

**Proceeding with** caution page 3



Safety changes on our streets

page 5







Flex posts have been recently installed citywide and most of them were run over within days. Desperate for solutions, one council member suggests a citywide 20 mph speed limit.

#### By Denise Keniston

Travel across Somerville's Willow Ave., or many other busy streets in Somerville, and you'll likely encounter what looks like giant cigarettes flattened to the ground. These "flex posts" are socalled soft-hit posts; plastic barriers meant to separate motorists from cyclists and pedestrians and prevent drivers from speeding.

Hundreds of flex posts have been installed citywide - across all wards- in response to the Ball Square Broadway Bridge GLX traffic, the Washington Street Bridge GLX traffic, as well as, the recent death of Allison Donovan who was run down on Powder House Boulevard and Hardan Road on Feb. 8.

The flex posts, costing \$40 each, are considered an affordable, yet temporary, solution to Somerville's traffic problems. The flex post solution also buys time for the Continued on page 4

## **Somerville's Winter Hill Jewelry** turns to plants to make its designs

#### By NaBeela Washington

From digital blueprint to 3D model, Winter Hill Jewelry continues to pave the way for eco-friendly 3D printed jewelry. Beginning in late 2015, Vanessa Templeman sought out her family's 3D printer to bring her curiosity in jewelry to life. Little did Templeman know that this would lead her to start Winter Hill Jewelry.

After Templeman learned to use Tinkercad to wield designs and Flash Forge Creator Pro printers, it was then she decided to pair her passions for environmental reform with that of 3D printed jewelry.

"Growing up in Wisconsin I had pets, loved



Shopping stopped in Somerville page 8 animals, and spent a lot of time outdoors. As I got older, that care and concern for animals expanded to a greater concern for our environment and people. My professional background is in the non-profit sector working with youth development organizations, and I believe that if Continued on page 14 you are passionate about

Thanks to 3D printing technology, jewelry design artisans such as Vanessa Templeman, with her Winter Hill Jewelry business, are finding new ways to brings their ideas to realization.





The views and opinions expressed in Newstalk do not necessarily reflect those of The Somerville Times, its publisher or staff. The column has many contributors.

Ball Square is not impossible, and traffic is not bad at all. It's easy to get in and out, so don't forget the many food establishments there. All the businesses would appreciate you still dropping by to shop, eat, or just say "Hi" - it would be very welcome. The Ball Square Café, Sound bites, Kelly's Dinner - or almost everyone's favorite, Victor's Deli - don't forget Lyndell's Bakery and, of course, True Grounds is open for business as well. Traffic around the square is good, with plenty of parking. So there's no excuse for not shopping there. Ward 5 Councilor Mark Niedergang has done a great job in keeping residents and businesses up to date as to what is going on. We compliment him for doing a fine job.

#### \*\*\*\*\*

It seems like the present City Council - which recently changed its name from Board of Alderman - is considering shortening term limits for the various boards here in the city. Now five years, we heard they want to reduce it to three. Since we're talking about term limits, wouldn't it be nice if the City Council had term limits? Maybe three to four terms then out. While they are at it, maybe term limits for mayor? It would only seem right if they are in favor of board term limits then they should consider their own City Council and mayor.

#### \*\*\*\*\*

We support the hard workers at Stop & Shop and hope that residents here in Somerville do not cross the picket line. Read Our View Of The Times (above) on the subject.

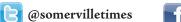
#### \*\*\*\*\*

Also, we were shocked to see only one cashier at Home Depot. Everywhere else it's the self-serve scanner machines, which are taking jobs away. Please don't use them, insist on a cashier. \*\*\*\*\*

Nomination papers for local citywide elections open on May 6, and candidates have until June 12 to get signatures. We hear there might be a rush to take out papers. Remember, three seats will be open on the School Committee. We think a couple of the city councilors might have Continued on page 11



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### TheSomervilleTimes.com Comments of the Week

#### **Response to: Urgent tone when discussing Somerville's** deadly streets

#### Old Taxpayer says:

Just by common sense most of these measures will do nothing or very little. More a waste of taxpayer money. The only way is the pocketbook. Hiring extra police will do more to control it than anything else. Even better if the tickets and fines go towards their pay which will also accomplish it not costing much if anything. If so keep adding more until the insanity stops. My work involves city driving all day and it just keeps getting worse. The more that is done here the crazier it gets. Aggressive driving is more the problem as people can't get from one place to another without problems. Red lights mean nothing, no turn on red is a joke. U turns on a double yellow line is a joke. What is increasing is while at a red light people go around you to go through the red light. Almost every day now I see that one more and more. Going over sidewalks and medium strips is more the norm. One way streets they go faster going the wrong way. Telling people or educating is wasted time and effort. With the GLX is has gotten worse. Anyway, common sense will help. But realistically you are not going to get through to some of the people.

#### **Retired officer** says:

Ticket writing 101: police officers salaries are not supplemented by tickets. When an officer writes a ticket it's 99 percent of the time a State statute (law) Chapter 90. The monies go to the state, the state adds the money into the general fund. When the state does its budget each year, city and town gets a share and that can be entered into their general fund or it could be grants etc. Campeche!! If officers WERE to be compensated by writing tickets, you might as well keep you, your children, your family members locked up in your house, no body gets a break. However I will say the Somerville police dept. as a whole and the officers in traffic do write a lot of tickets.

#### DatGruntled says:

Honestly, I am surprised how few accidents we do have in the city.

In fact I think it is so low that most of the proposed changes would not make any difference to the number. The person who is not paying attention (driver, rider or pedestrian) is going to be the major cause and all the traffic calming in the world would not change that.

Going to a Los Angeles level of ticketing for drivers and pedestrians (over \$100 for jaywalking) might help a bit, but again the numbers are so low it is going to be difficult to shift it.

From what I could find for pedestrian fatalities, there were two in 2017, none in 2016 or 2018. I would not say these were deadly streets.

#### Matt says:

We can just ban cars...

#### Bosco says:

Matt, I think your on to something here. The city could on certain days and times just close a street, only allow people who live there, no one else, emergency vehicles are the exception, contractors have to arrive early and have to stay the day, no deliveries, no family, no dada. Pick a street where the non Somerville people cut through, hey we can even bar bicycles. Pedestrians accepted. Oh I'm sorry I was day dreaming my thoughts on the state of unsafe Somerville streets with so much traffic. If you want to see a real traffic nightmare go to broadway at McGrath at 7 to 8 am and see what happens.

#### **Response to:** Newstalk – April 10

Ward 2 says:

What some of these councilors are trying to our boards is like what trump is trying to do to federal reserve. Trump wants to fill the fed with unqualified political appointments who will be loyal and do what he wants and these councilors want the same for our boards. Disaster. How is it OK for JT Scott to vote against everyone unless they were involved in our revolution?



#### 📙 thesomervilletimes

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## Life in the WWW by Jimmy Del Ponte Proceed with caution



I used to love driving but now I only drive when I have to.

I find myself staying in my house a lot lately. Oh yeah, winter just ended. That explains some of it, so I know the nice weather will force me to go out more.

Driving in the city is becoming too stressful for me. Actually, driving in general is on my list of things I'd just rather not do. I try to walk or use the T as much as I can, especially now that driving through the city has become more ... challenging.

I don't walk while looking down at my phone or while wearing headphones or earbuds. I also don't walk boldly and carelessly into a crosswalk, or pop out from behind a bush or parked car without acknowledging that any and all traffic, including bicyclists, notice me. I'm still very nervous walking because a lot of drivers are also looking at their phones or wearing headphones or earbuds or just preoccupied in general. You must be vigilant as you navigate through the chaos.

When we were kids we used to walk or bike everywhere. It wasn't as crazy out there back then as it is now. Very seldom were we chauffeured around by our parents, but we were always headed someplace seeking food, fun and friends. Nothing stopped us. We also had those old orange buses with the comfortable thick stuffed seats to get us around for a dime.

One of our favorite places to walk to was Kemp's Hamburgers on Mystic Ave. on the Somerville-Medford Line. With very little money, we could all get our fill of burgers, Cokes and fries. Thinking back now, it wasn't that long of a walk from where we would all meet at Powder House Park, but we still had to be careful crossing the streets. I also had to keep an eye on my little brother. Our walks to Kemp's were always an enjoyable trip. It was safer walking back then because drivers weren't as distracted as they are nowadays. We also used to walk to The Bal-A-Roue roller skating rink, also on Mystic Ave. If it was dark, we would get a ride from one of the moms or dads, but during the day we would just hoof it. Not having wheels never stopped us from getting someplace.

Before we got our licenses we also used the T, formerly called The MTA. We used to take the Green Line into Boston and hang around the Combat Zone or put on our headbands and hit the Boston Common. Often we'd just walk around and check out the people and the stores. Cheap fun!

We would also take the Blue Line all the way to Revere Beach where about four of my buddies and I got jobs working on the Dodge'Em cars. Under-aged, uninsured and dangerous, but not as scary as trying to get in and out and around a busy city nowadays. We spent a couple of memorable summers in the early 70's commuting back and forth to our extremely exciting illegal



jobs at the beach. Once we got off the train, we walked around enjoying the enchanted rides, food spots, and games of chance that made up the Revere Beach of yesteryear. That's a story for another week.

As I walked to Davis Square last week, I was almost hit by a bicyclist while I was in a crosswalk. I also witnessed several drivers looking down at their phones while driving on College Ave., which has been treacherous to cross ever since we moved to the area in 1960.

So now I'm paranoid of driving and walking. Good thing I have options. I can go out into the world to take care of my appointments and my errands, or stay home with my friends, Chandler and Joey, Andy and Gomer, Jack, Janet and Chrissy, Lisa Douglas and Arnold Ziffel.

Realistically, I have to still fulfill my commitments which involve traffic, and dealing with distracted, disgruntled drivers. Among those commitments are a one hour drive each way to see my grandkids, a few trips to Old Orchard Beach, and other very important destinations like Kane's Donuts on Route 1. Somehow, I'm sure I'll make it, hopefully in one piece with my sanity somewhat intact.

Anyone want to grab a burger and then go roller skating, topped off by a few rides on the Dodge'Em cars? If only.

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## High school chum offers punch in the nose

Somerville Police officers were dispatched to the area of Statue Park in Davis Square last Saturday on reports of an assault.

Upon arrival, officers were met by the reporting party who told them that she had been walking on College Ave. by the 7/11 store when she saw a woman known to her as Jill Koerber.

The reporting party said that she and Koerber had known each other since high school and that she had issues with Koerber regarding some family matters.

The reporting party said that

Koerber initially walked by her but then stopped and began to yell at her. While Koerber was yelling, she allegedly punched the reporting party in the nose, at which time she backed away and told Koerber she was calling the police.

Koerber reportedly fled the area and the reporting party lost sight of her.

Responding units performed a search of the area but were unable to locate Koerber.

Sometime later, an officer spotted Koerber standing in front of Sligo's Pub on Elm St. The officer radioed that he had found Koerber and was making his way to her location. A different officer made initial contact with Koerber and held her in front of the pub until the reporting officer arrived.

When the reporting officer arrived on scene he told Koerber that she had an active warrant out of Taunton District Court and that she was under arrest.

Koerber was told to turn around and place her hands behind her back but she ignored this. She reportedly began to start yelling at the reporting party, who had arrived on scene, and kept telling her that she was "all done."

At this point, Koerber lunged at the reporting party but the officers were able to prevent her from making contact by grabbing her under the arms.

Koerber then reportedly began to thrash her arms and struck an officer multiple times in the chest and shoulder area.

Koerber was placed on the ground to control her. While on

the ground Koerber continued to resist the officers' attempts to place her in handcuffs.

Koerber was sprayed in the eyes with OC spray. After being sprayed, Koerber became compliant and the officers were able to place her in handcuffs.

Koerber was transported to the station and booked on charges of assault and battery on a police officer, assault and battery, and resisting arrest, and on warrant charges of assault and assault and battery with a dangerous weapon.

## Crime Tip Hotline: 617-776-7210 Help Keep Somerville Safe!

## SOMERVILLE POLICE GRIME LO

#### Arrests:

**Belhadj Rachid**, of 39 Boylston St., Boston, April 8, 1:30 p.m., arrested at Assembly Row on charges of resisting arrest, and multiple counts of shoplifting by concealing merchandise, and on a warrant charge of shoplifting by concealing merchandise.

**Reinaldo Perez**, of 167 Kennedy Dr., Malden, April 9, 12:47 a.m., arrested at Central St. on warrant charges of uninsured motor vehicle or trailer, possession of a class B drug, assault and battery, possession of a class D drug, and possession of cocaine to distribute.

German Cuapa, of 32 Brookvale, Lynn, April 9, 10:41 p.m., arrested at Richdale Ave. on warrant charges of operation of a motor vehicle with a suspended license, operation of a motor vehicle under the influence of liquor, unlicensed operation of a motor vehicle, not meeting motor vehicle safety standards, miscellaneous equipment violation, and failure to wear a seatbelt. **Tarcicio Infante**, of 138 Pearl St., April 11, 2:39 p.m., arrested at Broadway on a warrant charge of operation of miscellaneous municipal ordinance violation.

Marcos Esmurria, of 25 Keane, Revere, April 11, 6:53 p.m., arrested at Powder House Blvd. on charges of failure to stop or yield and operation of a motor vehicle with a suspended license, and on warrant charges of moped violation, unlicensed operation of a motor vehicle, failure to stop for police, unregistered motor vehicle, and negligent operation of a motor vehicle.

Austin Bulkely, of 40 Tierney St., Cambridge, April 12, 8:21 a.m., arrested at College Ave. on warrant charges of operation of a motor vehicle with a suspended registration, uninsured motor vehicle or trailer, operation of a motor vehicle with a suspended license, and speeding.

**David Geehan**, of 95 Main St., Saugus, April 12, 1:24 p.m., arrested at Alston St. on a warrant charge of operation of a motor vehicle with a suspended license.

Jill Koerber, of 66 Woodville St., Everett, April 13, 6:21 p.m., arrested at Elm St. on charges of assault and battery on a police officer, assault and battery, and resisting arrest, and on warrant charges of assault and assault and battery with a dangerous weapon.

