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The Somerville Times (

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SOMERVILLE, MASS. WEDNESDAY, JULY 5, 2017

TWENTY-FIVE CENTS

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Somerville fireworks spectacle

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Questions and answers at Somerville Labor Coalition's Candidate's Night



The Somerville Labor Coalition's Candidate's Night took place last week. Pictured left to right: Mike McGrath, Ed Halloran, and Thomas Ross. - Photo by Rob Carter

By Rob Carter

Mayoral candidate Payton Corbett criticized Mayor Curtatone's history with unions, stealing the show at this year's Somerville Labor Coalition's Candidate's Night, held at the Somerville City Club on June 27.

The tradition of a candidate's night began in 2013 and gives those running for Somerville public office a chance to answer questions from local labor unions. SCATV's Joe Lynch moderated the event, asking questions that SLC chairs Tommy Ross and Ed Halloran had gathered before the panel.

Event organizers handed out scorecards to union members in the audience, who could grade candidates' answers based on the perceived support of union interests.

The SLC invited all candidates in contested races who completed a Continued on page 4

Orange Blossom Special:

Bringing it loud, live, and in one of our favorite dives

By Jim Clark

Southern California rockers, Orange Blossom Special, are heading into Somerville on Thursday, July 6, for a spirited evening of high-energy music at PA's lounge.

The band is currently sweeping across the country in support of their latest release, *Here Goes Everything*, in a tour they have entitled "Loud, Live, & in a Dive."

While we hardly think of our beloved PA's as a "dive" per se, the title alludes to the fact that the group is focusing on playing smaller venues, building a fan base while blowing away audiences with their unique blend of powerhouse rock, sophisticated lyricism, and a stylistic approach that hooks and holds the listener in check.

Be sure catch this special appearance by the rapidly upward climbing band, and look for *Here Goes Everything* on NDR records (also available through their website: www.orange-blossomspecial.net).



Orange Blossom Special will be rocking out at PA's Lounge this Thursday, July 6.

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You hear that? Yup, lots of cars leaving the city, heading north to NH and Maine to open up summer places or just to take a few days off. The usual mass exodus to the Cape is happening as well. So hopefully it will be quiet around here this summer. We hope everyone has a safe and happy summer. Happy July 4th, Independence Day.

We heard some hot rumors this past week regarding **some aldermen**. We're going to wait another week and see before we let everyone know, but if they're true they could have some serious consequences for these aldermen.

Check out www.ocpf.us and plug in a name to find out who and how local politicians stand in fundraising. We're looking it over and seeing who contributes to whom. Remember, it's not illegal to accept money from special interests, including developers, lawyers or unions of any kind.

Just when you think you have heard it all, it seems like the hired help in the Ben Ewen-Campen for Alderman in Ward 3 campaign knocked on the door of Alderman McWatters' mother and then on his sister's door and asked them to support and vote for Ewen-Campen. Wow, this guy is either a patsy for someone else here in the city (two of the other aldermen and a current school committee lady from Ward 3, so we hear) put this guy in the race. Guess you can say it's politics 101: check and see where the opponent's family with the same name lives in the ward.

Happy birthday this week here in the Ville: Happy birthday to our own good guy and local hard working poet **Doug Holder**, a great guy who we hope has a great birthday this week. Another happy birthday to **Paul Gaspar** who grew up here in Somerville, a nice guy and hard working bank appraiser. Happy birthday to well-known lady, **Mary Walker**, who is celebrating this week. We hope she has a good week. To our good friend and realtor up on the North Shore, the Manager at **CBRB**, **Anne Webster**, we hope she has a good birthday. To all the others in the Ville, we wish them a happy birthday

The Somerville Times

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TheSomervilleTimes.com Comments of the Week

Response to: Every candidacy needs a reason

Tom Champion says:

Bill: This is a thoughtful and well-reasoned assessment of the race in Ward 3. You and I may not always agree, but I am in complete accord with your views here — including the ones about Ben Ewen-Campen being a good, honorable and well-intentioned candidate.

But Bob McWatters has been, and continues to be, an effective, pragmatic, independent and courageous embodiment of Ward 3's progressive values. He's a workhorse, not a showhorse. I am proud to be supporting his campaign for reelection.

Matt P says:

Great perspective from Mr. Shelton. The Democratic party has strayed from their values and continually failed to represent the working middle class (especially recently – hence why there is a maniac in the WH now) all the while they move further to the left leaving the middle class with no representation.

Rob Buchanan says:

I was honestly a skeptic of Bob McWatters when he first ran for Aldermen, but he's won me over with his sincere and honest commitment to listening to his constituents and delivering results on their behalf. Having recently watched him in action during the lengthy Union Square zoning meetings, i can attest to his progressive values and willingness to fight for all of the residents of Ward 3. We're lucky to have such an honest, hardworking Alderman on our side.

Tim Talun says:

Thank you to Bill for this well written and thoughtful article. Bob has shown himself to be a true public servant, willing to take the time to listen to the concerns and the aspirations of his constituents and make what they care about this own priorities. From big issues like zoning to small issues such as speeding traffic, Bob has been a sincere advocate for us and our neighbors. In a political climate that can be contentious at times, Bob has been a breath of fresh air with his focus on getting things done that make life a little better for all of us. Ward 3 is indeed fortunate that Bob is willing to serve for another term, and I am excited to support him and to see what the next two years will bring.

Katie Gradowski says:

In this last round of zoning, many of the most progressive changes were proposed by the aldermen of Wards 5, 6, and 7. Much of this advocacy came from long-time constituents who have been working since the beginning of US2's development on green space and affordability. That's not to minimize Bob's hard work throughout the process. But the measure isn't really how much you listen; it's where you decide to act.

Ben Ewen-Campen is driven by facts, not ideology. He hasn't been around for all of these fights, but he's been in the thick of it where it counts. He is knowledgeable and honest and has pushed for more open politics around the transformative districts. He understands the precarity that many younger voters face, whether they've lived here for five years or thirty. His supporters are passionate and they are Somerville local. I'm proud to count myself among them.

Vanta Black says:

Oh yeah. Very well written and thoughtful. Except, of course, for the obligatory sideswipe at Sec. Clinton's candidacy. "Shattered" is a half-baked hatchet job, as every adult with their head out of that special dark place knows. Glad to know you're enjoying the current regime so much though.

Log onto TheSomervilleTimes.com to leave your own comments



Legislative Matters resumes Community **Benefits ordinance talks**

By Jordan Deschenes

Aldermen gathered to discuss the Community Benefits Committee (CBC) ordinance at a Legislative Matters committee meeting last Wednesday, the first such meeting in nearly a month. The purpose of the meeting was to discuss and identify the most prevalent concerns from constituents, advocates, and city officials.

"We don't come with a set of proposed answers about what this ordinance needs to look like; rather, we come with a core question that needs to be answered collectively," said Tim Snyder, the city's Director of Intergovernmental Affairs.

"We came up with a proposal with the intent of trying to figure out a system that we can put in place...to work with the community and not make decisions (solely) as a government," Snyder said.

Snyder told the committee that a major topic of discussion at recent LO-CUS and Civic Advisory Committee meetings has been how to distribute community benefits funds with both discretion and efficiency. He further explained that the draft does not currently establish an adequate process for distributing funds and that the city should take extra time to craft one.

Currently, the city has received its first check of around \$200,000 from devel-

oper US2 as a result of a CBA included in the recently passed covenant. In the instance that the CBC ordinance is passed this year, the \$200,000 and any subsequent increases still cannot be distributed until the D-2 developer obtains a building permit.

According to the Office of Strategic Planning and Development (OSPCD), the developer is not expected to obtain one until the middle of next year.

"So, there won't be any money to give out for another year, which I think confirms the sense that there isn't tremendous urgency to get this done sooner," said Alderman Mark Niedergang in response to the funding timeline.

"Even if we decided by the end of the year, that still allows six months (of discussion) to determine where the initial funds might go."

Another unresolved question pertaining to Community Benefits funding is whether newly formed Neighborhood Councils should be public or private entities. Neighborhood Councils are expected to have a major role in the prioritization and distribution of CBA funds.

Throughout the drafting process, city officials have been inclined toward establishing councils as private entities, although recent discussions and information have suggested that either decision would have major tradeoffs.



CBA funding distribution and Neighborhood Councils were among the primary issues covered at the latest meeting of the city's Legislative Matters Committee.

Some of the most significant tradeoffs as a result of a public decision include those that would hinder the council's ability to negotiate a community benefits agreement (CBA), receive CBA funds, and hold private meetings.

In contrast, a private entity would be bound to less ethical restrictions that would require it to document recorded minutes and provide sufficient prior notice for upcoming meetings. Most notably, a private neighborhood council would not be bound to the state conflict of interest prohibition.

"To me, the question seems to be who wants to have more authority over distributing the money," said Alderman Katjana Ballantyne.

"If it's a private entity, as I understand it, it would have an advisory role. If it's a public entity, there are more restrictions in terms of ethics; however, they can make the decision in the allocation (of CBA funds)."

A further question taken into consideration for a private decision is the role of the city in handling neighborhood council elections. Eileen McGettigan, special counsel to the OSPCD, confirmed that the Massachusetts Anti-Aid Amendment would limit the city's assistive role in such elections.

The amendment in question prohibits the use and appropriation of public the purpose of founding, maintaining, uled for early September.

or aiding" unless the institutions are publically owned and under exclusive public control.

According to alderman at-large Dennis Sullivan, another "common theme" in his constituents' emails pertaining to neighborhood council elections is the right of all residents to vote in their own respective neighborhoods.

McGettigan explained that the draft ordinance is currently written to allow each neighborhood council to set its own respective geographic limits for representation. She also explained that community benefits would also be used on a citywide level.

"There is the ability when funding recommendations get to the level of the Community Benefits Committee -in other words, the citywide committeethere will be opportunities for certain community benefits funds to be expended for the benefit of residents citywide," said McGettigan.

"So there's the neighborhood aspect and there's also the citywide aspect. The Neighborhood Councils themselves are supposed to delineate exactly what the boundaries are of the areas they represent."

As a means of answering major questions, Aldermen encourage residents who have any questions and concerns about the CBC ordinance to attend a public funds to certain private institutions "for hearing on the subject that will be sched-

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Youth-Police Walking Dialogues

This partnership with the Somerville Police Department and the Center for Teen Empowerment aims to make communication between Somerville community members and the police department easily accessible, and strengthen relationships among police, youth, community residents and business owners.



Summer Schedule: July 6 - First dialogue- Ward 1 - 4:00-6:00 p.m. - meet at Perkins Park; July 13 - North Street Development Event Dialogue, 3:00-5:00 p.m. (residents only), Ward 7; July 22 - Clarendon Hill Towers Dialogue Event 11:30-4:00 p.m. (residents only), Ward 7; July 27 - Dialogue Ward 2 4:00-6:00 p.m., meet at Dickerman Playground; August 10 - Dialogue Ward 5 4:00-6:00 p.m., meet at Trum Field Basketball Court; August 15 - Tues. Mystic Development Event Dialogue (residents only) 3:00-5:00 p.m., Ward 4; August 24 - Dialogue Ward 6 4:00-6:00 p.m., meet at the Brown School.

WEEK IN CIRI By Jim Clark

Knife wielding stalker disarmed

Police officers were dispatched to a Buena Vista Rd. location last week on reports of a man brandishing a knife.

Upon arrival, the officers spotted the man, later identified as Joseph Donovan, of Cambridge, walking towards their police cruiser as three individuals in the distance yelled, "That's him!"

officers immediately placed Donovan in handcuffs. After frisking him, police lo-

cated a pocketknife in his front right jacket pocket. The blade was in the open position, according to reports.

Donovan reportedly stated to the officers, "They are the ones who started it."

The officers spoke to the reporting party who was on scene, who reportedly stated that while he was walking, he observed Donovan following a male and female and screaming at them. Shortly after, he heard the male party yell out that Donovan had a knife. It was at this time that the reporting party observed a shiny object in Donovan's hand as he continued to follow the group as he called the police.

According to the couple, they were walking along Buena Vista Rd. when they noticed that Donovan was following behind them reportedly saying to them that he knew the female victim.

When the woman told Donovan that she did not know him, he reportedly started to become angry and swear at the couple. This is when the male victim reportedly stepped in and told Donovan to leave them alone.

According to reports, Donovan continued to follow the couple and this is when words were exchanged between the male victim and Donovan, who at this time pulled out a pocket knife and made his way toward the couple in an aggressive manner that made the couple fear for their safety. The couple was reportedly able to gain distance from Donovan but he continued following them.

Donovan was placed under arrest, and charged with assault with a dangerous weapon. The pocketknife was confiscated and placed into evidence in the usual manner.

Crime Tip Hotline: 617-776-7210

Help Keep Somerville Safe!

Arrests:

Phylecia Rucker, of 15 Ferndoro, Dorchester, June 26, 5:17 p.m., arrested at Artisan Way

\$250 and on a warrant charge of larceny over \$250.

Joseph Donovan, of 11 of assault with a dangerous a.m., arrested at Central St. on

on a charge of larceny over Woodbridge St., Cambridge, June 27, 9:04 a.m., arrested at Buena Vista Rd. on a charge

weapon.

Javier Rivera, of 1164 Hyde Park, Boston, June 28, 3:52

charges of drug possession to distribute, conspiracy to violate drug law, and distribution of a class A drug.

Questions and answers at Somerville Labor Coalition's Candidate's Night **CONT. FROM PG 1**

coalition-provided questionnaire to attend the event. Sixteen candidates accepted the invitation, including seven Aldermen At-Large candidates; candidates from Ward 2, Ward 3 and Ward 4; and two mayoral challengers.

The men running against Mayor Joe Curtatone had the most receptive audience for the night. SLC co-founded Thomas Ross used his opening statements to blame Curtatone, who was not at the event, for the length of time it took to get many city employees a union-negotiated contract.

Critiques of Curtatone continued during ward aldermen discussions. Even the questions had an anti-Curtatone spin, such as Lynch's question about whether candidates would oppose the mayor's "frivolous lawsuits against unions."

When it was Corbett's turn at the podium, he wasted no time laying into the mayor. The candidate used his introduction to point out Curtatone's absence before questioning whether Curtatone truly holds progressive values.

"Is union busting a progressive value?" Corbett asked the crowd, who shouted back, "No."

value?" Corbett asked. "We can fly every flag and hang every banner, but it doesn't mean a damn if people can't afford to live here." Corbett stayed on the attack as he answered Lynch's questions, saying he felt the mayor was not supportive of unions during the construction of Assembly Row

"Is privatization a progressive

He and fellow challenger Kenneth Vanburskirk both endorsed adding an evergreen clause to union contracts, which would allow workers to continue to operate under an expired contract until a new contract was negotiated.

or, ironically, Union Square.

"I don't know how anyone with a 'D' next to their name could ever oppose an evergreen clause," Corbett said, implying that it was a key Democratic value the current mayor did not share.

Vanburskirk got mild support from the crowd, but lost them occasionally when he admitted he lacked a firm grasp on policy.

"I don't know how to do that," Vanburskirk said at one point, after agreeing that some executive power should be transferred to the Board of Aldermen. "I haven't been focusing on policy, I've been focusing on elections."

After the event, Halloran and Ross mentioned Corbett as the standout performance of the night.

Halloran said he was "very surprised by the mayoral race," calling Corbett a "superb speaker who just came out of nowhere."

Ross compared Corbett to a young Marty Walsh, but joked he was a more eloquent speaker, since he doesn't share the Boston mayor's thick accent.

The alderman debates, which book-ended the mayoral challengers', showed little distinction between the candidates when it came to labor policy.

Candidates only substantially disagreed twice throughout the evening.

The first was between Jessie Clingan and Omar Boukili, who are running for the Ward 4 seat currently controlled by Tony Lafuente.

