment is around the corner! Once a year, from October 15th to December 7th, Medicare recipients are able to change their health insurance plans for January 1st of the following year. While having the freedom to change your health insurance plan can save you money, there are many health insurance plans and companies to choose from. You don’t have to make the decision alone, the Somerville Council on Aging has SHINE Counseling available over the phone or on Zoom to assist you with finding out what health insurance options are available for you. You can call Natasha at 617-625-6600 ext. 2317 to book an appointment.

Join Our Email Lists

If you would like to receive a virtual copy of our monthly newsletter and daily tips please contact Maureen Bastardi at 617-625-6600, ext. 2335 or

email Maureen at MBastardi@Somervillema.gov

If you would like to become part of our Google Group please contact Debby Higgins at 617-625-6600, ext. 2321 or email Debby at DHiggins@Somervillema.gov

Facebook

Stay connected via our Facebook page - often updated by Debby or Maureen. Informative, entertaining, lots of photos and updates. Visit our page at <https://www.facebook.com/SomervilleCOA/>

Exercise Schedule

Wednesdays 9:00 a.m. = Fit-4-Life Zoom exercise

Thursdays 1:00 .p.m. = Fit-4-Life Zoom Exercise

Thursdays 6:30 p.m. = LBT Fit-4-Life Zoom Exercise

Somerville City Cable

RCN = 13/Comcast = 22

The Fit-4-Life Exercise Show = Daily at 11:00 a.m. and 4:00 p.m.

Fit-4-Life YouTube

Fit-4-Life Exercise Video # 1: <https://www.youtube.com/watch?v=4hd26HjpwBI&t=68s>

Fit-4-Life Exercise Video #2: <https://www.youtube.com/watch?v=QwHfyoEZaws&t=247s>

Fit-4-Life Exercise Video #3: <https://www.youtube.com/watch?v=Fcl2eBSS024&t=158s>

Yoga YouTube

Yoga with Janine video #1 = [https://www.youtube.com/watch?v=vDGF\\_EEbqF0&t=130s](https://www.youtube.com/watch?v=vDGF_EEbqF0&t=130s)

For questions or to register for a Fit-4-Life Zoom exercise class, please contact Chris at CKowaleski@somervillema.gov or call 617-625-6600.



COMMENTARY

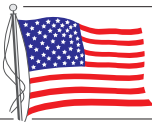
SIGNS OF THE TIMES

Illustrated by Jim Clark



Let's get sticky, Somerville!

Our View Of The Times



The “What the Fluff?” festival, an event that has grown in the hearts of so many here, is going virtual this year. Obviously, this is necessary because of the restrictions imposed on public gatherings due to the COVID-19 pandemic. Still, it's nice to know that the tradition will be carried on in some form that most of us can enjoy.

For all these years Marshmallow Fluff has been a favorite snack food for many, while others could, frankly, take it or leave it. Either way, few would argue that the annual festival itself is chock full of fun and frivolity for everyone who attends.

A lot of public events have come and gone over the course of previous years: road races, music festivals, family events ... you name it. We're missing all that this year, but thankfully we will still be able to celebrate this one.

What is it though about the celebration of this sweet stuff that kindles a spot of warmth in so many of our hearts? Is it the generally whacky nature of the event itself? The overall tongue-in-cheek nature of each event within the event?

It is certainly a unique affair, with a rich history and heritage that sparks the imagination and brings out the kid in all of us.

Whatever mysterious forces may exist that compel us to smear, spread, consume or bathe in the stuff, most of us have a real good time at it.

That's what it's all about in the end. Enjoying the day. So, cheers to Marshmallow Fluff!

The fun starts at 11:00 a.m. at <https://www.flufffestival.com>. And don't forget to make yourself a good Fluffernutter!

Newstalk CONT. FROM PG 2

We know she will have the best cake around! A happy birthday to a great guy, family man and one of the best restaurateurs here in Somerville, **Marty Henry**, one of the famous Henry's of the **Mt. Vernon Restaurant** on lower Broadway. A great guy and family. We wish him the very best of birthdays this week. We wish all of our Facebook friends, such as **MaryAnn Mendonca**, **Joe Fothergill**, **Sabrina Faria Caprigno**, **Richard Barry**, **David Roberts**, **Tom Champion**, **Maureen McCole** and **Judy Calvey** a very happy birthday. We hope everyone has a great day. To all the others we may have missed, we sincerely wish them the very best of birthdays.

\*\*\*\*\*

The **Somerville Historic Preservation's I Spy Challenge** deadline is **Thursday, September 10**. “I Spy Somerville” is a part of their virtual programming developed in response to COVID-19. It's a way for residents, businesses, and visitors of all ages and backgrounds to safely engage in Somerville's history and charm when they cannot be offering their usual live events. Each week or so, they hope to release a sample image of a physical feature that can be found, but are often not actively noticed around Somerville.

Most reflect our rich heritage of fine artisans and builders whose craftsmanship is difficult or unaffordable to recreate, so it is important to preserve them, for now as well as future generations. They challenge folks to locate as many as possible examples of this feature in the city and send in photos of their finds to win cool HPC merchandise. Submit entries via email to both **Brandon** and **Morgan** at [bwilson@somervillema.gov](mailto:bwilson@somervillema.gov) and [morganhistorichpreservation@gmail.com](mailto:morganhistorichpreservation@gmail.com), via their Facebook page, or tag their new Instagram account **@preservingsomerville** and include the hashtag **ISpySomerville** in your post description. If you are new to Instagram, you can tag them by tapping the “tag people” option when you are in the process of uploading a photo and typing “preservingsomerville” in the search bar that comes up. You can include a hashtag by typing **#ISpySomerville** while you are writing your photo caption.

\*\*\*\*\*

**Mayor Joseph A. Curtatone**, **Ward 7 City Councilor Katjana Ballantyne**, and **City of Somerville staff** invite you to a virtual meeting to review plans to replace the **Dilboy Stadium synthetic turf field** and improve the natural-grass **Dilboy Auxiliary Fields** adjacent to Alewife Brook Parkway. The meeting will be held on **Wednesday, September 9**, from 7:00 to 8:00 p.m. on the **GoToWebinar** platform. Please visit [www.somervillema.gov/DilboyMeeting](http://www.somervillema.gov/DilboyMeeting) to register to attend. After registering, you will receive a confirmation email with instructions on how to join the webinar. For more information, contact **Arn Franzen** at [afranzen@somervillema.gov](mailto:afranzen@somervillema.gov).

\*\*\*\*\*

Join the **Somerville Arts Council** for an **artist certification webinar** regarding the inclusionary housing units at the **Powderhouse/Marka development**. The **Council**, **City Housing staff**, and the **developer agent** will be hosting a live, virtual, public information meeting about the certification process and inclusionary units on **Wednesday, September 9** at 6:30 p.m. To register for this **GoToWebinar** event with ability to see documents and ask questions please register here: <https://attendee.gotowebinar.com/register/3076217339313342478> You can also call in to listen: +1 (631) 992-3221. If you do not have GoToWebinar you can access here: <https://www.gotomeeting.com/webinar/join-webinar>.

nar. Housing applications for these inclusionary units are available now and have a deadline of October 5 at 2:00 p.m. To apply go to: <https://www.calalottery.com>. You will need an artist certification to fully complete the application. For future reference this information and links to documents can be found on the Council's website: <https://somervilleartsandcouncil.org/certification>.

\*\*\*\*\*

Due to COVID-19, the **City of Somerville**, in collaboration with **ACV Enviro**, will be hosting an alternative program for residential pick up of **household hazardous waste**. Instead of coming to a drop-off site, they will be coming to you. So clean out the garage, empty the basement, and get rid of oil, paint, cleaners, antifreeze, poisons, pesticides, batteries, fluorescent lamps, electronics and more. Please register for only one date. **Tuesday, September 15**, 7:00 a.m. at [https://acv-test-forms.formstack.com/forms/somerville\\_hhw\\_pickup\\_request\\_form\\_sept\\_15](https://acv-test-forms.formstack.com/forms/somerville_hhw_pickup_request_form_sept_15) or **Tuesday, October 6**, 7:00 a.m. at [https://acv-test-forms.formstack.com/forms/somerville\\_hhw\\_pickup\\_request\\_form\\_oct\\_6](https://acv-test-forms.formstack.com/forms/somerville_hhw_pickup_request_form_oct_6).

\*\*\*\*\*

Continued on page 13



FUN & GAMES

Ms. Cam's

Olio

Olio - (noun) A miscellaneous mixture, hodgepodge

#747

1. What 1939 poetry collection is the musical *Cats* based on?

2. Kimchi is the staple dish of what country?

3. Brandon Flowers is the lead singer for what group?

4. Which race car driver holds the record for the most Grand Prix wins?

5. What is syngene-sophobia a fear of?

6. In Marvel Comics, what is Hawkeye's real name?

7. What animal is on the Levi's logo?

8. The book *The Da Vinci Code* was written by who?

9. Which popular TV show featured the houses Targaryen and Stark?

10. What is wild marjoram also known as?

11. In which film did Jodie Foster play FBI agent Clarice Starling?

12. What was Babe Ruth's first name?

Answers on page 15

The Somerville Times Useless Facts of the Week

1. 2,000 pounds of space dust and other space debris fall on the Earth everyday.