John Busher, of 221 Pearl St., April 14, 12:10 a.m., arrested at James St. on a charge of disorderly conduct.

### Somerville drivers mow down flex posts citywide CONT. FROM PG 1

Transportation & Infrastructure Division while they labor over a much-anticipated comprehensive traffic calming and safety plan.

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a bad thing. You replace them, but they're not replaced yet," he says, "We're dealing with the GLX traffic, and we've been told before we can't get the speed bumps. But, what I have been told for years now that we can get, but I've yet to receive, is the Neighbor Ways Program, which is paint on the ground - painted bump-outs, painted speed bumps, optical illusion to prevent people from speeding." At the City Council Meeting on April 11, McLaughlin said most, if not all, of the flex posts on Ward 1 streets had been knocked down."I think at this point all of the flex posts in my ward have been run down. That's not necessarily a bad thing. You replace them, but they're not replaced yet," he said. "We're dealing with the GLX traffic, and we've been told before we can't get the speed bumps. But what I have been told for years now that we can get, but I've yet to receive, is the NeighborWays Program, which is paint on the ground - painted bump-outs, painted speed bumps, optical illusion to prevent people from speeding." The paint solution, better-known as virtual speed bumps, present an illusory bump to oncoming vehicles, causing drivers to anticipate a jolt that never actually happens. The virtual variety is less expensive than the real thing (\$500 each, versus \$2,000), does not impede water flow and poses no threat to ambulances or other speeding emergency vehicles. However, the effectiveness of a virtual bump can diminish over

time, once drivers discover that what they are encountering is not what it seems. However, virtual speed bumps are catching on in larger cities; their use in put in their place. "They work to an extent. The idea of these is you put them out there, and they get run over, and you think 'was that a good spot? Then you put them out there again. I'm not sure that they're not still working even though they've been run over, because you still gotta figure your way around them, so they're slowing traffic down," said Davis. If you are looking for the best detours around the Broadway Bridge closure, there is an excellent video produced by Somerville City TV on their YouTube Channel (SomervilleCityTV). You can find it here: https://www.youtube. com/watch?v = Phk4zIA-GRMQ. Or you can visit the City of Somerville website for several detour options.

Somerville City Councilor Matthew McLaughlin resides over Ward 1, which includes the Washington Street bridge - newly closed for GLX (Green Line Extension) construction. During the closure, all traffic will be detoured around the bridge's underpass, including motorists, cyclists, pedestrians, and MBTA bus routes 86, 91, and CT2. At the City Council Meeting on April 11, Mc-Laughlin said most, if not all, the flex posts on Ward 1 streets had been knocked down. "I think at this point all of the flex posts in my ward have been run down. That's not necessarily

Somerville is limited.

Ward 5 Councilor Mark Niedergang says the flex posts are an experiment by the city that didn't work out as planned. "I've gotten a lot of caustic and acerbic comments from people about the flex posts that have been knocked down and stayed down and not been replaced," he said. "This was an experiment, and it looks, perhaps, like it hasn't worked, but I give credit to the administration for trying." Ward 6 Councilor Lance Davis would rather see the flattened flex posts replaced. That is, the old ones retrieved and new ones

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# The Somerville Times Safety changes coming to Powder House Blvd.

#### By Jackson Ellison

The first open office hours for the Powder House Boulevard Traffic Safety Plan were held by The City of Somerville Office of Strategic Planning and Community Development's Transportation and Infrastructure Division last Wednesday, April 10.

The office hours were set up so that public officials could get feedback from residents about the proposed safety plan. The plan is still a work in progress, so the Division wanted to first hear from the community before holding bigger community meetings.

The safety plan is aimed at controlling traffic by adding more speed control features on roads as well as implementing new devices to make intersections safer for pedestrians.

The city began work on Powder House Blvd. in the summer of 2017, and is projecting to be finished with the traffic safety elements by the summer of 2020. A main area of interest at the

A main area of interest at the

office hours concerned adding bike lanes to Powder House Blvd. and the surrounding streets. The main reason is that while bike lanes make cycling much easier and safer, they also would take away street parking for many residents.

There are a few options of how to implement bike lanes. The two main options are adding either a one-way bike lane, or a two-way bike lane. Either way, having a bike lane would eliminate parking completely on one side of the street.

Residents argued both for and against the addition of more bike lanes. Some at the meeting who live on Powder House Blvd. pointed out that it is already a challenge to park on either side of the street.

According to the plan, an advantage of having a two-way bike lane is that they can help with traffic calming by narrowing the roads, forcing drivers to pay more attention to their surroundings.

Another feature of the safe-



The first of several upcoming open office hours for the Powder House Boulevard Traffic Safety Plan took place last Wednesday at West Somerville Neighborhood School.

ty plan is to convert Curtis St. from a signal intersection to a four-way stop. Depending on the success of the change from a signal to a four-way stop, the city would move forward with other safety options.

The city is also thinking about

introducing the HAWK signal at Hardan Rd. According to the plan, "HAWK signals use a series of flashing and solid yellow lights to slow traffic, as well as flashing and solid red lights to stop traffic before they signal for pedestrians to cross." The city has a few more office hours planned before holding community meetings in the summer. The next office hours will be held on Thursday, April 25 from 6:00 to 8:00 p.m. at West Somerville High School.

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## **Beacon Hill Roll Call**

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THE HOUSE AND SENATE: Beacon Hill Roll Call records local representatives' votes on roll calls from the week of April 8-12. There were no roll calls in the Senate last week.

#### REMOVE CAP ON WELFARE BENEFIT'S FOR KIDS (H 3594)

House 155-1, overrode Gov. Charlie Baker's veto of a bill that repeals the current law that denies an additional \$100 in welfare benefits to children conceived while - or soon after - the family began receiving welfare benefits or, if they had received family welfare benefits in the past. The law was adopted in 1995 as part of a welfare reform package that was aimed at discouraging families already receiving public support from having more children. The veto now goes to the Senate which will likely override it at which point the cap will be officially repealed.

In his veto letter, Baker said that "eliminating this cap should be accompanied by other reforms to the welfare system designed to align the eligibility determination with federal standards and support recipients as they return to work."

"[We should] allow an applicant seeking benefits to disregard the value of a single car, so as to protect the family's access to transportation, including for job-seeking, without disqualifying them from receiving benefits," said Baker. "My budget proposal [also] ensures that homeless families would no longer see a benefit reduction for accessing temporary shelter."

Baker also noted that his proposal would require that adult Supplemental Security Income (SSI) be counted in the eligibility calculation for welfare applicants. "This ... would treat SSI the same as other sources of benefit income - like veterans or retirement, survivors' benefits and disability insurance benefits - that are already counted in determining eligibility and benefit level under welfare," concluded the governor.

Supporters of the repeal said that there are some 8,700 children who currently fall under the cap in the Bay State. These families are barred from receiving an additional \$100 a month to help support that child. They said there are no facts to back up the charge that families are having more children in order to get the additional \$100.

"Proud that today the House voted 155-1 to override Gov. Baker's veto to #Lift'TheCap for the second time," said the bill's sponsor Rep. Marjorie Decker (D-Cambridge), Chair of the Committee on Mental Health, Substance Use and Recovery on her Facebook page."Our message to the 8,700 MA kids living in poverty is clear: you are worthy of the support your siblings receive."

Rep. Mike Connolly	Yes
Rep. Denise Provost	Yes

#### RULES FOR HOUSE BUDGET DEBATE (H 3799)

House 127-30, approved a set of Democratic leadership-sponsored rules to be followed when the House considers the \$42.7 billion fiscal 2020 state budget beginning on Monday, April 22. Provisions include requiring all amendments to be filed online by Friday, April 12 and any proposed tax hikes or reductions to be considered early in the process. The rules also prohibit any members from offering amendments related to gambling or sports betting.

Several Republican attempts to amend the rules failed on voice votes without a roll call. An amendment to give representatives until April 16 instead of April 12 to file was defeated, as was an amendment making it harder to ship off budget amendments to a study committee instead of voting on the amendment itself.

Supporters said these rules are fair and responsible and will help make the budget debate go smoothly. They noted the House has adopted many reforms over the years to make the process more transparent.

Opponents said the rules include several provisions that are anti-democratic and weaken the input of individual members. They noted legislators should have more time to file budget amendments and review complicated consolidated amendments which are often voted on before members can finish reviewing them.

(A "Yes" vote is for the rules. A "No" vote is against the rules.)

Rep. Christine Barber	Yes
Rep. Mike Connolly	Yes
Rep. Denise Provost	Yes

#### ALLOW AMENDMENTS ON GAMBLING AND SPORT BETTING (H 3799)

House 31-126, rejected a Republican proposal to allow amendments proposing online wagering, online lottery or sports betting to be allowed on the floor for debate and a vote.

Supporters said sports betting can be a great revenue source for the state and argued that debating and voting on it should not be forbidden and delayed. They noted the state is already losing sports betting revenue to neighboring states.

would increase from 30 minutes to one hour the period given to legislators to read any proposed consolidated amendment to the House budget prior to debate and a vote on it.

The consolidated amendment system works as follows: Individual representatives file dozens of amendments on the same general subject matters including local aid, social services and public safety.

They are then invited to "subject meetings" in Room 348 where they pitch their amendments to Democratic leaders who then draft lengthy, consolidated amendments that include some of the individual representatives' amendments while excluding others. The House then approves the consolidated amendment.

Supporters of the one-hour rule said these amendments are often up to 30 pages long. They said that this system is anti-democratic and results in members voting on something that they have not even read.

Opponents of the one-hour rule said the current 30-minute rule has worked well.

(A "Yes" vote is for allowing one hour. A "No" vote is against allowing it.)

Rep. Christine Barber	No
Rep. Mike Connolly	No
Rep. Denise Provost	No

HOW LONG WAS LAST WEEK'S SESSION? Beacon Hill Roll Call tracks the length of time that the House and Senate were in session each week. Many legislators say that legislative sessions are only one aspect of the Legislature's job and that a lot of important work is done outside of the House and Senate chambers. They note that their jobs also involve committee work, research, constituent work and other matters that are important to their districts.

Critics say that the Legislature does not meet regularly or long enough to debate and vote in public view on the thousands of pieces of legislation that have been filed. They note that the infrequency and brief length of sessions are misguided and lead to irresponsible late-night sessions and a mad rush to act on dozens of bills in the days immediately preceding the end of an annual session.

"I believe the governor is correct that we need to put reforms in this ever-growing account," said Rep. Colleen Garry (D-Dracut), the only member who did not vote to override the veto. "We need to remember the middle-class people we represent. At some point, enough is enough. I personally have friends who would have loved to have more children, but they knew they could not afford the cost of raising additional children. There needs to be responsibility and accountability amongst individuals in the commonwealth."

(A "Yes" vote is for lifting the cap. A "No" vote is against lifting it.)

> Rep. Christine Barber Yes

Opponents said the issue is too important and complicated to be dealt with in a state budget. They argued the Mon. April 8 bill will be considered as a separate piece of legislation soon and there will be public hearings. They noted that some states rushed into sports betting and are not doing Tues. April 9 well with it.

(A "Yes" vote is for allowing amendments on online wa-Wed. April 10 gering, online lottery and sports betting. A "No" vote is against it.)

Rep. Christine Barber No Rep. Mike Connolly No Rep. Denise Provost No

#### ALLOW ONE HOUR TO READ CONSOLIDAT-ED BUDGET AMENDMENTS (H 3799)

During the week of April 8-12, the House met for a total of four hours and 13 minutes while the Senate met for a total of 40 minutes.

> House 11:04 a.m. to 11:19 a.m. Senate 11:14 a.m. to 11:24 a.m.

> > No House session No Senate session

House 11:02 a.m. to 2:20 p.m. No Senate session

House 11:00 a.m. to 11:40 a.m. Senate 11:12 a.m. to 11:42 a.m.

> No House session No Senate session

House 31-126, rejected a Republican proposal that Bob Katzen welcomes feedback at bob@beaconhillrollcall.com

Thurs. April 11

Fri. April 12



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### Beth Israel Deaconess Medical Center



HARVARD MEDICAL SCHOOL TEACHING HOSPITAL



## Stop & Shop workers go on strike

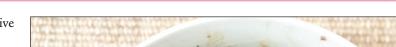
Somerville Stop & Shop workers walked out last Thursday afternoon after a contract deal could not be reached. Over 31,000 employees across New England joined the walkout as negotiations between the retailer and union representatives continued. Demonstrators at the Somerville location were joined by city officials who lent their support to the striking workers. Pizza was donated to the strikers on Sunday by Leone's. – Photos by Claudia Ferro



# Dorothy's Corner

**Roasted Roma** Tomatoes

crumbs, and an extra drizzle of olive oil for a "Claremont" style tomato. Preheat oven to 350°. Line a sheet pan with parchment paper. Drizzle some olive oil on the parchment. Place all the tomato halves face up on the sheet pan, making sure all are coated on the bottom with the oil. Once all tomatoes are on the pan, drizzle with olive oil, balsamic vinegar, salt and pepper. Place in the oven and roast for 90 minutes. They will have a slight char and become thinner once the liquid bakes off.



**BY DOROTHY DIMARZO** 

I like adding tomatoes to my salads, but a lot of the time they tend not to have much flavor. One of the ways I get added flavor to tomatoes is to roast them. Roasting brings out the natural sugars in the fruit. These tomatoes are not only great in a salad, but on sandwiches as well.

10 Plum Tomatoes, halved and seeded Extra Virgin Olive Oil Balsamic Vinegar Salt & Pepper

Top with fresh herbs of your choice along with some grated cheese, bread

Once cooled, add to your salad, sandwich or whatever else you want, or put in an airtight container and refrigerate up to 5 days.

Visit Dorothy's website at http://ddimarzo2002.wix.





## **Rep. Barber in support of more** affordable prescriptions

Representative Christine P. Barber, of Somerville and Medford, testified recently in support of a bill she filed to make prescription drugs more affordable to consumers by increasing the transparency and accountability of prescription drug costs.