When asked if they supported the civil service test as a way to vet municipal employees, Boukili indicated it was an unfair hurdle for which many people did not have time to study properly.

Clingan, on the other hand, said it was needed to keep the



Most candidates for office this year attended the Somerville Labor Coalition events

process fair to all applicants, adding, "If it ain't broke, don't

The second disagreement came near the end of the Alderman At-Large debate, when candidates were asked if they would want to change the "strong mayor" system of government in Somerville to give more power to the Board of Aldermen.

Four of the candidates, Dennis Sullivan, Jack Connolly, Kevin Tarpley and Stephanie Hirsh, said they felt no need to change the current system, although Tarpley added he would impose term limits on the Board and the mayor.

Meanwhile, Will Mbah, a fifth candidate, said he was definitely against the current system, believing it gave the mayor too much power. Incumbents Bill White and Mary Jo Rossetti both said they were open to change but would want to hear whether the community supported the decision before pushing for a change to the city charter.

Organizers said endorsements would be announced in the next couple of weeks, after votes from each of the subgroups could be tabulated. Four of the six unions that make up the Somerville Labor Coalition must vote to endorse a candidate in order for the umbrella organization to issue an endorsement.

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Dispute over Hudson Street mural causes neighborhood tension

By Erin Wade

Last summer, a community group came together to design and paint a Somerville Neighborway mural on Hudson St., a quiet one-way that runs parallel to Highland Avenue between Cedar and Central streets, like other groups have done on Willoughby Street and similar roads near Hudson where there is light traffic and cars move below the speed limit.

But the Hudson Street mural is now a sore spot for a community that has spent almost a year engaged in back-and-forths about whether the on-street art is trash or treasure and whether notification of neighbors was enough for approval of a permanent addition to the street.

"This is hands down a communication issue," said Chandler Philpott, who was involved with organizing the mural, in an email Sunday.

The street-wide conflict began shortly after the mural was painted on the pavement out-

side 137-141 Hudson St. early last September.

Alicia Amaral, whose house is adjacent to the mural, said she was never notified that the large, colorful mural would be painted, and that two or three fliers mentioning potlucks or block parties and, in smaller font, discussions or painting of a mural were insufficient notification of such a major change to the area directly in front of her home.

She believes better notification may have gone out via email - a fact that several people involved in the design and painting of the mural have verified – but said she's not part of the Hudson St. email list.

"Apparently, there's some kind of Listserv that's Yahoo Groups, or something like that, that I'm not on," Amaral said, clarifying that an old email address may be subscribed to the email list but that she no longer has access to

Amaral, whose driveway leads directly to the spot - known as "the bend" - where the mural



 $The \ mural \ in \ the \ roadway \ is \ a \ source \ of \ pride \ for \ some, \ and \ irritation \ for \ others \ who \ reside \ near \ this \ section \ of \ Hudson \ St.$

was painted, said she and at least three other residents of Hudson Street, including other direct abutters of the mural, are concerned that it encourages kids to play in the street, lowers property values and, with Amaral noting that "there's no accounting for taste," is simply an eyesore.

The mural is circular and features a labyrinth at its center, a layer of painted tulips and an outside ring of rabbits. Amaral describes it as being "Easter themed" - its colors are reminiscent of an Easter egg, with bright purples, blues, yellows and reds.

Mark Chase, a co-founder of Somerville Neighborways and lecturer in Tufts University's Department of Urban and Environmental Policy and Planning, and Adam Polinski, a transportation analyst for the city of Somerville, say that there's no real risk to pedestrians standing inside the Hudson Street mural, because it's almost entirely out of the flow of traffic.

"If a car wants to not hit other cars and go around that bend correctly, they're going to almost completely avoid the mural," Polinski said over the phone. "From our standpoint, the cars are going slow and they're avoiding that mural if they're driving in a manner that is conducive to their own safety."

Polinski said that most of the cars on Hudson Street are traveling between 19 and 23 mph, below the 25 mph speed limit for the road. Chase said he found that at the bend, 85 percent of drivers are at speeds of less than 18 mph.

"This is hands down a communication issue...

All of this adds up to a small number of car crashes in the last seven years - 18 on Hudson St. overall, since 2010, with only three happening on non-intersection stretches of the road, like the bend where the mural is, according to Polinski. Polinski said that none of those three crashes resulted in injuries or involved a pedestrian or a cyclist.

"As far as Somerville's streets go, Hudson St. is very safe. The crash data backs that up, the speeds back that up," Polinski said.

But Amaral said she and her neighbors are also concerned

about backing their cars out of their driveways, which empty directly onto the mural, and potentially hitting someone playing on the mural whom they didn't see.

Chase acknowledged that problems arising from blind spots while reversing out of a driveway are real, but Polinski said that these types of crashes are often avoidable and rarely result in serious injury because of low speeds.

"We want to believe that people will look and use appropriate action when backing out of their driveways and that everyone in volved in the situation will take the necessary action to ensure that something like that doesn't happen," Polinski said.

Community leaders who chose the spot in the bend for the mural, like Melissa Dullea, another abutter of the mural, note that it has always been used as an area to gather and play.

"It's a neighborhood focal point where we have our summer block party, potluck and Somerville Sunsetters concert," Dullea said in an email.

But that doesn't change the fact that Amaral and others on the street dislike the aesthetics of the mural and feel left out of the process Continued on page 17

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Beacon Hill Roll Call



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Somerville:



Rep. Christine Barber

DISTRICT REPRESENTED: Thirty-fourth Middlesex. - Consisting of all precincts in wards 4 and 5, precinct 1 of ward 7, and precinct 2 of ward 8, of the city of Medford, precincts 1 and 2 of ward 4, and all precincts of ward 7, of the city of Somerville, both in the county of Middlesex.



Rep. Denise Provost

DISTRICT REPRESENTED: Twenty-seventh Middlesex. - Consisting of precinct 3 of ward 2, all precincts of ward 3, precinct 3 of ward 4, and all precincts of wards 5 and 6, of the city of Somerville, in the county of Middlesex.



Rep. Mike Connolly

DISTRICT REPRESENTED: Twenty-sixth Middlesex. - Consisting of all precincts of ward 1, precinct 1 of ward 2, precincts 1 and 2 of ward 3, and precinct 1 of ward 6, of the city of Cambridge, and all precincts of ward 1 and precincts 1 and 2 of ward 2, of the city of Somerville, both in the county of Middlesex.



Sen. Patricia Jehlen

DISTRICT REPRESENTED: Second Middlesex. - Consisting of the cities of Cambridge, wards 9 to 11, inclusive, Medford and Somerville, and the town of Winchester, precincts 4 to 7, inclusive, in the county of Middlesex.

THE HOUSE AND SENATE: Beacon Hill Roll Call records local legislators' votes on roll calls from the week of June 26-30.

Our Legislators in the House and Senate for The Senate approved on a voice vote, without a roll call, a measure (S 2092) that would prohibit drivers from using a hand-held cell phone or another device to make a call, use the device's camera or access social media. The measure allows drivers to use only a hands-free phone.

> Use of a hand-held phone would be permitted in emergencies including if the vehicle was disabled; medical attention or assistance was required; police, fire or other emergency services were necessary for someone's personal safety; or a disabled vehicle or an accident was present on a roadway.

> Violators would be fined \$100 for a first offense, \$250 for a second offense and \$500 for a third and subsequent offense. A third offense would result in the violation being be considered a moving violation for purposes of the safe driver insurance plan.

> Supporters said that the bill would save lives and prevent accidents. They noted that the measure does not ban cell phone use but simply requires the use of handsfree ones. They pointed to accidents, deaths and injuries involving hand-held cell phones.

> Some opponents said that the restriction is another example of government intrusion into people's cars and lives. Others noted that there are already laws on the books prohibiting driving while distracted.

REDUCE FINES FOR CELL PHONE VIOLA-TIONS (S 2092)

Senate 12-26, rejected an amendment that would reduce the proposed fines for using a hand-held telephone. The fine for a first offense would be reduced from \$100 to \$50; a second offense from \$250 to \$100; and third and subsequent offenses from \$500 to \$150. The amendment also eliminates the part of the bill that makes a third offense a moving violation for purposes of the safe driver insurance plan.

Amendment supporters said the fines are too high and discriminate against poor people who cannot afford them. They noted that research found 105 residents from three counties were jailed in 2015 because they couldn't afford to pay fees and fines.

Amendment opponents said the higher fines are reasonable and are designed to discourage drivers from breaking the law and putting lives at risk. They said that reducing the fines will result in more violations.

(A "Yes" vote is for the amendment. A "No" vote is against it.)

> Sen. Patricia Jehlen Yes

FAIRNESS FOR PREGNANT WORKERS (S 2093)

Senate 38-0, approved the Pregnant Workers Fairness Act aimed at preventing discrimination based on pregnancy and guaranteeing reasonable accommodations and safety measures for pregnant mothers. Reasonable accommodations include time off to recover from childbirth; more frequent, longer paid or unpaid breaks; acquiring or modifying equipment or seating arrangements; obtaining a temporary transfer; and a private non-bathroom space for expressing breast milk - unless any of these would create undue hardship on the employer.

The legislation also prohibits an employer from dis-

criminating against, refusing to employ or firing a woman because she is pregnant or has a condition related to pregnancy.

Supporters said a pregnant woman should not have to fear losing her job when she could continue working with some reasonable adjustments. They argued the bill would ensure pregnant women are treated fairly in the workplace.

The House has approved a different version of the bill. The Senate version now goes to the House for consideration.

(A"Yes" vote is for the bill.)

Sen. Patricia Jehlen Yes

HEALTH OF THE BABY (S 2093)

Senate 38-0, approved an amendment that would guarantee that a pregnant woman is accommodated and allowed to take time off from work if the health and wellbeing of her baby are at stake.

Amendment supporters said the bill, without the amendment, does not go far enough and takes into consideration only the woman's health. They cited incidents in which an ultrasound showed a cyst on a baby's brain and the mother had to go for extra tests and to additional doctors. They argued that without the amendment, the employer would not be required to allow the mother the time to take off from work.

(A"Yes" vote is for the amendment.)

Sen. Patricia Jehlen

ALSO UP ON BEACON HILL

UNSOLICITED **CREDIT CARDS** CHECKS (H 169) - The House gave initial approval to a bill that would prohibit a consumer from being liable for any debt incurred by the unauthorized use, by someone other than the recipient, of unsolicited credit cards, checks and vouchers sent by banks. These items, sent to consumers by banks and other financial institutions, can be used instantly but are actually loans which must be repaid.

Supporters say that consumers should only be liable if they have personally used the check, credit cards

WINDOW GUARDS (H 2500)- The House gave initial approval to legislation that requires landlords to install window guards in all units of their buildings that have a window higher than six feet off the ground and in which a child under ten years of age lives.

The measure also prohibits landlords from discriminating against potential renters who have children under ten and fines them from \$250 to \$500.

PROHIBIT HIDDEN COMPARTMENTS (H

1266) - The House gave initial approval to a proposal that would prohibit the sale or equipping of motor vehicles with hidden compartments to conceal drugs or other illegal contraband.

EDUCATION LEGISLATION - The Higher Education Committee will hold a hearing on July 13 at 10 a.m.in Room A-2 at the Statehouse. Among the

Beacon Hill Roll Call continued



proposals on the agenda are:

FREE COLLEGE TUITION FOR ALL (H 633)

- Provides free tuition to Massachusetts residents to attend state community colleges and all other state universities.

\$5,000 TO BABIES FOR COLLEGE (S 691) - Gives \$5,000 to all newborn babies to be used toward a college education at a community college or university in Massachusetts.

WAIVE COLLEGE TUITION FEES FOR VET-ERANS (H 636) - Provides tuition and fee waivers at state universities for veterans. The cost would be paid by the state rather than the university.

To qualify, a veteran must be honorably discharged from the U.S. Armed Services after at least one year of active service; designate Massachusetts as his or her intended home, and then move to and successfully establish residency in the Bay State within one year of beginning his or her college education.

QUOTABLE QUOTES

"A woman who is pregnant is no less equal and no less valued as a member of the workforce. The protections included in this legislation are commonsense and simply prevent mistreatment of pregnant employees." — Sen. Jason Lewis (D-Winchester) on Senate passage of the Pregnant Workers Fairness Act aimed at preventing discrimina-

tion based on pregnancy.

"Distracted driving due to the unnecessary use of mobile devices has led to too many tragic injuries and loss of life. Hands free technology is readily accessible, affordable and easy to use." — Sen. Mark Montigny (D-New Bedford) on Senate approval of a bill prohibiting drivers from using a hand-held cell phone.

"The system would give the nearly 700,000 eligible Massachusetts citizens that are not registered to vote an opportunity to have their voices heard through our election process." — Pam Wilmot, Executive Director of Common Cause Massachusetts, on her support for Automatic Voter Registration that would establish a system for eligible citizens in Massachusetts to automatically register to vote when they interact with a state agency like the Registry of Motor Vehicles.

"The entire public education system in the Common-wealth owes a debt of gratitude to Commissioner Chester for his contribution to making our K-12 public schools the envy of the nation." — UMass President Marty Meehan on the death of Mitchell Chester, Commissioner of Elementary and Secondary Education.

HOW LONG WAS LAST WEEK'S SESSION?

Beacon Hill Roll Call tracks the length of time that the House and Senate were in session each week. Many legislators say that legislative sessions are only one aspect of the Legislature's job and that a lot of important work is done outside of the House and Senate chambers. They

note that their jobs also involve committee work, research, constituent work and other matters that are important to their districts. Critics say that the Legislature does not meet regularly or long enough to debate and vote in public view on the thousands of pieces of legislation that have been filed. They note that the infrequency and brief length of sessions are misguided and lead to irresponsible late-night sessions and a mad rush to act on dozens of bills in the days immediately preceding the end of an annual session.

During the week of June 26-30, the House met for a total of 16 hours and 53 minutes and the Senate met for a total of 16 hours and 58 minutes.

Mon. June 26 House 11:00 a.m. to 12:47 p.m. Senate 11:03 a.m. to 12:47 p.m.

Tues. June 27 No House session
No Senate session

Wed. June 28

No House session

No Senate session

Thurs June 29 House 11:02 a.m. to 8:54 p.m. Senate 11:14 a.m. to 8:48 p.m.

Fri. June 30 House 11:04 a.m. to 4:18 p.m. Senate 11:05 a.m. to 4:45 p.m.