2. In the Andes, time is often measured by how long it takes to smoke a cigarette.

STATEPOINT CROSSWORD

BOTANY 101

ACROSS

1. One's arbitrary assertion

6. "Swan Lake" step

9. Not Sunni

13. Mountaineer's tool

14. Tolkien creature

15. Bebe Rexha's " \_\_\_\_ to Be"

16. Artificial or mannered

17. Snow runner

18. Nylon or Kevlar, in chemistry terms

19. Scooby-Doo's best friend

21. Between order and genus

23. Marine botany is study of plants living here

24. 35mm, e.g.

25. Public health agency, acr.

28. Partner of void

30. Small lynx

35. Stewart and Blagojevich

37. Grazing lands

39. Jawaharlal \_\_\_\_

40. g or cm

41. Smelling \_\_\_\_, athlete's pick-me-upper

43. No neatnik

44. Lay to rest

46. They are hairy on a hobbit

47. Hefty volume

48. One in line, during COVID-19 pandemic

50. In the middle of

52. Grain-bearing tip of a cereal plant

53. Cattle meat

55. Fleur-de- \_\_\_\_

57. Pollinator attractors

60. Food for a pollinator

63. One there at the beginning

64. Famous T-Rex

66. Lowest deck

68. Forearm bones

69. Cassius Clay, \_\_\_\_ Muhammad Ali

70. Private instructor

71. \_\_\_\_-do-well

72. Thus far

73. Inflict a blow

DOWN

1. Female sib

2. "Hamlet" has five

3. Sure or uh-huh

4. "The Forsyte \_\_\_\_, " pl.

CROSSWORD

1	2	3	4	5		6	7	8		9	10	11	12
13						14				15			
16						17				18			
	19					20			21	22			
				23				24					
25	26	27		28		29			30		31	32	33
35			36		37			38		39			
40					41				42		43		
44				45		46					47		
48					49		50			51		52	
					53		54			55		56	
	57	58	59					60				61	62
63						64	65			66			67
68						69				70			
71						72				73			

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9		4			7			
					2	9		
	7		8			6	1	
		6	1				3	2
			6		3			
1	3				9	7		
	5	3			1		6	
		2	7					
			2			3		8

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Answers in the next edition of The Somerville Times.

5. Product of photosynthesis

6. One of a pocketful, according to Mother Goose

7. Genesis vessel

8. "The Matrix" genre

9. Highway hauler

10. Icy precipitation

11. Dr. Jones, fictional professor of archaeology, to friends

12. Filled up

15. Biblical personification of material wealth

20. Olden-day Celts

22. Priest's robe

24. Blank leaf in a book

25. Seed holder

26. "Death, Be Not Proud" poet

27. Mine passages

29. Food manufacturer

31. Superlative of better

32. Actress Sevigny

33. Something in the air

34. Potato, e.g.

36. Proofreader's mark

38. Plant support

42. "...he found a crooked sixpence upon a crooked \_\_\_\_"

45. Sales lure

49. Electric fish

51. Not monocots

54. Piece of writing

56. Pull strings

57. Carpet attribute

58. Marine eagle

59. Russia's famous Peter

60. Sans mixers

61. Choir voice

62. Plant anchor

63. Good times

65. Israel Kamakawiwo'ole's guitar

67. Prefix for prior

Answers in the next edition of The Somerville Times.

Soulution to last week's sudoku puzzle:

7	2	9	3	8	4	5	6	1
1	4	3	5	2	6	9	7	8
8	5	6	9	7	1	3	2	4
6	8	7	2	9	5	4	1	3
5	9	2	4	1	3	7	8	6
3	1	4	7	6	8	2	9	5
4	7	1	6	5	2	8	3	9
2	3	8	1	4	9	6	5	7
9	6	5	8	3	7	1	4	2

Soulution to last week's crossword puzzle:

G	R	E	C	O		W	H	O			P	R	O	F
R	E	L	I	T		H	A	M			B	O	O	N
A	D	U	L	T		E	Y	E			H	O	O	E
F	O	L	I	A	G	E				G	O	U	R	D
			A	W	E		B	A	H	T				
B	A	T		A	N	O	A		M	A	D	C	A	P
U	P	O	N		I	N	N	S		N	O	R	M	A
L	O	P	E		C	I	D	E	R		M	O	N	T
B	R	E	A	M		T	A	M	E		E	P	I	C
S	T	E	R	E	O		G	I	S	T		S	O	H
						K	N	E	E		E	R	E	
	S	C	H	O	O	L		S	W	E	A	T	E	R
F	E	L	O	N		E	D	O		A	S	I	D	E
C	L	I	N	G		G	O	O		T	E	P	E	E
C	L	O	G			Y	E	N		S	L	I	N	K



# An immersive space for the arts and community to collide

## FAB Balloon Factory to create flagship location in Somerville

Art, culture, and sciences will soon collide within the confines of the former Powderhouse School in Somerville’s Teele Square. This year, the flagship space will open as an artists’ collec-tive that plans to create a new normal for the community. Brewing its finest IPAs and an expansive selection of beers and distilled spirits, with 25-foot ceilings and a giant art gallery, FAB has big plans for the future of Somerville.

“We believe that art at this time is meant to bring joy to the world. I believe that soci-ety relies on people who are creative, and the function of all of us now is to bring joy to life.” says Ben Holmes, founder

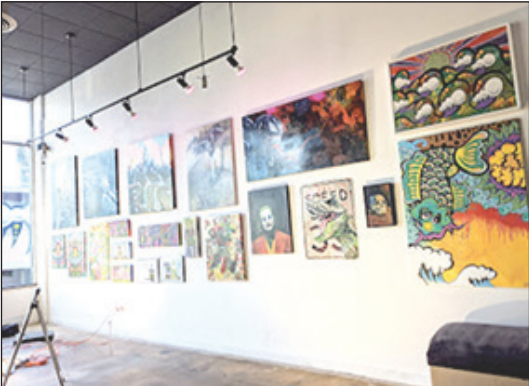
of FAB Balloon Factory; previ-ously a researcher and NASA and MIT, and co-creator and CEO of Somerville’s first ever brewery, Aeronaut. Known for their tasty IPAs, the FAB will use the Balloon Factory a s a space for proto-typing and testing new recip-es, expanding on their love of chemistry, artistic creation and brewing to dis-tilling as well, while creating welcoming spac-es that are open to the commu-nity, to artists and to anyone else looking to connect and meet in a post-Covid-19 world (safely, of course). FAB Balloon Factory is de-signing an expansive hub for coworking, collecting and con-



necting, with ventilation portals and movable walls designed to seamlessly crease the new age be-tween outdoor and indoor space. FAB stands for food, art, beer. Which is only the half of it. By day, the space will serve as a new home of connection for anyone looking to safely feel like we’re back to normal ways, meaning you can come and enjoy the pleasure of art, beer, spirits and meeting new people [under the guise of safely pre-cautions at the door]. By night, a rendering of the non-profit or event of the mo-ment, with the same safety pro-visions in place. The team prom-ises that you will walk away

having seen immersive artistic experienc-es and non-profit opportunities within your com-munity, as well as tasting some fine brews or distilled spirits you couldn’t find elsewhere. Moreover, the FAB team wants to engage with their community at the outset by providing re-tail investment opportunities for anyone who would like to vote with their dollars that this new space will be a cultural hub for the community, with revenue share notes off the sales of beer, spirits and live events. More important than finan-cial semantics, Somerville des-perately deserves a space like this. Where we can almost

feel normal again while liv-ing in a new normal, enjoying emerging art installations and experimental brews that boast national acclaim. This new flagship to the Somerville area is incredibly ex-citing and we are pleased to ex-clusively share this information with you in hopes that you will spread the word. If you would like to chat with the innovative founder or the MainVest team, please don’t hesitate to reach out via [pr@mainvest.com](mailto:pr@mainvest.com) or 858-209-4188. Learn more about FAB The Balloon Factory at [https://ma-invest.com/b/fab-balloon-factory-somerville](https://mainvest.com/b/fab-balloon-factory-somerville).