"Prescription drugs cure disease, manage chronic illness, and not only improve one's quality of life but are life-saving for many patients. Yet, prescription drugs do not work if they are unaffordable. The goal of our bill is to make prescription drugs affordable and accessible by increasing transparency on pricing and holding the pharmaceutical industry accountable," said Representative Christine Barber.

The rising price of prescription drugs places a significant burden on families' budgets as well as state spending. Actual costs of prescriptions are obscured by a complex and opaque system of pharmacy benefit manager middlemen and a lack of drug company reporting on production, marketing expenses, and profits. There is currently no oversight to ensure that drugs are affordable to those who need them.

Rep. Barber recently filed H.1133, An Act to ensure prescription drug cost transparency and affordability to make pharmaceutical pricing more transparent, help lower the cost of unreasonably highcost drugs, and strengthen MassHealth's tools to negotiate lower prices. It would regulate pharmacy benefit managers, who earn revenue from rebates when they negotiate with the drug manufacturer, without regard for what the consumer is paying. The bill would also improve pharmacists' ability to let patients know if purchasing a drug at retail price without insurance would be cheaper.

Several patients testified at the hearing about difficulties they had in affording their medications. One woman spoke about the challenges she faced affording her medication for muscular dystrophy and heart failure. Although the medication significantly improved her quality of life, she went into debt after



paying \$150 per month. After 5 months, her copay increased to \$225 per month, and she could no longer afford the drug and had to discontinue use. A young adult with type 1 diabetes described rationing insulin and soliciting donations online from strangers to be able to afford the long-acting insulin that she needs to survive. Rep. Barber's bill is supported by a growing coalition of organizations - that list includes Health Care For All, Boston Center for Independent Living, Massachusetts Medical Society, Massachusetts Senior Action Council, Disability Policy Consortium, MASSPIRG, 1199SEIU, Children's Mental Health Campaign, Health Law Advocates, Atrius Health, and Massachusetts Association for

Mental Health.

Please contact Rep. Barber's office (617-722-2220 or Christine.Barber@mahouse.gov) to get involved with the campaign or share your story about challenges affording prescription drugs.

— Office of Rep. Christine P. Barber



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### LETTER TO THE EDITOR

The views and opinions expressed in the commentaries and letters to the Editor of The Somerville Times do not reflect the views and opinions of The Somerville Times, its publishers or staff. Readers are invited to send letters to the editor to The Somerville Times. Please email your letters to News@TheSomervilleTimes.com or mail them to 699 Broadway, Somerville, MA 02144. The Somerville Times Reserves the right to edit letters for style, grammar and length. All letters must include an name and contact information. Contact information will not be shared with the public. We look forward to hearing from you.

To the editor:

will be harder to make progress from this point forward.

lion new high school, it left out have touched upon sustainabiliof being a net-zero building (that is, not adding a single greenhouse gas molecule to the City's municipal emissions). Fortunately, the Mayor has an opportunity to right that wrong with the Central Hill campus plan. While planning meetings

the crucial design specification ty in the campus design, Mayor Curtatone should make a public commitment to a net-zero central campus to make sure the City's own footprint doesn't trip up achieving its carbon-neutral goal.

Somerville's goal to be carbon neutral by 2050 is one major reason why I live here. So I was heartened to read Mayor Curtatone report on progress to the Somerville Times. To be sure, the 10% reduction we've experienced is the low-hanging fruit. It

The Mayor also notes, "When the new high school is complete ... our overall energy use will likely increase." This is of course because the City didn't pick the biggest, ripest fruit. When the City put out the call for a transformative \$250-mil-

Larry Yu Somerville

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## SFLC Community Resource and Legal Services Clinic

Do you have questions about community resources? Are you interested in legal consultation around immigration issues?

Meet representatives from the SFLC, City of Somerville Health and Human Services, and Somer Viva for information and resources, and make an appointment for a free legal consultation with representatives from the Harvard Immigration and Refugee Clinical Program (HIRC).

Thursday, April 25, 5:00 – 7:00 p.m. at ESCS Library, 50 Cross St.

For a legal consultation appointment, please call (617) 625-6600, x6994 or email freyes@k12.somerville.ma.us.



## COMMENTARY

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## **Data Download with Mayor Joseph A. Curtatone**



By Joseph A. Curtatone

Taking a closer look at notable city data—and interesting numbers.

**2,411 potholes:** For many New Englanders, potholes are the true first sign of spring. The Department of Public Works has filled more than 2,400 potholes so far this fiscal year (FY2019 began on July 1, 2019). More than 75% of those potholes were filled proactively, while the others were filled because of service requests from residents, mostly through 311. Winter can be especially hard on our roads and

the temporary material DPW can use over the winter (called cold patch) isn't a long-term fix, so filling potholes really ramps up with the warmer spring weather. Although DPW crews have located and filled many potholes around the City, we always benefit from more eyes on the street. So, please, report potholes you see through 311.

**2/3 of parks:** Over the past 15 years, we've renovated 2/3 of the City's parks, and, when the opportunity has presented itself, we've added additional green space. In a densely populated city like Somerville, parks and open spaces are particularly important because they often fill in for the yards many residents don't have. Just like in years past, we'll be doing work on a few of Somerville's parks this spring and summer. Some of the work happening this season is finishing touches on parks like Hoyt Sullivan and Lincoln Park, which have already seen major work. For sites like the Allen Street Playground or Harris Park most of the work will be happening behind the scenes to get construction plans in place for work to start later in the season. Unfortunately, once construction starts that often means the park is out of service. You may have noticed that Prospect Hill Park closed earlier this month for renovations. The park will reopen in 2020 with ADA accessible paths, new lighting and signs, and traffic calming measures on the streets around the park, among other features.

**165 trees:** This spring the City's Urban Forestry staff is planning on planting at least 165 trees. That includes 20 trees that will be planted along Great River Road in Assembly Square in collaboration with the Mystic River Watershed Association and five trees that will be planted at Edward Leathers Community Park as part of Arbor Day and SustainaVille week activities. If you want to join that planting, meet at the park at 1 p.m. on Saturday, April 27. Meanwhile, the Urban Forestry team is developing the specifics of the planting plan for the other 140 trees. Tree requests for future seasons may be submitted to 311. The arborists regularly review requests for site suitability and work to schedule plantings where possible.

75+ acts: The Somerville Arts Council held the first PorchFest in 2011 (after an alert resident suggested we borrow the idea from Ithaca, NY). Since then the event has grown in both popularity and the number of acts that perform and has become another marker of spring here in Somerville. It's become a fun way to explore your own neighborhood and visit other parts of Somerville. Right now more than 75 acts have signed up to perform on porches and in yards across the city on Saturday, May 11. If you visit www.somervilleartscouncil. org/porchfest/2019 you can see both a list and map of the acts so you can start making your Porch-Fest plans now.

Data-based decision making is at the core of how the City of Somerville develops policy and sets priorities. Every day we check the latest 311 stats, and throughout the week we meet for in-depth review of departmental data and city trends. The Data Download column shares some of the data we've been reviewing recently, as well as interesting updates. To see more Somerville Data, visit the online Somerville Data Farm at www. somervillema.gov/datafarm.

## Getting serious about climate change

#### By James Healy

Imagine being born into a crisis whose progression you had absolutely no control over, where those responsible for the crisis's escalation are unfazed by their past actions, and are not only indifferent, but in some cases, opposed to finding a solution. This is the position which millennials and Generation Z young people find themselves in when it comes to the crisis of climate change.

A recent report from the Intergovernmental Panel on Climate Change outlined the disastrous effects of the world warming above three degrees to four degrees Fahrenheit. By limiting warming to three degrees and avoiding four, the prospects for the world, the United States and Somerville look much more favorable in the context of extreme heat, sea level rise, the viability of global fisheries and preventing the near extinction of coral reefs.

With this sentiment in mind, on Friday, March 15th, hundreds of adolescents left school and protested outside of the Massachusetts State House to demand for lawmakers to get serious about climate change. The teens stood with a staggering one and a half million protesters worldwide, most of whom were young people, to urge legislators to solve our climate crisis with bold, ambitious legislation to curb warming to three degrees.

In the U.S. such legislation has been proposed by Representative Alexandria Ocasio-Cortez and Senator Ed Markey, known as the Green New Deal. The non-binding resolution set out a transformative vision to decarbonize the country in twelve years. The legislation aimed to increase our current renewable energy production from twenty to one hundred per cent, to future proof the county's infrastructure from "smart power grids" to high speed rail, and to provide nationwide retrofits on all buildings. A decarbonization process which would be crucial to preventing a four-degree rise in global warming.

The scientific consensus held little to no weight with republicans and some democrats. After skepticism was voiced from Democratic leadership like Nancy Pelosi who condescendingly referred to it as "the Green New Dream," and Sen-

the senate floor aiming to divide Democratic senators. The legislation failed to pass, with the majority of Democrats voting present. Though, with most high profile Democratic presidential hopefuls making the Green New Deal a legislative priority the legislation is very much alive. A Green New Deal for the U.S. would mean a Green New Deal for Somerville and that is a truly exciting prospect. The millions of jobs nationwide which a Green New Deal would bring about would greatly benefit Massachusetts, and in turn, the local Somerville economy. Complete retrofits on all homes and businesses in Somerville would

also prevent another disaster similar to the Merrimack Valley gas explosion from taking place. The electrification of all vehicles would significantly, if not entirely, reduce local rises in air pollution which currently hinder Somerville residents during peak traffic congestion. And, not to mention, the governmental and economic stability which averting a four-degree rise in temperature would bring about. A Green New Deal is therefore an imperative to local and international prosperity.

As the young people lead Sunrise Movement kicks off their Green New Deal Tour in Boston on April the 18th, it is clear

ator Diane Feinstein's viral dismissal of young advocates from the Sunrise Movement, Senate Majority Leader Mitch McConnell brought the legislation to provide an increase in local construction jobs, with improved insulation reducing home energy costs. While the complete electrification of homes would that the success of the Green New Deal will also constitute the success of future generations in Somerville, the U.S. and the world for years to come.

### Information session and public hearing on FY2020 water and sewer rates

There will be an information session and public hearing on the proposed Fiscal Year 2020 water and sewer rates on Mon., April 22, in the Somerville High School cafeteria, 81 Highland Ave. The information session will start at 6 p.m. and the public hearing will begin promptly at 6:30 p.m. Anyone who would like to testify is welcome to attend.

Written testimony will also be accepted until 6 p.m. on Mon., April 29. Written testimony can be submitted by emailing water@somervillema.gov or by mailing or dropping it off at the water and Sewer Department, 1 Franey Rd., Somerville, MA 02145.

The proposed rates were submitted to the City Council's Finance Committee during its Tues., April 9 meeting. Information about the proposed rates is posted on www.somervillema.gov/water.



## COMMENTARY

## SIGNS OF THE TIMES



## **Our View Of The Times**

No matter how one may feel about labor unions and movements in general, it is clear to many that the employees of the Stop & Shop market chain have got a legitimate beef with their employer.

Last week, the United Food and Commercial Workers International Union (UFCW) and Stop & Shop management reached an impasse in their negotiations,

#### triggering a walkout and subsequent series of protest demonstrations across New England.

Some 31,000 workers have joined together to strike in hopes of raising wages and improving benefits packages after their previous three-year contract expired in February. The workers are asking the general public not to take their business to Stop & Shop until a new contract is negotiated and adopted.

The store's employees complain that overtime wages have been cut and that health insurance coverage is severely inadequate in suiting their needs.

We know from observations and direct experience that these people work hard and deserve a living wage and fair benefits packages. It is easy to understand what has driven the employees to take up this extreme measure and stick up for what they believe they truly deserve.

It is every individual's personal choice whether or not to patronize this particular market chain during this time. It is also incumbent on all of us to make the choice that represents what is right and fair.

#### Newstalk CONT. FROM PG 2

competition this year. We know of Councilor At-Large candidates and we heard that four others are thinking about it. Even the mayor might get a challenger, a lady from Ward 3, we heard. We will see. Remember, it's a two-year term and the base salary for Councilor is \$40K per year. Not bad for part time, right? Seriously, in the 70's, 80's and even in the 90's, when no or little salary was involved, each ward would have anywhere from 4-5 challengers. At-Large would be double figures. What's happening? With all the newbies taking over you'd think there would be some challengers. We also heard that some who were defeated two years ago are eyeing a challenge as well. Why not? Taxes are so high right now, and the city is so screwed up with construction everywhere you go. It makes you wonder who is in charge with all the construction citywide. When you call your Councilor to complain, all that these new ones do is just tell you to call 311. Like you're bothering them, right? \*\*\*\*\* City Councilor-At-Large candidate Kristen Strezo invites the public to her official Campaign Kickoff party, Crayskee for Kristen, at the Dark Horse, 499 Broadway, Somerville, on Wednesday, April 24 from 6:30 to 8:30 p.m.

You can check out her website at www. kristenstrezo.com and you can RSVP on her Kristen Strezo for Somerville City Councilor-At-Large Facebook page. The skeeball lanes will be open.

\*\*\*\*\*\*

What's going on at the old Rite Aid on Winter Hill? Lots of people who have been going there for years now have noticed that the same friendly people aren't there anymore. Word is that the manager up the street has been letting people go and not being nice about it. Too bad, the staff at Winter Hill Rite Aid, from manager to general workers in the store and even the pharmacy staff were fantastic. Overall, we don't see why they are now closing one, and both stores now will be handling long lines. We're going to find out. Several of our Newstalkers live in the area and are frequent customers. \*\*\*\*\* Once again for the 7th year now, the Freemasons on Highland Ave. are hosting their annual Giggles night club with a great night of comedy and a silent auction. The event is on April 24, doors open at 630 p.m. at The Tower of Pizza on Rte. 1, Saugus, Giggles Comedy Club. This year, like the last, local comedian and great guy Lenny Clark will be there, and he's bringing some of his friends. It should be a great night for laughs, all the pizza you can eat and over 20 baskets to bid on at the silent auction. The money raised is for the "insurance fund" for the **Masonic Building** at 125 Highland (rear) Somerville. Open to Masons, their families and friends, cost is only \$25 pp. For more information, contact the **President of the Association, Bobby Potaris**, at potarisconstruction@yahoo.com or the **Secretary of the Association, Mark Aubuchon**, at down to earth person. Very smart, she's going places. Maybe sometime soon to the 2nd floor office? Happy birthday to **Mayor Stephanie Muccini Burke** over in Medford, another nice person. She is doing great as mayor over there. Happy birthday to an old friend here, **Krista Brazee**. We wish her a great day. To those that are celebrating this week, and we didn't post, again we wish you the best of birthdays.

