The Somerville Community Land Trust hosts a ribbon-cutting ceremony to celebrate the first community land trust project in Somerville on Wednesday, August 17. The project, funded by the City of Somerville, the Somerville Affordable Housing Trust Fund, and Winter Hill Bank, brings five permanently affordable homes to Somerville’s Union Square Neighborhood.

The newly constructed condominium building sits atop land that will be stewarded in perpetuity by the Somerville Community Land Trust. A lottery process will launch this month, welcoming low-to-moderate income first-time homebuyers who will become the first resident-members of the Somerville Community Land Trust.

Continued on page 4

Mayor Ballantyne, Ward 3 Councilor Ben Ewen Campen and members of the Somerville Community Land Trust celebrate the first property acquisition of SCLT, located at 7 Summer Street.

Celebrating ‘SALLY’ at Brickbottom
page 12

By Jim Clark

In the years following the publication of Somerville native Paul Carafotes’ delightful children’s book, The Adventures of Charlie Bubbles, the author has followed up that initial offering with a successful string of sequels. And now, the actual inspiration for the first book – his own son Charlie – is following in his father’s footsteps by penning his own forthcoming contribution to the series, Charlie Bubbles! Zena the Great!

Of the original book in the series, published in 2012, the elder Carafotes said, “It’s a very sweet story about a boy who can blow bubbles that transport him into and out of trouble. It has to do with friendship and what friendship means. It asks what’s the cost, what’s the price of

Continued on page 20

By The Times Staff

Mayor Ballantyne, Ward 3 Councilor Ben Ewen Campen and members of the Somerville Community Land Trust celebrate the first property acquisition of SCLT, located at 7 Summer Street.

The further adventures of Paul and Charlie Carafotes

Continued on page 20

Watch your step in Davis Square
page 3

Bringing the Flea back to Somerville
page 13

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Send & Receive Money with Friends & Family (Banking App)
**Somerville Weather Forecast**

for the week of August 24 – August 30 as provided by the National Weather Service

<table>
<thead>
<tr>
<th>DAY</th>
<th>CONDITIONS</th>
<th>HIGH/LOW</th>
<th>PRECIPITATION</th>
<th>HUMIDITY</th>
<th>WIND</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Wednesday</strong> August 24</td>
<td>Partly Cloudy</td>
<td>87°/67°</td>
<td>16%</td>
<td>69%</td>
<td>W 10 mph</td>
</tr>
<tr>
<td><strong>Thursday</strong> August 25</td>
<td>Sunny</td>
<td>87°/67°</td>
<td>8%</td>
<td>14%</td>
<td>SW 9 mph</td>
</tr>
<tr>
<td><strong>Friday</strong> August 26</td>
<td>Rain</td>
<td>87°/66°</td>
<td>59%</td>
<td>3%</td>
<td>SW 10 mph</td>
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<tr>
<td><strong>Saturday</strong> August 27</td>
<td>Partly Cloudy</td>
<td>84°/64°</td>
<td>14%</td>
<td>2%</td>
<td>NE 10 mph</td>
</tr>
<tr>
<td><strong>Sunday</strong> August 28</td>
<td>Partly Cloudy</td>
<td>85°/64°</td>
<td>11%</td>
<td>7%</td>
<td>SE 11 mph</td>
</tr>
<tr>
<td><strong>Monday</strong> August 29</td>
<td>Partly Cloudy</td>
<td>86°/67°</td>
<td>12%</td>
<td>35%</td>
<td>SSW 11 mph</td>
</tr>
<tr>
<td><strong>Tuesday</strong> August 30</td>
<td>Partly Cloudy</td>
<td>90°/70°</td>
<td>23%</td>
<td>44%</td>
<td>S 13 mph</td>
</tr>
</tbody>
</table>

*NOTE: Conditions subject to change. Always check a daily forecast prior to activities that can be affected by the weather.*

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Looking to vote early in the 2022 State Primary Election? In-person early voting will be held in the Council Chambers at City Hall (93 Highland Ave.) from Saturday, August 27, to Friday, September 2. Residents can also apply to vote by mail. Applications must be received by the Elections Office by 5:00 p.m. on Monday, August 29, to vote by mail in the State Primary. For more information or to register to vote, visit somervillema.gov/earlyvoting.

Classes begin next week for Somerville Public Schools. School starts on August 31 for students in grades 1-12. Students in pre-kindergarten and kindergarten start school on September 6.

*Happy birthday this week to several locals: Happy Birthday to our own Bob “Monty” Doherty is celebrating this week. You can enjoy his historical columns in our paper every other week. Ask him anything about the history of Somerville and he will have the answer. We wish him the best. Happy birthday to State Representative Christine Barber, who is also celebrating. We hope she has a great day. Happy Birthday to Ward Seven City Councillor Judy Pineda Neufeld who is also celebrating, we hope she enjoys her day. Happy birthday to Jonathan Bowers. We wish him a great year ahead. We wish all of our Facebook friends, such as Arthur Copeland, Bob Osborne, Kathleen Goss, Louise Cruz-Partee, Ellie Lodder Chute, John McDermott, Bob Baxter, Cheryl Endicott-Ribeiro, Leesette Benger and Michael Madden a Happy Birthday this week.*

Log onto TheSomervilleTimes.com to leave your own comments

Response to: *Winter Hill CAC is moving the process forward*

Sean Cryts says:

Respectfully as a Winter Hill Somerville resident:
1. Is the Walgreens portion of the property under eminent domain? Is the only drugstore in the neighborhood we have access to?
2. Is the barber shop and winter hill liquors property under eminent domain? These are small minority business owners. Please don’t displace them!
3. It is a fundamental American right to own property in this countryside. Please don’t steal someone’s property unless it absolutely for “The Public Good”.

All involved should have to prove to the Somerville tax payer that this is in the best interest of the tax payer, not anyone else.

Response to: *My 1981 memories of Assembly Square One*

Neil Gillis says:

You forgot after being the Ford Assembly plant it served as the grocery warehouse for all the First National Stores in New England with hundreds of employees and next to it was the produce and Meat warehouse.

Log onto TheSomervilleTimes.com to leave your own comments

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Life in the Ville by Jimmy Del Ponte

Watch your step

There’s so much construction throughout the city that safe sidewalks should be a top priority. I live near Davis Square so the photos are from Elm St. Where the sidewalks are particularly bad? Here’s what you said.

“The sidewalks on School between Medford Street and Highland Ave. are horrible. All ripped up by GLX and the city and we never know what will be open. Take a look next time you’re in the neighborhood.”

“Most of the street closures is because the gas lines are being replaced. Has to do with that gas explosion in Lawrence a few years back. Some main line from Woburn all the way to Lynn, and branch lines that are done street by street and block by block.”

“I had to stop bringing my mom to her beloved Davis Square because it was not to be navigated in a wheelchair. We could go to her hair dresser’s on Holland, the “show” and Mr. Crepe, but no farther. Cobblestone is the devil underfoot.” Terrible!

“Completely agree. Falls can be life altering. And nobody cares. “Limited liability.”

“The sidewalks on School between Medford Street and Highland Ave are horrible. All ripped up by GLX and the city and we never know what will be open. Take a look next time you’re in the neighborhood.”

I found this little morsel of information, now remember this is what was on social media:

Commissioner used contractors for sidewalk repairs and wasn’t watching the budget. There’s no more money for sidewalk repairs till next July. Bills are being paid and many vendors shut off the city. They’re in a mess. No tree crew and using contractors for that also.

So basically, the dangerous sidewalks are here for a while. Be extra careful walking. If you take a trip to Davis Square, don’t trip.

Annual fire hydrant inspection and testing, August 22 to September 3

The Somerville Fire Department will conduct its annual inspection of all fire hydrants between Monday, August 22, and Saturday, September 3.

During inspections, water will be flushed from the hydrants and their mechanical operations will be checked. As a result, some sediment may be disturbed in the water mains, potentially causing rusty water in homes or businesses. The rusty water will appear dirty or discolored but does not pose a health hazard. It could stain fabric, however, so residents are advised not to do laundry while water is discolored. This rusty condition will be temporary and should clear in a few hours.

Inspections and testing will be conducted Monday through Saturday between 9:00 a.m. and 4:00 p.m. and, if necessary, in the evening between 6:15 and 8:15 p.m. Anyone with questions about this procedure may contact the Somerville Fire Department at 617-623-1700.
Somerville Police officers were dispatched to a Newton St. location last week for a check condition call. The reporting party stated that her neighbor, Christine Harding, was attacking her, and it has been reported that there is an extensive history of disputes between the reporting party and Harding, and they have even been physical with each other in the past.