## New Shared Streets route coming to Davis Square area


Somerville’s Shared Streets initiative will add a new route, weather permitting, starting Thursday, September 3. Shared Streets open up low-volume or residential side-streets to pedestrians, cyclists, and other users while still allowing vehicle access for residents who live on the street or who need to use the street to get to their homes, their guests, and service vehicles such as first responders, delivery drivers, sanitation trucks, and street sweepers. The new route will include Morrison Ave., Winslow Ave., and Clifton St. between Morrison and Winslow. This new Shared Streets route joins a network of routes opened over the summer throughout the city that help residents safely get outside and reach essential services. You can find a map of Shared Streets routes at <https://somervoice.somervillema.gov/covid19mobility>. Feedback on routes can also be submitted on SomerVoice. Safety measures along Shared Streets routes include signage and flexible barriers to alert all users to the shared use of these streets. Somerville’s program will use temporary materials that can be modified based on our experience and feedback from residents with the pilot. Seven new “pinch points” will be installed along Morrison Ave. that will narrow traffic down to one lane to help slow vehicles and make the road safer for all users. Signs will alert motorists when a pinch point is coming up so they can yield tor other vehicles if needed. Motorists allowed to use a shared street, such as abutters, should drive slowly and expect to see people in the street on these routes. People walking, rolling, and biking should remain alert and aware and make room for these allowed vehicles. Please note that cyclists, using caution, can ride in either direction on a Shared Streets route.





LEGAL NOTICES

Legal Notices can also be viewed on our website at [www.thesomervilletimes.com](http://www.thesomervilletimes.com)



**BID ADVERTISEMENT**

*The Somerville Housing Authority, the Awarding Authority, invites e-bids from DCAM Certified Roofing Contractors for the Partial Roofing Replacement at the (200-2) Mystic River Apartments Development, 30 Memorial Road in Somerville, Massachusetts, DHCD No. 274136, in accordance with the documents prepared by CBI Consulting Inc. of Boston, Massachusetts.*

The Project consists of: The replacement of all existing low-sloped built-up roofing with a new modified bitumen roofing system over the existing precast concrete modular additions at designated buildings and locations. The project will also consist of removal and replacement of all existing sheet metal flashings, counterflashings and coping caps.

The work is estimated to cost **\$ 200,000.00, including Alternates.**

Bids are subject to M.G.L. c.149 §44A-J & to minimum wage rates as required by M.G.L. c.149 §526 to 27H inclusive.

General bidders must be certified by DCAMM pursuant to M.G.L.c. 149 Section 44D. The General Bidder must be certified eligible in the DCAMM Prime/General category of **ROOFING**.

General bids shall be accompanied by a bid deposit that is not less than five (5%) of the greatest possible bid amount (considering all alternates) and made payable to the **Somerville Housing Authority**.

**THIS PROJECT IS BEING ELECTRONICALLY BID AND HARD COPY BIDS WILL NOT BE ACCEPTED. Please review the instructions in the bid documents on how to register as an electronic bidder. The bids are to be prepared and submitted at [www.biddocsonline.com](http://www.biddocsonline.com). Tutorials and instruction on how to complete the electronic bid documents are available online (click on the "Tutorial" tab at the bottom footer of the website).**

General Bids will be received until **2:00 PM, Wednesday September 16, 2020** and publicly opened online forthwith. All Bids will be submitted online at [www.biddocsonline.com](http://www.biddocsonline.com) and received no later than the date and time specified above. Bid Forms and Contract Documents will be available for pick-up at [www.biddocsonline.com](http://www.biddocsonline.com) (may be viewed electronically and hardcopy requested) or at Nashoba Blue, Inc. at 433 Main Street, Hudson, MA 01749 (978-568-1167).


There is a plan deposit of \$ 50 per set (maximum of 2 sets) payable to **BidDocs ONLINE Inc.** Plan deposits may be electronically paid or by check. The deposit will be refunded for up to two sets for general bidders and for one set for sub-bidders upon the return of the sets in good condition within thirty (30) days of receipt of general bids. Otherwise, the deposit shall be the property of the Awarding Authority. Additional sets may be purchased for \$50.00. Bidders requesting Contract Documents to be mailed to them shall include a separate check for **\$40.00** per set for UPS Ground (or \$65 per set for UPS overnight), payable to **BidDocs ONLINE, Inc.**, to cover mail handling costs.

General bidders must agree to contract with minority and women business enterprises as certified by the Supplier Diversity Office (SDO), formerly known as SOMWBA. The combined participation goal reserved for such enterprises shall not be less than 10.4% of the final contract price including accepted alternates. **See Contract Documents - Article 3 of the Instructions to Bidders.**

The site will be available for inspection at **10:00 AM on Wednesday, September 9, 2020.** Please meet at Mystic River Apartments, Facilities Office, 30 Memorial Road, Somerville, MA 02145.

Somerville Housing Authority  
**August 27, 2020**

9/2/20, 9/9/20 The Somerville Times



**SOMERVILLE HOUSING AUTHORITY**  
30 Memorial Road  
Somerville, Massachusetts 02145  
Telephone (617) 625-1152

**Web:** [www.sha-web.org](http://www.sha-web.org)

**ADVERTISEMENT**

Project Manager: Travis Panzini

The Somerville Housing Authority invites Quotes from contractors to complete the Storage Shed Shelving Fabrication & Installation at 30 Memorial Road in Somerville, MA.

Quotes are subject to M.G.L. c.30 and to minimum wage rates as required by M.G.L. c.149 §526 to 27H inclusive.


A walkthrough will be held at 10:00AM on Thursday, September 10th, 2020.

Quote packages will be available Wednesday, September 2nd, 2020. Please email Travis Panzini at [travisp@sha-web.org](mailto:travisp@sha-web.org) to request a quote package.

Quotes must be received no later than 11:00AM on Thursday, September 17th, 2020 by preferred method of email to [travisp@sha-web.org](mailto:travisp@sha-web.org).

Questions should be directed to Travis Panzini at 617-625-1152 x 330

9/2/20, 9/9/20 The Somerville Times



**LEGAL NOTICE**  
City of Somerville, Massachusetts  
**SOMERVILLE AFFORDABLE HOUSING TRUST FUND**  
**JOSEPH A. CURTATONE**  
Mayor

**Community Preservation Act Funds are available for Affordable Housing Development/Housing Support Programs in the City of Somerville.**

The Somerville Affordable Housing Trust Fund (SAHTF) is conducting its annual process of local distribution of Community Preservation Act (CPA) funds that are designated for Somerville community housing projects and programs. Approximately \$767,982 in FY21 CPA Housing funds will be made available through four competitive Request for Proposals (RFP) processes to provide funding for:

- The creation, acquisition or preservation of affordable rental or home-ownership units in Somerville by developers of affordable housing.
- The support of affordable housing in Somerville by housing program providers (primarily tenancy stabilization, rental assistance and leasing differential programs).


The four RFPs will be posted and available starting on September 21, 2020. The proposal submission deadline for both RFPs is 3:00pm on Monday, November 2, 2020.

Full instructions for proposal submission are included in the RFPs. The RFPs will be available for download at the City of Somerville's website at <http://www.somervillema.gov/departments/affordable-housing-trust-fund> by clicking on "Funding and Opportunities".

More information about eligible uses and funding priorities is available in pages 2-3 of each RFP.

For questions please contact Heidi Burbidge, Housing Programs Coordinator, City of Somerville, (617) 625-6600 x2587 or by email at [hburbidge@somervillema.gov](mailto:hburbidge@somervillema.gov).

9/9/20 The Somerville Times



**CITY OF SOMERVILLE**  
**PURCHASING DEPARTMENT**  
**IFB#21-10**

The City of Somerville, through the Purchasing Department, invites sealed bids for:

**Asbestos Abatement Services for the City on as needed basis**

An Invitation for Bid may be obtained online at <http://www.somervillema.gov/departments/finance/purchasing/bids> or from the Purchasing **09/09/2020**. Sealed bids will be received at the above office until: **09/23/2020 12:00PM EST**. The Purchasing Director reserves the right to reject any or all proposals if, in her sole judgment, the best interest of the City of Somerville would be served by so doing.

Please contact Prajкта Waditwar at [pwaditwar@somervillema.gov](mailto:pwaditwar@somervillema.gov) for more information or any questions related to this bid.

5% bid bond is required for this bid. Prevailing Wages apply.

**Prajкта Waditwar**  
Construction Procurement Manager  
617-625-6600 x. 3407

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A Public Hearing for all persons interested will be given by the **Somerville Licensing Commission** on **Monday, September 21, 2020 at 6:00PM**, to be held by remote participation, on the Application for a Common Victualler, Wine and Malt Restaurant, Entertainment by Devices and a Sunday Hours License for Choesang Inc. d/b/a Martsa on Elm, 243 Elm St., Somerville, MA. For instructions on testifying at this public hearing go to the calendar at [www.somervillema.gov](http://www.somervillema.gov) or contact the City Clerk's Office.

For the Commission  
Christopher Allen  
Joseph P. Lynch Jr.  
Christine M. Lindgren

**Attest: Lori Batzek**  
Administrative Assistant

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**CITY OF SOMERVILLE**  
**PURCHASING DEPARTMENT**  
**RFQ 21-06**

Qualified design and engineering firms are invited to submit sealed applications for:

**Architectural & Engineering Design Services for Building Renovation & Department Relocation Master Plan**

The Request for Qualifications may be obtained online from the City's Purchasing Department at <https://www.somervillema.gov/departments/finance/purchasing> effective **September 9, 2020**.