\*\*\*\*\*

markaubuchon1@gmail.com, or if you prefer just show up at the door.

#### \*\*\*\*\*\*

The Somerville High Scholarship annual fundraiser is set for May 17, 7:00 p.m., at the Somerville Lions Club, 9 Washington St., Somerville (behind the Holiday Inn). The drawing, with a top prize of \$10K, is based on selling 250 tickets at \$100 each. Several door prizes will be awarding and refreshments will be served. To buy a ticket, contact SHS Raffle c/o Joseph Favaloro, PO Box 440275, Somerville, 02144, or call Eugene C. Brune at 617-628-5835.

 We hear both **Patricia** and **Donald Norton** are doing OK. Pat was just released from **MGH** recently and is home, as is Donald. **Ms. Joan O'Meara** is home after recently being at **Mt. Auburn**. We hope she is doing better. **Ross Blouin** is still taking dialysis, but is home and about. We hope he feels better soon.

\*\*\*\*\*

The Somerville City Club manager Donny Johnson is looking all the time for new members to join the club, if you think you'd be interested give him a call at 617-623-9340. It's a great local club for the residents of Somerville, and has been around now for over 40 years, their location on Innerbelt Road. Plenty of parking and a very nice hall for rent, some say the best deal in Somerville. Call the hall and ask for details at 617-623-9340.

## SHS Career Fair 2019

Somerville High School students were encouraged to attend the annual Career Fair on Wednesday, April 10, with representatives from local businesses, non-profits and branches of the military. It was a great opportunity for students to ask questions and even pick up a job application.

























### Somerville's Winter Hill Jewelry turns to plants to make its designs

#### CONT. FROM PG 1

children it is only natural to care about the world they are growing up in and will exist in as adults," said Templeman.

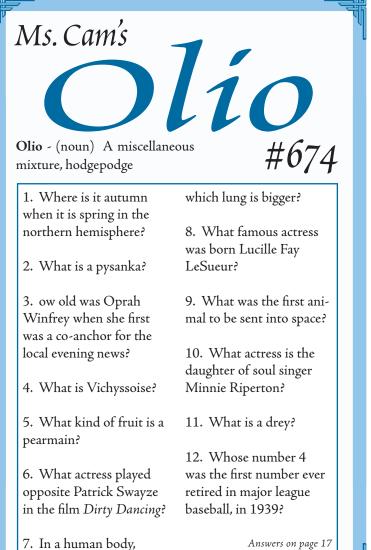
Winter Hill Jewelry incorporates PLA, Polylactic Acid, into all products and designs. While plant-based plastic is a more sustainable alternative to traditional plastic, Templeman is knowledgeable about its limitations. "PLA is a hard plastic, making it more difficult to create certain types of jewelry, such as bracelets and some styles of necklaces. Flexible materials are better suited to creating those products, so I tend to stick with earrings."

The road to Winter Hill Jewelry wasn't always an easy one as Templeman is a mother of two. Balancing family with business can be a tough juggling act, but the savvy entrepreneur has

didn't have young kids I would want to be working on my business 24/7 which isn't healthy - you need balance. The breaks I take away from work inspire me with new ideas and boost my creativity. I'm honestly not sure what is harder, raising kids or building a business. I think that in a way doing both at the same time has helped me. In both parenting and in business, not every strategy you employ is going to work and that can be frustrating. If I'm lucky, on days that parenting feels hard, I have a business success that can really brighten my mood. I'm also fortunate to have such a supportive partner who has always encouraged me to hire babysitters."

found her groove. "I think if I

Winter Hill Jewelry does more than just make jewelry with purpose, they also strive



Answers on page 17



to educate businesses on how to lessen their environmental impact. Templeman has held various workshops at Tufts Arts and Crafts Center and Artisans Asylum and has been teaching 3D printing in an afterschool program at the Advent School in Beacon Hill one day a week for the past year and a half. "My hope is that Winter Hill Jewelry can make the 3D printing industry more accessible to people who may have never thought to try 3D printing, whether out

of intimidation or just a lack of knowledge. I was in that exact same position just five years ago, and I never would have predicted that I would have the skills and expertise that I do now."

For anyone interested in working in 3D printing, Templeman shares this advice: "Focus on your design first and then use the technology to bring it to life. I use pencil and paper to sketch my ideas first before moving into the printing phase. There's no need to buy a 3D printer to

start, and you can even use an online company to print your models for you. When starting out, your focus should first be to create an awesome product. Without a great product, you don't have a business."

Winter Hill Jewelry is located in Somerville. For more information on placing a unique order, please contact Vanessa Templeman at vanessa@winterhilljewelry.com. Additional Contact: Caitlin Drown at caitlin@legupcommunications.com.

## **May Preservation Month Calendar of Events**

Throughout the month of May, the Somerville Historic Preservation Commission (SHPC) partners with local organizations to host events honoring Somerville's history and historic assets. All events are open to the public, ADA accessible, and free. The following is a partial listing of events:

• May- October. Launch of Volunteer Docent Program. Three Historic Sites: Prospect Hill Tower, Milk Row Cemetery, and Old Powder House. Full season schedule on weekends and Thursday evenings is posted on the SHPC and City websites, and at each site.

• Thursday, May 2, 7:00- 9:00pm. Film Showing of "Citizen Jane: Battle for the City." Co-sponsored with Union Square Main Streets and Remnant Brewing. Documentary (92 min.) kick-off for "Jane's Walk" on Sun. Highlights why Jane Jacobs so widely acclaimed for her visionary activism, enabling residents to successfully challenge a major highway project through NYC in the 60's, and more. Outdoors at Remnant's courtyard, so dress for the weather! Rain date on Sun. eve.

+ Thursday, May 2, 6:00 - 8:00pm. First Seasonal Public Opening of Old Powder House.

### www.somervillema.com www.medfordma.com



699 Broadway, Somerville

Sunday, May 5, 2:00-4:00pm. First Seasonal Public Opening of Milk Row Cemetery.

• Sunday, May 5, 2:00-4:00pm. "Jane's Walk." Theme for this year's annual event celebrating Jane Jacobs, a world-renowned urban activist, is "Somerville's Winter Hill and Gilman Square: Past, Present and Future." Co-sponsored with the Gilman Square and Winter Hill Neighborhood Associations, this neighbor-led tour will start atop Winter Hill (425 Broadway), and meander downward to end at Gilman Square, with the upcoming GLX station and a newly designed SHS campus. More about Jane's Walks at www.janeswalk.org Rain or shine! Be sure to stop by nearby Somerville Open Studios spots SOS which occur both Sat. and Sun., noon-6pm. Walkers grab coffee at Winter Hill Brewery (free small) & ice cream (discounted) at Tipping Cow.

• Thursday, May 9, 6:00-8:00pm. First Seasonal Public Opening of Prospect Hill Tower.

+ Sunday, May 12, 2:00-4:30pm. Walking Tour: "East Somerville's Tucked Away Architectural Treasures." Ed Gordon, President of the New England Chapter of the Victorian Society in America, will lead a lively walking tour of historic buildings and landscapes already undergoing changes. Co-sponsored with East Somerville Main Streets. Meet at Mudflats, 81 Broadway. End at Holiday Inn, an enduring hospitality venue offering complimentary refreshments. Rain or shine!

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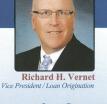
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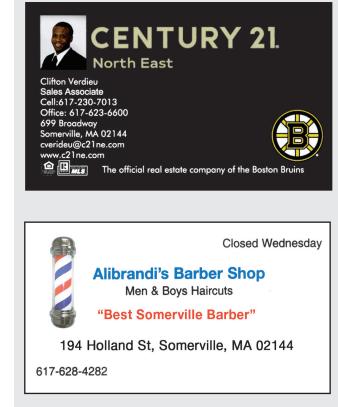
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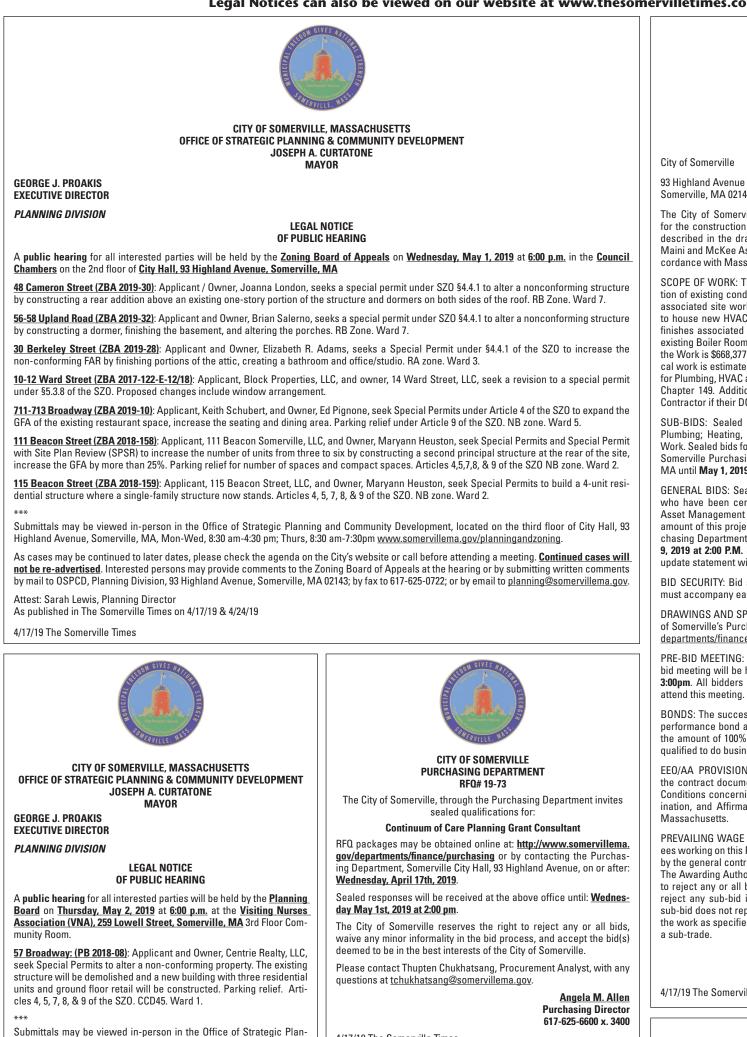
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The City of Somerville, the Awarding Authority invites sealed bids for the construction of the Somerville City Hall Boiler Renovation as described in the drawings and specifications prepared by Symmes Maini and McKee Associates, Inc. Bidding procedures shall be in accordance with Massachusetts General Laws, Chapter 149, section 44.

SCOPE OF WORK: The removal of existing HVAC equipment; relocation of existing condenser units; installation of concrete foundations, associated site work, and a pre-fabricated metal building assembly to house new HVAC equipment; and removal and repairs of interior finishes associated with the installation of equipment/ piping to the existing Boiler Room in the Somerville City Hall. The estimated cost of the Work is \$668,377.00. The value of the Plumbing, HVAC and Electrical work is estimated to exceed \$25,000. Therefore, we are providing for Plumbing, HVAC and Electrical sub-bids in accordance with M.G.L. Chapter 149. Additionally, an HVAC contractor may bid as General Contractor if their DCAMM Certification permits.

SUB-BIDS: Sealed bids are invited for the following sub-trades: Plumbing; Heating, Ventilating and Air-Conditioning; and Electrical Work. Sealed bids for filed sub-bid work will be received at the City of Somerville Purchasing Department, 93 Highland Avenue, Somerville, MA until May 1, 2019, at 2:00 P.M.

GENERAL BIDS: Sealed bids for the General Contract, from bidders who have been certified by the Massachusetts Division of Capital Asset Management (DCAM) for the category of work and the dollar amount of this project, will be received at the City of Somerville Purchasing Department, 93 Highland Avenue, Somerville, MA, until May 9, 2019 at 2:00 P.M. Submit copy of certificate and DCAM Form CO3 update statement with the bid form.

BID SECURITY: Bid security in the amount of 5% of the bid amount must accompany each General Bid and each Filed Sub-Bid.

DRAWINGS AND SPECIFICATIONS may be downloaded from the City of Somerville's Purchasing webpage: https://www.somervillema.gov/ departments/finance/purchasing starting at 2:00 PM on April 17, 2019.

PRE-BID MEETING: An optional orientation, site inspection and prebid meeting will be held at Somerville City Hall, on April 23, 2019, at 3:00pm. All bidders and sub-bidders are invited and encouraged to attend this meeting.

BONDS: The successful General Bidder will be required to furnish a performance bond and a labor and materials payment bond, each in the amount of 100% of the Contract Price, and of a surety company qualified to do business under the laws of the Commonwealth.

EEO/AA PROVISIONS: Bidders are cautioned to carefuly examine the contract documents relating to the requirements of the General Conditions concerning Equal Employment Opportunity, Anti-Discrimination, and Affirmative Action programs of the Commonwealth of

PREVAILING WAGE LAW: Prevailing wages must be paid to employees working on this Project, regardless of whether they are employed by the general contractor, a filed sub-bidder, or any subcontractor. The Awarding Authority reserves the right to waive irregularities and to reject any or all bids if it is in the public interest to do so, and to reject any sub-bid if the Awarding Authority determines that such sub-bid does not represent the bid of a person competent to perform the work as specified or if fewer than three sub-bids are received for

> Joseph A. Curtatone, Mayor City of Somerville, MA

4/17/19 The Somerville Times



Hall, 93 Highland Avenue, Somerville, MA, Mon-Wed, 8:30 am-4:30 pm; Thurs, 8:30 am-7:30pm www.somervillema.gov/planningandzoning.