Upon arrival, the officers were met by Harding, who stated that she came home from work around 6:45 p.m. and moved her car into the street, whereupon she noticed that her back window had been shattered, and she saw shards from a glass beer bottle on the roof of her car. Due to the history between the two parties, Harding confronted the reporting party as she believed she was responsible for the damage.

The reporting party told the officers that Harding rang her doorbell and yelled for her to come outside and fight her, at which time the reporting party called 9-1-1 and requested police officers to respond.

The reporting party stated she heard what sounded like her window being smashed. The police officers observed that a window on the second floor had been broken with multiple rocks on the walkway landing.

The officers asked Harding what happened to the window on the house, and she reportedly stated, “If you’re going to break my window, I’m going to break yours.”

While officers were advising Harding to speak with management about this ongoing issue with her neighbor, she reportedly became agitated. She grabbed a glass bottle of liquor and threw it at the reporting party’s front door, causing the glass to shatter. Harding was subsequently placed under arrest for two counts of malicious wanton defacement of property and was transported to Somerville Police station for booking.
COMPASS

7 Carole Place, Somerville
4 BD • 2 BA • 1½ BA • 2,464 SF • $1,899,000

Nestled off Cedar St in Spring Hill and just moments to the hustle and bustle of Porter Sq, 7 Carole Place welcomes its new owners to tasteful updates top to bottom. With a custom stone patio, french drain driveway and outdoor deck - you are sure to enjoy the warmer months in your private oasis. The newly updated kitchen boasts floor to ceiling cabinets, new quartz countertops, Thermador appliances and Fisher & Paykel double wall oven. Appointed with Herman Miller light fixtures, mood lighting in the evenings and stylish centerpieces during the day set the tone. Most uncommon, you will find the primary bedroom suite on the main level inclusive of a walk-in closet and newly renovated bath featuring tiled shower and double sinks. Lastly, there is a multi-purpose room beyond the 4 bedrooms that can be used for office, playroom, family room and more. Basement not finished for more potential finished space and does include a 2nd set of washer/dryer.

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THE HOUSE AND SENATE: There were no roll call votes in the House or Senate last week. This week, Beacon Hill Roll Call reports local senators’ roll call attendance records for the 2022 session.

The Senate has held 146 roll calls so far in the 2022 session. Beacon Hill Roll Call tabulates the number of roll calls on which each senator voted and then calculates that number as a percentage of the total roll calls held. That percentage is the number referred to as the roll call attendance record.

Thirty of the 40 senators did not miss any roll calls and have 100 percent roll call attendance records. This high level of participation can likely be attributed to the fact that under emergency rules adopted because of the COVID-19 pandemic, the vast majority of the 40 senators are not in the Senate chamber during a session. Most are watching and listening to the session from their home, business or Senate office and casting their votes remotely.

Senators’ remote votes are communicated to Senate officials during the session or prior to the session if senators are informed in advance that there will be a roll call vote. If a member wants to speak on an issue under consideration, they do so on a separate “debate phone line” and their voice is then heard in the Senate chamber and by anyone watching the broadcast online.

The number of senators who had 100 percent roll call attendance records in the four years prior to the pandemic was lower than 2022 as follows: 28 in 2019; 20 in 2018; 25 in 2017; and 17 in 2016.

It is a Senate tradition that the Senate president only votes occasionally. Current Senate President Karen Spilka follows that tradition and only voted on 39 (26.7 percent) of the 146 roll calls while not voting on 107 (73.3 percent) of them.

Nine (23 percent) of the 39 senators, other than Spilka, missed one or more roll calls. Sens. Cindy Friedman (D-Arlington), Diana DiZoglio (D-Methuen) and Sen. Joan Lovely (D-Salem) each missed three roll calls for a roll call attendance record of 97.9 percent. Sens. Fattman, Gomez and Collins did not respond to repeated requests by Beacon Hill Roll Call asking them for a statement.

Sens. Friedman, Chang-Diaz, Chandler, DiZoglio, Fattman, Gomez and Collins did not respond to repeated requests by Beacon Hill Roll Call asking them for a statement.

FILL OUT ONE APPLICATION FOR MULTI-STATE BENEFITS – Gov. Baker signed into law a measure that would allow individuals to simultaneously apply online, on a state-sponsored website, for various state-funded benefits including MassHealth, the Supplemental Nutrition Assistance Program (SNAP), childcare subsidies, housing subsidies, fuel assistance and other needs-based health care, nutrition and shelter benefits.

Supporters say that people who need state assistance usually need it from several different programs. They noted this presents a problem because it is difficult for people without cars and childcare to go to all the different places to apply. They said a one-stop common application would help streamline the system and avoid a lot of bureaucratic red tape.

Baker said he strongly support the measure “as it aligns with an important initiative that is currently underway in this administration.” “The agencies and secretariats included in the proposed [measure] are currently engaged in collaborative efforts to establish a common application mechanism nearly identical to the portal envisioned by this section,” said Baker.

BOARD OF EDUCATION RAISES THE MCAS SCORE HIGH SCHOOL STUDENTS WILL NEED IN ORDER TO GRADUATE – The State Board of Education voted to raise the minimum score that future high school students must receive on some of their MCAS tests in order to graduate including English language arts, math and science and technology/engineering. The higher score requirement will apply to students entering high school as freshmen beginning in the 2022-2023 school year.

“Raising the … standard is critical, as is the message that we believe students are capable of meeting the higher standard and the commonwealth and its educators will support them to do that,” said Education Commissioner Jeff Riley.

“[This evidence underscores the importance of raising the standard and also highlights the need to articulate clearly to students, parents, educators and other stakeholders how the different levels of achievement on the MCAS tests signal whether a student is on track for success beyond high school, whether in undergraduate education, the military, the workplace, or independent and productive community life,” Riley continued.

HOW LONG WAS LAST WEEK’S SESSION? Beacon Hill Roll Call tracks the length of time that the House and Senate were in session each week. Many legislators say that legislative sessions are only one aspect of the Legislature’s job and that a lot of important work is done outside of the House and Senate chambers. They note that their jobs also involve committee work, research, constituent work and other matters that are important to their districts. Critics say that the Legislature does not meet regularly or long enough to debate and vote in public view on the thousands of pieces of legislation that have been filed. They note that the infrequency and brief length of sessions are misguided and lead to irresponsible late-night sessions and a mad rush to act on dozens of bills in the days immediately preceding the end of an annual session. During the week of August 15-19, the House met for a total of 30 minutes and the Senate met for a total of 35 minutes.
Prepare for MBTA Orange and Green Line closures in Somerville

The MBTA is suspending service on the entire Orange Line and part of the Green Line for one month to make necessary repairs and improvements. The Orange Line closed on Friday, August 19, and the Green Line closed from Government Center to Union Square station starting on Monday, August 22.

Since the MBTA announced these closures, City of Somerville staff have been meeting daily with MBTA and State officials to support the implementation of alternative travel options and advocate for Somerville residents and MBTA riders. Here’s what Somerville residents need to know:

How to Get Around
During the shutdowns, riders can travel via shuttle buses, enhanced Commuter Rail service, accessible shuttle vans (available by request), Bluebikes, and by connecting to other subway and bus routes.

• Shuttle buses: Free accessible shuttle buses will replace Green Line service between Government Center and Union Square stations. Shuttles will also replace Orange Line service from Oak Grove to Government Center and from Forest Hills to Copley stations. The MBTA will post signage and deploy Transit Ambassadors at all stops to direct riders.

• Commuter Rail: The MBTA is offering increased Commuter Rail service during the shutdown. Riders can show their CharlieCard or CharlieTicket to conductors to ride the Commuter Rail in Zones 1A, 1, and 2 at no charge.

• Accessible vans: Approximately 20 wheelchair-accessible vans will be available to supplement shuttle bus service. Any rider preferring to be transported via accessible van can request to do so by speaking to MBTA personnel at each station.

• Bluebikes: Free 30-day Bluebikes passes will be available during the closures for unlimited trips up to 45 minutes. Sign up starting Friday, August 19, through the Bluebikes app, or go to bluebikes.com/join and select “Monthly Membership.”