The City of Somerville owns and operates 27 buildings and leases space in 2 locations for the purposes of delivering municipal services and public education to its constituents. From August 2017 through January 2019, a Building Master Plan Working Group evaluated departmental office space needs and developed a general strategy to improve departmental operations and constituent experience. The summary report from that concept planning effort is provided as reference for design teams interested in working with the City on this project. The City seeks a design team that will begin work in the winter of 2020-2021 to initiate schematic design and ultimately advance the associated projects into construction. The RFQ includes an extensive list of the categories of design work sought and key components of the relocation and master plan. The design fee will be negotiated with the preferred design firm pursuant to a rigorous evaluation and selection process.

Sealed applications will be received until **October 7, 2020 at 2:00pm** in the Purchasing Department, Somerville City Hall, 93 Highland Avenue, Somerville, MA 02143. See RFQ for details about various options for submitting applications, including online bidding. Late submissions will not be considered.

Please contact Angela M. Allen ([amallen@somervillema.gov](mailto:amallen@somervillema.gov)) or Chad Crittenden ([ccrittenden@pmaconsultants.com](mailto:ccrittenden@pmaconsultants.com)) for information.

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**CITY OF SOMERVILLE**  
**PURCHASING DEPARTMENT**  
**RFP# 21-18**

The City of Somerville, through the Purchasing Department, invites sealed proposals for:

**Technical Assistance for a Community Land Trust Development Model**

A request for proposals (RFP) may be obtained online at <http://www.somervillema.gov/departments/finance/purchasing> or from the Purchasing Department, Somerville City Hall, 93 Highland Ave., Somerville, MA, 02143 beginning on **Wednesday, September 9th, 2020**.

Sealed proposals will be received until: **2:00 PM, Wednesday, September 24th, 2020**.

The Purchasing Director reserves the right to reject any or all proposals if, in her sole judgment, the best interest of the City of Somerville would be served by so doing.

Please email [tchukhatsang@somervillema.gov](mailto:tchukhatsang@somervillema.gov) for more information and to register as a RFP holder.

**Thupten Chukhatsang**  
Procurement Analyst  
617-625-6600 x. 3400

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**TO PLACE LEGAL ADVERTISEMENTS IN THE SOMERVILLE TIMES, CONTACT US BY 12 PM MONDAY**

**PH: 617.666.4010**

**FAX: 617.628.0422**

Our first rides    CONT. FROM PG 3

crazy friends around the city on my 30th birthday.

The 1959, a Ford Fairlaine my pal Mike had saved our lives. In 1972 we were on McGrath Highway going towards Lech-

mere. A car sped through the red light at Cross Street and broadsided us. We all woke up tossed out of the car and all over the street. There was a humongous dent where the guy smashed into us which to-

taled it. That 1959 tank of a car saved our lives.

Today we pay more for one insurance payment than a lot of our first cars cost. But if we had to pay for all our car mem-

ories we'd be broke.

I still have a box of 8-track tapes in the cellar just in case I come across another 1979 Mercury Cougar. That car was cherry!



# Somerville Housing Division offering gift cards for installing energy-efficient home appliances

The City of Somerville Housing Division is giving away a limited quantity of \$100 gift cards to residents and property owners who install a qualifying energy-efficient household appliance this year. Appliances must be eligible for a Mass Save rebate or HEAT Loan financing and be installed at a Somerville residence between January 1 and December 31, 2020. This offer is valid through December 31 or until gift cards run out.

Gift cards will be awarded on a first-come, first-served basis and are limited to one per housing unit and one per property owner. One-quarter of the gift cards will be reserved for households in Environmental Justice neighborhoods through September 30. Due to COVID-19 guidelines, gift cards will be mailed to successful applicants via standard mail.

Learn more and apply online at [somervillema.gov/EfficientApplianceRewards](https://somervillema.gov/EfficientApplianceRewards).



## CLASSIFIEDS

Place your classified ad today – only \$1 per word! E-mail: [ads@thesomervilletimes.com](mailto:ads@thesomervilletimes.com)

AUTOS WANTED

CARS/TRUCKS WANT-ED!!! All Makes/Models 2002-2019! Any Condition. Running or Not. Top \$\$\$ Paid! Free Towing! We're Nationwide! Call Now: 1-888-985-1806

CARS/TRUCKS WANTED!!! 2002 and Newer! Any Condition. Running or Not. Competitive Offer! Free Towing! We're Nationwide! Call Now: 1-888-416-2330.

EDUCATION

Computer & IT training program! Train to become Computer & Help Desk Professional! Grants & scholarships for qualified applicants on certain programs. 888-449-1713 (M-F 8-6 ET)

Train online to do medical billing! Become a Medical Office Professional at CTI! Get trained & certified to work in months! 888-572-6790. (M-F 8-6 ET)

AIRLINES ARE HIRING - Get FAA approved hands on Aviation mechanic training. Financial Aid for qualified students - Career placement assistance. CALL Aviation Institute of Maintenance 888-686-1704

FOR RENT

Warm Weather Is Year Round In Aruba. The water is safe, and the dining is fantastic. Walk out to the beach. 3-Bed-room weeks available. Sleeps 8. Email: [carolaction@aol.com](mailto:carolaction@aol.com) for more information.

HEALTH & FITNESS

DO YOU HAVE CHRONIC KNEE OR BACK PAIN? If you have insurance, you may qualify for the perfect brace at little to no cost. Get yours today! Call 1-800-217-0504

OXYGEN-Anytime. Anywhere. No tanks to refill. No deliveries. Only 2.8 pounds! FAA approved! FREE info kit: Call 1-855-917-4693

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5515

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DEALING WITH WATER DAMAGE requires immediate action. Local professionals that respond immediately. Nationwide and 24/7. No Mold Calls. 1-800-506-3367

DISH TV - \$59.99 For 190 Channels + \$14.95 High Speed Internet. Free installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. Call 1-877-925-7371

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Attention oxygen therapy users! Inogen One G4 is capable of full 24/7 oxygen delivery. Only 2.8 pounds. Free info kit. Call 877-929-9587

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Attention homeowners! You can protect your appliances & systems. For just a little more than a \$1.00/day. Call now for 1st month free, \$75.00 /off 1st year. 1-855-514-1183

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Generac generators. Weather is increasingly unpredictable. Be prepared for power outages. Free 7-yr ext warranty. Schedule free in-home assessment 1-844-334-8353. Special financing if qualified.

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Protect your home w/home security monitored by ADT. Starting at \$27.99/mo. Get free equipment bundle including keypad, motion sensor, wireless door & windows sensors. 833-719-1073

Moving out of state within 30-60 days? Moving APT offers price match guarantee & risk free reservations. Carriers licensed & bonded. Free quote 1-877-859-1908

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## Protect yourself from mosquito bites as summer winds down

As the Labor Day weekend and cooler temperatures approach, residents should continue to take precautions to protect themselves against mosquito bites and mosquito-borne illnesses. Somerville and surrounding communities are still at moderate risk of West Nile Virus (WNV), and Eastern Equine Encephalitis (EEE) cases have been confirmed in Massachusetts.

WNV and EEE are usually transmitted to humans through the bite of an infected mosquito. While WNV and EEE can infect people of all ages, people over the age of 50 are at higher risk for severe WNV, and people under the age of 15 are particularly vulnerable to EEE. WNV symptoms and EEE symptoms tend to include fever and flu-like illness.

Residents can take steps to protect themselves and their loved ones from illnesses caused by mosquitoes.

### Avoid Mosquito Bites

Apply Insect Repellent when Outdoors. Use a repellent with DEET (N, N-diethyl-m-toluamide), permethrin, picaridin (KBR 3023), oil of lemon eucalyptus [p-methane 3, 8-diol (PMD)], or IR3535 according to the instructions on the product label. DEET products should not be used on infants under two months of age and should be used in concentrations of 30% or less on older children. Oil of lemon eucalyptus should not be used on children under three years of age.

Be Aware of Peak Mosquito Hours. The hours from dusk to dawn are peak biting times for many mosquitoes. Consider rescheduling outdoor activities that occur during the evening or early morning.

Clothing Can Help Reduce Mosquito Bites. Wear long-sleeves, long pants, and socks when outdoors to help keep mosquitoes away from your skin.

### Mosquito-Proof Your Home

Drain Standing Water. Mosquitoes lay their eggs in standing water. Limit the number of places around your home for mosquitoes to breed by either draining or discarding items that hold water. Check rain gutters and drains. Empty any unused flowerpots and wading pools, and change the water in birdbaths frequently.

Install or Repair Screens. Keep mosquitoes outside by having tightly-fitting screens on all of your windows and doors.

### Protect Your Animals

Animal owners should reduce potential mosquito breeding sites on their property by eliminating standing water from containers such as water bowls, buckets, tires, and wading pools – especially after heavy rains. Owners should also speak with their veterinarian about mosquito repellents approved for use in animals and vaccinations to prevent WNV and EEE. If an animal is diagnosed with WNV or EEE, owners are required to report to the Massachusetts Division of Animal Health by calling 617-626-1795 and to the Massachusetts Department of Public Health (DPH) by calling 617-983-6800.