As cases may be continued to later dates, please check the agenda on the City's website or call before attending a meeting. Continued cases will not be re-advertised. Interested persons may provide comments to the Planning Board at the hearing or by submitting written comments by mail to OSPCD, Planning Division, 93 Highland Avenue, Somerville, MA 02143; by fax to 617-625-0722; or by email to planning@ somervillema.gov.

Attest: Michael Capuano, Chairman As published in The Somerville Times on 4/17/19 and 4/24/19

4/17/19 The Somerville Times

#### Notice of Self Storage Sale

Please take notice Prime Storage - Somerville located at 39R Medford St., Somerville, MA 02143 intends to hold an auction to sell the goods stored by the following tenants at the storage facility. The sale will occur as an online auction via www.storagetreasures.com on 5/8/2019 at 12:00 PM. Unless stated otherwise the description of the contents are household goods and furnishings. Patricia Parrish unit #0141; Riessen Peter Kinghorne unit #1742; Frank Dolan unit #1893: David Norris unit #2083; Michael P. Rodgers unit #2223; Steven Ruffino Jr. unit #291B; Dorothy J. Cherico unit #4011. All property is being stored at the above self-storage facility. This sale may be withdrawn at any time without notice. Certain terms and conditions apply. See manager for details.

4/17/19 The Somerville Times

**Commonwealth of Massachusetts** The Trial Court **Probate and Family Court Department** 208 Cambridge Street Cambridge, MA 02141

**MIDDLESEX** Division

Docket No. MI 19W0544WD

SUMMONS BY PUBLICATION

Vanessa Bautista Garabitos, Plaintiff

Fernys Feliz Suero, Defendant

To the above named Defendant:

A Complaint has been presented to this Court by the Plaintiff, seeking Custody/Support/Parenting Time

You are required to serve upon <u>Vanessa Bautista Garabitos</u>

-plantiff - whose address is 1366 Broadway, 5-0, Somerville, MA 02144 your answer on or before May 22, 2019. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at Cambridge.

Witness, Hon. Edward F Donnelly, Jr., Esquire, First Justice of said Court at Cambridge, this 1st day of April, 2019

> Tara E. De Christofaro **Register of Probate**

4/17/19 The Somerville Times



**CITY OF SOMERVILLE** PURCHASING DEPARTMENT RFP#19-77

The City of Somerville, through the Purchasing Department, invites sealed bids for: **Accident Recovery Services** 

The City is seeking the services of a firm that specializes in comprehensive accident recovery services on behalf of municipalities to provide said services on behalf of the City for all aspects of accident recovery claims.

The Request for Proposals may be obtained online at http://www. somervillema.gov/departments/finance/purchasing/bids or from the Purchasing 04/22/2019. Sealed bids will be received at the above office until: 05/07/2019 1:00PM EST. The Purchasing Director reserves the right to reject any or all proposals if, in her sole judgment, the best interest of the City of Somerville would be served by so doing.

Please contact Prajkta Waditwar at pwaditwar@somervillema.gov for more information.

> Angela M. Allen **Purchasing Director** 617-625-6600 x. 3400

4/17/19 The Somerville Times

### **LEGAL NOTICES**

#### Legal Notices can also be viewed on our website at www.thesomervilletimes.com



Docket No. MI17P3059EA

**MIDDLESEX** Division Estate of:

John Edward Rourke

Also known as: John E. Rourke

Date of Death: 04/25/2017

A Petition for Order of Complete Settlement has been filed by

#### The Villages Robert J. Percy, Esq. of

requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account and other such relief as may be requested in the Petition.

#### **IMPORTANT NOTICE**

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before 10:00 a.m. on the return day of 05/08/2019.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you

Witness, Hon. Maureen H. Monks, First Justice of this Court.

Date: <u>April 01, 2019</u>

4/17/19 The Somerville Times



CITY OF SOMERVILLE, MASSACHUSETTS WATER & SEWER DEPARTMENT **JOSEPH A. CURTATONE** MAYOR

JOHN DELUCA DIRECTOR

#### **NOTICE OF A PUBLIC HEARING**

The Director of the Water & Sewer Department will hold an information session, followed by a public hearing, on Monday, April 22, 2019, in the Somerville High School Cafeteria, 81 Highland Avenue. The information session will start at 6 p.m. and the hearing will begin promptly at 6:30 p.m. The purpose of this hearing is to take testimony from Somerville rate payers relevant to the setting of the Fiscal Year 2020 water and sewer rates. Anyone who would like to testify is welcome to attend and be heard. Written testimony will be accepted until Wednesday, April 29, at 6 p.m. and should be e-mailed to water@ somervillema.gov or otherwise delivered to the Water & Sewer Department, 17 Franey Rd, Somerville, MA 02145.

> John Deluca Director

4/10/19, 4/17/19 The Somerville Times

TO PLACE LEGAL ADVERTISMENTS IN THE SOMERVILLE TIMES, CONTACT US BY 12 PM MONDAY PH: 617.666.4010 FAX: 617.628.0422

## Thank you for celebrating Elder Fair 2019 with us

Connecting people with useful resources is a huge part of what we do at Somerville-Cambridge Elder Services (SCES). On behalf of the agency, I want to thank everyone who took the time to connect with us at Elder is too long for one letter, I would Fair 2019.

Now in its 20th year, the Elder Fair health and wellness expo drew more than 300 local older adults for a morning of socializing and information about Aging in Place. It was a great celebration of our mission and the people we serve. Our sincere thanks go out to everyone who was a part of that.

In that same spirit, I want to recognize the 62 exhibitors who participated - partnering with

us to offer such a wide range of information at Elder Fair - and our 50 sponsors, whose generous support allows us to offer Elder Fair as a free event for the public.

Tara E. De Cristofaro

**Register of Probate** 

FL

While the complete sponsor list like to single-out our Grand Sponsors - Anodyne Homemaker Services, Cambridge Trust Company, and Senior Home Health. Special thanks to Harvard University and the Massachusetts of Institute of Technology for joining with SCES to donate lunch for the event.

Our thanks to Holiday Inn Catering Sales Manager Shannon Hogan and her staff, for their excellent assistance leading up to Elder Fair and on the day



From on page 14



Somerville Cambridge Elder Services (SCES) staffers Shamone Allien (left) and Michelle Mazzola volunteered to help host



**CITY OF SOMERVILLE PURCHASING DEPARTMENT** IFB 19-72

The City of Somerville, through the Purchasing Department, invites sealed bids for:

#### **Sacramento Street Underpass Rehabilitation**

Bid packages for may be obtained online at https://www.somervillema.gov/departments/finance/purchasing or may be picked up at the Purchasing Department, Somerville City Hall, 93 Highland Avenue, First Floor, Somerville, MA 02143 beginning on Wednesday April <u>17th, 2019</u>

Sealed bids will be received until Thursday May 9th, 2019 at 1:30PM. Late bids will not be considered. The Purchasing Director reserves the right to reject any or all proposals if, in her sole judgment, the best interest of the City of Somerville would be served by so doing.

Please contact Michael Richards at 617-625-6600 x 3403, or email mrichards@somervillema.gov for information and the bid package.

> Michael Richards Assistant Purchasing Director

4/17/19 The Somerville Times

	lio Answers
1. Southern hemisphere	7. Right lung
2. Ukrainian Easter egg	8. Joan Crawford
3. 19	9. Fruit flies, aboard a U.Slaunched V-2 rocket
4. Cream soup of potatoes and leeks	in 1947
5. Apple	10. Maya Rudolph
6. Jennifer Grey	11. Nest of a tree squirrel
	12. Lou Gehrig

of the event.

I also want to recognize the many SCES staffers who volunteered to help host the event - they did a great job! Finally, a huge word of thanks to SCES Operations Manager Margarida Mendonca, for a fantastic job organizing Elder Fair, and to Sincerely,

Giselle Struthers of SCES Of-Nathan Lamb fice Services, for providing key logistical support.

Thank you again for joining us for Elder Fair 2019. I hope to see all of you again at Elder Fair 2020!

Nathan Lamb is Director of Outreach and Community Relations for Somerville-Cambridge Elder Services (SCES), a non-profit agency that supports the independence and well-being of older people in Somerville and Cambridge.

### **Tufts Opera Ensemble: An Operatic Cinderella**

The Tufts University Department of Music presents the Tufts Opera Ensemble: An Operatic Cinderella in the Distler Performance Hall at the Perry and Marty Granoff Music Center on Thursday, April 25, and Friday, April 26, at 8:00 p.m. The Tufts Opera Ensemble, directed by Carol Mastrodomenico and Thomas Stumpf, presents Jules Massenet's Cendrillon, a delightfully melodious fairy tale opera based on Perrault's version of the familiar cross-cultural Cinderella story, in an English translation.

### • • • • VILLENS ON THE TOWN • • • •

#### **CHILDREN AND YOUTH**

Wednesday | April 17 East Branch Library Rosalita's Puppets 11 a.m.-11:45 a.m. | 115 Broadway

#### **Central Library**

Teen Game Day 2:30 p.m.-4:30 p.m.|79 Highland Ave

#### Thursday April 18

Central Library Preschool Storytime for 3 to 5-year-olds 10:30 a.m.-11:15 a.m. TELL (Teen Library Leaders) Meeting 3:45 p.m.-5:45 p.m.|79 Highland Ave

East Branch Library Family Movie Night : Despicable Me 3 6:30 p.m.-8:30 p.m.|115 Broadway

#### Friday | April 19

Central Library Preschool Storytime for 2-yearolds 10:30 a.m.-11 a.m.|79 Highland Ave

#### Monday April 22

**Central Library** Sing Along with Ed the Music Man! 10:30 a.m.-11:30 a.m.|79 Highland Ave

West at TAB Kids' Book Club 6:30 p.m.-7:30 p.m.|167 Holland St, 2nd floor

#### Tuesday | April 23

Somerville Community Baptist Church Preschool Storytime 11 a.m.-11:30 a.m.|31 College Ave.

**East Branch Library** Celebrate World Book Day! 3 p.m.-5 p.m.|115 Broadway

#### Wednesday|April 24

Central Library Homeschool Reading Group 10:15 a.m.- 12:15 p.m. Somerville High School Anime Club 2:45 p.m.-4:30 p.m.|79 Highland Ave

East Branch Library Preschool Story Time 11 a.m.-11:45 a.m.|115 Broadway

#### MUSIC/ARTS Wednesday|April 17

Sally O'Brien's Bar Free Poker, lots of prizes! 8 p.m.|335 Somerville Ave|617Sam Gelston 9 p.m.|156 Highland Ave **Highland Kitchen** 150 Highland Ave|617-625-1131

Aeronaut Brewing Co. Alper Tuzcu Trio

8 p.m.|14 Tyler Street **Arts at the Armory** Somerville's Poet Laureate pres-

ents: "Poems We Love" 7 p.m.|Performance Hall|191 Highland Ave

#### Thursday|April 18

Sally O'Brien's Spring Hill Rounders/ grassy Thursdays|7:30 p.m. Hear Now Live / Tiny Oak present The Missouri Pacific, Michael Joseph, Triton Taylor - \$10 cover|10 p.m. 335 Somerville Ave|617-666-3589

The Burren

WUMB Presents The Chandler Travis Philharmonic |7:30 p.m. Scattershots|10 p.m. 247 Elm Street|617-776-6896

Orleans Restaurant and Bar 65 Holland St|617-591-2100

Bull McCabe's Krush Faktory(Dub Down) 10 p.m.|366A Somerville Ave|617-440-6045

Thunder Road The Womps (Album Release Show!) with special guests The Cotones, The Canvas Collective, and Father Blueberries 8 p.m.|379 Somerville Ave

**Once Somerville** Death Minibeast, Duck & Cover 9 p.m.|156 Highland Ave

**Aeronaut Brewing Co.** Adam Janjigian Quartet 8 p.m.|14 Tyler Street

**The Rockwell** Somerville Theatre Festival 7 p.m.|255 Elm St

Arts at the Armory Spring Exhibit: Motion All day| Cafe Life Drawing 2 Live Models, Snacks, Drinks, & Music! 6:30 p.m.|Café||191 Highland Ave

#### Friday April 19

Sally O'Brien's Larry Flint & The Road Scholars|6 p.m. Hear Now Live / Tiny Oak present Blame Shifters, Robot Lobotomy, Junior Classics - \$10 cover |9pm

Junior Classics - \$10 cover |9pm 335 Somerville Ave|617-666-3589

#### The Burren

Backroom Series with Tom Bianchi Jen Kearney! |7 p.m. 9 p.m.|379 Somerville Ave Aeronaut Brewing Co. Spotted Tiger. 8 p.m.|14 Tyler Street

**The Rockwell** Somerville Theatre Festival 7 p.m.|255 Elm St

Somerville Theatre Mokoomba

8 p.m.|55 Davis Sq Saturday|April 20

#### Sally O'Brien's

Celebrating 15 years of Sally's! music all day, no cover! 335 Somerville Ave|617-666-3589

**The Burren** An Evening with Bill Janovitz & Friends | 7p.m. Scattershot |10 p.m. 247 Elm Street|617-776-6896

**Orleans Restaurant and Bar** Karaoke 65 Holland St

Bull McCabe's School Tree & The Shills 10 p.m.|366A Somerville Ave|617-440-6045

Casey's Entertainment every Saturday 173 Broadway|617- 625-5195

Thunder Road PLENTY 4:20 Music & Culture Festival

2 p.m.|379 Somerville Ave Once Somerville Rock & Roll Rumble Semifinals Night 2

9 p.m.|156 Highland Ave Aeronaut Brewing Co.