Local Travel Impacts
To help shuttle buses travel as efficiently as possible, the city is installing priority bus lanes along the shuttle routes around Assembly and Sullivan Square, retiming traffic signals at key intersections, and implementing other traffic management interventions. Temporary travel and parking restrictions will be required in Somerville along the shuttle routes to reduce shuttle delays and congestion during this period.

Stay Informed
An MBTA closure of this scale is unprecedented, and conditions will likely change throughout the shutdown. Get prepared and stay informed using these resources:

• For all information related to the shutdown, visit MBTA.com/BBT2022
• Sign up to receive MBTA text or email alerts: alerts.MBTA.com
• Find your best route using the MBTA Trip Planner: MBTA.com/trip-planner
• Email questions to OLT@MBTA.com
• Follow the MBTA on Twitter @MBTA and facebook.com/TheMBTA
• For information on traffic conditions throughout the region, visit mass511.com.
When the liver becomes a bottleneck of blood

By Dr. Ian Halim

About 20 miles north of New York City, a massive stone dam, nearly 300 feet high and almost as wide, holds back as much as 19 billion gallons of water. The New Croton Reservoir, behind that dam, helps supply New York City’s 8.8 million residents with water. Across the crest of the dam runs a foot path. Part of that crossing is formed by a steel arch. Under that arch, water from the reservoir pours over a spillway.

That spillway acts as a kind of release valve for the dam, letting some of the water escape. On one half, water flows over a structure that looks like a series of curved steps. On the other, water sprays over boulders, like a natural waterfall. Standing on the top of the dam, you can survey the reservoir on one side and the wide-open gorge created by the dam on the other.

A dammed-up reservoir draining over a spillway offers a rough but useful analog for thinking about the way that blood flows through the liver. Some spillways have a gate that can be set to control the outflow of water. Narrow that gate too much and the outflow slows to a trickle, and the reservoir rises. Eventually, the dam overflows. If it does, water won’t just pour over the spillway like it’s supposed to. It will flow anywhere it can, including over the edges of the dam that aren’t designed to handle these forces and can buckle and break.

This is a little like what happens in liver disease. When the liver is functioning well, blood moves through it easily, so that the reddish-brown organ can disarm harmful things flowing in the blood – toxins, drugs, or infectious virus or bacteria. But when the liver is diseased, blood moves through it more slowly. Like a narrowed spillway, blood gets caught behind the liver. The liver becomes a bottleneck of blood. The vessels that drain into the damaged organ overflow with blood and stretch. Some of these vessels are in the throat and the stomach. They can break under the rising pressure – like water flowing perilously over the top of a dam. When this happens, blood pours into the throat and stomach.

Someone who had appeared quite healthy can suddenly find themselves doubled-over, retching, vomiting up large amounts of blood. This is a medical emergency.

One pathway to this kind of liver disease is drinking a lot of alcohol for a long time. When we drink, the liquid sloshes down the narrow esophagus, into the stomach, and then down into the small and large intestine. Some alcohol gets absorbed into the stomach, but most crosses our blood through the wall of the narrow small intestine. From there, it travels to the liver through a special set of blood vessels called the portal venous system.

“Portal” is a good name, since this system of vessels acts as a kind of gateway between what we eat and drink, and the rest of our circulating blood. The veins of the portal system drain blood from the gut, stomach, and the lower food pipe (also known as the lower esophagus). And their purpose is to bring blood enriched by orally-absorbed nutrients, toxins, and drugs to the liver. Like a sentry stationed upon the gate of a castle, the liver surveys these absorbed substances from our food and drink for signs of danger before allowing them to intermingle freely with the rest of our blood.

This sentry, our liver, does its best to “disarm” anything extracted from what we eat or drink before allowing it within the “castle” of our body. The liver uses enzymes, for instance, to break the alcohol molecule into smaller pieces. The first fragment we get when alcohol is broken down contributes to hangover (this fragment is called acetyldehyde). Next, the liver converts this hangover culprit into the harmless acetic acid that gives vinegar and kambucha their distinctive tang. But too much alcohol for too long overwhelms the liver and damages it. Alcohol is not the only pathway to this kind of liver damage, however. Viral infections of the liver, or accumulation of fat in the liver, can trigger the same cascade of damage. Regardless of the cause, end stage liver disease is known as cirrhosis.

Once cirrhosis develops, the scarred, nodular liver tissue can stop blood from flowing through the organ easily. The portal system gets jammed up and acts like the narrowed spillway I described at the beginning of this essay – a bottleneck, but of blood rather than water. The veins of the stomach and lower esophagus within this portal system can no longer drain into the liver easily. They grow plump. They can get so big that they would be visible to the naked eye, if you could look that far down someone’s throat.

When swollen, these vessels are known as “varices” (pronounced like, “var-see-as”). This is the same word root as “varicose veins” which are also swollen, but which are often found in the legs rather than the throat. Varicose veins are typically more of a concern because of how they look, but gastric and esophageal varices pose a different kind of problem. When their walls get too stretched and swollen, they can burst open and bleed, like a balloon that pops after someone has forced too much air into it. And, when gastric or esophageal varices bleed, they tend to bleed fast. So fast, that it’s a medical emergency, requiring a swift and effective response.

A classic medical school exam question asks the test-taker to identify the first step in responding. The most immediate problem caused by this kind of massive blood loss is the loss of blood pressure. Imagine allowing water to escape slowly from the opening of a taut balloon filled with water, and watching it sag as it is drained – drooping as the volume within diminishes.

We often think of high blood pressure as a problem, which it is, but blood pressure serves an important function too, pushing oxygenated blood out to the tissues so that it can bathe them with its life-sustaining power. When blood pressure drops too far, this prevents blood from delivering oxygen effectively.

So, the right answer to the test question is to insert two large IV lines, to deliver salt water (known as saline) to restore blood pressure. The IV lines channel fluids or medicines into the venous blood (hence IV for “intravenous”).

This can be a life-saving step. So, its status as a classic exam question is well-earned. Because variceal bleeding is rapid, a lot of fluid must be given quickly in order to compensate for all that blood loss. So, the clinician should place two IV lines and they should be wide, or large bore, meaning that the needle should be thick, with a wide inner space or lumen, so that fluid may pass through the two IVs as quickly as possible to restore blood pressure.

Once adequate blood pressure has been achieved, clinicians must then check to see if there are enough red blood cells per volume of blood. When a large volume of blood loss is replaced by salt water, the resulting blood is diluted, with fewer oxygen-carrying red blood cells per unit of volume. If the blood becomes too dilute, however, the effect is similar to low blood pressure: poor oxygen delivery, threatening the body’s oxygen-dependent tissues.

Patients with cirrhosis often already have a low red blood cell count to begin with (a condition called anemia). So, the loss of blood from a variceal bleed is especially dangerous, and often it’s necessary to transfuse donor red blood cells to make up for this. Once a patient is stabilized with IV fluids and with blood transfusion, if needed, it’s important to verify the cause of the bleeding. A camera mounted on a flexible tube can be inserted into the throat (the procedure is called an endoscopy, meaning an “inside” endo- “look” –scopy). Looking through this camera, the gastroenterologist (a doctor who specializes in the esophagus, stomach, gut, and related organs) can check for plump or bleeding variceal veins, which confirms the diagnosis. This is a crucial step, since other things can cause someone to vomit blood, and the treatment will differ, depending on whether it’s a variceal bleed or another kind of bleed.

People who are sick often are in danger on multiple fronts, and this is true of variceal bleeding in liver disease too. The liver not only detoxifies portal blood; it also produces critical small molecules suspended in the blood that help the blood to clot. A damaged liver isn’t as good at making these clotting factors, and the blood’s ability to clot can be compromised. This impaired ability to clot and close up a burst, bleeding vessel can make variceal bleeding even more dangerous.

Vomiting blood – hematemesis, in medical terms – can be caused by other things too. The surface of the stomach or the small intestine can become irritated and bleed – a condition known as peptic ulcer disease. Or forceful vomiting can tear the esophagus and cause it to bleed. But for those with severe liver disease, one of the greatest perils is variceal bleeding. “Take a deep breath and begin by placing two large bore IV lines.”

Somerville Bagel Bards member and physician-humanist, Ian Halim, writes about how medicine relates to everything from ethics to botany—aiming to make science accessible to the widest possible audience. Ian earned his PhD in Greek & Latin literature and his MD at Columbia University in New York City and is now training at a hospital in Boston.
COMMENTARY

AUGUST 24, 2022

very happy birthday. We hope everyone has a great day. To all the others we may have missed, we sincerely wish them the very best of birthdays.