More information, including all WNV and EEE positive results, can be found on the Arbovirus Surveillance Information web page at [www.mass.gov/dph/mosquito](http://www.mass.gov/dph/mosquito) or by calling the Massachusetts DPH Epidemiology Program at 617-983-6800.

## SMCxHome: Online Learning in September



During the business interruption due to the ongoing COVID-19 pandemic, SMC remains as committed as ever to offering media training to our community. We continue to offer virtual workshops to replace our on-site classes. These workshops are free to members and are offered to non-members for a fee. A zoom link will be shared with registered participants two days before the start of the workshop. Go to [https://www.somervillemedia.org/smcxhome\\_augsept/](https://www.somervillemedia.org/smcxhome_augsept/) to learn more and to sign up.

### PLANNING YOUR PODCAST

Wednesday, September 9 – 6:30 to 7:30 p.m.

Location: Online via Zoom Class Size: 8 students Learn the difference between podcast and radio and why podcasting is one of the most popular new media forms to emerge in the past decade. Make a basic focus statement for your podcast concept and learn about what's involved in producing your very own podcast. Please note that this class will be recorded.

### RECORDING YOUR PODCAST AT HOME

Wednesday, September 16 – 6:30 to 7:30 p.m.

Location: Online via Zoom Class Size: 8 students Learn best practices on how to record your podcast from home. We will cover equipment (mics and mixers) and software like Zoom and Discord. Please note that this class will be recorded. Instructor: Heather McCormack

### EDITING YOUR PODCAST

Wednesday, September 23 – 6:30 to 7:30 p.m.

Location: Online via Zoom Class Size: 8 students Learn how to use Audacity, a free audio editor, to edit your podcast content, add intro music, and learn about special effects like EQ and compression. Please note that this class will be recorded. Instructor: Heather McCormack

### HOSTING AND DISTRIBUTING YOUR PODCAST

Wednesday, September 30 – 6:30 to 7:30 p.m.

Location: Online via Zoom Class Size: 8 students This class is an opportunity for those who already have a solid podcast plan or who have already begun to record to take the next step in putting their podcast out there—hosting, distributing, marketing and even monetizing. Learn the secrets to building a strong and engaged audience, figure out which hosting site is right for you. Please note that this class will be recorded. Instructor: Heather McCormack

## BOBBY'S DAD JOKES CORNER

By Bobbygeorge Potaris



What is the downside of eating a clock?  
It's time consuming.

## On This Day in History September 9

1504 – Michelangelo's 13-foot marble statue of David is unveiled in Florence, Italy.

1565 – Spanish explorers found St. Augustine, Florida, the first permanent European settlement in what is now the United States.

1628 – John Endecott arrives with colonists at Salem, Massachusetts, where he will become the governor.

1921 – Margaret Gorman of Washington, D.C., is named the first Miss America.

1944 – Germany's V-2 offensive against England begins.

1960 – President Dwight Eisenhower dedicates NASA's Marshall Space Flight Center in Huntsville, Alabama.

1974 – President Gerald Ford pardons former President Richard M. Nixon for any crimes arising from the Watergate scandal he may have committed while in office.

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## Somerville Community Growing Center: 2020 call for new board members

The Friends of the Community Growing Center (FCGC) – the 501(c)3 that manages the Somerville Community Growing Center – seeks individuals with diverse backgrounds and life experiences to join its Board of Directors. The Center is a city-owned, volunteer-run green space that for the past 25 years has been on the cutting edge of innovation in urban agriculture and community activism. We are in the process of completing a major renovation of the Center through a Community Preservation Act grant, and are looking for individuals interested in helping to guide us into our next 25 years. Candidates should be excited to delve into any of the different facets of this unique urban space regardless of their primary area of expertise.

The Somerville Community Growing Center (SCGC) is much more than a green space, it is where community grows. Situated on a quarter acre of gently sloped hillside near bustling Union Square, the high school, and the library, it hosts rich programming including environmental education and cultural performances and offers unique volunteer opportunities.

Initiated in 1994, the Center is a model for urban land use and collaboration between city government and local nonprofit and community agencies. This urban oasis was designed and built by local residents and is maintained by volunteers. Visit our website at [www.thegrowingcenter.org](http://www.thegrowingcenter.org) to learn more about what we do.



### Qualifications & Expectations

- New Board members will:
- Support the mission, values, and vision of the Somerville Community Growing Center:
- Candidates must show a willingness and commitment to get to know the organization, its volunteer base, and the community that it serves.
- Act as ambassadors for the Center and represent the organization in a knowledgeable and professional manner.
- Actively participate in monthly meetings and other special meetings:
- Attend monthly meetings and remain up to date on current Center issues.
- Stay in contact regularly with other board members, ideally through established online communication platforms.
- Take on active leadership roles:
- Be an active member on one of the FCGC’s three operating committees: the Site Committee, the Fundraising Committee, and the Programming/Outreach Committee.
- Attend and support the Center’s special events throughout the year.
- Participate in fundraising to ensure the FCGC has adequate resources to operate and maintain the Center.
- Develop, review, and implement annual budget on a regular basis.
- Familiarity with Quickbooks is a plus for the Treasurer.
- Engage in fundraising planning, including but not limited to reaching out to personal networks, making targeted asks, writing grant applications, and identifying additional funding opportunities.
- Help ensure legal and ethical integrity of the FCGC as a registered 501(3)c via the annual performance review process, conflict of interest policy, and fiduciary responsibilities.
- Especially important to us are team members with one or more of the following areas of expertise and interest:
- Finance knowledge for record keeping such as Quickbook accounting software.
- Interest in urban ecology, creating equitable access to a shared, community green space, and similar community endeavors.
- Prior non-profit board expertise.
- Site maintenance and oversight.
- Commit to a 1-year renewable term.

### Application Process

- To make a nomination, or request more information, please contact Lisa Brukilacchio at [lisa@thegrowingcenter.org](mailto:lisa@thegrowingcenter.org) or Liza Kitchell at [liza@thegrowingcenter.org](mailto:liza@thegrowingcenter.org).
- The application form is available through our website: <https://www.thegrowingcenter.org/board-search>

## Newstalk CONT. FROM PG 7

**Thirsty Thursday** meets **Virtual Craft Night**. **Thursday, September 10**, at 7:30 p.m., at **Remnant Brewing**, 2 Bow Market Way. Join fellow stitch-thusiasts for a night of crafts and craft beers. All needlework styles and experience level welcome. Whether you’re picking up a new style, midway through a project, or looking for your that last bit of inspiration to finish a project, we’re happy to virtually hang with you while enjoying delicious beers. Visit the Remnant web-store to order 4-packs and crows for pickup or local delivery (Somerville, Cambridge, Medford, Malden, Charlestown and Arlington). **Zoom** info will be available the day of the event at: <https://www.remnantsomerville.com/new-events/2020/9/10/call-to-crafters-virtual-craft-night>.

The **Council On Aging** has **masks** avail-

able for Somerville residents 60 years or older. If you still need a mask or know of a neighbor or friend who still needs a mask pick it up during their drive-through time. **Tuesday, September 15**, 10:30 a.m. – 12:00 p.m., 167 Holland Street.

Please join **Dormition of the Virgin Mary Greek Orthodox Church** on **September 12 and 13**, rain or shine, for their **Gryo Greekfest** to go. It is a time to connect with the people of our surrounding communities, dance a little and of course eat. This year due to the Covid-19 pandemic, they cannot entertain all of you with our full festival. They know that many of you still need that Greek food fix, so this year we are going to try and fill that void with a take-out service. You can pre-order your gyro and loukoumades on [www.Grecianfood.com](http://www.Grecianfood.com). You will be asked to choose a day

and pickup time (September 12 or 13 from noon to 8:00 p.m.). Or you can of course stop by and order a to go gyro and loukoumades the day of our event if you prefer not to pre-order. Please stop by and support the church and get your GYRO fix. They need your financial support now more than ever.

September is **National Recovery Month**. The social distancing necessary to control the spread of COVID-19 can make it difficult for people in recovery to connect with others and access support. Groups like **Narcotics Anonymous**, **SMART Recovery**, and **Herren Project**, among others, are offering virtual recovery meetings and resources during the pandemic. There is a list of additional resources at [www.somervillema.gov/coronavirushelp](http://www.somervillema.gov/coronavirushelp).

**#WearAMask** to protect your friends and family. Wear one for the people in your community you don’t know you’re connected to: the friend of a friend, the elderly neighbor, the person with an underlying condition who shops at your grocery store.

Reminder: **city buildings** are still closed to the public. Although city buildings remain closed to the public, a number of city services are still available online or by calling 311. Check the **“City Service Status”** tab on the city’s COVID-19 page for more information.

Don’t forget, if you would like to subscribe to receive a **digital edition** of our paper, go directly online to our website over to the right side and fill out your email address to receive a free, full PDF copy of the paper.



SCATV Channel 3 Schedule

SCATV is part of Somerville Media Center, home to Boston Free Radio, Somerville Neighborhood News and SMC Youth Media!