Bob Katzen welcomes feedback at bob@beaconhillrollcall.com

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Recent Single Family Homes Sold in Somerville Over the Past Month: **Address Description DOM List Price Sale Price** 11 Cedar Ave 6 room, 3 bed, 2f 0h bath Colonial 8 \$739,000 \$767,500 48 Glenwood Road 7 room, 3 bed, 2f 0h bath Victorian 16 \$799,000 \$860,000 226 Highland Ave 9 room, 6 bed, 3f 0h bath Colonial 49 \$799,900 \$850,000 224 \$800,000 7 Fremont Street 9 room, 3 bed, 3f 1h bath Other \$850,000

	Recent Condominiums Sold in Somerville Ove	r the Past Mont	h:	
Address	Description	DOM	List Price	Sale Price
28 Forest St U:2	7 room, 3 bed, 2f 0h bath 2/3 Family	10	\$849,000	\$875,000
53 Kent Street U:1	5 room, 2 bed, 2f 0h bath Mid-Rise	103	\$849,900	\$849,900
7 Gould Avenue U:2	6 room, 3 bed, 2f 1h bath 2/3 Family	6	\$888,000	\$956,000
7 Gould Avenue U:1	7 room, 3 bed, 2f 1h bath 2/3 Family	6	\$898,000	\$920,000
73 Central Street U:2	6 room, 3 bed, 3f 0h bath 2/3 Family	20	\$948,000	\$975,000
89 Josephine Ave U:1	7 room, 2 bed, 3f 1h bath 2/3 Family	11	\$949,000	\$995,000
15 Ivaloo St U:15	7 room, 3 bed, 2f 1h bath Townhouse	48	\$964,999	\$935,000
89 Josephine Ave U:2	7 room, 3 bed, 2f 1h bath 2/3 Family	11	\$1,049,000	\$1,150,000
56 Line Street U:1	7 room, 3 bed, 3f 0h bath 2/3 Family	123	\$1,049,900	\$1,049,000
10 Powder HouseTerrace U:2	7 room, 4 bed, 3f 1h bath 2/3 Family	28	\$1,199,000	\$1,250,000
62 Lowden Avenue U:2	7 room, 3 bed, 2f 1h bath 2/3 Family	43	\$1,199,900	\$1,130,000
12 Newbury Street U:2	5 room, 3 bed, 2f 0h bath Low-Rise	17	\$1,495,000	\$1,420,000

l		Recent Multi-Family Homes Sold in Somerville Ove	r the Past Moi	nth:	
l	Address	Description	DOM	List Price	Sale Price
l	40-42 Pennsylvania Avenue	2 unit, 13 total room, 5 total bedroom 2 Family	16	\$899,000	\$899,000
ı	10-12 Boston Ave	2 unit, 11 total room, 4 total bedroom 2 Family	27	\$925,000	\$1,000,000
l	21 Lake Street	2 unit, 11 total room, 6 total bedroom 2 Family	32	\$929,000	\$880,000
ı	36 Ware St	2 unit, 11 total room, 5 total bedroom 2 Family	19	\$975,000	\$1,001,000
ı	17-19 Wallace Street	2 unit, 11 total room, 5 total bedroom 2 Family	9	\$1,200,000	\$1,390,000
ı	34 Gilman St	2 unit, 10 total room, 4 total bedroom 2 Family	15	\$1,350,000	\$1,350,000
ı	57 College Ave	2 unit, 14 total room, 9 total bedroom 2 Family	7	\$1,450,000	\$1,550,000
	9 Chapel St	2 unit, 14 total room, 4 total bedroom 2 Family	8	\$1,699,000	\$1,705,000

Somerville Labor Coalition's Candidate's Night

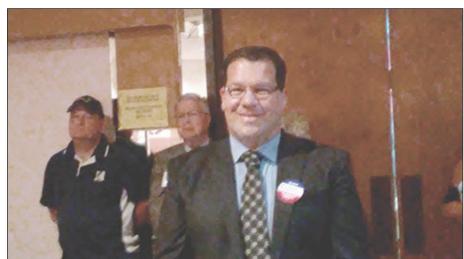
Go to www.thesomervilletimes.com for more photos

In pictures

— Photos by Donald Norton

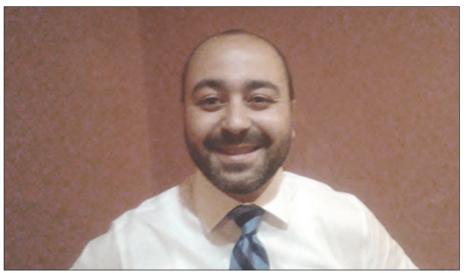












Dorothy's Corner

BY DOROTHY DIMARZO



Gazpacho

Imagine, you just walked around for a couple of hours in 90 degree heat ducking in and out of the Monastery and multiple buildings on the premises on the mountainside of Montserrat just outside of Barcelona, Spain. You have taken in the breathtaking views and are certainly ready for some rest and relaxation.

At the end of the 40 minute drive to Oller del Mas, a vineyard, with a Medieval castle dating back to the 10th century welcomes you with spectacular views of the mountain range. You gather around a table where bottles of wines are waiting to be paired with this 7 course tasting menu. The first offering was the most incredible gazpacho I have ever tasted. Refreshing, well balanced and

packed full of flavor.

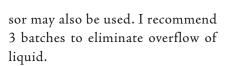
I was inspired to come up with my own version of this cold soup. It has a couple of hours in 90 degree heat ducking in and out of the Monastery of heat. Enjoy!

- 6 Medium Vine Ripe Tomatoes, roughly chopped
- 3 Celery Ribs, fibrous strings removed and roughly chopped
- 1 European Cucumber, seeded, peeled and roughly chopped
- 1 Small Red Onion, peeled and roughly chopped
- 1 Garlic Clove, roughly chopped
- 1 Lime, juiced
- 1 Small Jalapeño, seeded and roughly chopped
- 1/2 Cup Fresh Parsley, roughly chopped
- 1/2 3/4 Cup Water
- 1/2 Teaspoon Pepper, freshly ground

3/4 Teaspoon Kosher Salt 2 Tablespoons Sherry Vinegar

- 1 Teaspoon Cumin
- 1 Teaspoon Smoked Paprika Olive Oil and Parsley for garnish

In a blender, add the tomatoes, celery, cucumber, onion, garlic, jalapeño, lime juice, parsley and water. Pulse, then purée until well-blended. Add salt, pepper, vinegar, cumin and paprika and blend well. Chill for at least an hour, allowing the flavors to develop. Taste and adjust seasoning, if necessary. Pour into glasses of your choice and garnish with a drizzle of good olive oil and top with parsley leaves. *You may have to blend in two batches depending on the capacity of your blender. This recipe will yield approximately 7 cups. A food proces-



Visit Dorothy's website at http://ddimarzo2002.wix.com/thymethief.

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Union Square Portraits:

Conversations about America – with Cat

By JT Thompson

Cat: in her late 30s, travels all over the world teaching yoga and offering energetic work. For the last 11 years, she has been based in Bali. Cat occasionally comes to Bow Street Yoga in Union Square to teach, give dharma talks, and be available for craniosacral-shamanic sessions and teacher trainings.

Cat is now in the process of relocating her home base back to the States, and is excited to be part of what she sees as a rising cultural transformation in response to the Trump phenomenon.

When we meet at the café across from Bow Street Yoga, Cat is dressed all in white white coat, white shirt, white pants. She has dark, full-bodied chestnut hair, which shows just a trace of silver. She has the healthy glow you see so often in yoga teachers. As she talks, her eyes dance with happiness; she has a warm smile and a deep, throaty laugh, which are frequently threaded into her animated storytelling. She is grounded and earthy, and brimming over with vibrant good humor.

Cat grew up immersed in the complications and joys of multiculturalism. Her family has numerous bloodlines – Irish, German, Moroccan, Spanish, Jewish, Native American,

Carol Langley Monroe

of Herndon, VA. Carol was

is survived by many cousins

and friends. Graveside ser-

D'Ambrosio Brown LLP

Austrian and maybe one or two others. "At airports," she laughs, "people tend to speak Spanish to me."

Until she was 9, she lived in Westfield, New Jersey, going to a school that was "a rainbow mix. I was one of the few white kids. We had kids from Taiwan, China, African Americans. When I was a little kid, I could distinguish Chinese and Taiwanese." One of her closest friends was from an El Salvadoran family, and she "loved the food, the language, their neighborhood. They were growing rice in their front yard. It was so interesting."

On family trips to Disneyland, Cat's favorite ride was always It's a Small World. "My mom told me that I once went on the ride 13 times in a row!"

In case you don't know them, here are some of the lyrics from It's a Small World: "It's a world of laughter, a world of tears/It's a world of hope and a world of fears/There's so much that we share, that it's time we're aware/ It's a small world after all."

When Cat was ten, the family moved to St. Louis.

"That was a shock. It was either so white, or so black. Not a mix. That bothered me. When I started dating a black guy, the guys at school had a hard time with that. It bothered me that the racism was there, but people weren't honest about it." After

Oak Grove Cemetery. Med-

Advent Funeral Services.

7211 Lee Hwy. Falls Church,

the easygoing multiculturalism she'd experienced in Westfield, "St. Louis broke my heart."

Cat then went on a series of explorations on her own that are so far flung – and that she describes with such quick excitement – that I don't get all the details of how she ended up in each place. Switzerland at 14. Peru at 19. Niger at 20. Arkansas at 21. Thailand at 23. Japan at 26. Then, finally, Bali.

Switzerland was a study abroad program.

"I was shy, and the experience helped me grow. And I loved the mountains, ice climbing, skiing – it was a whole new world. I always used to get sick at home, but I didn't get sick there. I realized there were health implications of being at home.

"It was hard to come back to the States. But after Switzerland, and a visit to Italy, where everybody looked all the same, it was great to be back where you had all kinds of mixes.

"I wanted out of St. Louis, and went to college at Boston University. It was so multicultural in Boston. I could close my eyes on the streets and hear so many different languages. So many people from different countries.

"I realized I needed to expand.



Yoga teacher and energy session worker, Cat.

I didn't care how." She laughs her deep laugh.

When she was 20, Cat went to Niger.

"I knew I wanted to confront my privilege. I knew I was lucky, but I didn't know how lucky.

"The experience really fucked me over. I didn't know how to handle a town full of lepers, or true starvation.

"I also saw true generosity – people giving away half a day's money to someone on the street. Six kids Continued on page 17

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Tuesday July 11 SYM Tuesdays 8 p.m.

Wednesday July 12

Free Poker, lots of prizes! 8 p.m.

Thursday July 13

Ways & Means Committee 8 p.m,

Friday July 14

David Johnston Band 6 p.m. HearNowLive presents Water \$10 cover 9 p.m.

Saturday July 15

Chris Hersch & The Moonraiders 6 p.m. Leon Trout, The Stupid Robots 9 p.m.

Sunday July 16

The Natural Wonders 4:30 p.m.
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COMMENTARY

The views and opinions expressed in the commentaries and letters to the Editor of The Somerville Times do not reflect the views and opinions of The Somerville Times, its publishers or staff.

Silver Alert Program making Somerville a safer place to grow old



By Joseph A. Curtatone

I often focus here on the work we're doing to make sure Somerville is a great place to live, work, play, and raise a family. Equally important - and what we need to be talking about more - is ensuring Somerville is also a great place to grow old.

The good news is that we already have some successful programs in place ranging from the extensive programming offered by the Council on Aging to the property tax exemptions we offer to income-eligible seniors. Many efforts focus on senior health and safety, and, here, I'd like to highlight an important one of these: the Silver Alert Program. In some ways, the Silver Alert Program is similar to an Amber Alert, but for older adults. It's a missing person notification system that in some cases can be life saving.

Somerville Council on Aging computers, saving police valuand the Somerville Police Department, the Silver Alert program was adopted in Somerville in early 2016 as an effort to implement the Massachusetts Silver Alert Community Response System on a local level. The process is simple.

When elderly residents sign up to be in the Silver Alert program database, the Council on Aging collects information about the person to create a profile. The information extends beyond the typical name, address, date of birth, and recent photo. Our staff members already know many of these elderly residents and work closely with them on a regular basis through other Council on Aging programming - dig deeper and include information about places they like to visit, medical conditions, preferred hospital and physician, and even old addresses. When an older adult is reported missing, the database is searched, and an alert is triggered through the Police Department computer-aided dispatch system (CAD). If the missing person is registered in the Silver Alert program, their recent photo and profile information A collaboration between the will pop up on police cruiser able time on research and giving them a solid starting point on locating the individual.

While we can register only Somerville elderly residents for our Silver Alert Program, we do work closely with neighboring communities when a person is reported missing and the alert is triggered. We've already seen the program's success on this front. In one case, an elderly Somerville resident boarded a bus headed for Kendall Square in Cambridge. She was confused and didn't remember where she was going so she stayed on the bus riding the complete route back and forth a few times until the driver noticed and contacted the Cambridge Police Department, who had already heard from our officers regarding the missing person. This is just one example of several similar situations.

I know no one wants to think about their parents, neighbors, or friends getting lost, confused, or turned around. It's difficult for me to think it could one day happen to my own mom or loved ones. However, if a member or your family has memory loss or dementia or any other risk of confusion, it's important

to prepare ahead of time to give them the best chance of being found quickly if they become lost. Helping your loved one register for the Silver Alert program allows you to do just that.

It's important to note that Silver Alert registration is open to any Somerville resident, age 60 and older, beyond those living with dementia, Alzheimer's, or other conditions. There's no need to wait until you or a loved one reaches a specific phase in life to sign up. Police and health officials have seen cases of perfectly healthy seniors who simply have become confused as a result of exhaustion. And in some cases, dementia can develop gradually making it difficult for family members to fully realize the seriousness of the risk. For this reason, our health advocates recommend preparing in advance and encourage all elderly residents to register.

It's no secret that aging in place in an urban environment like Somerville comes with its own share of unique challenges: mobility in an urban setting; managing stairs when living in the upper-levels of multi-family homes; the rising cost of living; affordable housing; ready access to services and health care, fitness opportunities and lifelong learning; and the list goes on. We're working creatively to address these issues. Installing 20 mph safety zones around pedestrian-centered locations including senior centers and assisted living facilities, introducing discounts on water and sewer bills for low-income seniors, and updating an outdated zoning code that will allow for more affordable housing are among recent initiatives. We know that being able to more quickly locate a missing senior is only one piece of the puzzle, but it's an important one for ensuring Somerville is a great – and safe - place to grow old.

To register for the Silver Alert Program, visit www. somervillepd.com/index. php/general-information/silver-alert-program, stop by the Council on Aging at 167 Holland Street, or call the Council on Aging at 617-625-6600 ext. 2300 to schedule a home visit. In addition to basic personal information, please have a recent photo and preferred physician name and phone number ready when registering. If you do not have a recent photo, one will be taken for you when registering in person.

Know elder abuse, and how to prevent it

By Norah Al-Wetaid and Nathan Lamb

Roughly 10 percent of older adults have experienced some form of elder abuse - but a recent study funded by the National Institutes of Health estimates that only one out of every 14 instances of elder abuse are reported to authorities.

To put it another way, elder abuse is a widespread problem, which often goes unchecked across our nation, state, and even our local community. But it doesn't have to be this way.

June is National Elder Abuse Awareness Month, and in an effort to help raise awareness about this silent epidemic, Somerville-Cambridge Elder Services (SCES) marked the occasion by distributing information about elder abuse to agency staff, clients, and many services agencies in the community.

Elder abuse has long been a

silent epidemic. We can change that, if we as a community know about elder abuse and how to get help when we see it.

Adult Protective Services (PS) programs across the state are working every day to alleviate elder abuse and neglect of older adults (60 years and older). They work collaboratively with older adults, their families, and community agencies to help reduce risk, through crisis intervention, safety planning, and connecting people with helpful resources.

The thing is, PS only gets involved when abuse is reported so awareness of this issue is key. If we are serious about reducing the frequency of abuse older adults experience, we all need to Know Elder Abuse.

Here's the basics: elder abuse takes many forms. It can be physical, emotional, sexual, or financial. It also includes neglect and self-neglect. It is important to understand that elder abuse



Staffers at Somerville-Cambridge Elder Services are helping to raise awareness about elder abuse by wearing purple ribbons and sharing information about how to identify and report elder abuse.

affects people across all income levels, cultures, gender, and rac-

Would you know elder abuse if you saw it? Here are some common signs of abuse:

- Unexplained financial loss
- · Unexplained bruises or injuries
- Isolation
- Verbal abuse
- Threats
- Changes in mood of behavior
- Rapid decline in health
- Sudden confusion
- Unexplained weight loss
- Neglecting care needs
- · Hesitation to speak openly.

Continued on page 17

COMMENTARY

SIGNS OF THE TIMES

Illustrated by Jim Clark



Our View Of The Times

Making sure our kids are well fed this summer is nice thing to do.



The city's Food and Nutrition Services Department is once again engaged in its annual summer meals for Somerville youth program. Kids under the age of 19 can get free meals at various locations throughout the city from now through August 18.

It's a great way of making sure that the city's youth get the nutritional support they need, regardless of financial or social standing.