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Don't miss the Somerville Recreation middle school softball program at Trum Field on Wednesday and Thursday, August 24 and 25. Please visit their website to register and find more information. https://somervilletema.myrec.com.

Don't miss the Somerville Recreation middle school softball program at Trum Field on Wednesday and Thursday, August 24 and 25. Please visit their website to register and find more information. https://somervilletema.myrec.com.

The Gallery @ SPL presents: Sketching as Meditation with Megumi Kibi, Saturday September 3, 2:00 – 4:00 p.m. The Somerville Public Library is pleased to display the artwork of local artist Megumi Kibi in the gallery with her exhibition. Please join us for a reception celebrating the exhibit. Register here: https://somervillepubliclibrary.assabetinteractive.com/

According to Kibi, “Etegami is a style of painting with a message that comes from Japan. It captures everyday images with your thoughts in short sentences. After I moved from Japan to Massachusetts, there were so many feelings about me, my family, and neighborhood that I struggled to express in English. So I turned to the Etegami style, using Sumi ink, to draw and record how I felt and what I saw. This exhibit was made using disposable wood chopsticks and Sumi ink. Etegami can be made with any tools, and this exhibit may inspire others to try and have fun with this classic style of art.”

The Gilman Square Neighborhood Association would like to invite you all to join us on Saturday September 10, from 12:00 to 6:00 p.m. for their annual G22 - Gilman Square Arts and Music Festival (formerly known as the Gilman Square Block Party) at Mad Oyster Studios and on Pearl St. between Marshall and Bradley. Based on vendor data from last year, they had between 600-800 attendees. This year, with the addition of 4x the local vendors and artists, they are expecting to see an even larger turnout. They have several local artists, many from the Gilman Square neighborhood, selling their work as well as arts and crafts activities for kids. There will be

Newstalk CONT. FROM PG 2

Our View Of The Times

Once again it is time to shift gears and power down a bit as we roll out of the high-octane frenzy of summer time and into the laid-back breezy days of autumn and on into the winter months ahead.

It hardly seems possible that we have zipped through the summer months already and it’s now time to send the kids back to school.

We all need to become a bit more aware of what lies ahead of us on the road, and to be especially alert to activities near our schools and playgrounds as the kids are now back to their normal schedules.

Naturally, we hope that everyone drives responsibly at all times, but we also like to put out a reminder at this time of year, just to try to help everyone to become a little more conscious of the fact that the kids are out there and that we should be looking out for them, rather than being a hazard for them to look out for.

And now, with the temporary Orange and Green Lines closures, there will undoubtedly be heavier than usual commute traffic throughout our city streets. This can only emphasize the need for extra caution. Please observe and obey all traffic signals, stop signs, and especially the crossing guards who are out there providing an essential service in helping to protect our little ones.

Many of you have kids of your own and would wish for this, too, no doubt. Let us all take a little time to spread the word whenever we can. Just a bit of friendly persuasion can make a large impact and help to make the streets a bit safer for everyone.

The kids, most of all, will appreciate the extra care taken in caring for them.
Ms. Cam’s Olio

Olio - (noun) A miscellaneous mixture, hodgepodge

1. What city is called the Watch City?  
2. When is World Letter Writing Day?  
3. Cartier is what?  
4. What is the “lost city” called in Italy?  
5. What was buccaneers team their name?  
6. What band is featured on Beavis’ shirt?  
7. Blood circulates through the body how many times every minute?  
8. What is the polar opposite of port in nautical terms?  
9. In what year was Broadway established?  
10. How old was Notorious B.I.G. when he was murdered?  
11. What is a plié in ballet?  
12. What’s the name of the group responsible for Macarena?

Answers on page 19

Solution to last week’s crossword puzzle:

NASH GOA SPRY FLOE GULP SCREE LAMP LADE PRESS RECEIVER RAPT ALTARTAM LACTIC SOYBEAN ADOTRONGLATE RIDGE OCA SEROW VEER OUTPUT ENE AUDIBLE GENDER DUD PIANO OBIT TURNOVER IVORY BRAD IRON CAROL SETA COMA ELAN PRE ESPY

1. Source of light, in Spanish  
2. Tel ____ Israel  
3. Cloud of particles  
4. Bald Eagle to Americans, e.g.  
5. Fanatical  
6. Rallying cry to the workers of the world  
7. ____-peasy  
8. ____ zero, lowest possible temperature  
9. Large edible mushrooms  
10. Ouiris’ wife  
11. Yuletide mo.  
12. Cellar  
13. Chancier  
14. Like Cheerios  
15. Radioactive noble gas  
16. Middle Eastern V.I.P.s  
17. Model of Earth  
18. Heads-up  
19. State of harmony  
20. Zero, on a court  
21. Philips acute  
22. Cowboy’s shoe prod  
23. Two-dimensional shape  
24. Radioactive noble gas  
25. Middle Eastern V.I.P.s  
26. Collier’s office  
27. Energy-converting device  
28. Very angry  
29. Easily irritated  
30. Rapid escape  
31. Lady slipper, e.g.  
32. Basic unit of life  
33. Tillie’s tool  
34. Continually annoy  
35. Goodbye, in Puerto Vallarta  
36. Plant- and animal-eater  
37. Long, long time  
38. Greek Bs  
39. ‘Cheers’ regular  
40. Sheep’s coat

The Somerville Times Useless Facts of the Week

1. Americans, on average, eat 18 acres of pizza every day.  
2. Pound cake originally included a pound of all of its ingredients.

STATEPOINT CROSSWORD

ACROSS  
1. Out of harm’s way  
5. Street, in Paris  
8. Citric or sulfuric one  
12. Female gamete  
13. Comedian Carvey  
14. Excessively fat  
15. Trunk extension  
16. Wading bird  
17. Savory jelly  
18. Distance per unit of time  
20. Prep a salad  
21. Omit or suppress  
22. I-hoo  
23. Preterm infant, colloquially  
26. Free from slavery  
30. Rapid escape  
31. Lady slipper, e.g.  
34. Ruptured  
35. Goodbye, in Puerto Vallarta  
37. Long, long time  
38. Greek Bs  
39. ‘Cheers’ regular  
40. Sheep’s coat  
42. Over the top, in text messages  
43. Tangle up  
45. Goodbye, in Puerto Vallarta  
47. U.N. workers’ grp.

DOWN  
1. Source of light, in Spanish  
2. Tel ____ Israel  
3. Cloud of particles  
4. Bald Eagle to Americans, e.g.  
5. Fanatical  
6. Rallying cry to the workers of the world  
7. ____-peasy  
8. ____ zero, lowest possible temperature  
9. Large edible mushrooms  
10. Ouiris’ wife  
11. Yuletide mo.  
12. Cellar  
13. Chancier  
14. Like Cheerios  
15. Radioactive noble gas  
16. Middle Eastern V.I.P.s  
17. Model of Earth  
18. Heads-up  
19. State of harmony  
20. Zero, on a court  
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22. Cowboy’s shoe prod  
23. Two-dimensional shape  
24. Radioactive noble gas  
25. Middle Eastern V.I.P.s  
26. Collier’s office  
27. Energy-converting device  
28. Very angry  
29. Easily irritated  
30. Rapid escape  
31. Lady slipper, e.g.  
34. Ruptured  
35. Goodbye, in Puerto Vallarta  
37. Long, long time  
38. Greek Bs  
39. ‘Cheers’ regular  
40. Sheep’s coat

SOLUTION in the next edition of The Somerville Times.
Garden Fresh Tomato Sauce

My garden is continually producing a decent amount of tomatoes this summer. I’ve been making peach and tomato salad with mozzarella, Greek salad with feta, and of course, the popular tomato sandwich. Since I had a bunch that were ripe at the same time and was really craving some pasta, I came up with this light sauce packed with flavor to enjoy one night this week. I used a popular red lentil pasta that delivered a good amount of protein for a very satisfying meal.

From 12:00 to 10:00 p.m., people of all ages are welcome to listen to local musicians and visit local vendors selling many goods, such as art, records, and clothes. In addition, there is a bar serving alcoholic and non-alcoholic beverages.

Tickets for Somergloom are on sale at https://dice.fm/event/9d8en-somergloom-27th-aug-once-at-boynton-yards-somerville-tickets for $18.03 each. Free admission is offered to children under 13 accompanied by a guardian.