Join SMC today to make your own TV or Radio Production, learn skills like editing and field production and sign up for special media making workshops and classes for youth and adults! somervillemedia.org

Wednesday, September 9

12:00amFree Speech TV

6:00amNASA TV

7:00amCommunity Bulletin Board

7:30amDW In Good Shape

8:00amDemocracy Now! (Free Speech TV)

9:00amDW Global 3000

9:30amBoth Sides of the Bars

10:00amPoet to Poet, Writer to Writer

10:30amSomerville Neighborhood News

11:00amSNN Neighborhood Update

11:30amFrom My Heart to Yours

12:00pmThe Thom Hartman Show

1:00pmSomerville Neighborhood News

1:30pmSomerville Neighborhood News

2:00pmColores Latinos

3:00pmDemocracy Now! (Free Speech TV)

4:00pmDW Conflict Zone

4:30pmAutumn Reads with Somerville Public Library

5:00pmHello Neighbor

5:30pmFrom My Heart to Yours

6:00pmSomerville Neighborhood News

6:30pmVOX POP: Somerville Connects

7:00pm"The Cask of Amontillado" at VOX POP

7:30pmSidewalks Entertainment

8:00pmLIVE - Somerville Pundits

8:30pmDW Euromaxx

9:00pmRevolution Awakening at VOX POP

10:00pmLIVE - Heavy Leather Topless Dance Party

11:00pmFlotilla

Thursday, September 10

12:30amSCATV Secret Stash

1:00amFree Speech TV

1:30amFree Speech TV

2:00amFree Speech TV

3:00amFree Speech TV

6:00amBate Papo com Shirley

7:00amDW Conflict Zone

7:30amDW Euromaxx

8:00amDemocracy Now! (Free Speech TV)

9:00amDW Tomorrow Today

9:30amHello Neighbor

10:00amThe Chef's Table Series

10:30amThe Chef's Table Series

11:00amJoanna Bremis HMS Clinicals

11:30amJoanna Bremis HMS Clinicals

12:00pmThe Thom Hartman Show

1:00pmThe Somerville Line

1:30pmThe Somerville Line

3:00pmDemocracy Now! (Free Speech TV)

4:00pmVOX POP: Somerville Connects

4:30pmThe Struggle

5:00pmSomerville Neighborhood News

6:00pm#AFAD

6:30pm#AFAD

7:00pmCommunity Lens: SHC 5K Race

8:00pmLIVE - Our View

9:00pmPABFONE Closing Day Ceremony

10:00pmCommunity Bulletin Board

10:30pmThe World Fusion Show

11:00pmVOX POP Comedy Night

Friday, September 11

12:00amHeavy Leather Topless Dance Party

1:00amSCATV Secret Stash

1:30amSCATV Secret Stash

2:00amFree Speech TV

6:00amNASA TV

7:00amThe Bill Press Show (Free Speech TV)

8:00amDemocracy Now! (Free Speech TV)

9:00amDW Euromaxx

9:30amStrata

10:00amNASA TV

11:00amSOM ARTS

11:30amCambridge Calendar

12:00pmThe Thom Hartman Show

1:00pmCommunity Benefits Agreement

2:00pmSomerville Pundits

2:30pmAutumn Reads with Somerville Public Library

3:00pmDemocracy Now! (Free Speech TV)

4:00pmGay USA

5:00pmDW Global 3000

5:30pmWhat's New Massachusetts?

6:00pmGrandstanders

7:00pmEmergency Preparedness

7:30pmThe Somerville Labor Show

8:00pmLIVE - Greater Somerville

8:30pmGreater Somerville

9:00pmFur, Fins and Feathers

10:00pmHeavy Leather Topless Dance Party

11:00pmHeavy Leather Music Video Show

Saturday, September 12

12:00amVOX POP Comedy Night

1:00amFree Speech TV

2:00amFree Speech TV

3:00amFree Speech TV

5:00amFree Speech TV

6:00amDW Focus on Europe

7:00amEffort Pour Christ

8:00amDemocracy Now! (Free Speech TV)

9:00amSMC Youth Media

9:30amScience 360

10:00amDead Air Live

11:00amTeleGalaxie

12:00pmSomerville Storytellers

1:00pmTele Magazine

2:00pmReeling Review

3:00pmMA House of Representatives Formal Session

4:00pmTele Kreyol

5:00pmHenry Parker Presents

5:30pmHenry Parker Presents

6:00pmSomerville Pundits

6:30pmThe Somerville Labor Show

7:00pmBLOWW Show a Go Go

7:30pmSomerville Neighborhood News

8:00pm#AFAD

9:00pmNossa Gente e Costumes

10:00pmHeavy Leather Music Video Show

11:00pmSCATV Secret Stash

11:30pmQueer Cats

Sunday, September 13

12:00amFlotilla

1:00amNASA TV

1:30amNASA TV

2:00amNASA TV

3:00amFree Speech TV

6:00amBate Papo com Shirley

7:00amNossa Gentes e Costumes

8:00amEffort Pour Christ

9:00amNASA TV

10:00amTele Kreyol

11:00amHouse of Representatives Formal Session

12:00pmSidewalks Entertainment

1:00pmSOM ARTS

2:00pmSNN Neighborhood Update

3:00pmChico and B-Man

4:00pmAfrican Television Network

5:00pmDedilhando a Saudade

6:00pmGay USA

6:30pmVOX POP: Somerville Connects

7:00pmDW Tomorrow Today

8:00pmEmergency Preparedness

9:00pmDead Air Live

10:00pmTele Magazine

11:00pmCommunity Lens: Somerville 5K Detour

11:30pmTUTV

SCATV Secret Stash

Monday, September 14

12:00amHeavy Leather Topless Dance Party

5:00amFree Speech TV

6:00amNASA TV

7:00amSomerville Storytellers

7:30amGoing Postal

8:00amDemocracy Now! (Free Speech TV)

9:00amScience 360

10:00amSomerville Neighborhood News

11:00amOur View

12:00pmThe Thom Hartman Show

1:00pmSOM ARTS

1:30pmSomerville Storytellers

2:00pmNASA TV

3:00pmDemocracy Now! (Free Speech TV)

4:00pmAfrican Television Network

5:00pmCommunity Lens: SHC 5K Race

6:00pmLIVE from VOX POP

6:30pmFur, Fins and Feathers

7:00pmTele Galaxie

8:00pmLIVE -Somerville Overcoming Addiction

9:00pmDedilhando au Saudade

10:00pmColores Latinos

11:00pmHeavy Leather Topless Dance Party

Tuesday, September 15

12:00amPublic Safety/Homeland Security Hearing

6:00amNASA TV

7:00amNASA TV

8:00amDemocracy Now!

9:00amThe Chef's Table Series

10:00amStrata

11:00amJoanna Bremis HMS Clinicals

12:00pmThe Thom Hartman Show

1:00pmRevolution Awakening at VOX POP

2:00pmSomerville Overcoming Addiction

3:00pmDemocracy Now!

4:00pmSMC Youth Media

4:30pmGoing Postal

5:00pmLIVE - Poet to Poet, Writer to Writer

5:30pmWhat's New Massachusetts?