The importance of getting fully nutritious meals to our kids, especially throughout the summer months while they are out of school and engaged in lively summer activities, cannot be overly emphasized.

Certain kids in the city may not have the same opportunities for getting well-bal-anced meals that others have, and this program helps to assure that the playing field is fully leveled and that all are equal-

ly equipped with the nutrition they need to properly develop and thrive throughout the summer months.

We hope that this program continues through the years to come. It doesn't cost so much to make sure that our kids are fed well and kept healthy and happy.

The meals are prepared by Somerville's award-winning Food and Nutrition Services Department. The familiar Food and Nutrition truck will be showing up all

through summer.

Breakfast and lunch will be made available to local kids at various locations throughout the city, Monday through Friday, at various times and locations throughout the city. For more information, go to www.somerville.k12.ma.us/summermeals.

It goes without saying that we all wish the best for our kids and will go the extra mile to provide their basic needs.

Newstalk CONT. FROM PG 2

and remind you that if you'd like to acknowledge someone let us know the week of their birthday or anniversary.

For those that might be interested in obtaining certification for firearms should look up the Lawrence Rod & Gun Club. They provide an extensive program at the end of which you receive certification for Massachusetts/NRA Certified Firearm Safety Classes. They run a class once a month, which is limited to 10 people and we hear that this is the place to go to learn safety when handling guns. Email gunclub@earthlink.net for more information and or go to their website at www.lawrencerodandgunclub.org and read up about the course. We've been told that the course has seen a major increase in people applying for it, especially women. We can tell you first hand here that it's a great course and quite thorough.

It's 2017 and **Demet's Donuts** over on Mystic Avenue is the best. We're noticing more and more Somerville residents over there getting their coffee and donuts to start the day. The ladies working there are fantastic and always smiling. If you're

in the mood for a huge, great tasting donut drop over early since they disappear as the day gets on.

This week on *Real Estate Answers Show* (cable channel 3) with **Donald Norton** of the **Norton Group**, his guest will be **Ward 2 Alderman Maryann Heuston**, who will be discussing the zoning proposal and Union Square. Watch for the show Friday night on Channel 3 and first of the week on the website **www.nortongroupre.com**, where the show will be posted, along with others.

The Somerville Arts Council and the Greater Boston Nepali Community (GBNC) present Nepal Fest, an ArtsUnion cultural festival taking place from 12:00 to 6:00 p.m. on Sunday, July 9, in Union Square Plaza. This festival is a chance for the Nepali community to celebrate their culture in their city as well as an opportunity for the rest of the Somerville community to learn about and enjoy Nepali music, dance, food crafts and more. Enjoy yummy Nepali food, while perusing the handicraft and artisan vendor tables, and listening to beautiful music. Program line-up in-

cludes: Nepali musical performance by Himalayan Heritage Cultural Academy; Newari cultural dance by Lakhey Naach, Newah Organization of New England; Kauda Naach-Gurung cultural dance from mid-western region of Nepal; one of Boston's most popular Nepali folk singers Min KC and Nepali folk singer Nisha Sunuwar; Live performance by Boston's most popular Nepali Rock Band the Monday Junkies. For info contact Nina Eichner at 617-625-6600 ext. 2998.

Come to the Somerville Garden Club's monthly meeting from 7:00-9:00 p.m. on Wednesday, July 12, at the Tufts Administration Building, 2nd Fl., 167 Holland St. to meet fellow gardeners and to hear from a guest lecturer. The talk will be followed by a raffle of donated plants and items. Dr. Jessica Lubell, Associate Professor of Horticulture at the University of Connecticut, will show how less common native shrubs can be used to replace banned species. Designers and landscapers sometimes think that native plants might not survive the tough growing conditions associated with commercial and institutional landscapes, foundation plantings, or other challenging sites. Prof. Lubell will discuss her wide-ranging research on this subject, including controlled studies on the adaptability of native shrubs, and improved methods of nursery propagation to increase the availability of native taxa. This workshop will be enlightening to all who landscape with natives.

The free annual **SomerMovie Fest** is back, and because of the animal-themed lineup, this year's fest has been designated as the "SomerMovie Beast." Showings are scheduled every Thursday evening at dusk from July 6 through August 24. Screenings will take place at different locations across the city. The full "SomerMovie Beast" schedule is as follows: July 6: Sing at Seven Hills Park; July 13: Best in Show at Seven Hills Park; July 20: Jaws at Baxter Riverfront Park; July 27: Bedtime for Bonzo at Powderhouse Park; August 3: Finding Dory at East Somerville Community School; August 10: Jurassic World at Nunziato Park; August 17: The Secret Life of Pets at Mystic River Development; August 24: Viewers' choice of 101 Dalmatians, Babe, or Marley & Me at Seven Hills Park.

Fourth of July Fireworks Celebration

The city hosted its annual Fourth of July Fireworks Celebration at Trum Field on Thursday, June 29, beginning with live entertainment at 6:30 p.m. Performances by the United States Air Force Heritage of American Band, local Disco-Funk band Bootty Vortex, and the Somerville Sunsetters led up to a 30-minute fireworks display.























































 $Go\ to\ www.the some rvilletimes.com\ for\ more\ photos$

Photos by Claudia Ferro





SPORTS

Somerville gymnast qualifies to the **Massachusetts Developmental Team**

By Jen Scannell

Gymnastics and More proudly announced recently that two Level 4 Girls qualified to the Massachusetts Developmental Team.

Josslyn Marujo, of Somerville's Argenziano School, and Rachel Dunlap, of The Lynch School in Winchester, were chosen to participate in a Massachusetts State Sponsored Clinic held in Reading on June 25.

The prestigious clinic consisted of double session training with some of the most respected gymnastics coaches in the New England and New York regions.

Athletes were required to score a minimum of 36.5 All Around at the Massachusetts Level 4 State Meet, in their Respective age Group.

Marujo scored a 37.15 and also placed 1st All Around in her age group (9E). Dunlap scored a 36.85 and placed 1st All Around in the 7-8 Age Group. Both girls are currently training for Level 5 next year.

The girls are coached by Dimitar (Mitko) Lountchev and Michele O'Brien. Coach O'Brien attended with the girls and is very proud of their success.



Massachusetts Developmental Team qualifiers Josslyn Marujo and Rachel Dunlap, with coach O'Brien.

Ms. Cam's lio

Olio - (noun) A miscellaneous mixture, hodgepodge

- 1. How many runners participated in the very first Boston Marathon?
- 2. What is the length of the average pool cue?
- 3. Who else died in the plane crash that killed Buddy Holly?
- 4. What book was John Lennon's assassin, Mark Chapman, fascinated with?
- 5. Who founded the Organization of Afro-American Unity?
- 6. At what age did Shir-

- ley Temple began her film career?
- 7. How many sides are there to a snowflake?
- 8. Who first recorded the song Poor Little Fool?
- 9. What character did Pernell Roberts play in TV's Bonanza?
- 10. What do trees remove from the atmosphere?
- 11. Who invented evapo-
- 12. What is ecchymosis?

rated milk in 1853?

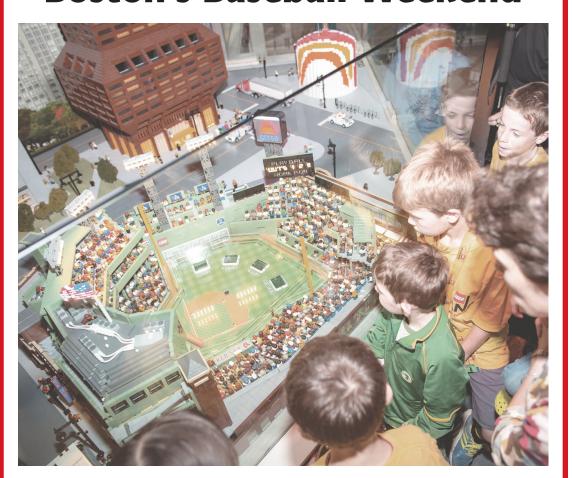
Answers on page 23

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LEGOLAND® Discovery Center **Boston's Baseball Weekend**



School is out and the Red Sox are in full swing so LEGOLAND® Discovery Center Boston is celebrating America's favorite pastime with a baseball themed weekend of events on July 8 and 9. Activities will include a live baseball themed build by Master Model Builder Megan Amaral, a baseball build challenge, baseball themed scavenger hunt in MINILAND® and photo opportunities with LEGO® replicas of Fenway Park and the World Series trophy.

Guests who wear their favorite baseball team's gear will also receive a 25% discount on their ticket (walk-up only.)

LEGOLAND Discovery Center Boston opens daily at 10:00 am. Advance tickets are suggested to guarantee admission and can be purchased online at www.legolanddiscoverycenter.

Location: 598 Assembly Row, Somerville.

Phone: (866) 228-6439

Email: Boston@legolanddiscoverycenter.com

Zing! Yiddish Sing Along For All Ages

Thursday, July 6 at 6:00 p.m. Somerville Community Growing Center 22 Vinal Avenue, Somerville 02143

The Summer Song Series continues this week at the Somerville Community Growing Center with Zing!, a Yiddish sing along for all ages and everyone. Linda Gritz and Michael Katz will share the joy of Yiddish song through their extensive knowledge of the music, lyrics and context of Yiddish song. All are welcome, regardless of singing ability or knowledge of Yiddish to what promises to be a year.



of Yiddish, to what promises to be a very fun evening.

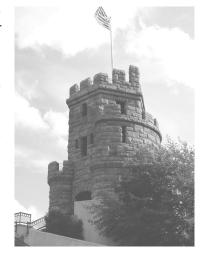
The Summer Song Series presents sing alongs \sim for all ages \sim on Thursday evenings in the garden at the Somerville Community Growing Center at 22 Vinal Avenue in Somerville (near Union Square). The garden opens at 5:30 for picnicking, and the music begins at 6:00 pm. The Growing Center is owned by the city of Somerville and run by volunteers who seek to grow community through environmental education. The garden is open to the public during scheduled events. To learn more about the Summer Song Series and the Somerville Community Growing Center, visit their website at the growing center.org.

The Summer Song Series is made possible with a grant from the Somerville Arts Council.

Prospect Hill Park walking tour

Please join Ward 3 Alderman Robert McWatters, and the Mayor's Office of Strategic Planning and Community Development, for a community walk to discuss upcoming renovations to Prospect Hill Park.

The walk will be held on Thursday, July 6, at 6:00 p.m. Residents will also have the opportunity to visit and climb to the top of the Prospect Hill Tower, now open to the public during scheduled times thanks to recent renovations funded by the Community Preservation Act.



For more information about the planned park renovations, or if you have questions about the upcoming community walk, please contact Arn Franzen at AFranzen@somervillema.gov.

Somerville Mobile Farmers' Market

Friday, July 14 - 11:00 a.m.

Council on Aging, 167 Holland Street

The Somerville Mobile Farmers' Market sells fresh, local produce in Somerville, MA. We offer an unlimited 50% discount for residents of North Street or Mystic Housing, as well as for showing your SNAP, WIC, or Senior Farmers' Market Coupons.



We accept cash, debit, credit, SNAP/EBT, WIC Farmers' Market Coupons, and Senior Farmers' Market Coupons.

For more information: http://www.somervillemobilefarmersmarket.word-press.com

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Cinema Somerville Outdoor Movies Series

Somerville Media Center announces its 2017 Cinema Somerville July series. Cinema Somerville is an outdoor movie series at the Somerville Community Growing Center, 22 Vinal Ave. The event series is free and is open to the community-at-large.



Screenings start at 7:30 p.m. with a BYOPicnic and will play at 8:30 p.m. (dusk). Seating is limited. Moviegoers are encouraged to bring their own portable seats, blankets, and lawn chairs.

- + Thursday, July 6: Sherlock Holmes, Dressed to Kill (1946)
- Thursday, July 13: The Little Shop of Horrors (1960)
- Thursday, July 20: The Last Time I Saw Paris (1954)
- + Thursday, July 27: The Ghost Train (1941)

For more information on Cinema Somerville, please visit www.cinemasomerville.org or call 617.628.8826. In case of inclement weather, movie night will be cancelled. Check website or social media for up-to-date information. The August schedule will be announced soon!

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Legal Notices can also be viewed on our website at www.thesomervilletimes.com



CITY OF SOMERVILLE, MASSACHUSETTS OFFICE OF STRATEGIC PLANNING & COMMUNITY DEVELOPMENT JOSEPH A. CURTATONE MAYOR

MICHAFI F GLAVIN **EXECUTIVE DIRECTOR PLANNING DIVISION**

LEGAL NOTICE

A public hearing for all interested parties will be held by the Zoning Board of Appeals on Wednesday, July 12, 2017 at 6:00 p.m. at the Aldermanic Chambers, 2nd Floor of City Hall, 93 Highland Avenue, Somerville, MA

46-48 Boston Avenue (ZBA 2017-49) Applicant and Owner, 46-48 Boston Avenue LLC, seeks a Special Permit under Section 4.4.1 of the Somerville Zoning Ordinance (SZO) to renovate a nonconforming two-family structure. RA Zone. Ward 5.

75 Washington Street (ZBA 2017-27) Applicant/Owner, Somerville 75 Washington St. LLC, seeks a Special Permit under Section 4.4.1 of the Somerville Zoning Ordinance (SZO) to alter a nonconforming structure (auto-body shop) to a 3-story mixed-use building with a request for parking relief under Section 9.13, RC Zone, Ward 2.

30 Putnam Street (ZBA 2017-54) Applicant, Hudson Santana, and Owner, Doris Garvey, seek a Special Permit under Section 4.4.1 of the Somerville Zoning Ordinance (SZO) to alter a nonconforming 3-family structure to a 2-family residential building with a rear addition and new dormers. RA Zone. Ward 3.

103 Washington Street (ZBA 2017-50) Applicant/Owner, WashDev. LLC, seeks a Special Permit under Section 7.11 to alter a nonconforming use (auto-body shop) and Section 4.4.1 to alter a nonconforming structure of the Somerville Zoning Ordinance (SZO) structure to a 3-story mixed-use building, containing a commercial space and 6 dwelling units, with a request for parking relief under Section 9.13. RC Zone. Ward 2.

51 McGrath Highway (ZBA 2017-46) Applicant, Life Storage Limited Partnership, and Owner, Sovran Acquisition Limited Partnership, seek a Special Permit with Design Review (SPSR) under Section 7.11.12.4.c and Section 5.2 of the Somerville Zoning Ordinance (SZO) to construct a self-storage facility of 28,880 gross square feet. The Applicant and Owner also seek a Variance under Article 12 of the SZO for signage. IA Zone. Ward 2.

8 Spring Hill Terrace (ZBA 2017-58) Applicants / Owners, Mae Joyce B. Gay and Daniel T. Kettler, seek a Special Permit under Section 4.4.1 of the Somerville Zoning Ordinance (SZO) to increase the floor area ratio (FAR) of the nonconforming single family dwelling to finish the third floor attic

24 Liberty Avenue (ZBA 2017-59) Applicants / Owners, Joshua L. McCarthy and Sangwha Hong, seek a Special Permit under Section 4.4.1 of the Somerville Zoning Ordinance (SZO) to construct a dormer within the nonconforming left side vard of the single family dwelling, RA Zone, Ward 6.

9 Pearson Road (ZBA 2017-60) Applicants / Owners, Robert J. Hoey and Jacalyn Anne Crowe, seek a Special Permit under Section 4.4.1 of the Somerville Zoning Ordinance (SZO) to alter a nonconforming three-family dwelling by constructing a three-story open porch on the rear of the

13 Alpine Street (ZBA 2016-75) (re-advertised) Applicant, 2-13 Alpine St., LLC, seeks a Special Permit with Site Plan Review (SPSR) under Sections 7.11 and 5.2 of the SZO to construct seven residential units and Special Permits under Section 4.4.1 of the SZO to alter a non-conforming structure. The Applicant seeks Special Permits under Article 9 of the SZO for parking relief and to provide compact spaces. BB zone. Ward 5.