Copilot 8 p.m.|14 Tyler Street

Arts at the Armory Rick and Friends 10 a.m.|Café Esh Student Show 8 p.m.|Performance Hall|191 Highland Ave

**The Rockwell** The Best of the Boston Comedy Festival 8 p.m.|255 Elm St

#### Sunday April 21

Sally O'Brien's Bar Roundtable Acoustic Brunch with The Eggmen private party, public welcome 11 a.m.|335 Somerville Ave|617-666-3589

**The Burren** Beatles Brunch 9 a.m.- 3 p.m. Backroom series with Tom Bianchi|7 p.m.

247 Elm Street|617-776-6896 Bull McCabe's Pub

Dub Apocalypse 366A Somerville Ave|617-440-6045 Sally O'Brien's Bar Shawn Carter's Cheapshots Comedy|7 p.m. Marley Monday with The Duppy Conquerors reggae|10 p.m. 335 Somerville Ave|617-666-3589

The Burren Back Room: Stump Trivia|8:30 p.m. 247 Elm Street|617-776-6896

Bull McCabe's Pub Jimmy James Trivia|8:30 p.m. 366A Somerville Ave|617-440-6045

Thunder Road 379 Somerville Ave

**Once Somerville** 156 Highland Ave

Aeronaut Brewing Co. Board Game Bonanza 6:30 p.m.|14 Tyler Street

Arts at the Armory Queer Tango 6:30 p.m.|Café|191 Highland Ave

**Tuesday**|**April 23** Sally O'Brien's Bar Christian McNeill & Tim Gearan

7:30 p.m.|335 Somerville Ave|617-666-3589

The Burren Ella McDonald, Liv Greene 7 p.m.]247 Elm Street|617-776-6896

Bull McCabe's Pub Ghetto People Band 10 p.m.|366A Somerville Ave|617-440-6045

Highland Kitchen First Tuesday of the Month|Spelling Bee Night hosted by Victor and Nicole of Egoart. The fun starts at 10:00p.m.

150 Highland Ave|617-625-1131 **PJ Ryan's** Pub Quiz 10 p.m.|239 Holland St.|617-

625-8200 Thunder Road

379 Somerville Ave

Once Somerville Keep Flying Sundressed Waymaker, Sunstained 8 p.m.|156 Highland Ave

Aeronaut Brewing Co Indie Trivia 8 p.m.|14 Tyler Street

Arts at the Armory Pub Sing 7 p.m.|Café|191 Highland Ave

#### Wednesday April 24

Sally O'Brien's Bar Free Poker, lots of prizes! 8 p.m.|335 Somerville Ave|617-666-3589

The Burren

8 p.m.|156 Highland Ave Highland Kitchen 150 Highland Ave|617-625-1131 Aeronaut Brewing Co. Last Wednesday Residency: Han-

nah Bates 8 p.m.|14 Tyler Street Arts at the Armory

Strummerville Ukulele Club 7 p.m.|Cafe|191 Highland Ave

#### CLASSES AND GROUPS Wednesday April 17

**Central Library** Drop-in Knitting/Needlecraft 12 p.m.- 2 p.m. Constellations Poetry Reading 6:30 p.m.-8:30 p.m.|79 Highland Ave

#### Thursday|April 18

**Ciampa Manor** Learn English with the Library! 6 p.m.-8 p.m.|27 College Avenue

Central Library

Property Owner/Landlord Workshop 6 p.m.-7:30 p.m.|79 Highland Ave

First Church Somerville

Debtors Anonymous- a 12 Step program for people with problems with money and debt. 7 p.m.-8:30 p.m.|89 College Ave (Upstairs Parlor). For more info call: 781-762-6629

#### Friday April 19

East Branch Library East Branch Book Group 11 a.m.-12:30 p.m.|115 Broadway

#### Saturday|April 20

Winters Farmers Market

mory|191 Highland Ave

**Bagel Bards** 

48 Holland St

Sunday April 21

**Central Library** 

live music

Ave

9 a.m.-1 p.m. Arts at the Ar-

Somerville Writers and Poets

meet weekly to discuss their work

9 a.m.-12 p.m Au Bon Pain 18-

Irish Dance Workshop featuring

Fourth Step to Freedom Al-

7:00 P.M. | 6 William Street

Enter upstairs, meeting is in

Anon Family Groups

Unity Church of God

Monday April 22

**Central Library** 

1:15 p.m.-2:15 p.m.|79 Highland

**East Branch Library** Poetry with Lloyd Schwartz 10 a.m. -12 p.m.|115 Broadway

000-3309

#### The Burren

Backroom Series with Brian O'Donovan (of "A Celtic Sojourn" on WGBH)|7:30 p.m. Comedy Night with Arty P.|10 p.m. House Of Hamill|7 p.m.

House Of Hamili|/ p.m. 247 Elm Street|617-776-6896

#### Orleans Restaurant and Bar 65 Holland St|617-591-2100

Bull McCabe's Pub The A-BEEZ 10 p.m.|366A Somerville Ave|617-440-6045

#### **Thunder Road**

Bearly Dead – Wednesday Night Residency 8 p.m.|379 Somerville Ave

#### Once Somerville

The Woolly Mammoths Boston Cream Pop Disaster 10 p.m. 247 Elm Street|617-776-6896

Once Somerville Rock & Roll Rumble Semifinals Night 1 9 p.m.|156 Highland Ave

**Orleans Restaurant and Bar** DJ starting at 10 p.m. 65 Holland St|617-591-2100

#### Bull McCabe's

Akashic Record 10 p.m.|366A Somerville Ave|617-440-6045

#### Joshua Tree

DJ McRiddleton 256 Elm St. |617-623-9910

#### Casey's

Entertainment every Friday 173 Broadway|617- 625-5195

#### Thunder Road

Live Beatles Music All Night with Chameleon Rift and Studio Two Highland Kitchen

Sunday Brunch Live Country & Bluegrass Sunday Night Live Music 150 Highland Ave|617-625-1131

Orleans Restaurant and Bar Game Night 65 Holland St|617-591-2100

Thunder Road Americana Sundays with Amy Kucharik

7 p.m.|379 Somerville Ave

**Once Somerville** 156 Highland Ave

Aeronaut Brewing Co. Last Sunday BYOP Residency: The Late Risers 2 p.m.-5 p.m.|14 Tyler Street

#### The Rockwell

Somerville Theatre Festival 3 p.m.–7 p.m.|255 Elm St

Monday|April 22

Backroom Series with Brian O'Donovan (of "A Celtic Sojourn" on WGBH)|7:30 p.m. Comedy Night with Arty P.|10 p.m.

Andrew Geano, Emily and Jake, Suzanne Friedman|7 p.m. 247 Elm Street|617-776-6896

Orleans Restaurant and Bar 65 Holland St|617-591-2100

Bull McCabe's Pub The Nephrok Allstars 10 p.m.|366A Somerville Ave|617-440-6045

Thunder Road Bearly Dead – Wednesday Night Residency 8 p.m.|379 Somerville Ave

Once Somerville Camp Cope, Thin Lips, Oceanator at ONCE Ballroom Thin Lips, Oceanator

#### Laurie!

basement

4 p.m.-5 p.m. Campaign Finance Training 5:45 p.m.-8:30 p.m.|79 Highland Ave

Creative Drama Workshop with

East Branch Library

Learn English at the Library! 6 p.m.-8 p.m.|115 Broadway

#### Tuesday | April 23

Central Library

Learn English at the Library! 6 p.m.-7:30 p.m.|79 Highland Ave

#### Wednesday|April 24

**Central Library** Drop-in Knitting/Needlecraft 12 p.m.- 2 p.m. Property Owner Workshop, Part II 5:15 p.m.-6:45 p.m. Mystery Book Group 7 p.m.-8:15 p.m.|79 Highland Ave

## PLACES TO GO, THINGS TO DO!

## SENIOR CENTER HAPPENINGS:

#### **CENTER LOCATIONS, TIMES & SCHEDULES**

Holland Street Senior Center: located at 167 Holland Street (between Davis Square and Teele Square) Monday through Thursday 9:00 a.m. to 3:00 p.m. Fridays: 9:00 a.m. to 1:00 p.m.

617-625-6600, Ext. 2300

**Cross Street Center:** located at 165 Broadway (East Somerville)

Mondays & Tuesdays - 9:00 a.m. to 1:00 p.m. Thursdays - 9:00 a.m. to 3:00 p.m. 617-625-6600, Ext. 2335 Fax: 617-625-1414

Ralph and Jenny Center: located at 9 New Washington Street (behind the Holiday Inn)

Tuesday, Wednesday & Thursday 9:00 a.m. – 3:00 p.m. 617- 666-5223

Main Office: located at 167 Holland Street (between Davis Square and Teele Square.) Monday, Tuesday & Wednesday: 8:30 a.m. to 4:30 p.m. Thursday: 8:30 a.m. to 6:30 p.m. Friday: 8:30 a.m. to 1:30 p.m. 617-625-6600, Ext. 2300 Fax: 617-625-0688 TTY: 866-808-4851

#### UPCOMING EVENTS

Volunteers needed for the Engage for Brain Health Study – Are you starting to have problems with your memory or have trouble climbing stairs? Engage B might be right for you! 24 week study for people 60 to 89 years of age. Call Chris at 617-625-6600, ext. 2315 or email him at ckowaleski@Somervillema.gov for questions and additional information.

**Fit-4-Life Nutrition Classes** – Thursday afternoons from 3:00 p.m. to 4:00 p.m. with our Nutritionist Caitlin McAfee. Learn about our new and upcoming nutrition programs including, Cooking with Caitlin, Fit-4-Life Nutrition Class, Meal in a Mug and more. For more information call Caitlin at 617-625-6600, ext. 2316.

Healthy Steps – Thursdays – Ralph & Jenny Center from 12:30 p.m. to 1:30 p.m. Healthy Steps is a therapeutic, gentle, movement class for anyone who needs to get moving, particularly anyone recovering from surgery, frail elders or those living with chronic fatigue or arthritis. Class is free. For additional information or questions to call 617-625-6600, ext. 2300.

**Monthly Book Club Selections** – Meets the 3rd Friday of each month from 10:00 a.m. to 11:30 a.m. April 19: "Soul of America" by Jon Meachem.

**Country Western Line Dancing** – The 1st & 3rd Thursday of each month- Holland Street Center. \$3 per class – no experience needed. For additional information or questions call at 617-625-6600, ext. 2300.

ABBA Tribute – Thursday, April 25 at the Davensport Yacht Club. \$69 per person includes transportation, lunch, show, taxes and gratuity. Meal choice of stuffed breast of chicken or baked scrod. Time to be determined. If you require additional information, have any questions or want to reserve your spot please call at 617-625-6600, ext. 2300.

**Older Americans Luncheon Celebration** – Wednesday, May 1 at the Dilboy Post located at 351 Summer Street from 11:00 a.m. to 2:00 p.m. Enjoy an afternoon of music, food and fun. Limited seating and transportation. RSVP a must. Call Connie at 617-625-6600, ext. 2300. more. For questions, additional information or to reserve your spot please call Connie at 617-625-6600, ext. 2300.

**Charge Up your Charlie Card** – Tuesday, May 21 – Holland Street from 10:30 a.m. to 11:30 a.m. Time to preload money onto your Charlie Card. Join the Social Workers when they walk to Davis Square T stop where they will help you load money onto your Charlie Card and show you how to use your card to enter the gate. Please RSVP to Josie at 617-625-6600, ext. 2300.

**Fiore's Restaurant** – Wednesday, May 22 - \$25 per person – check in time is 10:45 a.m. at Holland Street and 11:00 a.m. at Ralph & Jenny. Meal choices are Salmon, Lasagna or Chicken Parmesan. Question, need additional information or to reserve your spot please call Connie at 617-625-6600, ext. 2300.

Happy Wedding Anniversary – Wednesday, June 5 from 11:00 a.m. to 2:00 p.m. at Dilboy Post located at 371 Summer Street. Are you a married couple celebrating 50 years or more of marriage? Join us for a wonderful celebration. Couples celebrating 50 years or more are free! Friends and family are \$15 per person. If you require additional information, have any questions or want to reserve your spot please call at 617-625-6600, ext. 2300.

Atlantic City Boys – Wednesday, September 18 at the Davensport Yacht Club. \$69 per person includes transportation, lunch, show, taxes and gratuity. Meal choice of stuffed breast of chicken or baked scrod.Time to be determined.If you require additional information, have any questions or want to reserve your spot please call at 617-625-6600, ext. 2300.

#### LGBTQ EVENTS

**LBT Women Fit-4-Life** - Fitness Class is Thursday evenings starting at 6:00 P.M. \$10 a month fee - scholarships available & it just might be covered under your insurance. We have available slots and would love to have you. If you have any questions or require additional info, please contact our Health & Wellness Coordinator, Chris Kowaleski at 617-625-6600 Ext. 2315.

**LGBTQ Monthy Lunch** – Wednesday, April 17 starting at 11:30 a.m. at our Holland Street Center. This month's meal is beef stew, corn, tossed salad and oat bread. Please RSVP to Debby Higgins at dhiggins@somervillema.gov or call 617-625-6600, ext. 2321.

WEEKLY EXERCISE AND NUTRITION CLASS SCHEDULE (Please cut out and save)

#### Monday:

Keep Moving Walking Club\*\* - 9:00 a.m. (H) Tai Chi – 11:30 a.m. (H)

Fit-4-Life Group C - 1:00 p.m. (H)

#### Tuesday:

Strengthening - 9:00 a.m. (H) \$3 per class (H) Fit-4-Life - 11:00 a.m. (C) Bike Club – 12:15 p.m. (H)

#### Wednesdays:

Fit-4-Life Group A (exercise) - 9:00 a.m. (H) Fit-4-Life Group B (nutrition) - 9 a.m. (H) Fit-4-Life Group B (exercise) - 10:00 a.m. (H) Fit-4-Life Group C (nutrition) - noon (H) of each month from 6:00 p.m. to 7:30 p.m. Our Social Worker, Ashley Speliotis, facilitates this group. Are you caring for a parent, relative, s pouse or close friend? Feeling isolated or overwhelmed? You are not alone! Come share your experience and practical support. Open to all and new members are always welcome. If you are interested in joining, have any questions or require additional information please call Ashley at 617-625-6600 Ext. 2318.