6:00pmSomerville Neighborhood News

6:30pmFrom My Heart to Yours

7:00pmThe Somerville Labor Show

7:30pmLIVE - Greater Somerville

8:00pmLIVE - Dead Air Live

9:00pmThe World Fusion Show

10:00pmTotally Working Out

11:00pmBox House Productions Presents

SCATV Secret Stash

CITY TV 22 (Comcast) | 13 (RCN) Schedule

Wednesday, September 9

7:00amTown Hall on Race and Equity in Policing

8:30amRaising Families

9:00amSchool Committee Update

10:00amComo Enfrentar o Novo Coronavirus

11:00amFit 4 Life 2020 #3

11:30amCC-Legislative Matters 9.3.20

2:15pmPride Flag Raising 2020

2:30pmYouth Mental Health During COVID-19

4:00pmChair Yoga w/Janine

4:30pmSenior Circuit: Farewell Cindy Hickey

5:00pmSchool Committee Update

5:31pmSerenading Seniors at Brady Towers

6:30pmSPL: Gardening w/Green City Growers

7:00pmFinance Committee Meeting - 9.8.20

10:00pmDoenças Crônicas e Cuidados

11:30pmArtBeat 2020

Thursday, September 10

12:00amCity Council Spotlight - Kristen Strezo

12:30amSPL: Gardening w/Green City Growers

1:00amFinance Committee Meeting - 9.8.20

6:30amSerenading Seniors at Brady Towers

7:30amMusic & Movement w/Steve Gintz

8:15amSPD Ride Along

8:30amSPL: Gardening w/Green City Growers

9:00amMiddlesex Update w/Marian Ryan

9:30amSchool Committee Update

11:00amFit 4 Life 2020 #1

11:30amArtBeat 2020

11:50amProspect Hill Ribbon-Cutting/Re-Opening

12:00pmSenior Circuit: Farewell Cindy Hickey

12:30pmSerenading Seniors at Brady Towers

1:30pmNational Night Out 2019

2:10pmYouth Mental Health During COVID-19

2:30pmCity Council Spotlight - Kristen Strezo

3:00pmProspect Hill Ribbon-Cutting/Re-Opening

4:00pmChair Yoga w/Janine

4:30pmSerenading Seniors at Brady Towers

7:00pmCity Council Meeting - LIVE

Friday, September 11

12:00amSenior Circuit: Farewell Cindy Hickey

12:30amSpecial City Council Meeting 8.5.20

7:00amSPL: Gardening w/Green City Growers

7:30amTown Hall on Race and Equity in Policing

9:00amSchool Committee Update

9:31amSomerville Public Schools Re-Opening

10:30amProspect Hill Ribbon-Cutting/Re-Opening

11:00amFit 4 Life 2020 #2

11:30amThe Bilingual Brain: Benefits of Bilingualism

1:00pmProspect Hill Ribbon-Cutting/Re-Opening

1:10pmYouth Mental Health During COVID-19

1:30pmFinance Committee Meeting - 9.8.20

4:00pmFit 4 Life 2020 #1

4:30pmRaising Families

5:00pmSchool Committee Meeting 8.31.20

7:01pm9/11 Vigil - 2019

7:30pmCC-Land Use Meeting 9.1.20

10:01pmProspect Hill Ribbon-Cutting/Re-Opening

10:15pmYouth Mental Health During COVID-19

10:31pmCity Council Spotlight - Kristen Strezo

11:00pmSaude Mental e Cuidados

11:40pmSPD Ride Along

Saturday, September 12

12:00amVirtual Town Hall w/Mayor Curtatone

2:00amCity Council Meeting 8.27.20

7:00amPublic Health & Public Safety Cmt. 8.31.20

8:35amSenior Circuit: Farewell Cindy Hickey

9:00amSchool Committee Update: Carrie Normand

10:00amSaude Mental e Cuidados

11:00amFit 4 Life 2020 #1

11:30amRaising Families

12:00pmCity Council Meeting 9.10.20

4:00pmFit 4 Life 2020 #1

4:30pmCity Council Spotlight - Kristen Strezo

5:00pmSchool Committee Meeting 8.31.20

7:01pmCity Council Spotlight - Kristen Strezo

7:30pmComo Enfrentar o Novo Coronavirus

8:10pmYouth Mental Health During COVID-19

8:30pmCC-Land Use Meeting 9.1.20

11:02pmChair Yoga w/Janine

11:32pmRaising Families

Sunday, September 13

12:00amCC-Legislative Matters 9.3.20

3:00amThe Bilingual Brain: Benefits of Bilingualism

6:30amSchool Committee Meeting 8.31.20

8:31amCity Council Spotlight - Kristen Strezo

9:00amDoenças Crônicas e Cuidados

10:30amProspect Hill Ribbon-Cutting/Re-Opening

11:00amFit 4 Life 2020 #1

11:30amSPL: Gardening w/Green City Growers

12:00pmCity Council Meeting 9.10.20

4:00pmChair Yoga w/Janine

4:30pmArtBeat 2020

5:00pmVirtual Town Hall w/Mayor Curtatone

7:00pmSenior Circuit: Farewell Cindy Hickey

7:30pmSPL: Gardening w/Green City Growers

8:00pmCity Council Meeting 9.10.20

Monday, September 14

12:00amSenior Circuit: Farewell Cindy Hickey

12:25amCovid PSA Facemask-1

12:30amFinance Committee Meeting - 9.8.20

6:00amTown Hall on Race and Equity in Policing

7:30amArtBeat 2020

7:46amPoetry Reading by Lloyd Schwartz

8:00amCooking w/Ellen: Mac & Cheese 6.2.20

8:08amCooking w/Ellen: Mac & Cheese 6.2.20

8:16amCooking w/Ellen: Pudding Cake

8:30amRaising Families

9:00amStructural Racism Panel 6.23.20

11:00amFit 4 Life 2020 #2

11:30amCity Council Spotlight - Kristen Strezo

12:00pmCity Council Meeting 9.10.20

4:00pmChair Yoga w/Janine

4:30pmSerenading Seniors at Brady Towers

5:30pmSenior Circuit: Farewell Cindy Hickey

7:00pmSchool Committee Meeting 9.14.20

11:00pmSaude Mental e Cuidados

11:45pmProspect Hill Ribbon-Cutting/Re-Opening

Tuesday, September 15

12:00amSchool Committee Update

12:31amCC-Land Use Meeting 9.1.20

6:30amMiddlesex County Update w/Marian Ryan

7:00amProspect Hill Ribbon-Cutting/Re-Opening

7:10amYouth Mental Health During COVID-19

7:30amSaude Mental e Cuidados

8:10amArtBeat 2020

8:30amSPL: Gardening w/Green City Growers

9:00amMusic & Movement w/Steve Gintz August 2020

10:00amSomerville Public Library

11:00amFit-4-Life #6

11:30amStructural Racism Panel 6.23.20

1:00pmCC-Legislative Matters 9.3.20

4:00pmFit 4 Life 2020 #3

4:30pmVirtual Town Hall w/Mayor Curtatone

6:06pmSerenading Seniors at Brady Towers

7:00pmSenior Circuit: Farewell Cindy Hickey

7:30pm9/11 Vigil 2020

8:00pmCity Council Meeting 9.10.20

Wednesday, September 16

12:00amSenior Circuit

12:30amDoenças Crônicas e Cuidados

2:00amCC-Legislative Matters 9.3.20

Educational TV 15 Schedule

Wednesday, September 9

7:00amFull Circle Virtual Graduation 2020

9:00amSHS Drive Up Graduation

10:30amSHS Drive Up Graduation

12:30pmWHCS Virtual Moving Forward Ceremony

2:00pmESCS Virtual Moving On Ceremony

4:30pmBrown School Moving On Ceremony 2020

5:00pmFull Circle Virtual Graduation 2020

7:00pmSHS Drive Up Graduation

8:30pmSHS Drive Up Graduation

10:30pmWHCS Virtual Moving Forward Ceremony

Thursday, September 10

12:00amEl Sistema Winter Bash

12:30amSHS Football @ Beverly [10.7.17]

7:00amSHS Boys' Basketball vs Medford @ Tufts

8:30amSHS Girls' Basketball vs Medford @ Tufts

10:00amJef Czekaj's Sequestered Storytime #3

11:00amSCALE Virtual Graduation 6.17.20

12:00pmWSNS Winter Concert

1:00pmGardening at SPL 7.16.20

1:30pmSHS Girls Soccer vs Concord Carlisle

3:00pmSHS Boys Soccer vs Chelsea

5:00pmNight Owl Storytime w/Miss Meghan

6:00pmSHS Boys' Basketball vs Medford @ Tufts

7:30pmSHS Girls' Basketball vs Medford @ Tufts

9:00pmJef Czekaj's Sequestered Storytime #3

10:00pmSCALE Virtual Graduation 6.17.20

11:00pmWSNS Winter Concert

Friday, September 11

12:00amSHS Football @ Beverly [10.29.16]

2:15amSHS Girls Volley @ Beverly [9.12.18]

8:00amSCALE Virtual Graduation 6.17.20

9:00amArgenziano School Moving On Ceremony

10:00amESCS Virtual Moving On Ceremony

12:30pmHealey School Moving Forward Ceremony

2:00pmSHS Drive Up Graduation

3:30pmSHS Drive Up Graduation

5:00pmWSNS Moving On Ceremony 2020

6:00pmSCALE Virtual Graduation 6.17.20

7:00pmArgenziano School Moving On Ceremony

8:00pmESCS Virtual Moving On Ceremony

10:30pmHealey School Moving Forward Ceremony

Saturday, September 12

12:00amSHS Girls Basketball vs Everett [2.13.17]

1:30amSHS Hockey vs Everett [1.15.20]

3:00amPublic Domain Theater

8:00amSHS Boys Basketball v Malden [1.6.17]

9:30amSHS BOYS BASKETBALL 2017-18

10:00amSHS Boys Basketball vs Malden

12:00pmSHS Boys Volleyball vs Malden [5.21.18]

2:00pmSHS Girls' Basketball vs Malden [1.23.18]

4:00pmSHS Football vs Malden [9.20.19]

6:30pmSHS BOYS BASKETBALL 2017-18

7:00pmSHS Boys Basketball v Malden [1.6.17]

8:30pmSHS Highlander Boys' Basketball 2018-19

9:00pmSHS Boys Basketball vs Malden - 1st Rd Playoff

11:00pmSHS Boys Volleyball vs Malden [5.21.18]