5-7 Parker Place (ZBA 2017-62) Applicant and Owners, Louis & Millie Busi, seek a Special Permit under Section 4.4.1 of the Somerville Zoning Ordinance (SZO) to replace a first floor rear deck with stairs and add a deck at the second floor, RB Zone, Ward 5.

415 Medford Street (ZBA 2017-52) Applicant, Matt Gray of Neighborhood Produce, LLC, and Owner, Marc S. Resnick Trustee, seek special permits under Article 4 of the SZO to change from one non-conforming use to another non-conforming use, and Article 9 of the SZO for parking relief. RB

38 Oliver Street (ZBA 2017-41) Applicants and Owners, Mark. J. Ahern & Polly Chin-Ahern seek s Special Permit with Site Plan Review under Section 7.3 of the SZO to add a fourth unit to a property where a maximum of three units per lot is allowed unless affordable housing is provided.

17 Porter Street (ZBA 2016-90) (re-advertised) Applicants and Owners, Daniel & Amanda Casparriello, seek a Special Permit with Site Plan Review under Section 7.2 of the SZO to have more than one principal structure on a lot, increase the number of units from two to three, Special Permits under Section 4.4.1of the SZO to alter a non-conforming structure and parking relief under Article 9 of the SZO. RB zone. Ward 3.

Submittals may be viewed in-person in the Office of Strategic Planning and Community Development, located on the third floor of City Hall, 93 Highland Avenue, Somerville, MA, Mon-Wed, 8:30 am-4:30 pm; Thurs, 8:30 am-7:30 pm; and Fri, 8:30 am-12:30 pm. Staff reports, plans and Board decisions, when completed, are posted online at www.somervillema.gov/planningandzoning.

As cases may be continued to later dates, please check the agenda on the City's website or call before attending a meeting. Continued cases will not be re-advertised. Interested persons may provide comments to the Zoning Board of Appeals at the hearing or by submitting written comments by mail to OSPCD, Planning Division, 93 Highland Avenue, Somerville, MA 02143; by fax to 617-625-0722; or by email to dpereira@somervillema.gov.

Attest: Dawn Pereira, Administrative Assistant As published in The Somerville Times on 6/28/17 & 7/5/17.

CITY OF SOMERVILLE

OFFICE OF CITY CLERK

BOARD OF ALDERMEN

There will be a Public Hearing before the Board of Aldermen's Com-

mittee on Licenses and Permits on Wednesday, July 12, 2017, at 6:00

PM, in the Committee Room on the 2nd Floor of City Hall, 93 Highland

Avenue, on the petition of Vixs Auto Services Inc., dba Vixs Auto

Services, for a Garage License at 73 Summer Street, for mechanical

repairs, for 2 vehicles stored inside and 10 vehicles stored outside,

operating Monday-Friday 8 AM-6 PM, Saturday 8 AM-6:30 PM, Sun-

THE PUBLIC IS INVITED TO ATTEND AND BE HEARD.

6/28/17, 7/5/17 The Somerville Times

day Closed.

7/5/17 The Somerville Times



Sunday Closed.

THE PUBLIC IS INVITED TO ATTEND AND BE HEARD.

JOHN J. LONG CITY CLERK

Somerville



CITY OF SOMERVILLE OFFICE OF CITY CLERK BOARD OF ALDERMEN

There will be a Public Hearing before the Board of Aldermen's Committee on Licenses and Permits on Wednesday, July 12, 2017, at 6:00 PM, in the Committee Room on the 2nd Floor of City Hall, 93 Highland Avenue, on the petition of The Mad Auto Group Inc., dba ABJ Hillside Service Center, for a Garage License at 45 Mystic Avenue, for mechanical repairs, washing vehicles, and storing unregistered vehicles, for 10 vehicles stored inside and 13 vehicles stored outside, operating Monday-Friday 8 AM-6 PM, Saturday 8 AM-2 PM,

7/5/17 The Somerville Times

CITY CLERK

JOHN J. LONG



CITY OF SOMERVILLE, MASSACHUSETTS OFFICE OF STRATEGIC PLANNING & COMMUNITY DEVELOPMENT JOSEPH A. CURTATONE

MICHAEL F. GLAVIN **EXECUTIVE DIRECTOR** PLANNING DIVISION

LEGAL NOTICE OF PUBLIC HEARING

A public hearing for all interested parties will be held by the Planning Board on Thursday, July 13, 2017 at 6:00 p.m. at the Somerville High School Auditorium, 89 Highland Avenue, Somerville, MA.

654 Mystic Avenue (PB 2017-14) Applicants, Anthony Fava & Ryan Hunt, along with Property Owner, Fieldcom Realty Trust, seek Design and Site Plan Review per Section 8.8 and 5.4 of the SZO for lot splits to divide one lot into three lots. BB zone. Ward 4.

129 Broadway (PB 2017-16) Applicant, Rei da Picanha and Events, and Owner, Luis Morales, seek a Special Permit under Section 6.1.22.D.6.a of the Somerville Zoning Ordinance (SZO) to locate outdoor seating for the existing restaurant. CCD-45 Zone. Ward 1.

Submittals may be viewed in-person in the Office of Strategic Planning and Community Development, located on the third floor of City Hall, 93 Highland Avenue, Somerville, MA, Mon-Wed, 8:30 am-4:30 pm; Thurs. 8:30 am-7:30 pm; and Fri, 8:30 am-12:30 pm. Staff reports, plans and Board decisions, when completed, are posted online at www. somervillema.gov/planningandzoning.

As cases may be continued to later dates, please check the agenda on the City's website or call before attending. Continued cases will not be re-advertised. Interested persons may provide comments to the Planning Board at the hearing or by submitting written comments by mail to OSPCD, Planning Division, 93 Highland Avenue, Somerville, MA 02143; by fax to 617-625-0722; or by email to dpereira@somervillema.gov.

Attest: Kevin Prior, Chairman To be published in the Somerville Times on 6/28/17 & 7/5/17.

6/28/17, 7/5/17 The Somerville Times



CITY OF SOMERVILLE OFFICE OF CITY CLERK **BOARD OF ALDERMEN**

There will be a Public Hearing before the Board of Aldermen's Committee on Licenses and Permits on Wednesday, July 12, 2017, at 6:00 PM. in the Committee Room on the 2nd Floor of City Hall, 93 Highland Avenue, on the petition of Petiscos Group, Inc., dba La Posada Restaurant, for an Extended Operating Hours License at 505 Medford Street, to remain open until 3 AM every day for in-store service, take out service, and delivery service.

THE PUBLIC IS INVITED TO ATTEND AND BE HEARD.

JOHN J. LONG

7/5/17 The Somerville Times



CITY OF SOMERVILLE OFFICE OF CITY CLERK **BOARD OF ALDERMEN**

There will be a Public Hearing before the Board of Aldermen's Committee on Licenses and Permits on Wednesday, July 12, 2017, at 6:00 PM, in the Committee Room on the 2nd Floor of City Hall, 93 Highland Avenue, on the petition of Arthur Misiaczuk, dba Big Belly Deli, for an Extended Operating Hours License at 513 Medford Street, to remain open until 2 AM Monday through Saturday for in-store service, take out service, and delivery service.

THE PUBLIC IS INVITED TO ATTEND AND BE HEARD.

JOHN J. LONG

7/5/17 The Somerville Times

A hearing to all persons interested will be given by the Somerville Licensing Commission on <u>Thursday, July 20, 2017</u> in the Atrium, Tufts Administration Building, 167 Holland St., Somerville, MA at 6:00PM on the application of 74 LTD d/b/a Snappy Ramen, 420 Highland Ave., Somerville, MA for a Change of Location to 234 Elm St., for a Wine & Malt Alcoholic Beverages 7 Day Restaurant License, and a Change in Manager.

> Andrew Upton John J. McKenna

Attest: Lori Jean Batzek Administrative Assistant

7/5/17 The Somerville Times

TO PLACE LEGAL ADVERTISMENTS IN THE SOMERVILLE TIMES, CONTACT US BY 12 PM **MONDAY** PH: 617.666.4010 • FAX: 617.628.0422

LEGAL NOTICES

A hearing to all persons interested will be given by the Somerville **Licensing Commission** on **Thursday**, **July 20**, **2017** at the Atrium, Tufts Administration Building, 167 Holland St., Somerville, MA at **6:00PM** on the application of Somerville Brewing Company, Inc. d/b/a American Fresh Brewhouse, for a Farmer Series Pouring Permit - Farmer Brewery, a Common Victualler License and an Entertainment License by Devices at 490 Foley Street, Somerville, MA

A hearing to all persons interested will be given by the Somerville **Licensing Commission** on **Thursday, July 20, 2017** at the Atrium, Tufts Administration Building, 167 Holland St., Somerville, MA at <u>6:00PM</u>

on the application of OGinger Davis Square, Inc. d/b/a O Ginger for a New Wine and Malt Restaurant License – Enhancement Area for 263

For the Commission Andrew Upton John J. McKenna

For the Commission Andrew Upton

John J. McKenna

Attest: Jenneen Pagliaro

Administrative Assistant

Attest: Jenneen Pagliaro Administrative Assistant

7/5/17 The Somerville Times

Elm St. Somerville, MA.

7/5/17 The Somerville Times

neighborhood tension **CONT. FROM PG 5** "I would say that that's the change of creating it. "I would've loved to have gotten to

Dispute over Hudson St. mural causes

know my neighbors and participated in the community and had something that I could be - that would be really cool there, or something that we could all enjoy. But, that's the saddest part about it," Amaral said.

Chase said that, since the issues on Hudson St. began to arise, a new process has been put in place requiring that all residents of homes directly next to proposed Neighborways sign off on mural designs because the goal of Somerville Neighborways is to bring neighbors together and build community.

that's happened from Neighborways' standpoint," Chase said. "Now, as I'm moving forward, I'm like, 'You've got to continually invite people to be involved, no matter how late in the process you are."

Paula Woolley, who helped to paint the mural and has lived on Hudson St. since 1996, said in an email that she hopes the group can find a solution that works for everyone on the street.

"I'm very sorry that the mural came to be a divisive issue on the street for a few people, and I hope we can all work together to design and paint a new one, after the gas work is finally finished on our street," Woolley said.

As of now, Chase and Amaral say that the redesign process has stalled because of pushback from some of the other critics of the mural.

But Chase continues to work with other community groups in different parts of Somerville, and beyond, to design more murals. As he does, he tells project leaders the story of what's happened – and is continuing to happen - on Hudson Street, as a way to drive home the point that communication with abutters of planned projects is key to the success of a Neighborway.

Union Square Portraits: Conversations about America CONT. FROM PG 9

dividing up a piece of candy equally.

"I came back shell shocked."

Cat's next exploration was through AmeriCorps' HEIF-ER project, whose mission, their site says, "is to end hunger and poverty while caring for the Earth." She wound up in Arkansas, spending a summer working on a farm.

"People are down on Arkansas, but I loved it. It was hard work on the farm, but it was fun to be in Arkansas. Amazing nature, caves to explore. There were yoga classes, a great sense of community. We had our watering hole, a rope swing. We made our own musical instruments, drank homemade wine. But I couldn't do it forever – HEIFER educates locals to be in charge."

After she graduated from college, Cat and a friend took a road trip to Arizona and New Mexico.

"Wow, the desert. The wild sage. I spent some time smoking pot with Navajos, asking them about reservation life, what it was like getting visited by tours. I felt like an outsider in Indian land. I felt confused and guilty about how we've treated our indigenous.

"But that feeling of going out West – that spirit is still there. It was my pilgrimage. I didn't want an office job. I wanted to travel

the world.

"We had \$2000 in a suitcase, we'd just pull some out when we needed it. It was our own little vision quest.

"I was feeling so much wanderlust. Eventually, I scraped up the money and went to Spain, where I taught English for a couple years.

"At 23, I moved to Thailand, but quickly felt disenchanted, not at home. I felt like I'd failed.

"I went home to live with my

"Then I called my old yoga teacher - she said, You're going to take over the classes. So I stayed in St. Louis, and grounded for a year."

After that year of settling into being a yoga teacher, Cat made several cross country road trips with her fiancé, looking for a place to live. The one place he didn't want to go was Boston.

"But Boston was calling me. In the end, I decided, I have to do this on my own.

"It was a good choice."

Cat started teaching yoga, "ignoring people who told me I couldn't make it," with the goal of traveling after two years.

"But I didn't know how I was going to afford it."

Then someone in Japan, who had heard about her as a teacher, flew her out for a job. She wasn't there long - on a trip to Bali on vacation from Japan, she was offered and took a full time job teaching yoga.

Bali would be her home base for the next 11 years.

In 2012, her brother died suddenly, which woke up a desire to spend more time with her Dad, Mom and sister.

"I have created a strange life where I just show up around the world. I've started noticing how much I spend on accommodations," she laughs. "In my 20s, I felt I needed to go to other countries to serve. Now - I want to serve the people around me.

"After Trump got elected, I started asking myself what it means that I'm an American. I started compiling a list of what I love about America.

"As I think about establishing a home base back here in America, I think it's part of my dharma to teach kids. I love the energy and imagination they have.

"And I think America is so refreshing, because we have a little more of that childlike energy.

"We're going through some growing pains right now. 'Dad' is not that fun right now." Her deep, throaty laugh. "But we're

"In Switzerland, they're rule followers.

"We were formed by rebels. I

don't know another place with that Wild West energy.

"My favorite thing is getting off a plane in the States. You can't tell where you are from looking at the people. I think we're getting *more* multicultural.

"You really see it in Boston. It's such a beautiful mix.

"I was talking to my taxi driver from the airport. He was Lebanese, has been here since 1978. He said, 'Of course I'm an American. I feel so accepted here. I'm Muslim, and it wasn't hard to find other Muslims. Here it's not about skin, or religion, or economics. It's about spirit."

She pauses.

"Another thing I really love about America is our nature.

"We have 50 different countries. With different vibes, different smells, different people, different ecosystems.

"And Americans are really positive. When things fall apart, the feeling is, we're going to make it.

"Americans are good at the funeral humor.

"When Trump came to power, it was the comedians who had the most insight. Americans communicate through humor - intelligent humor, minus the

"In college, I was working on a world religions paper, and I was interviewing an anthropologist

who said, snidely, America is such a smorgasbord.

"I love that," she laughs.

"No other country has such a mix. So many ideas. Of course we're innovators, creators.

"I'm proud of the country that created jazz.

"The Indians who wanted to spread yoga around the world brought it to America very deliberately. We're the best marketers." Another hearty laugh.

"That entrepreneurial spirit that's the core of America. As stable jobs are dissolving, people are functioning that way.

"We're the teenagers of the world. The Europeans are proud of their long history. But that can be moldy. I love the idealistic energy we have.

"It's been latent for a long time. "That's the beauty of Trump – the rise of kindness in response. People are now fighting to uphold American values, freedom, freedom of speech.

"People are rekindled, reawak-

"The warriors, the pioneers, are rising again."

Cat glows with happiness as she says this – a big smile, her eyes bright, leaning forward in

It's hard not to get caught up in her enthusiasm.

I hope she's right.

Know elder abuse, and how to prevent it

Suspect elder abuse? The Commonwealth has established a centralized elder abuse hotline (1-800-922-2275), which operates 24/7 and refers elder abuse cases to local Protective Service programs. Reporter's names are kept confidential.

Norah Al-Wetaid is a Senior Protective Services Caseworker at Somerville-Cambridge Elder Services (SCES). Nathan Lamb is Director of Outreach and Community Relations at SCES.

About SCES: Established in Somerville-Cambridge 1972,

Elder Services is a private, non-profit agency dedicated to improving the quality of life and maintaining the dignity and independence of older people in Somerville and Cambridge.