**Conversations of the Heart** – Meets bi-monthly on Mondays from 1:00 to 2:00 P.M. at our Holland Street Center. Social Worker, Natasha Naim, facilitates this group. If you are interested in joining, have any questions or require additional information please call Natasha at 617-625-6600 Ext. 2317.

**Current Events Group** – Meets every Thursday at 9:30 a.m. Our Social Worker, Natasha Naim, facilitates this group. Join a group of your peers to discuss current events. If you are interested in joining, have any questions or require additional information please call Natasha at 617-625-6600 Ext. 2317.

**De-cluttering support group** - If you have concerns around your clutter, this group may be for you. This closed group meets both in spring and fall for 6-8 weeks. This group is co-facilitated by Natasha Naim and Marina Colonas. If you are interested in joining, have any questions or require additional information please call Natasha at 617-625-6600 Ext. 2317.

Low Vision Support Group – Meets the second Tuesday of each month from 10:30 a.m. to 11:30 a.m. Our Social Worker, Ashley Speliotis, facilitates this group. Do you know someone who has trouble seeing? Do you have low vision? Join our Low Vision Support Group for educational and informative information and peer support in a confidential environment. Lunch and transportation may be available on request. If you are interested in joining, have any questions or require additional information please call Ashley at 617-625-6600 Ext. 2318.

**Memory Café** – Meets the second Thursday of every month from 4:30 p.m. to 6:00 p.m. at the Mt. Vernon. Our Social Worker, Ashley Speliotis, facilitates this group. A welcoming place for people with forgetfulness and their family and friends to share a meal and create new memories. If you are interested in joining, have any questions or require additional information please call Ashley at 617-625-6600 Ext. 2318.

**Mens Group** – Meets the first Tuesday of each month from 10:30 a.m. to 11:30 a.m. This group is facilitated by our volunteer, Norbert DeAmato. Are you recently retired? Looking to connect with other men in the community? Join our men's group where you can connect with old friends and make new ones. All men 55 and over are welcome. If you are interested please call 617-625-6600 Ext. 2300.

#### **CROSS STREET GROUP INFORMATION**

**Coffee & Conversation** – Meets every Monday, Tuesday & Thursday from 10:00 a.m. to 11:00 a.m. Maureen Bastardi, Program Coordinator and Sandy Francis, Cross Street Center Volunteer, work together to facilitate this group. Come meet people from all over the world and join in the discussion of a different topic every day. Conversation is followed by the Fit-4-Life exercise program and then lunch. If you are interested in joining, have any questions or require additional information please call Maureen at 617-625-6600, ext. 2335.

**Knowing your Electric Bill & Scams** – Thursday, May 2 starting at 10:30 a.m. at our Holland Street Center. Lunch & Bingo to follow. Please call Josie at 617-625-6600, ext. 2300 to sign up.

Annual Nutrition Fair – Thursday, May 9 from 10:00 a.m. to 11:30 a.m. at the Dilboy Post. There will be food demos, healthy eating tips, recipes, giveaways and much much more. Join us for a healthy lunch and bingo after the fair. RSVP is a MUST. If you have questions, need additional information or want to RSVP please call 617-625-6600, ext. 2300.

**Castle Island** – Monday, May 13 from 8:45 a.m. to 1:00 p.m. Transportation provide – lunch is on your own. \$5 - If you have questions, need additional information or want to RSVP please call 617-625-6600, ext. 2300.

The Preakness – Thursday, May 16 – Sunday, May 19th – Baltimore, Maryland - \$719 / per person double \$969 / per person single. Includes motor coach transportation, deluxe accommodations, reserved seating concourse level for the Preakness Stakes and Fit-4-Life Group C (exercise) - 1:00 p.m. (H) Zumba 4 All - 5:15 p.m. - \$3/class (H)

#### Thursdays:

Yoga - 9:00 a.m. (H) Fit-4-Life - 11:15 a.m. (C) LBT Fit-4-Life, 6:00 p.m. (H)

#### Fridays:

Fit-4-Life Group A - 9:00 a.m. (H) Fit-4-Life Group B - 10:00 a.m. (H) Fit-4-Life Group A (nutrition) 10:00 a.m. (H) Adventure Group – Please call for details \*All Fit-4-Life classes are \$10 per month and require pre-registration

#### HOLLAND STREET GROUP INFORMATION

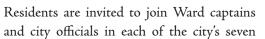
**Book Club** – Meets the third Friday of each month from 10:00 a.m. to 11:30 a.m. This group self-facilitates. Group members choose both fiction and non-fiction titles on a quarterly basis. Books are available on reserve at the Central Branch of the Somerville Library. If interested please call 617-625-6600 Ext. 2300. **Caregiver Support Group** – Meets the third Tuesday Arts & Crafts – Meets the second and fourth Thursdays of each month starting January 11th - from 1:00 p.m. to 2:30 p.m. Join us in a relaxing atmosphere as we learn about a wide range of arts & crafts from weaving to watercolor pencils. Maureen Bastardi, Program Coordinator facilitates this group. Must call a week in advance if you plan on attending. This is necessary to ensure we have enough material for everyone. If you are interested in joining, have any questions or require additional information please call Maureen at 617-625-6600, ext. 2335.

#### **RALPH & JENNY GROUP INFORMATION**

Knitting Blankets – Every Tuesday & Thursdays from 10:00 a.m. to 11:00 a.m. Join us as we knit blankets for babies. If you are interested in joining, have any questions or require additional information please call Judy at 617-625-6600, ext. 2300

## Somerville Spring Cleanup scheduled for May 4

Join the City of Somerville, Groundwork Somerville, and Comcast Cares for the annual Spring Cleanup, on Saturday, May 4, from 9:00 a.m. to noon. All participants are invited to meet at the Blessing of the Bay Boat House on Shore Drive from 9:00 to 10:00 a.m. for breakfast, a short speaking programs, and information from local environmental organizations before heading out to cleanup sites.



Wards to help prepare the city for the spring and summer by planting flowers, weeding open spaces, and otherwise cleaning our community following the long winter months.

The Spring Cleanup is part of SustainaVille Week, which runs from April 27 to May 4. To learn more about the week's programming visit www.somerville-ma.gov/sustainaville.

If you'd like to register for the cleanup ahead of time visit bit.ly/Somerville-CleanUp2019. Pre-registration is not required, however, if you have a group larger than five people it is very helpful to let us know you so we can make sure we have enough supplies for your team.

Volunteers should meet Ward captains at 10:00 a.m. at the following locations:

#### Ward 1:

East Branch Library, 115 Broadway

#### Ward 2:

South Street Farm, 138 South St. Quincy Street Open Space, 14 Quincy St. ArtFarm, 10 Poplar St. Argenziano School and playground, 290 Washington St.

#### Ward 3:

Morse Kelley playground - Corner of Summer St. and Craigie St.

#### Ward 4:

Blessing of the Bay Boat House, 32 Shore Dr. Steps at the Mystic Housing Development/Healey School

Ward 5: Community Path, Cedar St. entrance, 154 Cedar St.

#### Ward 6: Davis Sq., Statue Park (near JP Licks), 4 College Ave.

Ward 7: Dilboy Stadium, meet at tennis courts, 110 Alewife Brook Parkway

For questions about the clean-up, please contact Nina Eichner at 617-625-6600 ext. 2998 or NEichner@somervillema.gov.

### BOBBY'S DAD JOKES CORNER

By Bobbygeorge Potaris



## Somerville Media Center launches VOX POP



Somerville Media Center has announced its debut of VOX POP on May 9, 6:00 p.m. at 431 Artisan Way, Assembly Row. The public is invited to attend the Grand Opening and stick around for a super fun Opening Day Comedy Show at 7:00 p.m.

VOX POP is a pop up community arts space that is the result of a collaboration between Federal Investment Realty Trust (FRIT) the property developer and manager for Assembly Row and SMC the non-profit community media center based out of Union Square.

What can you expect to see or do there? The goal is to come and find out for yourself. However, as a media center, there will certainly be live cable television productions as well as live podcasting events taking place. SMC will also host for the public some virtual reality demos, author talk series, media education classes, children storytime readings, artist panel discussions, classic movie night screenings and more.

"Think of it as Somerville's version of WBUR's City Space or WGBH's Studio as Boston Public Library," says Brian Zipp, SMC's executive director.

In addition to producing media outside of their Union Square studios, this is an opportunity for people to acquaint or re-acquaint themselves with the oldest community media center in the commonwealth.

The activities are not limited just to electronic media. FRIT has provided the space with the expectation that SMC will curate community-facing activities of all types, with SMC leveraging its strong ties to area non-profits, agencies and organizations throughout the community.

"We're excited to have Somerville Public Library host Pajama Story Time at Vox Pop this summer," says Erica Jones, SMC Director of Institutional Development. "FRIT has provided a phenomenal opportunity for SMC and its community partners for visibility and outreach in Somerville."

SMC is busy outfitting the space for hosting its grand opening and the myriad of activities for the summer beyond. For more details visit somervillemedia.org/ voxpop.

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Preductor         Preductor         Differ         1:30 m         DW Clabal 3000           1:30 and         Somewile Storyteller         1:30 m         DW Clabal 3000           1:30 and         UVE - Fallor's Daily Roast         2:00 pm         Somewile Storyteller         3:00 pm         DW Clabal 3000           1:00 and         UVE - Fallor's Daily Roast         2:00 pm         Somewile Storyteller         3:00 pm         DW Euronaxy           1:00 pm         Health is Weath         5:00 pm         Somewile Storyteller         3:00 pm         Democrary Now (Free Speech TV)           1:00 pm         Health is Weath         5:00 pm         Common the storyteller         3:00 pm         Common the storyteller           2:00 pm         Seeds Ltpl Somewille         1:00 pm         Common the storyteller         7:00 pm         Common the storyteller           3:00 pm         Health Neighbor         1:00 pm         Somewiller         7:00 pm         Common the storyteller         7:00 pm         Commo the storyteller						The World Fusion Show	1:00pm	The Kamla Show
10:30am         Somewille Storytellew         130am         SCATV Secret Stath         7.00p         Poet to Poet, Writer 6 Writer 6         2.00p         NASA TV Silcon Alley Live           11:30am         UEV - Falins Yabily Road         2.00am         SCATV Secret Stath         7.00pm         Somewille Storytellew         4.00pm         Poet Somewille Foet Somewille Storytellew         4.00pm         Poet Somewille Storytellew         4.00pm         Poet Somewille Foet Somewille Storytellew         4.00pm         Poet Somewille Foet Somewille Storytellew         4.00pm							1:30pm	DW Global 3000
U1:00am         UVE - Fallen's Daily Roart         2:00am         Free Speech TV         2:00p         Som         Som         Democracy Novi (free Speech TV)           1:00pm         Health Stevalth         2:00am         The Bill Press Show (free Speech TV)         8:00pm         Sopeial SCATV Programming         4:00pm         Legacies           1:00pm         Art Seen at SWC         8:00am         Democracy Novi (free Speech TV)         8:00pm         Nosai Genet e Costumes         6:00pm         Calify Free Speech TV)           2:00pm         Science 3:00         9:00am         Canify Gree Speech TV)         1:00pm         DUWY The Show         6:00pm         Calify Free Speech TV           2:00pm         Speak Upl Somerville         9:00am         Calify Free Speech TV         1:00pm         Calify Free Speech TV         7:00pm         LUVE - The Yellow YadeK1 Lady           3:00pm         The Ellow Spaint Som Kings Som		· · · · · · · · · · · · · · · · · · ·			7:00pm	Poet to Poet, Writer to Writer	2:00pm	NASA TV Silicon Valley Live
12:00pm         The Thom Hartman Show (Free Speech TV)         6:00am         SCATV Community Bulletin Board         8:00pm         Special SCATV forgramming         4:00pm         DW Euronaxsx           13:00pm         Art Seen at SMC         8:00am         Democracy Nowl (Free Speech TV)         9:00am         Comp of Speak         9:00					7:30pm		3:00pm	Democracy Now! (Free Speech TV)
Tadym         Health Sweath         7.00an         The Bill Press Now (free Speech TV)         8.30pn         Henry Pater Presents         4.30pn         Legacias           1.30pm         Art Seer at SMC         8.00an         Democracy Now (free Speech TV)         9.30pr         Nosa Cambridge Calebac         5.00pm         Cologhm         Golghm         The Bill Press Now (free Speech TV)         File Calabia         Fi					8:00pm	Special SCATV Programming	4:00pm	DW Euromaxx
1:30pm         Art Seen at SMC         8:00am         Democracy Nowl (free Speech TV)         9:00pm         Nossa Lente & Cottumes         5:00pm         TeleCalasia           3:00pm         Science 30         9:00am         Cambridge Calendar         10:00pm         Nossa Lente & Cottumes         6:30pm         The Last Speech           3:00pm         The Literal Scence         11:00am         NSA         Cambridge Calendar         11:10pm         Timed Speech         The Literal Scence         11:10pm         The Literal Scence         11:10pm         Timed Speech         The Literal Scence         11:10pm         Timed Speech         The Speech TV         7:30pm         Helan Neighbor         Helan Neighbor <td></td> <td></td> <td></td> <td></td> <td>8:30pm</td> <td>Henry Parker Presents</td> <td>4:30pm</td> <td>Legacies</td>					8:30pm	Henry Parker Presents	4:30pm	Legacies
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Monday, April 22