ONCE Somerville, a music venue and producer of live and virtual events, is hosting Somergloom at Boynton Yards, an outdoor space that will house Somergloom’s festivities.

Families are encouraged to attend in the afternoon, as this is the most child-friendly portion of the event.

As detailed on Somergloom’s Facebook page, folding chairs are permitted and dogs are not encouraged. It is also asked that un-vaccinated patrons wear a mask when near others.

The rain date for this event is Sunday, August 28.

Somerville resident wins Berklee City Music Scholarship

Britney Flores of Somerville is one of eight recipients of four-year, full-tuition Berklee City Music Scholarships this year. She has participated in Berklee City Music programming for three years, focusing on vocal performance.

Berklee City Music is a nonprofit program that delivers high-quality contemporary music education to youth from underserved communities at no or low cost. The Berklee City Music Network is an association of 47 community organizations that serve more than 55,000 students in the United States, Canada, and Latin America each year.

Since its inception, Berklee City Music has awarded more than 250 four-year, full-tuition scholarships, totaling over $30 million.
The Brickbottom Gallery and Brickbottom Artists Association are pleased to announce SALLY, an interdisciplinary project conceived by artist/collaborators JoAnne McFarland and Sasha Chavchavadze. The project will be on view at The Brickbottom Gallery, 1 Fitchburg St., Somerville, September 8 – October 15, with a reception for the artists to be held in the gallery on Sunday, September 11, from 3:00 to 5:00 p.m.

DNA evidence confirms that Sarah “Sally” Hemings and Thomas Jefferson had several children together. While a teenager in France with Jefferson’s family, Hemings had a chance at full freedom, but returned to America with Jefferson in 1791 when he was 47 years old. Many historians believe Hemings was already pregnant with her first child by Jefferson when she returned.

At this critical juncture, with women’s autonomy once again under siege, another meaning of Sally seems particularly relevant: a sudden charge out of a besieged place. A primary theme in SALLY is how artists, through their methodologies, confront myriad issues of agency, and use collaboration to undercut the status quo, and construct lives of integrity and purpose.

SALLY began in the fall of 2019 at three Brooklyn, NY locations. Due to its popularity and relevance to contemporary challenges, Sasha and JoAnne have traveled the project to other community venues. SALLY adapts to each new location, drawing on the community for participants and historical women to highlight.

For SALLY at Brickbottom, in the main gallery, sixteen artists from diverse backgrounds with varied aesthetic concerns respond to this complex contemporary moment. In the smaller gallery, Sasha Chavchavadze, one of SALLY’s curators, presents Disrupting the Fabric, a multimedia installation centered on the life and work of Margaret Fuller (1810 – 1850), journalist, editor, critic, and translator, who wrote the first American book on women’s rights. Presented for the first time near the place of her birth and early life, the installation re-activates the pathos and power of Fuller’s erased voice, silenced by a shipwreck off Fire Island in 1850, and by her male colleagues.

**About The Brickbottom Artists Association and The Brickbottom Gallery:**

The Brickbottom Artists Association is one of the oldest living and working artists communities in the United States. Founded in 1987 by residents of the Brickbottom Artists Building, the BAA today welcomes both resident and non-resident artists and supporting members. The Brickbottom Gallery, established in 1989, presents exhibitions as Somerville’s premiere not-for-profit contemporary art gallery, showcasing both established and emerging artists.

**SALLY Brickbottom Participants:**

- Desmond Beach
- Sasha Chavchavadze
- Phyllis Ewen
- Kathryn Geisman
- Jee Hwang
- Elise Kaufman
- Kelly Knight
- Carole Kunstadt
- JoAnne McFarland
- Susie Nielsen
- Debra Olin
- James Patterson
- Ellen Shattuck Pierce
- Janice Redman
- Sarah Riley
- Susan Schmidt
- Amani Willett

**About the SALLY Curators:**

Sasha Chavchavadze is the founder of Footnote, a project that connects art to other disciplines and cultures. JoAnne McFarland is an artist, poet, and curator, and is the Artistic Director of Artpoetica Project Space in Brooklyn which exhibits work that focuses on the intersection of language and visual representation. McFarland has artwork in the permanent collections of The Library of Congress, The Columbus Museum of Art, and The Department of State, among many others. Recent shows include: Best & Brightest and The Indivisible Spectrum, both at The Painting Center in NYC. A graduate of Princeton University, McFarland’s poetry collections include: Acid Rain, 13 Ways of Looking at a Black Girl, and Identifying the Body. Her latest multimedia collection, Pullman, will be published by Grid Books in 2023. McFarland has had fellowships at The BARD Graduate Center Library, KALA Art Institute, and The National Arts Club.

**For more information contact:** The Brickbottom Gallery: gallery@brickbottom.org
Sasha Chavchavadze: sashachav@gmail.com

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SALLY curators JoAnne McFarland and Sasha Chavchavadze.
The Somerville Flea is now open to visitors

By Fernando Cervantes Jr.

Local Somerville resident Greg Ghazil is the founder and operations director for The Somerville Flea, a local flea market. Open for the last 10 years, the market has grown and become a large part of the Davis Square community every August.

This August, the Flea was back for its 10th year. Opening on August 7, the Somerville Flea has now been open for the last three weeks. Happening every Sunday in Davis Square, a plethora of vendors and live music acts dot the market.

According to Ghazil, the flea began out of a school project and the lack of markets like these in the local area. “One of the things we had to do is find antique and vintage tools in order to do some of the work projects or school projects we had to do. In order to do that I had to go to different flea markets, but I always found that I was traveling pretty far away to go do that to either Bromfield or up in New Hampshire,” Ghazil said.

One of the sellers that has been a part of the flea since day one has been Wiley from High Energy Vintage, a local store. For them, the flea is a great opportunity to be in the community. “It’s a great flea market in the center of Somerville,” Wiley said. “I do it as a way to both advertise for my store and to sell things while I’m there. I think a lot of people when they see my setup there they think about going to my store.

At first the Somerville Flea mainly consisted of vintage sellers, now with the success of the flea, various small businesses and sellers come to Ghazil to be a part of the flea market. For him, the flea is a low-risk investment for the sellers.

“Especially around here in Somerville where rents are so high for storefronts and insurance and all of those other things are so high. The flea offers a great opportunity for minimal investment and minimal risk,” Ghazil said.

When asked, Wiley agreed with Ghazil’s statements. “Greg has kept the fee for doing the market very, very reasonable. I mean the other markets that I do are over $100 dollars to set up at and this one’s less,” Wiley said.

Looking ahead towards the next 10 years, Ghazil has an optimistic outlook regarding the future of the flea. For him, bouncing back from the effects of COVID is important for the future of the flea. “We’re pretty confined to what we have as far as space is concerned so expanding is something we are not interested in,” Ghazil said. “We wanna keep going with helping the small business person and the person who is taking a risk and investing on themselves.”

The Somerville Flea is open Sundays, through mid-October.

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THE SOMERVILLE TIMES
Kiwanis Club provides backpacks, supplies to local schools

For the third year, members of the Kiwanis Club of Somerville delivered over 200 backpacks filled with school supplies to middle and high school students who are most in need of assistance. The students who will receive these backpacks will be identified by the Somerville Parent Information Center and the administrators at Prospect Hill Academy.

Over the past month, Kiwanis members have collected school supplies donated by local businesses, residents, supporters and members, including many supplies donated at two weekend donation events in front of Staples at Assembly Row. We would like to give special thanks to Staples at Assembly Row, Middlesex Federal Bank, Winter Hill Bank, Naveo Credit Union and East Cambridge Savings bank for their partnership and allowing collection boxes at their sites.

Our biggest thanks for the largest donation of 200 high-quality backpacks, was made by PUMA North America and their Joint Venture Partner United Legwear. PUMA recently relocated their North American headquarters to Assembly Row and we were incredibly privileged this year to have them as partners in this effort. In addition to the backpacks, eleven PUMA North America employees assisted Somerville Kiwanis members in packing 204 backpacks with the donated school supplies.