CONT. FROM PG 10

SCES has an Adult Protective Services Program, which investigates reports made through the statewide elder abuse hotline, which can be reached 24/7 at 1-800-922-2275.

Be sure to visit us online at www.TheSomervilleTimes.com and on Facebook at www.facebook.com/thesomervilletimes

• • • • VILLENS ON THE TOWN • • • •

CHILDREN AND YOUTH Wednesday July 5

East Branch Library Preschool Storytime 11 a.m.-11:30 a.m.|115 Broadway

Thursday July 6

Central Library Preschool: Storytime for 3 to 5 year

10:30 a.m.- 11:15 a.m.|79 Highland

East Branch Library

Lego Club 3 p.m.-4:45 p.m.|115 Broadway

West Branch Library

3:30 p.m.-4:45 p.m.|40 College Ave

Friday|July 7

Central Library

Preschool: Storytime for 2 year olds 10:30 a.m.-11 a.m.|79 Highland Ave

TELL (Teen Library Leaders) Meeting

2 p.m.-5 p.m.|79 Highland Ave

Monday July 10

Central Library Sing Along

11 a.m.-11:45 a.m.|79 Highland Ave

Creative Drama Workshop 4 p.m.-5 p.m.|79 Highland Ave

Central Library

Middle School Summer Writers' Den 6 p.m.-8:30 p.m.|79 Highland Ave

Tuesday July 11

West Branch Library Singalong with Hugh Hanley 11 a.m.-11:45 a.m.|40 College Ave

Wednesday July 12

East Branch Library Preschool Storytime

11 a.m.-11:30 a.m.|115 Broadway

MUSIC | ARTS

Wednesday|July 5 Sally O'Brien's Bar

Free Poker, lots of prizes! 8 p.m.|335 Somerville Ave|617-666-3589

The Burren Front Room

Americana Jam with: Grain Thief|9

p.m. **Back Room**

Backroom Series: The Jeremiahs with Andrew Finn McGill and Nathan

Comedy Night With Jordan Handren-Seavey 10 p.m. 247 Elm Street|617-776-6896

P.A.'s Lounge

The Patchwork Fools Paper Hearts Amni Musfirah

Jonny Glenn 7:30 p.m.|345 Somerville Ave

Orleans Restaurant and Bar 65 Holland St|617-591-2100

Bull McCabe's Pub

The A-Beez - Funk & Soul 366A Somerville Ave|617-440-6045

Thunder Road

Bearly Dead - Wednesday Night Grateful Dead Residency

8 p.m.|379 Somerville Ave **Highland Kitchen**

150 Highland Ave|617-625-1131

ONCE Lounge & Ballroom 156 Highland Ave

Aeronaut Brewing Co.

Juan Carlos Ruiz 14 Tyler Street

Arts at the Armory

Wiretap Wednesday Open Stage 7 p.m.|Cafe|191 Highland Ave

Thursday|July 6

Sally O'Brien's

BYO Bluegrass with Dave Rizzuti grassy Thursdays 7:30 p.m.|335 Somerville Ave|617-666-3589

The Burren

Matt Borrello, Mike Verge & Company|9:30 pm

Backroom Series: Silver Arrow Band 7

Scattershots 10 p.m. 247 Elm Street 617-776-6896

P.A.'s Lounge

Orange Blossom Special Nonzero Chance WAMC

7:30 p.m.l345 Somerville Ave

Orleans Restaurant and Bar 65 Holland St|617-591-2100

Bull McCabe's

366A Somerville Ave|617-440-6045

Mad Yonder's Thunder Thursday! 8 p.m.|379 Somerville Ave

ONCE Lounge & Ballroom 156 Highland Ave

Aeronaut Brewing Co. Ken Clark Organ Trio

8:30 p.m.|14 Tyler Street

Arts at the Armory Smut Slam 7:30 p.m.|Café|191 Highland Ave

The Rockwell Scars on 45 7 p.m.|255 Elm Street

Friday | July 7

Sally O'Brien's

Busted Jug | 6 p.m. The Gala, Blame Shifters, Strange Fuzz \$5 cover |9 p.m. 335 Somerville Ave|617-666-3589

The Burren

Front Room Irish Session|9:30 p.m. Backroom Series: I Draw SlowCD Release|7 p.m. Ripcord|10 p.m. 247 Elm Street|617-776-6896

P.A.'s Lounge Live Nude Girls

Birdwatching Alien Drag

7:30 p.m.|345 Somerville Ave

Orleans Restaurant and Bar DJ starting at 10 p.m. 65 Holland St|617-591-2100

Bull McCabe's

10 p.m.|366A Somerville Ave|617-440-6045

Joshua Tree

DJ McRiddleton 256 Elm St. |617-623-9910

Entertainment every Friday 173 Broadway|617- 625-5195

The Ward Eights (R&B Soul Revue) 8 p.m.|379 Somerville Ave

ONCE Lounge & Ballroom

The Sadies Governor

8 p.m.|156 Highland Ave

Aeronaut Brewing Co. Lula Wiles 7 p.m.|14 Tyler Street

The Rockwell

The Oregon Fail: You Have Died of Comedy 8 p.m.|255 Elm Street

Arts at the Armory Thomas J. Kitson and Friends 7:30 p.m.|Cafe|191 Highland Ave

Saturday July 8

Sally O'Brien's

Boobé Sistersl4 p.m. Stan Martin & Wicked Heart |6 p.m. Barbusters' Family Luau with members of Other Girls, Worshipper, Snakes, Gymnasium, more! \$10 cover|9 p.m. 335 Somerville Ave|617-666-3589

The Burren

Front Room: Bluegrass Session|2 p.m. The BagBoys|5 p.m. Irish Session|9:30 p.m. Back Room The Burren Backroom Saturday & Sunday Jazz Brunch with Tom Pendergast

8 a.m.-3 p.m.

Prateek Poddar and K.C. Harris 8 p.m. Spittin Vinnies 10 p.m. 247 Elm Street 617-776-6896

P.A.'s Lounge

Ponder the Giraffe Thee Sonomatics

Andrew Soucy 6:30 p.m.|345 Somerville Ave

Orleans Restaurant and Bar Karaoke

65 Holland St

Bull McCabe's TBA

366A Somerville Ave|617-440-6045

Entertainment every Saturday 173 Broadway 617- 625-5195

Thunder Road

Broca's Area (Future Soul) 8 p.m.|379 Somerville Ave

ONCE Lounge & Ballroom 156 Highland Ave

The Rockwell

Shit-Faced Shakespeare: Romeo & Juliet|7 p.m. 255 Elm Street

Aeronaut Brewing Co. 14 Tyler Street

Arts at the Armory Sloth Machine 8 p.m.|Cafe|191 Highland Ave

Sunday July 9

Sally O'Brien's Bar Jimmy Ryan|6 p.m.

335 Somerville Ave|617-666-3589

The Burren

Beatles Brunch|11 a.m.-3 p.m. John Gannon & Friends Irish Session 3 p.m.

Los Goutos 7 p.m. Back Room

The Burren Backroom Saturday & Sunday Jazz Brunch with Tom Pendergast 8am - 2:30pm

Alan Kaufman & Friends Old Timey|5

Palaver Strings 8 p.m. Lantern Sessions 10 p.m. 247 Elm Street|617-776-6896

PA'S Lounge 345 Somerville Ave

Bull McCabe's Pub

Dub Apocalypse 366A Somerville Ave|617-440-6045

Highland Kitchen

Sunday Brunch Live Country & **Bluegrass** Sunday Night Live Music

150 Highland Ave|617-625-1131 Orleans Restaurant and Bar Game Night

65 Holland St|617-591-2100

Thunder Road Britney Spears'Tribute Brunch: "It's Britney Brunch" | 10 a.m. Americana Sundays w/ Greg Klyma

7 p.m. 379 Somerville Ave

ONCE Lounge & Ballroom

9 p.m.|156 Highland Ave

Jesse Royal Signal Fire

Aeronaut Brewing Co. Charlee|2 p.m. The Sky Comedy Show|7:30 p.m

14 Tyler Street Monday July 10

Sally O'Brien's Bar

Shawn Carter's Cheapshots Comedy|7 p.m. Marley Monday with The Duppy Conquerors reggae|10 p.m.

335 Somerville Ave|617-666-3589

The Burren

Front Room Bur-Run Helena Delaney, Johnny O'Leary & Friends Irish Session|9 p.m. Back Room Science By The Pint|6:30 p.m.

Stump Trivia|8:30 p.m.

247 Elm Street|617-776-6896

P.A.'s Lounge

Matthew Frantz Steve Subrizi

Iane Park 8 p.m.|345 Somerville Ave

Bull McCabe's Pub

Stump! Team Trivia 366A Somerville Ave|617-440-6045

Thunder Road 379 Somerville Ave

ONCE Lounge & Ballroom

Toddlerbilly Taco Takeover|5 p.m. Wild Rivers 8 p.m. 156 Highland Ave

Aeronaut Brewing Co. Board Game Bonanza

14 Tyler Street Arts at the Armory Queer Tango

6:30 p.m.|Café|191 Highland Ave

Tuesday July 11

Sally O'Brien's Bar

SYM Tuesdays 8 p.m.|335 Somerville Ave|617-666-

The Burren

Front Room Jason Anick and the Swingers Swing/ Jazz|8:30 p.m.

Open Mic w/ Hugh McGowan|10

. 247 Elm Street|617-776-6896

345 Somerville Ave

Highland Kitchen

PA's Lounge

Bull McCabe's Pub The Ghetto People Band 366A Somerville Ave|617-440-6045

First Tuesday of the Month|Spelling Bee Night hosted by Victor and Nicole of

Egoart. The fun starts at 10:00p.m. 150 Highland Ave|617-625-1131

PJ Ryan's

10 p.m.|239 Holland St.|617-625-8200 **Thunder Road** The King of Mars (funk/rock)

7 p.m.|379 Somerville Ave ONCE Lounge & Ballroom

156 Highland Ave **Aeronaut Brewing Co**

Indie Trivia 8 p.m.|14 Tyler Street

Arts at the Armory Sarah Eide Live 7 p.m.|Café|191 Highland Ave

Wednesday July 12

Sally O'Brien's Bar Free Poker, lots of prizes! 8 p.m.|335 Somerville Ave|617-666-

p.m.

The Burren Front Room Americana Jam with: Grain Thief|9

Backroom Series: Colin Farrell, Johnny B. Connolly, and Cary Novotny|7

Comedy Night With Jordan Handren-Seavey 10 p.m. 247 Elm Street|617-776-6896

P.A.'s Lounge The Threads Newfane

Above the Din

SAM 7:30 p.m.|345 Somerville Ave

65 Holland St|617-591-2100 **Bull McCabe's Pub** The A-Beez – Funk & Soul

366A Somerville Ave|617-440-6045

Orleans Restaurant and Bar

Thunder Road Bearly Dead – Wednesday Night

Highland Kitchen 150 Highland Ave|617-625-1131

Grateful Dead Residency

8 p.m.|379 Somerville Ave

ONCE Lounge & Ballroom

The Moth: True Stories Told Live 7 p.m.|156 Highland Ave

Aeronaut Brewing Co.

American Dreamer 8 p.m.|14 Tyler Street

Arts at the Armory

Comedy Punch at the Armory 7 p.m.|Cafe|191 Highland Ave

CLASSES AND GROUPS Wednesday|July 5

Central Library

Ibbetson Street Reading and Potluck 6 p.m.-8:15 p.m.|79 Highland Ave

Central Library Community Preservation Co mittee event sub-committee 5:15 p.m.-7:15 p.m.|79 Highland Ave

Thursday|July 6

West Branch Library

A Year Under Water with Jerry Shine 7 p.m.- 8 p.m.|40 College Ave

Central Library Friends of the Somerville Public Library - Annual Meeting

6 p.m.-8 p.m.|79 Highland Avey Civic / Community Center in US

11 a.m.-12 p.m.|79 Highland Ave

Central Library Town Hall meeting for Indivisible

Somerville 7 p.m.- 8 p.m.|79 Highland Ave West Branch Library Learn English at the Library! (Session 1) 6 p.m. - 7 p.m.

(Session 2)7:15 p.m.-8:15 p.m.

40 College Ave

East Branch Library Drop in Knitting at the East Branch 6:30 p.m.-8:30 p.m.|115 Broadway First Church Somerville Debtors Anonymous- a 12 Step program for people with problems with money and debt. 7 p.m.-8:30 p.m.|89 College Ave (Upstairs Parlor).

For more info call: 781-762-6629 Saturday July 8

Union Square Farmer's Market 9 a.m.-1 p.m.|Union Square Plaza

Somerville Writers and Poets meet

weekly to discuss their work 9 a.m.-12 p.m Au Bon Pain | 18-48

Bagel Bards

Holland St

Sunday July 9 Fourth Step to Freedom Al-Anon **Family Groups**

Unity Church of God Enter upstairs, meeting is in basement

Monday July 10 **East Branch Library** Learn English at the Library! (Session 1) 6 p.m.-7 p.m.

(Session 2) 7 p.m.-8:15 p.m.

7:00 P.M. | 6 William Street

West Branch Library Drop in Knitting at West Branch

Tuesday July 11

115 Broadway

Central Library Learn English at the Library! 6 p.m.- 7:30 p.m.|79 Highland Ave

Public Meeting Environmental Issues

6:30 p.m.-8:30 p.m.|40 College Ave

640 Mystic Ave 6:45 p.m.-8:15 p.m.|79 Highland Ave

Wednesday July 12 **Central Library**

Central Library

Programming, Reference, & PR 2 p.m.-3 p.m.|79 Highland Ave

Central Library Somerville Republican City Commit-

Meetina

Central Library BIAA Kappa Kappa Gamma Board

6 p.m.-8 p.m.|79 Highland Ave

6:30 p.m.-8 p.m.|79 Highland Ave

PLACES TO GO, THINGS TO DO!

SENIOR CENTER HAPPENINGS:

Welcome to our centers. Everyone 55+ is encouraged to join us for fitness, culture, films, lunch and Bingo. Our centers are open to everyone from Somerville and surrounding communities. Check out our calendar and give a call with any questions or to make a reservation. 617-625-6600 ext. 2300. Stay for lunch and receive free transportation.

All clubs and groups welcome new members.

Holland Street: 167 Holland Street

*Monday through Friday 9:00 A.M. – 3:00 P.M.

617-625-6600 Ext. 2300

*Our Holland Street Center will be serving lunch on Monday, Thursday & Fridays only until further notice.

Cross Street Center: 165 Broadway
Tuesday & Thursday 8:30 A.M. to 12:30 P.M.
Wednesday – 9:00 A.M. to 3:00 P.M. (Please note time

change) (617) 625-6600 Ext. 2335.

Ralph and Jenny Center: 9 New Washington Street, Tuesday through Thursday 9:00 A.M. – 3:00 P.M. (Please note time change) (617) 666-5223.

The Council on Aging wants you! – The SCOA is supporting D.A. Marian Ryan's Project C.A.R.E. and Project Linus. Helping children of trauma have some comfort in their time of need by providing them with homemade blankets. Help us reach our goal of 200 blankets. Knitted, crochet or handmade fleece accepted. Please contact Debby Higgins at 617-625-6600, ext. 2321.

Join the SCOA's email group – The email group is for Somerville Council on Aging Seniors and/or Caregivers who are interested in the latest information on resources, events, programming, etc., in and around the Somerville area. Use the link https://groups.google.com/group/somerville-council-on-aging - If you have any questions or need help joining please contact Debby Higgins at 617-625-6600, ext. 2321 or email DHiggins@Somervillema.gov

Ageless Grace – Ageless Grace, the Council on Aging's new Fitness class for the body and mind. Held on Mondays at 4:00 p.m. at the Holland St. Center, the Ageless Grace program is an innovative wellness and fitness program done seated in a chair to upbeat music. Classes are playful, imaginative and different every time. All the movements are designed to focus on the healthy longevity of the body and the brain. Contact Chris at 617-625-6600 ext. 2315 for more information and to sign up. Cost is \$20.00 for 5 classes.