Sunday, September 13

1:00amSHS Football vs Cambridge

7:00amFinal SHS Topping Off Ceremony

7:30amJef Czekaj's Sequestered Storytime #4

8:00amJef Czekaj's Sequestered Storytime #3

9:00amSHS Boys Soccer vs Boston Int'l

10:30amSHS Girls Soccer vs Concord Carlisle

12:00pmWSNS Winter Concert

1:00pmEl Sistema Spring Concert

2:00pmSHS Football vs Ipswich

4:00pmNight Owl Storytime w/Miss Meghan

5:00pmFinal SHS Topping Off Ceremony

5:30pmJef Czekaj's Sequestered Storytime #4

6:01pmJef Czekaj's Sequestered Storytime #3

7:00pmSHS Boys Soccer vs Boston Int'l

8:30pmSHS Girls Soccer vs Concord Carlisle

10:00pmWSNS Winter Concert

11:00pmGardening at SPL 7.16.20

Monday, September 14

12:00amSHS Girls Basketball @ Beverly [1.29.19]

1:30amSHS Football @ Beverly [10.7.17]

4:00amPublic Domain Theater

8:00amSHS BOYS BASKETBALL 2017-18

8:30amSHS Boys Basketball v Malden [1.6.17]

10:00amSHS Highlander Boys' Basketball 2018-19

10:30amSHS Boys Basketball vs Malden - 1st Rd Playoff

12:30pmSHS Boys Volleyball vs Malden [5.21.18]

3:00pmSHS Football vs Peabody [9.8.17]

5:00pmSHS Boys Soccer v Marblehead [9.27.17]

6:30pmNortheastern Conference Cheer Invitational

7:30pmSHS Hockey v Lynn C. [1.17.18]

9:00pmSHS Girls Basketball vs Beverly [1.30.18]

10:30pmSHS Girls Basketball vs Swampscott

Tuesday, September 15

12:00pmWHCS Virtual Moving Forward Ceremony

1:30amNight Owl Storytime w/Miss Meghan

2:30amPublic Domain Theater

7:30amSPL Storytime with Miss Alison [5/26]

8:30amSHS Graduation 2014

10:30amSHS Graduation 2015

12:30pmSHS Graduation 2017

2:30pmSHS Class of '18 Graduation

4:30pmSHS Graduation 2019

6:30pmSHS Drive Up Graduation

8:00pmSHS Drive Up Graduation

9:30pmHealey School Moving Forward Ceremony

10:30pmSHS Girls Volley @ Beverly [9.12.18]

12:00amSHS Girls Basketball @ Beverly [1.29.19]

1:30amSHS Football vs Lawrence

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OFF THE SHELF

by Doug Holder

'Toxic Cookout'

by Rob Dinsmoor

Toxic Cookout  
By Rob Dinsmoor  
Big Table Publishing  
San Francisco, CA

Review by Off the Shelf correspondent Zvi A. Sesling

I have rarely been a fan of big novels because I usually found the books too long and I could not even finish one on a transcontinental flight. Short stories, on the other hand, have allowed me to read and absorb a few stories on the same flight. The stories from old masters such as Malamud, Fitzgerald, Nabokov, and Porter can be quite lengthy. Short story authors tend toward a shorter story running from three or four pages to seventeen to twenty pages.

One writer of this shorter form who spins wonderful tales that encompass a broad range of issues is Rob Dinsmoor, a writer readers will enjoy and enthusiastically recommend to others. Dinsmoor's *Toxic Cookout* falls into the shorter category and makes reading his stories enjoyable. While science fiction is Dinsmoor's forte, the breadth of his writing is both visual and easy to comprehend. The back cover says, "[Rob Dinsmoor] has written dozens of scripts for Nickelodeon and MTV. He has published stories in many literary magazines, two of which were nominated for Pushcart Prizes."

In *Toxic Cookout*, Dinsmoor, in addition to specializing in science fiction, displays knowledge of astronomy, the environment, yoga, chemistry, psychology, GPS systems, life in New York city, pyramid schemes, animals and so many more aspects of everyday life we may never think about.

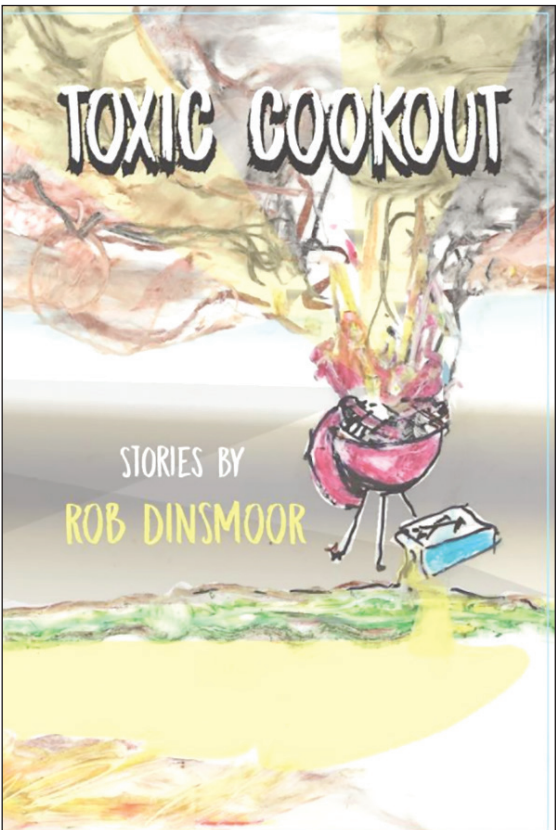
What makes Dinsmoor so interesting is the often subtle, sometimes it is the dark humor which pervades his work. For example, in the opening story *Selfies*, two young girls are in a swimming pool taking selfies. They go to the bathroom for more photos of each other and one of them reveals the truth about herself.

In another story, *Kundalini Yoga at the Arkham YMCA*, the narrator teaches yoga at the local YMCA and discovers a room unused for years. He takes his class in there and what happens to them is what follows.

A story for lovers of science fiction and horror is *Howard at Ravenswood*, about a rather odd young boy who grows up in his self-made world to become a writer many readers will recognize. Is the story true or another creation from Dinsmoor's fertile imagination?

In *The World In Gunnar's Barn*, a tinkerer becomes the creator. A whole world inside a bell jar with an ending that leaves the creator's friend with more than worries.

*Times Are Different In Port St. Joe* is a time trav-



el story of a different kind of trip that Dinsmoor creates, a mystery at the beginning with an ending that reminds you to always answer your cellphone.

And there is the truck stop in the middle of the desert where a purple streak lands and a mysterious encounter ensures the finale readers do not expect.

The title story is a tale that can take place in anyone's back yard as the following excerpt will show:

"Hope dumped a big pile of generic-brand charcoal briquettes, which look like they'd been reconstituted out of old tires, into the large charcoal grill. Then she squirted the coals with charcoal starter, maintaining such a long stream that it reminded me of a big, drunken sailor taking a leak. Then shup the can down next to the grill, open. It tipped over, draining charcoal started into the grass. She produced a long-barreled grill igniter, pulled the trigger, and set the pile of reconstituted tires ablaze with a "whoosh!" and a wave of heat that I felt on my eyelashes. The flames shot up about six feet, calling to mind of bonfire, and sent up a plume of black smoke reminiscent of oil fields burning in Kuwait, which may have caused countless health problems."

The story contains many references to the environment without being didactic. In fact, Dinsmoor is such a writer. However, for those who prefer the realism of life and love, Dinsmoor has included two stories, *Falling in Love While Clinically Depressed* and *On the Brink of Total Immersion*.

Reading Rob Dinsmoor's *Toxic Cookout*, I became determined to read more of his work and I wait impatiently for the next volume of stories. In the meantime, I enjoyed this book so much that I will probably reread it very soon.

Lyrical

SOMERVILLE

edited by Doug Holder

Jennifer LeBlanc earned an MFA in Creative Writing from Lesley University. Her first full-length book, *Descent*, was published by Finishing Line Press (2020), and individual poems have been published in journals such as *The Adirondack Review*, *CAIRN*, *The Main Street Rag*, and *Melusine*. Jennifer was nominated for a 2013 Pushcart Prize and works in the English Department at Tufts University.



Saying Another

Is this the messiness of life you mentioned,  
enduring the closed doctor's office,  
the 7am appointment scheduled for months  
and that must now be given up?  
Is this the messiness,  
struggling through routine decisions—  
wheat bread or white—  
and then guilt because yours is not an empty plate?  
Each day is overflowing with intentions I do not keep,  
questions that dissolve between tables at coffee shops.  
*It's espresso, but I say espresso,*  
and the boy agrees with his mother.  
Espresso is better. Espresso is more fun.  
And this must be the messiness,  
meaning one thing but saying another.

— Jennifer LeBlanc

To have your work considered for the Lyrical send it to:  
Doug Holder, 25 School St.; Somerville, MA 02143. [dougholder@post.harvard.edu](mailto:dougholder@post.harvard.edu)

Ms. Cam's

Olio

Answers

1. Old Possum's Book of Practical Cats by T. S. Eliot

2. Korea

3. The Killers

4. Michael Schumacher

5. Relatives

6. Clint Barton

7. Horse

8. Dan Brown

9. Game of Thrones

10. Oregano

11. The Silence of the Lambs

12. George

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