Last week, Kiwanis President Mernaysa Rivera-Bujosa, Treasurer Catia Aruda and Program chair President-elect Haley Adams, led the members and volunteers in packing and preparing the backpacks for distribution. Other members participating included Secretary Paul Upton, Immediate Past President Darcie DeLuca, Distinguished Past Presidents Bob Nissenbaum, Susan Callahan, Past Presidents, Toni Shelzi, Frank Wright, Bill Lemos, Isaac Machado, Jack Connolly, Members Eugene Brune, Jim Bowdring, Jillian Bowdring, and Adam Portney, who brought his two children to help pack bags. PUMA volunteers were led by Chelsea Longin, Manager of Workplace Experience, and employees Heather Bentall, Amy Biladeau, Harvey Dalzon, Lea Kluger, Tiffany Kwong, Pulkit Manchanda, Mark Mulvaney, Amy Reese, Erica Simmons and Samantha Williams.

President Mernaysa Rivera-Bujosa expressed the club’s thanks to everyone who donated supplies, especially PUMA North America and their Joint Venture Partner United Legwear. Without the generous support of so many in our community, this program would not be possible.

To learn more about the Kiwanis Club of Somerville, visit our web site, www.somervillekiwanis.org or like us on Facebook, Kiwanis Club of Somerville.

Join Somerville’s Participatory Budgeting Working Group

The City of Somerville is convening a Participatory Budgeting Working Group to help plan what participatory budgeting will look like in Somerville, and all residents are invited to apply. “Participatory budgeting” means members of the public decide how to spend money in a public budget.

Earlier this year, for the first time in Somerville, Mayor Ballantyne earmarked $1 million in the city’s Fiscal Year 2023 budget for participatory budgeting. Residents and community-based organizations will be able to propose and vote on priorities for those funds.

The Participatory Budgeting Working Group will establish guidelines and develop a process to roll out participatory budgeting in Somerville in an inclusive, equitable manner. Members will write policies, organize events, build outreach and engagement strategies, and create and disseminate informational materials. The working group will consist of 11 residents and one City Councilor. Members should expect to meet for approximately 90 minutes weekly for eight weeks. These are volunteer positions.

Applications are due Friday, September 16. To apply, please send a statement of interest to Megan Huckenpahler at pb@somervillema.gov or by mail to Participatory Budgeting, Somerville City Hall, 93 Highland Ave., Somerville MA 02143. Please email Megan or call her at 617-625-6600 ext. 2107 with any questions.
Newstalk CONT. FROM PG 9

four fantastic musician groups, including Alastair Mook playing at noon, who will be playing music geared towards the kids. They will also have several local organizations (the Y, OSPC, PTAs, and others) sharing information and soliciting neighborhood input, as well as several local food, beverage, and produce vendors keeping everyone fed and hydrated. It will be a fun filled day of celebrating Gilman Square and Somerville. Visit G22 Facebook Event for more information.

******************************************************************************

Somerville students in grades 8-12 interested in getting on the water for some rowing this fall should check out the free Gentle Giant Moving Company Youth Rowing Program. The program starts August 29. No rowing experience needed. Meets at Blessing of the Bay Boathouse. Details and Registration: https://www.gentlegiantrowing.org/youth-rowing.

******************************************************************************

The SHS Class of 1982 40th Reunion will be held at the Sons of Italy, 117 Swanton St, Winchester, MA on November 15, 6:30-11:30pm. Cost: $40 per person, dinner included, Cash bar. ($50 after November 4). Payment methods: include Paypal: mbmbrennan44@gmail.com, Venmo: SHS Class of 1982 @shascallof1982, Check: made out to SHS Class of 1982 mailed to Marybeth Caturello, 85 MacArthur Road Stoneham, MA 02180. For any other questions, please email Marybeth Brennan at mbmbrnann@comcast.net or call Marybeth Caturello at 617-851-2519.

******************************************************************************

The city is seeking feedback on the newly drafted bicycle network vision. This map is the foundation for the Somerville Bicycle Network Plan, which aims to develop a citywide network of streets where people of all ages and abilities will feel comfortable and safe biking. Take a look at the map and share your ideas at somervillema.gov/bikenetwork. For any questions, email transportation@somervillema.gov.

******************************************************************************

Join the Somerville Chamber of Commerce on September 20 at the Donald Ross designed Sandy Burr Country Club Golf Course with lunch and dinner on site. There are many ways to participate – golf, sponsor, contribute swag (80 count), contribute raffle items, volunteer for registration desk or for hole in one witness: https://business.somervillechamber.org/events/details/chamber-golf-classic-1652.

******************************************************************************

Save the date, Saturday, September 10, 10:00 a.m. for the Ryan Harrington Foundation Cornhole Tournament, taking place at Trum Field. Registration will be available online shortly. Registration fee is $50 per team, two players per team. There are men's and women's divisions. A cash prize goes to the winners of each division. They will be selling t-shirts, hats, food and drinks at the field as well as having raffle items and a 50/50. There will also be kids activities. All monies raised will go to youth organizations in local communities.

******************************************************************************

The Somerville Flea is now open Sundays from 10:00 a.m. to 4:00 p.m., 52 Holland St., Somerville. The three dozen local vintage and artisan vendors, farm stand and live music all in the heart of Davis Square. Find that special thing you never knew you even existed. Every Sunday through October 23.

******************************************************************************

At-home COVID-19 tests are a quick, convenient way to reduce transmission of the virus and protect friends and loved ones. Stock up now if you’re running low. Free test kits are available at the following Somerville locations (one kit per family member): City Hall, 93 Highland Ave.; City Hall Annex, 50 Evergreen Ave.; Central Library, 79 Highland Ave.; East Branch Library, 115 Broadway; and West Branch Library, 40 College Ave. Each household is also eligible for three free shipments of tests from the federal government, and if you have health insurance, your provider may also cover the costs of at-home tests. Learn more at somervillema.gov/covidtesting.

******************************************************************************

Somerville Museum’s little gift shop carries Somerville-themed postcards and a replica of the first map of Somerville drawn in 1852 and more. Visit the online shop at: https://www.somervillemuseum.org/shop.

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Visit South Street Farm on Sunday, September 18 from 2:00 to 7:00 p.m. to celebrate Groundwork’s 22nd annual Harvest Gala. There will be food, drinks, live music, raffles, auctions, and many old and new friends. Buy tickets today via this link: https://tinyurl.com/harvestgala.

******************************************************************************

The 988 Suicide and Crisis Lifeline is now available 24/7, 365 days a year in Massachusetts and across the country. 988 is a direct three-digit phone line to trained National Suicide Prevention Lifeline call takers. If you need suicide, substance use, or mental health crisis support, or if you are worried about someone else, you can call or text 988 or use the chatline at 988lifeline.org to access compassionate care and support.

******************************************************************************

Are you a history buff or just looking for a fun summer activity? Take a free docent tour of Prospect Hill Tower, the Old Powder House, or Milk Row Cemetery. Tours are held weekly through October, hosted by the Somerville Historic Preservation Commission. For tour dates and times, visit somervillema.gov/events.

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The Somerville High School Class of 1964, 75th Birthday Celebration takes place Saturday, September 17, 1:00 p.m. at the George Dilboy VFW Post, Davis Square. Donation: $50 payable to Kevin Estee, 4 Charles Circle, Andover, MA 01810. Rooms available at the Holiday Inn, Washington St., Somerville. RSVP by August 17 to Sandra Regan: sanjort21@gmail.com.

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The Somerville Homeless Coalition needs snacks for their clients, and as the weather warms up, bottled water, sunscreen, and bug spray become essentials. All donations can be dropped off weekdays at the 1 Davis Square Office from 9:00 a.m. to 5:00 p.m. Closed 1:00 to 2:00 p.m. for lunch. Visit their Facebook page to see a list of their client necessities: www.facebook.com/SomervilleHomelessCoalition.

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The Union Improv Festival is back. Non-stop improv (and bits) from 12:00 p.m. to 12:00 a.m. on Saturday, August 28 at Crystal Ballroom, 55 Davis Square, Somerville. Your All Weekend Pass also gets you into the Friday Kickoff Show on August 26 from 7:00 to 10:00 p.m. at Union Comedy, 593 Somerville Ave., Somerville. Tickets at: www.unioncomedy.com/festival.

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Help protect local trees against the extreme heat by filling green water bags in your neighborhood. Young trees need 15-20 gallons of water (3-4 large buckets) per week. To see a map of newly planted trees and for more information, visit: https://bit.ly/3OuA1S.