Yoga - Thursdays from 9:00 a.m. to 10:00 a.m. 5-week Yoga series is a low-impact and easy-to-follow paced program that lets you stretch and relax to help start your day. Contact Chris at 617-625-6600 ext. 2315 for more info and to sign up. Cost is \$20.00 for 5 classes!

Silver Alert Program – The Somerville Council on Aging with the Somerville Police Department have implemented a program to take a proactive approach towards protecting some of Somerville's most vulnerable citizens who suffer with serious cognitive impairments that put them at risk for wandering and getting lost. The Silver Alert Program is designed to collect specific information about a potential missing person, along with photo identification. This confidential information will be kept on file for immediate use in the event a loved one is reported missing. Please contact the SCOA at 617-625-6600, ext. 2300 for additional information or to register.

Free Groceries Every Month? – You may be eligible for the Commodity Supplemental Food Program! CSFP is a once a month food distribution for individuals 60 years of age or older. You may be eligible to receive two free bags of food once a month containing healthy shelf stable products. Proof of identity and age are all that is required to apply. For more information or to apply please call 617-625-6600, ext. 2300 – applications are available at the front desk of our Holland Street Center.

JFK Museum & Venezia Restaurant – Monday, July 10 - \$20 – includes transportation, museum and restaurant. Check in 9:00 a.m. at Holland and 9:15 a.m. at Ralph & Jenny with an approximate return time of 3:30 p.m. For more info call Connie at 617-625-6600, ext. 2300.

Back to the 50's – Monday, July 17, 10:00 a.m. to 2:00 p.m. at our Holland Street Center. Music, pizza, soda and dessert. Bring in your memories and lets stroll down memory lane. \$1 cost – For more information or to reserve your spot please call Kim or Connie at 617-625-6600, ext. 2300.

BBQ at Ralph & Jenny – Thursday, July 20 – 11:00 a.m. - Keep summer going and join us for a wonderful BBQ

of hot dogs and hamburgers and then play Bingo. To sign up call Kim or Connie at 617-625-6600, ext. 2300.

The Edwards Twin Master Impersonators – Thursday, July 20 at the Stoneham Theater - \$40 per person for the play – check in at 1:15 p.m. at Ralph & Jenny with an approximate return time of 6:00 p.m. Dinner at WAXY O'Connor's after play is on your own. Call Kim or Connie for more info at 617-625-6600, ext. 2300.

Twin River Casino – Monday, July 24 - \$20 includes transportation and a yet to be determined package. Check in 9:30 a.m. at Holland and 9:45 a.m. at Ralph & Jenny with an approximate return time of 7:00 p.m. To reserve your spot or for additional information please call Connie at 617-625-6600, ext. 2300.

Beach Blanket Bingo – Wednesday, July 26 – Super Bingo at our Holland Street Center - \$10. For more information or to reserve your spot (RSVP a must) please call Kim or Connie at 617-625-6600, ext. 2300.

Reminiscing Group – July 28, August 25 and September 22. 10:30 a.m. to 11:30 a.m. at our Holland Street Center. Join the Reminiscing Group as we go back in time. To RSVP and join the fun please contact Debby Higgins at 617-625-6600, ext. 2321.

37th Annual Mayor's Senior Picnic – Wednesday, August 2 – 11:00 a.m. to 2:00 p.m. at Powerhouse Park – Tickets available starting July 5 at all centers and City Hall. If you live in a senior building you will pick your ticket up at the senior building. For more information please call Connie at 617-625-6600, ext. 2300.

Foxwoods Casino – Wednesday, August 30 - \$25 includes transportation, \$10 bonus slot and \$10 buffet. Check in 7:00 a.m. at Holland and 7:15 a.m. at Ralph & Jenny with an approximate return time of 8:00 p.m. To reserve your spot or for additional information please contact Connie at 617-625-6600, ext. 2300.

Niagara/Toronto – Monday, September 4 to Thursday, September 7th - \$488 per person double - \$585 per person single includes motor coach transportation, lodging, 3 breakfasts, 3 dinners, a bottle of Niagara wine and so much more. For more information or to reserve your spot please contact Kim or Connie by calling 617-625-6600, ext. 2300.

Planning for Medicare/A Countdown to 65 – Thursday, September 14 – 5:30 p.m. to 6:30 p.m. at our Holland Street Center. A representative from Blue Cross Blue Shield will be speaking about various Medicare topics. For more information please contact Ashley or Natasha at 617-625-6600, ext. 2300.

One Night in Memphis – Thursday, September 21 - \$83 per person includes transportation, lunch and show at Venus De Milo. For questions, additional information or to reserve your spot contact Kim or Connie at 617-625-6600, ext. 2300.

PLEASE NOTE THE FOLLOWING INFORMATION:

Friendly Caller Program - Do you know someone who could benefit from a friendly call? Maybe you are feeling isolated and want someone to talk to – or you just want someone to listen. Call Natasha at 617-625-6600 ext. 2300 to sign up for our "Friendly Caller" Program.

The day trip to Castle Island scheduled for Friday, July 14th is SOLD OUT.

The day trip, Gloucester Harbor Cruise scheduled for Thursday, July 27th is SOLD OUT.

The day trip to the Lowell Spinners scheduled for Thursday, August 10th is SOLD OUT.

The Pine Grove Dude Ranch trip scheduled for September 24th – 20th is BOOK SOLID. Call Connie at 617-625-6600, ext. 2300 to put your name on the waiting list should there be an opening.

The trip to Atlantic City scheduled for October 24th to October 31st is SOLD OUT.

The trip to NYC scheduled for December 8th, 9th and 10th is SOLD OUT. Call Connie at 617-625-6600, ext. 2300 to put your name on the waiting list should there be an opening.

LGBTQ EVENTS:

LGBTQ Advisory Group – This group meets quarterly in the conference room of our Holland Street Center at 4:30 p.m. and run for one hour. We are always looking for new members who would like to serve on the Advisory Group. Please call Debby Higgins, Outreach

Coordinator at 617-625-6600, ext. 2321 or email dhiggins@Somervillema.gov if you have any questions or if you should need additional information.

LBT Women Fit-4-Life - Fitness and Nutrition Classes. Classes are Tuesday and Thursday evenings starting at 6:00 P.M. \$10 a month fee - scholarships available & it just might be covered under your insurance. We have available slots and would love to have you. If you have any questions or require additional information, please contact our Health & Wellness Coordinator, Chris Kowaleski at 617-625-6600 Ext. 2300.

LGBTQ Monthly Lunch is Back – Please join us the second Wednesday of the month at the Senior Center at 167 Holland Street. Next date: July 12. A Hot Lunch will be served at 11:30 a.m. Please RSVP to Debby Higgins at dhiggins@somervillema.gov or 617-625-6600 ext. 2321. A \$2.00 donation is suggested.

2017 Advisory Dates – 4:30-5:30 p.m. at Holland St. July 10, October 16.

STAY ACTIVE:

Weekly Exercise Class Schedule
Holland = (H) Ralph & Jenny = (RJ) Cross Street = (C)

Mondays:

9:00 Walking Club (H) 11:00 Tai Chi (H) 1:00 Fit-4-Life Group C (H)

Tuesdays:

9:15 Strengthening - \$3 per class (H) 11:15 Fit-4-Life (C)

Wednesdays:

8:45 Fit-4-Life Group A (H) – Exercise 9:00 Fit-4-Life Group B (H) - Nutrition 10:00 Fit-4-Life Group B (H) – Exercise 10:00 Fit-4-Life Group A (H) – Nutrition 11:00 Nutrition one-on-one (H) 12:00 Fit-4-Life Group C (H) - Nutrition 1:00 Fit-4-Life Group C (H) - Exercise 5:15 Zumba for All - \$3 per class (H)

Thursdays:

9:00 Yoga (H) 9:30 Strengthening - \$3 per class (RJ) 11:15 Fit-4-Life (C) 6:00 LBT Fit-4-Life*(H)

Fridays:

8:45 Fit-4-Life Group A (H) - Exercise 10:00 Fit-4-Life Group B (H) – Exercise *All Fit-4-Life classes are \$10 per month and require pre-registration

Every Monday

10:00 English Conversation (C) 11:30 Lunch (C)

Every Tuesday

10:00 English Conversation (C) 11:30 Lunch (C, RJ) 12:00 Computer tutorial with Norbert (H) 12:45 Bingo (RJ)

Every Wednesday

9:00 Bowling at Flatbreads 9:45 Coffee & Conversations (H) 10:00 a.m. to 3:00 p.m. Wacky Wednesdays (RJ)

Every Thursday

10:00 Current Events (H)
10:00 English Conversation (C)
11:00 Computer tutorial with Barbara (H)
11:30 Lunch (C, H, RJ)
1:00 Arts & Crafts (C)

Every Friday

9:45 Coffee & Conversations (H) 11:30 Lunch (H) 11:45 Bingo (H)

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Somerville Community Access TV Ch.3 Programming Guide

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Wednesd	ay, July 5	7:00pm	(LIVE) Taking Back Your Health	3:00pm	Telemagazine	2:00pm	Esoteric Science
6:00am	SCATV Community Bulletin Board	7:30pm	SCATV Throwback Thursday	4:00pm	Words on Film	2:30pm	Cyberspace Talk with Berkman Klein Center
7:30am	Somerville Storytellers	8:00pm	(LIVE) Fouye No Nan Kalalou	5:00pm	Tele Kreyol	3:00pm	Democracy Now! (Free Speech TV)
8:00am	Democracy Now! (Free Speech TV)	9:30pm	Henry Parker Presents	6:00pm	Effort Pour Christ	4:00pm	Meet the Renegades (Free Speech TV)
9:00am	Science 360	10:00pm	The Beantown Beatdown	7:00pm	SCOUTV	4:30pm	The Laura Flanders Show (Free Speech TV)
10:00am	Poet to Poet/Writer to Writer	11:00pm	Public Access Boyz	7:30pm	Somerville Neighborhood News	5:00pm	Tele Galaxie
	Cyberspace Talk with Berkman Klein Center	11:30pm	SCATV Throwback Thursday	8:00pm	Visual Radio	6:00pm	The Struggle
11:00am	DW Global 3000	Friday, Ju	ilv 7	9:00pm	Nossa Gente e Costumes	6:30pm	Fallon's Daily Toast
11:30am	Hello Neighbor!	6:00am	SCATV Community Bulletin Board	10:00pm	The Folklorist	7:00pm	Start Up TV Boston
12:00pm	The Thom Hartman Show	7:30am	What's Left	10:30pm	Act Out! (Free Speech TV)	7:30pm	(LIVE) The Yellow Jacket Lady
	Let's Talk Somerville Real Estate		Democracy Now! (Free Speech TV)	11:00pm	Flotilla	8:00pm	(LIVE) Somerville Overcoming Addiction
1:00pm		8:00am	, , ,		Il., O	9:00pm	Dedilhando au Saudade
1:30pm	Fallon's Daily Toast	9:00am	Caring for Others: Caring for Ourselves	Sunday,		10:00pm	DW Tomorrow Today
2:00pm	StartUp TV Boston	10:00am	Greater Somerville	6:00am	Hello Neighbor!	10:30pm	NASA X
2:30pm	Road To Recovery	10:30am	NASA X	6:30am	Eckankar	11:00pm	The Folklorist
3:00pm	Democracy Now! (Free Speech TV)	11:00am	The Story of Stuff	7:00am	Nossa Gentes e Costumes	11:00pm	Rare Groove Revolution
4:00pm	Pirate Television (Free Speech TV)	11:30am	DW Tomorrow Today	8:00am	Effort Pour Christ		
5:00pm	Art at SCATV	12:00pm	The Thom Hartman Show	9:00am	Heritage Baptist Church	Tuesday	
5:30pm	Justicia Migrante	1:00pm	Aging Well	10:00am	Aging Well	6:00am	SCATV Community Bulletin Board
6:00pm	Rising Up! with Sonali (Free Speech TV)	1:30pm	Health is Wealth	10:30am	International Church of God	7:30am	Art at SCAT
7:00pm	The Beantown Beatdown	2:00pm	Somerville Neighborhood News	11:00am	Chef's Table Series	8:00am	Democracy Now! (Free Speech TV)
8:00pm	LIVE: Somerville Pundits	2:30pm	SCOUTV	12:00pm	Let's Talk Somerville Real Estate	9:00am	The Chef's Table Series
8:30pm	LIVE: Heavy Leather Topless Dance Party	3:00pm	Democracy Now! (Free Speech TV)	12:30pm	Health is Wealth	10:00am	Estoy Sano!
9:30pm	Beyond Boston	4:00pm	Gay USA	1:00pm	Tufts University Jumbo Sports	10:30am	Fallon's Daily Toast
10:00pm	SCATV Presents: Duck Village Stage Series	5:00pm	Reeling Review	3:00pm	Somerville Overcoming Addiction	11:00am	What's Left
11:00pm	Flotilla	5:30pm	What's New Massachusetts	4:00pm	Dedilhando a Saudade	11:30am	Legacies
Thursday,	luly 6	6:00pm	Real Estate Answers	5:00pm	Bate Papo com Shirley	12:00pm	
6:00am	SCATV Community Bulletin Board	6:30pm	The Language of Business	6:00pm	DW In Good Shape	1:00pm	(LIVE) Words on Film
7:30am	Esoteric Science	7:00pm	StartUp TV Boston	6:30pm	Somerville Neighborhood News Digest	2:00pm	Somerville Pundits
8:00am	Democracy Now! (Free Speech TV)	7:30pm	(LIVE) Fallon's Daily Toast	7:00pm	African Television Network	2:30pm	Taking Back Your Health
9:00am	SCATV Throwback Thursday	8:00pm	(LIVE) The Somerville Line	8:00pm	Telemagazine	3:00pm	Democracy Now! (Free Speech TV)
9:30am	Somerville Pundits	10:00pm	Heavy Leather Topless Dance Party	9:00pm	Public Domain Film Festival	4:00pm	Aging Well
10:00am	Dead Air Live	11:00pm	Simply Hanging with Pete and Nate	11:00pm	Simply Hanging with Pete and Nate	4:30pm	The Struggle
11:00am	Greater Somerville	11:00pm	Ojo Rojo	11:30pm	Ojo Rojo	5:00pm	(LIVE) Poet to Poet/Writer to Writer
11:30am	What's Left	Saturday	July 8	Monday,	July 10	5:30pm	Somerville Neighborhood News
12:00pm	The Thom Hartman Show	6:00am	SCATV Community Bulletin Board	6:00am	SCATV Community Bulletin Board	6:00pm	What's New Massachusetts?
1:00pm	The Somerville Line	8:00am	Democracy Now! (Free Speech TV)	7:30am	Health is Wealth	6:30pm	Beyond Boston
3:00pm	Democracy Now! (Free Speech TV)	9:00am	Jeff Jam Sing Song Show	8:00am	Democracy Now! (Free Speech TV)	7:00pm	Somerville Neighborhood News Digest
4:00pm	Poet to Poet/Writer to Writer	9:30am	Henry Parker Presents		SCATV presents Duck Village Stage Sessions	7:30pm	(LIVE) Greater Somerville
4:30pm	Off the Shelf	10:00am	TeleGalaxie	10:00am	Perils for Pedestrians	8:00pm	(LIVE) Dead Air Live
5:00pm	DW Global 3000	11:00am	Haitian Poetry in 3 Languages	11:00am	Art at SCATV	9:00pm	Public Access Boyz
5:30pm	Legacies	12:00am	Tufts University Jumbo Sports	11:30am	Somerville Neighborhood News	9:30pm	The Yellow Jacket Lady
	Somerville Neighborhood News		SCATV Presents: Duck Village Stage Series		The Thom Hartmann Show	10:00pm	
6:00pm	3	2:00pm	<u> </u>	12:00pm		10:30pm	
6:30pm	Somerville Neighborhood News Digest	2:30pm	Hello Neighbor!	1:00pm	Science 360	11:30pm	Sexy as Folk

CITY TV 22 (Comcast) | 13 (RCN) Schedule

8:30pm

Wednesc	lay, July 5	2:00am	Union Sq. Neighborhood Council Meeting
9:00am 9:05am 11:30am 12:00pm 4:00pm 4:30pm 6:30pm 8:14pm 8:43pm 9:10pm 9:30pm	Family Fun Day Flag Day at Prospect Hill Tower SomerViva em Português Board of Aldermen Meeting - 6.22.17 SomerViva em Português Somerville Community Choice Electricity Union Sq. Neighborhood Council Meeting Aldermen at Work - Jack Connolly SomerViva en Español Talking Business "Quesadillas & Kimchi" Flag Day at Prospect Hill Tower	8:30am 9:04am 10:00am 11:30am 1:30pm 1:35pm 2:00pm 6:30pm 7:20pm 7:30pm 9:30pm	Keep Moving: Exercises for Older Adults Flag Day at Prospect Hill Tower Congressional Update 2017 Somerville Preservation Awards Family Fun Day Talking Business "Quesadillas & Kimchi" Mayor's Business Town Meeting SomerStreets: Carnaval Family Fun Day Union Sq. Neighborhood Council Meeting SomerViva em Portuquês
10:21pm 10:30pm	Family Fun Day Porchfest 2017	10:00pm 10:30pm	Aldermen at Work - Jack Connolly Porchfest 2017
Thursday	v July 6	Saturday	, July 8
12:00am 2:00am 2:31am 9:00am 9:30am 10:50am 12:00pm 12:30pm 1:00pm 2:30pm 6:00pm 9:30pm	2017 Somerville Preservation Awards Rally Point Porchfest 2017 Raising Families "Immigration Law" 2017 Somerville Heroes Salute Family Fun Day Senior Circuit Connecting Communities Union Sq. Neighborhood Council Meeting SomerViva em Português Legislative Matters Committee Meeting Union Sq. Neighborhood Council Meeting	12:00pm 12:30pm 1:30pm 2:00pm 2:50pm 3:00pm	SomerStreets: Carnaval Pride Flag Raising 2017 Connecting Communities Union Sq. Neighborhood Council Meeting Keep Moving: Exercises for Older Adults SomerStreets: Carnaval Union Sq. Neighborhood Council Meeting Connecting Communities Porchfest 2017 SomerViva en Español SomerStreets: Carnaval Family Fun Day Independence Day Celebration & Fireworks
12:00am 1:12am	Mayor's Business Town Meeting SomerViva en Español	6:30pm 7:39pm 8:00pm	An Economic History of Somerville Talking Business "Quesadillas & Kimchi" SomerViva em Português
	1	0.000111	Joiner viva ein Portugues

Talking Business "Quesadillas & Kimchi"

1:39am

8:00pm

9:00pm

Wednesday, July 5

9:21pm Pride Flag Raising 2017 9:34pm Independence Day Celebration & Fireworks Sunday, July 9 12:00am SomerViva em Português 12:30am SomerStreets: Carnaval 1:20am Flag Day at Prospect Hill Tower 2:11am Jane's Walk Sit & Be Fit Allamerican Workout 8:26am 9:00am Independence Day Celebration & Fireworks 12:00pm Senior Circuit 12:30pm Independence Day Celebration & Fireworks SomerViva em Português 2:30pm 3:00pm Connecting Communities 6:30pm Talking Business "Quesadillas & Kimchi" 6:48pm Family Fun Day 7:00pm Senior Circuit 7:30pm Independence Day Celebration & Fireworks 9:30pm Somerville Community Choice Electricity 9:45pm Talking Business "Quesadillas & Kimchi" 10:04pm Aldermen at Work - Jack Connolly 10:33pm SomerViva en Español 11:00pm Pride Flag Raising 2017 Monday, July 10 12:00am Independence Day Celebration & Fireworks SomerViva em Português 2:00am 2:30am SomerStreets: Carnaval 8:30am Sit & Be Fit Allamerican Workout 9:00am 2017 Somerville Heroes Salute 10.20am Family Fun Day 12:00pm Independence Day Celebration & Fireworks

Flag Day at Prospect Hill Tower

2:30pm

2:48pm

6:30pm

7:00pm

8:03pm

10:30pm

11:00pm

2:00am

8:30am

9:04am

11:30am

12:00pm

2:00pm

2:30pm

3:42pm

6:00pm

6:18pm

7:00pm

7:30pm

10:42pm

10:55pm

6:30pm

7:33pm

9:32pm

10:17pm

SomerViva em Português Talking Business "Quesadillas & Kimchi" Pride Flag Raising 2017 Aldermen at Work - Jack Connolly SomerStreets: Carnaval Pride Flag Raising 2017 SomerViva en Español 8:30pm Independence Day Celebration & Fireworks Connecting Communities An Economic History of Somerville Tuesday, July 11 12:10am Union Sq. Neighborhood Council Meeting SomerViva em Português 2:30am Raising Families "Special Needs Education" Keep Moving: Exercises for Older Adults Talking Business "Quesadillas & Kimchi" Raising Families "Immigration Law" Senior Circuit 12:30pm Independence Day Celebration & Fireworks SomerViva em Português Mayor's Business Town Meeting Family Fun Day Talking Business "Quesadillas & Kimchi' Family Fun Day 6:30pm Connecting Communities - Summer Events Senior Circuit Porchfest 2017 8:30pm Union Sq. Neighborhood Council Meeting 10:14pm Raising Families "Special Needs Education" Pride Flag Raising 2017 Family Fun Day

Educational I

10:00am	world Language Awards Night				
11:00am	WHCS Leadership Day				
12:00pm	96th Annual City-Wide Track Meet				
1:00pm	WSNS Moving On Ceremony 2017				
3:00pm	Girls' Middle School Basketball				
4:30pm	Boys' Middle School Basketball				
6:00pm	Argenziano School Memorial Day Concert				
7:00pm	World Language Awards Night				
8:00pm	WHCS Leadership Day				
9:00pm	96th Annual City-Wide Track Meet				
10:00pm	WSNS Moving On Ceremony 2017				
Thursday, July 6					
12:00am	96th Annual City-Wide Track Meet				
1:00am	SCALE Graduation 2017				
2:00am	WSNS Science Fair				
2:42am	Public Domain Theater				
9:00am	96th Annual City-Wide Track Meet				
10:00am	Healey School Spring Concert				
11:30am	Argenziano Spring Concert				
12:30pm	WHCS Leadership Day				
1:05pm	WHCS Spring Concert				
2:08pm	Girls' Middle School Basketball				
3:18pm	Boys' Middle School Basketball				
6:00pm	2017 SHS Graduation				

9:00am Argenziano School Memorial Day Concert

WSNS Spring Concert 10:43pm Friday, July 7 2017 SHS Class Day 12:00am Raising Caring Children in Somerville 2:21am 3:17am Public Domain Theater Girls' Middle School Basketball 8:30am Boys' Middle School Baskethall 9:39am 11:00am SHS Boys Basketball Highlights 2016-17 12:00pm Healey School Spring Concert Argenziano School Memorial Day Concert 12:35pm 96th Annual City-Wide Track Meet 1:15pm Raising Families - Special Needs Education 2:00pm 2:30pm SHS Scholarship Awards 6:00pm Student of the Otr. Awards - ESCS 6:30pm Student of the Qtr. - Argenziano School 7:00pm SHS Softball v Everett 9:00pm Kennedy School Drama Club 10:30pm Saturday, July 8 12:00am 12:30am

9:44pm

1:10am

2:00am

3:00am

8:30am

10:20am

11:30am

SCALE Graduation 2017

WSNS Moving On Ceremony 2017

Raising Caring Children in Somerville Our Schools, Our City - Top Grads Argenziano School Heritage Night 96th Annual City-Wide Track Meet SCALE Graduation 2017 Public Domain Theater 2017 SHS Graduation Our Schools, Our City - Top Grads SHS Spring Concert

El Sistema Spring Concert

SHS Scholarship Awards 1:23pm 6:00pm Student of the Otr. Awards - WHCS Student of the Qtr. Awards - ESCS 6:19pm 6:44pm 2017 SHS National Honor Society Induction 8:09pm All-City Middle School Spring Concert Spring String Fling 8:48pm Raising Caring Children in Somerville 9:36pm Our Schools, Our City - Top Grads 10:31pm Sunday, July 9

12:00am El Sistema Spring Concert Our Schools, Our City - Top Grads 1:00am SHS Scholarship Awards 1:30am 8:30am 2017 SHS Class Day Healey School Spring Concert 11:30am 12:05pm Student of the Qtr. Awards - Brown School Student of the Otr. Awards - ESCS 12:17pm 12:42pm Our Schools, Our City - Top Grads Spring String Fling 1:13pm Girls' Middle School Basketball 2:01pm Student of the Otr. Awards - Brown School 6:00pm Boys' Middle School Baskethall 6:30pm 7:34pm 2017 SHS Graduation SHS Baseball vs St. Clement 9:30pm Our Schools, Our City - Top Grads 10:44pm

SCALE Graduation 2017

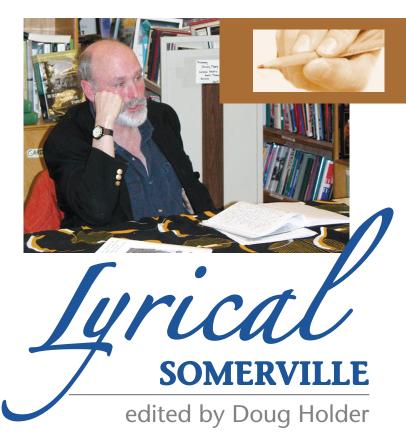
Monday, July 10 96th Annual City-Wide Track Meet 12:00am Argenziano School Heritage Night 12:44am

1:30am

2:25am **Public Domain Theater** Spring String Fling 8:30am SHS Scholarship Awards 9:18am 2017 SHS Graduation 12:00pm 1:50pm Student of the Otr. Awards - ESCS 2:15pm Raising Caring Children in Somerville WSNS Moving On Ceremony 2017 6:00pm 6:44pm **Healey School Spring Concert** 2017 SHS Class Day 7:19pm 9:40pm SHS Girls Basketball Highlights 2016-17 10:00pm Our Schools, Our City - Top Grads 10:30pm Raising Caring Children in Somerville

Tuesday, July 11 12:00am Vocational Senior Awards Banquet 1:33am Boys' Middle School Basketball 2:37am SHS Bovs Basketball Highlights 2016-17 9:00am SHS Volleyball v Greater Lowell Tech 10:03am El Sistema Spring Concert Week of the Young Child Celebration 12:00pm 12:35pm WSNS Science Fair WSNS Moving On Ceremony 2017 1:18pm 2:02pm

2017 SHS Class Day SHS Volleyball v Greater Lowell Tech SHS Softball v Everett 96th Annual City-Wide Track Meet SHS Baseball v Saugus



The Ibbetson Street Press has released a new book of poetry, *A New Path*, by a 100-year-old bard by the name of Joseph A. Cohen, who writes about WWII, love, art, his experience immigrating to the U.S., his family, music and much more.

A New Path selected poetry Joseph A. Cohen

TRIO

Handwoven of textured silk, the tapestry hangs above an ebony grand piano. Its greens and grays grace its share of the room.

Within a shadow's length, a brooding bronze figure of a woman sculpted by Puccinelli cringes with pain.

As if to claim seniority, an antique Chinese vase reflects its glow from a cracked porcelain surface.

With calm and quiet, all three, fabric, bronze, and porcelain, live on together, eloquent in their silence.

— Joe Cohen

To have your work considered for the Lyrical send it to:
Doug Holder, 25 School St.; Somerville, MA 02143. dougholder@post.harvard.edu

Ms. Cam's Answers 1. 18 participants, in 1897 1932 2. 57–59 inches 7. Six 3. Ritchie Valens, and J. 8. Ricky Nelson P. "The Big Bopper" Richardson 9. Adam Cartwright 4. The Catcher in the Rye 10. Carbon dioxide 5. Malcolm X 11. Gail Borden

6. At the age of three, in 12. A bruise

OFF THE SHELF

by Doug Holder

Somerville novelist Randy Ross didn't need an agent

Somerville writer Randy Ross didn't need an agent because he sold his book on his own to a willing publisher. The novel, *God Bless Cambodia*, reached fruition through a long and arduous process. Ross, a man lingering on the cusp of 60, met me at the Bloc 11 cafe on a rainy, late spring morning. Ross is resplendently bald (like yours truly) and has a lot of nervous energy and a quirky sense of humor.

Ross had a long road to publication – it took him seven years. The book, *God Bless Cambodia*, which Ross describes as a travel/literary/mystery was sent out to agents that Ross met at Grub Street (a literary center based in Boston). He wound up sending the book out to well over 100 agents and when that did not produce the desired results he sent it to a number of small presses. It was picked up by a small press in Long Island, N.Y. run by a couple in their 80s.

For many years Ross worked as an editor at *PC World*, but he quit that to pursue his writing and performance career. He had a sort of early version of *God Bless Cambodia* – a chapbook of sorts – *The Chronic Single's Handbook*. It was developed into a one-man play, which he has performed at various fringe festivals, including the iconic one in Scotland. In preparation for this venture, Ross took acting lessons to perfect his craft.

The Chronic Single's Handbook is based on Ross' travels in Asia after he quit his job at PC World. It came from his posts on his blog, Kvetching. Ross told me, "The story basically dealt with my travels in Asia after I quit my job of many years. The character is looking for love – or at the very least to get laid – and hopes for some kind of change. Unfortunately he comes back very disillusioned."

Ross said he still performs around the country, and from time to time he lectures about the ins and outs of getting published. Now and then Ross teaches memoir writing. I asked him what are the essentials of writing a good memoir. He stated, "A memoir is similar to fiction. You need a plot – not



your whole life story — but an event or series of events that are interesting or revealing. Also standard elements are dialogue, good characterization, and some sort of theme."

Ross has lived in Somerville since 1999. He likes the city, but said a number of his friends had to move out because of the high rents of apartments, as well as exorbitant home and condo prices. He also reflected, "I'm not young and hip anymore, and that seems to be the prevalent vibe in the city."

Ross has no regrets about leaving his high paying job at *PC World*. He lives on his savings, has taken the occasional consulting gig and lives frugally. He is in the process of writing a second book that deals with, as he describes it, the dilemma of "men as victims." He told me, "It starts out at a poetry reading at Whole Foods. It is about an angry middle aged white man taking a stand for ... well, middle-aged white men."

Ross told me he has upcoming engagements at Timothy Gager's Dire Reader Series in Cambridge, at Duck Village in Somerville's Aeronaut Brewing Company, and Porter Square Books. Go to Ross' website for more information: http://www.randyrossmedia.com/calendar.html.

July 7 Reading at Porter Square Books: http://www.portersquarebooks.com/event/randy-ross-god-bless-cambodia.

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By IFPA June 2017 issue







Sizzling Summer Special 20 Month CD

1.70% APY*

winterhillbank.com

800-444-4300 Connecting All Offices

A Mutual Bank Serving the Community Since 1906

*Annual Percentage Yield ("APY") is effective 06/21/2017. This offer may be subject to change or be withdrawn without prior notice. Minimum opening deposit and minimum balance required to obtain "APY" is \$500. Substantial penalty may be imposed for early withdrawal. Fees may reduce earnings. At maturity, the 20 month CD will automatically renew into a 24-month CD at the rate in effect at that time unless instructed otherwise.