******************************************************************************

Don’t forget to visit Somerville’s farmers markets. Every Wednesday through November 23, 12:00 – 6:00 p.m. visit the Davis Square Farmers Market, across from American Flatbread at 44 Davis St. Visit: https://www.massaflashmarkets.org/davis. Every Saturday through October 29, 9:00 a.m. – 1:00 p.m., the Union Square Farmers Market takes place at 66-70 Union Sq. Visit: https://www.unionsquaremain.org/2022-fmsseason. Every Sunday through November 20, the East Somerville Farmers Market takes place at 115 Broadway, 9:00 a.m. – 1:00 p.m. Visit https://www.eastsomervillemainstreets.org/market. There is a $15 SNAP match at all Farmers Markets across Somerville.

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The Somerville Mobile Farmers Market is open for the season, selling fresh, local produce through October 15. The market schedule is as follows: Fridays: 10:30 a.m. to 12:30 p.m. at the Council on Aging SCALE (167 Holland St.); 2:30 to 4:30 p.m.: East Somerville Community School (50 Cross St.), Saturdays: 10:00 to 11:30 a.m.: North Street Housing (24 North St.); 1:30 to 3:00 p.m.: Mystic Housing (Playground between 15B and 25B Memorial Rd.). The market accepts cash, debit, credit, SNAP, WIC Farmers Market Coupons, and Senior Farmers Market Coupons, and it offers an unlimited 50% discount for anyone who needs it. All are welcome. To learn more, visit: somervillema.gov/farmersmarket.

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Don’t forget, if you would like to subscribe to receive a digital edition of our paper, go directly online to our website over to the right side and fill out your email address to receive a free, full PDF copy of the paper.
Somerville receives $897,000 CPPI grant award

Over the last eight years, Somerville has been on a mission to re-envision early education and care in the city, working collaboratively to develop a system that supports a high quality, mixed-delivery model. The mixed delivery model is a collaboration between public, non-profit, and private entities that maximizes equitable access to diverse early education and care programs.

This model benefits early childhood classrooms across the city and continues to offer parents a choice in the best early childhood setting for their family. Earlier this month, Somerville received notification of an $897,000 Commonwealth Preschool Partnership Initiative (CPPI) grant award from the Department of Early Education and Care (EEC) that will help Somerville continue to advance this strategic work.

Somerville Public Schools serves as the lead agency, with the SPS Early Education Department working in partnership with the City of Somerville’s Health and Human Services Department, the Somerville Family Learning Collaborative (SFLC), and local partner centers through the Somerville Partnership for Young Children (SPYC).

The goal of the CPPI-supported early childhood work aligns with four primary needs and recommendations identified in a 2018 Ready to Learn, Ready for K report commissioned by Somerville as it launched its efforts to expand access to high-quality early education and care across the city. The CPPI funding supports the following four goals:
- Establish a mixed-delivery system and leadership structure to unify partners and expand quality.
- Develop a single point of entry system to increase access to programming.
- Offer comprehensive services to provide wraparound supports.
- Develop enhanced data systems to support learning and development.

Thanks in part to prior CPPI, this work, with a focus on three program priority areas:
- Expanding access to quality affordable preschool by supporting enrollment and staffing efforts;
- Building locally aligned program quality through professional development and coaching as well as instructional materials; and
- Equitable access to special education and inclusion through targeted staffing and consulting support.

“In Somerville, we are steadfast in our commitment to creating a city where all youth and families can thrive,” said Mayor Katjana Ballantyne. “To do that, we need to invest in early education and care systems, not only to prepare our children for school but to set a foundation for their futures. This award from the EEC is instrumental in supporting our work to deliver high-quality, accessible options that meet the diverse needs of Somerville families.”

“Somerville has been on the cutting-edge over the last several years, of building an early education and care system that works for every family in our community,” added Acting Superintendent of Schools, Dr. Jeff Carley. “This generous funding and programmatic support allows us to continue this important work to ensure that every child in our city has a positive and high-quality early learning experience so that they’re ready and excited for kindergarten and beyond.”

Scottish fiddle champion returns to Somerville

Scottish fiddle champion Jamie Laval will be returning to Somerville on September 11, at 3:30 p.m.

U.S. National Scottish Fiddle Champion Jamie Laval takes his audience on an exciting musical journey through Scotland, Ireland, and Brittany, evocatively reimagining Gaelic love songs, rustic peasant dances, and recounting mythic tales from the Celtic world.

Joining Jamie is vocalist Amber Rose, whose soaring, angelic voice evokes a fairytale-like quality in ancient airs and ballads. Celtic harpist Liv Castor rounds out the trio, complementing the ensemble with exciting rhythmic vitality and subtle harmonic nuance.

“One of the hottest fiddlers out there” (Asheville Citizen-Times) and “The next Alasdair Fraser” (Scotland Press & Post), Jamie performed for Her Majesty the Queen, appeared on Dave Matthews’ platinum Some Devil album, and presented a TEDx Talk on the value of arts and music in our communities.

Murmurs and Drones, Laval’s third album, won the popular vote for “Best World Traditional Album” in the 2012 Independent Music Awards. In 2019 Jamie released his latest album, Celtic Christmas: Music for the Deep Midwinter to critical acclaim. Jamie is also a prolific composer, arranger, and recording engineer.

Amber Rose is a rising star on the vocal horizon. Amber was a recent finalist in the Metropolitan Opera’s Emerging Artist Competition. She received rave reviews for her performances with the 2022 Utah Festival Opera, including the famous Queen of the Night role. Since receiving her master’s degree in vocal performance at the University of North Carolina Greensboro, Amber has performed for the New Hampshire Piccola, Miami, and Greensboro opera companies.

Be sure to visit us online at www.TheSomervilleTimes.com and on Facebook at www.facebook.com/somerville.times.1
**UPCOMING EVENTS**

**Friendly Caller Program** – Looking for a way to practice social distancing but still remain connected to other people? Look no further than the Somerville Council on Aging’s Friendly Phone Caller program. We have many wonderful volunteers who are waiting to give you a call. Whether you are looking to make a new friend or would just like a friendly chat to look forward to every week, this program has you covered. Call Natasha Naim at 617-625-6600, ext. 2317 to learn more about the program and to sign up.

**General Nutrition Classes** – In-person, Mondays at 12:30 p.m. at our Ralph & Jenny Center located at 9 New Washington Street. Virtual classes are offered Mondays at 11am via Zoom.

**Coffee & Conversation** – From Mondays to 10:00 a.m. to 11:00 a.m. – At the Ralph & Jenny Center located at 9 New Washington Street (behind the Holiday Inn.). Meet people from all over the world as we discuss a range of topics. No books – no test – just friendly conversation. Please contact Maureen Bastardi at MBastardi@Somerville.gov or 617-625-6600, ext. 2335 to RSVP.

**Men’s Group** – Meets the second Tuesday of each month from 10:30 a.m. to 11:30 p.m. at the Holland Street Center. New and returning members are welcome. Please RSVP to Norbert at ndeama@hotmail.com.

**Bowling** – Wednesdays from 9:00 a.m. to 11:00 a.m. at Flatbreads Company / Sacco Bowl Haven in Davis Square. For more information or to sign up please contact Debbie Higgins at 617-625-6600, ext. 2321 or email Debbie at D Higgins@Somerville.ma.gov. Face coverings are required.

**Game Hour** – Mondays from 11:00 a.m. until 12:00 p.m. at our Ralph & Jenny Center located at 9 New Washington Street (behind the Holiday Inn.). July 25. Please join us as we play a wide variety of board and card games. Please RSVP to Maureen Bastardi at 617-625-6600, ext. 2335 or email Maureen at mbastardi@somerville.gov.

**Brown Bag Supplemental Food Program** – PICK UP Thursday, August 25 from 9:00 a.m. to 12:00 p.m. at the Ralph & Jenny Center located at 9 New Washington Street (behind the Holiday Inn.). For an application contact Natasha Naim at 617-625-6600, ext. 2317.

**Intergenerational Bingo with the Mystic Learning Center** – Friday, August 26 at 10:00 a.m. at the Holland Street Senior Center. Come and play bingo for fun prizes with the kids from the Mystic Learning Center. We will have pizza for lunch. Please RSVP to Debbie Higgins at 617-625-6600, ext. 2321 or email Debbie at dhiggins@somerville.ma.gov.

**Mindful Eating “Getting Back to Basics”** - A 4-week workshop, with the final class meeting on Wednesday, August 31 from 10:00 a.m. to 11:00 a.m. This workshop will help us enjoy foods and reach satiety or the sensation of feeling full, while making healthy choices. Ditch the rules, use sound nutrition as a guideline and truly listen to what our bodies need. Class size is limited. Please RSVP by contacting Mary Marshall at 617-625-6600, ext. 2316 or email Mary at Headtofitness10@yahoo.com.

**EXERCISE**

**Virtual FIT-4-LIFE SCHEDULE**

Mondays 1:00 p.m. = Fit-4-Life Zoom Exercise

Wednesdays 1:00 p.m. = Fit-4-Life Zoom Exercise

Thursdays 6:30 p.m. = LBT Fit-4-Life Zoom Exercise

**Somerville City Cable**

RCN = 13/Comcast = 22

The Fit-4-Life Exercise Show = Daily at 11:00 a.m. and 4:00 p.m.

**SOCIAL MEDIA**

Stay connected via our Facebook page - often updated by Debby Higgins or Maureen Bastardi. Informative, entertaining, lots of photos and updates. Visit our page at https://www.facebook.com/SomervilleCOA/

Follow the Somerville Council on Aging on Instagram – You can find us under the Instagram handle: somervillecouncilnaging If you have any questions or need help following us, contact Debby Higgins at 617-625-6600 ext. 2321 or email her at dhiggins@somerville.ma.gov.

JOIN OUR MAILING LIST

If you would like to receive a virtual copy of our monthly newsletter, please contact Maureen Bastardi at 617-625-6600, ext. 2335 or email Maureen Bastardi at MBastardi@Somerville.gov

If you would like to become part of our Google Group, please contact Debbie Higgins at 617-625-6600, ext. 2321 or email Debby at DHiggins@Somerville.gov.

The Council on Aging’s Senior Transportation Program Returns

The Council on Aging is excited to announce the return of our Senior Transportation Program. The COA will be offering free taxi rides to Somerville residents over the age of 60. Rides are available to go to the grocery store, farmer’s market, pharmacy in Somerville and routine medical appointments in the surrounding communities. To best accommodate the needs of everyone in the City and to maximize the use of our funding, we will be capping the number of rides per week. To ensure the health and welfare of every resident of Somerville, exemptions will be made for chemotherapy and radiation appointments. To find out more information or to schedule your ride, please call Connie Lorenzi at 617-625-6600 ext. 2319.

All rides must be booked two business days in advance. This program is funded through ARPA (American Rescue Plan Act) Funding.
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The further adventures of Paul and Charlie Carafotes

CONT. FROM PG 1

friendship? That’s really what it’s all about.”

The inspiration for the book came from real life. “When my son was a baby the first things he reacted to were bubbles. His eyes would light up and he’d grab at the bubbles.” This motivated Carafotes to develop the story and his imagination took over from there.

Since then, an entire line of Charlie Bubbles books has been produced and is beloved by many fans of the series.

In spite of this literary success, Paul Carafotes is best known as a professional actor. He broke into the business in 1980 with a critically acclaimed performance in the 20th Century Fox film Headin’ for Broadway, and has worked steadily in the industry ever since. He has appeared in many classic television programs throughout the ensuing years, including Diff’rent Strokes, The Greatest American Hero, Trapper John, M.D., Murder, She Wrote, St. Elsewhere, Knight Rider, Hotel, NYPD Blue, Fantasy Island, The District, Without a Trace, CSI, ER, and many others. The role of Harold Dyer on Knots Landing was particularly well regarded by fans and critics.

Carafotes has recently taken part in a new TV pilot – a show titled Firecracker – hopefully to be picked up for broadcast in the near future.

Following the success of the Charlie Bubbles book series, Carafotes established the non-profit organization Charlie Bubbles Care for Kids, providing the books to disadvantaged children with the intent of serving as a positive influence in their lives. Patrons have enabled the organization to donate hundreds of books to children’s hospitals in Boston, Los Angeles and San Diego, as well as Boston and Los Angeles schools and the annual Christmas in the City events.

Tax deductible contributions help in providing more books for children to enjoy the experience of reading. Donations can be made via PayPal: CharlieBubblesBooks@yahoo.com; with Venmo: @Charlie-Bubbles; or by check to Charlie Bubbles Cares for Kids, 2914 Franklin Street, La Crescenta, CA 91214. Charity EIN# 86-2470498.

Paul’s son, the real-life Charlie, has joined in alongside his father in writing his own Charlie Bubbles story, Zena the Great!

"Coming for the holidays a brand-new release from the Charlie Bubbles Storybook collection," says Paul. "The writer of this new story is the inspiration for the series, my son Charlie. The Illustrator is a discovery of mine fortuitously at my son's freshman baseball game. Her name is Harper Pam. She is going to be an exceptional graphic artist. This is her first storybook and it will not be her last!"

"The story was written during the pandemic," Paul continues. "My son put pen to paper, deciding to write a rhyme book using our newest addition, Zena, as the focus of the story. Charlie, though frustrated and bored blows his bubble takes off during inclement weather."

With this latest chapter in the Charlie Bubbles saga, it is clear that imagination and talent runs strong in the Carafotes family.

To learn more about the World of Charlie Bubbles, go to https://charliebubblesbook.com.
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Boston street icon 'Mr. Butch' dies at age 56

Every so often I look in my archives and reprint an article. This was about the local, legendary street musician known as "Mr. Butch."

It is poetic justice that Mr. Butch died on the streets of Boston in a motor scooter accident. He was a true creature of those streets for so many years.

When I first moved back to Boston in the late 70's I was living in a rooming house on Newbury Street (yes there were rooming houses there!) and working at a grocery store at the corner of Newbury and Mass Ave. I worked the 3 to 11 shift, and I had a wonderful but unsavory cast of characters who frequented the store.

There was a buck-toothed African-American prostitute who proudly told me, "I only give head to my man." There was a middle-aged security guard Maynard, who reminded me of a uniformed Noel Coward, his hat tilted at a rakish angle, an ever-present sardonic smile, and a cigarette dangling elegantly and effeminately between his fingers. He would tell me of his sexual encounters during his shift. It seems he was always approached by a handsome young man who insisted on doing "favors" for him. "I mean what's a girl, I mean ... a guy to do!" The famed rock group The Car" recorded a few buildings down and every so often I would hear the strum of all the Brooks Brother suits that detoured through the store, forgetting to let him out when I locked up.

Mr. Butch was known by many generations of students, rock bands, hucksters, ne'er-do-wells, and posers – the whole maddening crowd that made this city so attractive to me when I cut my teeth here. I will miss passing this man on the street, how we nod to each other in our world-weary fashion, saying, "Hey, man, what's happening?" He has passed and so has another phase of my life.

Over the years, Mr. Butch was like a welcomed Beacon to me. I used to run into him in Kenmore Square outside the now defunct punk rock club "The Rat" during my pub-crawling days. He was such an enigma. He survived the streets by choice for so many years, and 56 is a ripe old age for a street person. At times he was a living statue, standing squarely and straight, strumming his red guitar amidst the maelstrom of all the Brooks Brother suits that detoured around him. He gave his long, calloused fingers to conventional society, the cell-phoned hordes rushing to make the almighty buck, or a killing.

In some ways it was a comfort to see him. He was a memory of my seminal days in Boston, a simpler place, more accepting of "eccentrics," a place where you could rent a cheap room in the Back Bay and start your life in the city. You could actually afford to live the life of an artist for a while. I used to sit out on the steps of my Brownstone in the summer and slap the hands of all the beautiful and not so beautiful street people who flowed by in the humid breeze.

Butch was known by many generations of students, rock bands, hucksters, ne'er-do-wells, and posers – the whole maddening crowd that made this city so attractive to me when I cut my teeth here. I will miss passing this man on the street, how we nodded to each other in our world-weary fashion, saying, "Hey, man, what's happening?" He has passed and so has another phase of my life.

'Somerville as Muse' poetry reading

Bring your favorite poem about Somerville to a poetry reading with an open mic for Somerville poets on Friday September 9, 4:30 p.m., at the Somerville Community Growing Center, 22 Vinal Ave (between Summer St. and Highland Ave.).

Featuring: Denise Provost, author of City of Stories; Doug Holder, editor of Lyrical Somerville and co-founder, Ibbetson Street Press; and Lloyd Schwartz, Somerville Poet Laureate.

A public benefit reading organized by Michael Steffen as part of a Somerville Arts Council grant with the support of The Somerville Arts Council and The Massachusetts Cultural Council.
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