Sunday, April 21

8:30am	Fit-4-Life #3
9:00am	Senior Circuit - "Eco-Friendly Electricity"
9:30am	Vision Zero Meeting - 3.27.19
11:30am	Greek Independence Day 2019
1:00pm	Letters of World War II at Council on Aging
2:30pm	SomerViva em Portugues
3:00pm	Raising Families "Youth Vaping & Smoking"
6:00pm	SomerViva em Portugues
6:30pm	Raising Families "Youth Vaping & Smoking"
7:00pm	Vision Zero Meeting - 3.27.19
8:33pm	Talking Business "Bow Market"
9:00pm	Prospect Hill Groundbreaking Ceremony
9:30pm	Letters of World War II at Council on Aging
10:43pm	Greek Independence Day 2019
Thursda	y, April 18
12:30am	Public Hearing-Voting PT2
8:30am	Raising Families "Youth Vaping & Smoking"
9:00am	Prospect Hill Groundbreaking Ceremony
9:30am	Public Hearing-Voting PT1
10:00am	SomerViva em Portugues
11:30am	Prospect Hill Groundbreaking Ceremony
12:00pm	Senior Circuit - "Eco-Friendly Electricity"
12:00pm	CC-Finance Committee of the Whole
4:00pm	Upcoming Meeting Agenda
7:00pm	City Council Meeting - LIVE
Friday, A	pril 19

#### CITY TV 22 (Comcast) | 13 (RCN) Schedule 12:00am City Council Spotlight - Ben Ewen Campen 7:00pm Vision Zero Meeting - 3.27.19

12:31am	Public Hearing-Voting PT1
1:00am	City Council Spotlight - Ben Ewen Campen
1:32am	School Committee Meeting - 4.1.19
8:30am	City Council Spotlight - Ben Ewen Campen
9:01am	SomerViva em Portugues
9:30am	Prospect Hill Groundbreaking Ceremony
11:30am	Raising Families "Youth Vaping & Smoking"
12:00pm	CC-Traffic & Parking Public Hearing
3:17pm	Prospect Hill Groundbreaking Ceremony
6:00pm	Senior Circuit - "Eco-Friendly Electricity"
6:30pm	Raising Families "Special Needs Education"
7:00pm	Talking Business "Bow Market"
7:30pm	Vision Zero Meeting - 3.27.19
9:03pm	Raising Families "Youth Vaping & Smoking"
9:30pm	Prospect Hill Groundbreaking Ceremony
9:39pm	School Committee Meeting - 4.1.19
Saturday	y, April 20
12:00am	SomerViva em Portugues
12:30am	Public Hearing-Voting PT2
8:30am	Fit-4-Life #5
9:00am	The Bilingual Brain: Benefits of Bilingualism
11:30am	Adult-Use Marijuana: Public Presentation
12:15pm	Talking Business "Bow Market"
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12:35pm SomerViva en Español 1:00pm Senior Circuit - "Eco-Friendly Electricity" CC-Traffic & Parking Public Hearing 1:30pm 6:30pm SomerViva em Portugues

11:30am	City Council Spotlight - Ben Ewen Campen
12:01pm	City Council Meeting - 4.11.19
6:00pm	Vision Zero Meeting - 3.27.19
7:33pm	Talking Business "Bow Market"
8:00pm	Tuskegee Airmen
9:00pm C	Community Preservation Plan Public Hearing
10:44pm	Letters of World War II at Council on Aging
Tuesday,	April 23
12:00am	School Committee Meeting - 4.1.19
2:00am	Greek Independence Day 2019
8:30am	Sit & Be Fit Allamerican Workout
9:00am	SomerViva em Portugues - April 2019
9:30am C	Community Preservation Plan Public Hearing
11:30am	Raising Families "Youth Vaping & Smoking"
12:00pm	Senior Circuit - "Eco-Friendly Electricity"
12:30pm	Talking Business "Bow Market"
1:00pm	Greek Independence Day 2019
2:30pm	SomerViva em Portugues
3:00pm	Raising Families "Youth Vaping & Smoking"
6:30pm	Prospect Hill Groundbreaking Ceremony
7:00pm	Senior Circuit - "Eco-Friendly Electricity
7:30pm	SomerViva em Portugues - April 2019
	Community Preservation Plan Public Hearing
9:44pm	GLX Public Meeting - 3.13.19
11:18pm	Public Hearing-Voting PT1

#### Wednesday, April 24

12:00am Senior Circuit - "Eco-Friendly Electricity" 12:30am SomerViva em Português

#### Educational 15 Schedule

#### Wednesday, April 17

10:30am

11:00am

1:00pm

2:00pm

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Wednesday, April 17

9:00am N	ational Honor Society Induction Ceremony
11:00am	SHS Boys Basketball vs Medford
12:30pm	Student of the Qtr WSNS
1:00pm	SCAP Student Health Survey Presentation
2:00pm	Kennedy School Drama Club
3:30pm	Our Schools, Our City - Maker Mindset
4:00pm	Boys' Middle School Intramural Soccer
5:00pm	Girls' Middle School Intramural Soccer
6:00pm	National Honor Society Induction
7:05pm	Our Schools, Our City - Maker Mindset
8:00pm	SHS Boys Basketball vs Medford
9:30pm	Student of the Qtr WSNS
10:00pm	SCAP Student Health Survey Presentation
11:00pm	Kennedy School Drama Club
Thursday	, April 18
12:30am	Boys' Middle School Intramural Soccer
1:30am	Girls' Middle School Intramural Soccer
9:00am	SHS Hockey vs Latin Academy

10:00pm 11:00pm Friday, April 19 12:30am 9:30am 11:00am 12:00pm 2:00pm 3:00pm 4:00pm 4:30pm 6:00pm 7:00pm 9:00pm 10:00pm 11:00pm Saturday, April 20 Our Schools, Our City - Maker Mindset 12:30am SHS Hockey vs Lynn English 2:00am Boys' Middle School Intramural Soccer 9:00am Girls' Middle School Intramural Soccer 10:30am Kennedy School Drama Club 12:00pm El Sistema- Elamanecer de la Música 1:30pm SHS Hockey vs Latin Academy 3:00pm Our Schools, Our City - Maker Mindset 4:30pm SHS Hockey vs Lynn English 5:00pm

9:00pm

Boys' Middle School Intramural Soccer Girls' Middle School Intramural Soccer Kennedy School Drama Club

National Honor Society Induction 9:00am Our Schools, Our City - Strong Foundations National Honor Society Induction El Sistema- Elamanecer de la Música SHS Spring Concert Boys' Middle School Intramural Soccer Girls' Middle School Intramural Soccer Our Schools, Our City - Strong Foundations National Honor Society Induction El Sistema- Elamanecer de la Música SHS Spring Concert Boys' Middle School Intramural Soccer Girls' Middle School Intramural Soccer

SHS Boys Basketball vs Swampscott

SHS Boys' Basketball vs KIPP MIAA Playoff: SHS Boys Soccer v Revere SHS Girls Basketball v Lynn English SHS Girls Basketball vs Peabody SHS Boys Basketball vs Medford Somerville Learning 2030 Presentation SHS Girls Basketball vs Peabody **Raising Families - Vaping** SHS Boys Basketball vs Billerica

SHS Girls Basketball v Lynn English
SHS Girls Basketball vs Peabody
SHS Boys Basketball vs Medford
SHS Boys Basketball vs Billerica

Talking Business "Bow Market'

Greek Independence Day 2019

Public Hearing/Open Space - 3.12.19

Middlesex Update w/Marian Ryan

Talking Business "Bow Market"

City Council Meeting - 4.11.19

Talking Business "Bow Market"

City Council Meeting - 4.11.19

Vision Zero Meeting - 3.27.19

Fit-4-Life #4

The Bilingual Brain: Benefits of Bilingualism

Prospect Hill Groundbreaking Ceremony

Senior Circuit - "Eco-Friendly Electricity'

Prospect Hill Groundbreaking Ceremony

Senior Circuit - "Eco-Friendly Electricity"

Senior Circuit - "Eco-Friendly Electricity'

Prospect Hill Groundbreaking Ceremony

Greek Independence Day 2019 Prospect Hill Groundbreaking Ceremony

City Council Spotlight - Ben Ewen Campen

SomerViva em Portugues - April 2019

SomerViva em Portugues - April 2019

10:30pm Letters of World War II at Council on Aging

11:30am City Council Spotlight - Ben Ewen Campen

1:00am Community Preservation Plan Public Hearing

Sunday, A	April 21
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1:10am SHS Spring Concert 3:30am Public Domain Theater 9:00am SHS Spring Concert Kennedy School Drama Club 11:00am 12:30pm Our Schools, Our City - Strong Foundations El Sistema- Elamanecer de la Música 1:00pm 1:30pm Student of the Qtr. - ESCS 2:05pm National Honor Society Induction 4:00pm Raising Families - Vaping 5:00pm SHS Spring Concert 7:00pm Kennedy School Drama Club 8:30pm Our Schools, Our City - Strong Foundations 9:00pm El Sistema- Elamanecer de la Música 10:00pm National Honor Society Induction

#### Monday, April 22

Kennedy School Drama Club 12:00am 1:30am Bovs' Middle School Intramural Soccer Girls' Middle School Intramural Soccer 2:30am 3:30am Public Domain Theater 9:00am Our Schools, Our City - Strong Foundations 10:00am SHS Spring Concert National Honor Society Induction 12:00pm El Sistema- Elamanecer de la Música 1:30pm

2:00pm	Kennedy School Drama Club
3:30pm	SHS Boys Basketball vs Medford
5:00pm	Our Schools, Our City - Strong Foundations
6:00pm	SHS Spring Concert
8:00pm	National Honor Society Induction
9:30pm	El Sistema- Elamanecer de la Música
10:00pm	Kennedy School Drama Club
11:30pm	SHS Boys Basketball vs Medford

#### Tuesday, April 23

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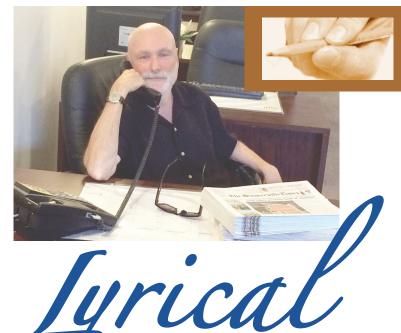
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12:05am

)am	SHS Hockey vs Ham-Wen Reg	
)am	SHS Hockey vs St. Joe's	
)am	Healey School gr. 3-8 Winter Concer	
)0am	Argenziano School MLK Concer	
)0am	SHS Boys Basketball vs Medford	
30pm	Student of the Qtr WSNS	
)pm	SCAP Student Health Survey Presentation	
)pm	Kennedy School Drama Club	
)pm	Our Schools, Our City - Strong Foundations	
)pm	Boys' Middle School Intramural Socce	
)pm	Girls' Middle School Intramural Socce	
)pm	National Honor Society Inductior	
ōpm	SHS Spring Concer	
)pm	SHS Boys Basketball vs Medford	
)pm	Student of the Qtr WSNS	
)0pm	SCAP Student Health Survey Presentation	
)0pm	National Honor Society Inductior	
dnosday April 24		

SHS Spring Concert

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SOMERVILLE

edited by Doug Holder

## **OFF THE SHELF** by Doug Holder

## **'Three Hands None'** by Denise Bergman

Three Hands None by Denise Bergman Black Lawrence Press)

Review by Lee Varon, Off the Shelf correspondent

Denise Bergman's new book of poetry, *Three Hands None*, is a stunning collection. The incident at the heart of the book is the assault of the narrator by a stranger who breaks into her apartment. She describes "a twenty-year old woman alone in a tiny speck of bed/ deep inside sleep wakes up to a man with a knife at her throat."

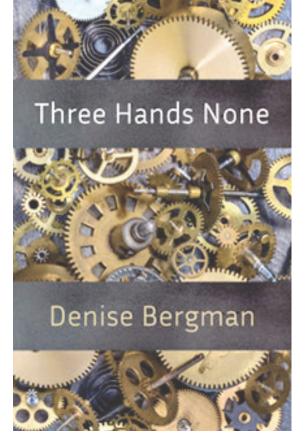
The "three hands" in the title refers to the confusion and disorientation the narrator feels as she attempts to recount her horrific ordeal: "his three hands one on my mouth one with his knife one/ holding the flashlight so close my eyes were on fire. She feels as if her attacker has three hands to her "none" since she feels paralyzed in the moment of the attack – "this is what powerless is."

The ten poems of the book are divided by long dashes enclosed in brackets which give the reader a pause between each of the connected poems. The often long lines without capitalization create a strong forward momentum – I couldn't put the book down.

The story moves from the night the narrator is assaulted to her attempt to recognize her assailant from the many mug shots she is shown by the authorities "photos of men was it this one that I tell them that I hadn't seen his face." In the aftermath of the assault the narrator is haunted by the feeling that threat is pervasive: "he knows who I am/ each man I pass on my way to work/ knows who I am." He could be anywhere with his "surveillant camera" watching her, ready to strike again. And apart from the daily way in which the attack intrudes in every aspect of her life is the overarching question so many survivors ask: "why me/who was I to him..."

Like all survivors, the narrator's being is shaken to its very core. The attack has stripped her of her sense of self and safety: "he he he gleaned me. what's left are leafless stalks too thin to/ catch a wind."

Bergman keenly depicts the disconnection and confusion which disrupts everything in the narrator's world: "she sleeps I sleep for weeks a waking sleep though I can't sleep/ can't fall or stay asleep."



fist." There is a glimmer of reawakening and yet the narrator keeps circling back to the assault even as she moves forward.

It will take decades in which "speech was a pageless lexicon" before she is able to write about her experience. Some people don't understand and wonder why she chooses to write about her ordeal after so many decades. Her answer to them rings out with conviction and clarity: "I say to sleep" and then, "to find the me back then."

In this volume of striking poems the narrator finds "the me" that was stripped from her as a young woman and we as her readers are in awe of her courage and gratified by her incremental triumphs in regaining her selfhood.

In the final section of the book, the narrator broadens her view beyond her own experience to encompass the plight of all survivors of violence – both women and men. She connects with other survivors and encourages the reader to: "go to her though she doesn't ask beg or hint" and also, "bring her a siren bring her a bell bullhorn megaphone/ microphone but know she will choose to whisper."

In *Three Hands None* Bergman goes beyond a whisper to a full-throated, powerful, beautifully

Karen Klein founded teXtmoVes, a poetry/ dance collaborative, performing in concert halls, art galleries, and libraries since 2016. Her lyric poems and haiku have been published nationally and internationally, most recently in *SLANT*. She is a member of Steeple Street Poets and is working on her first chapbook.



#### Yemen

sacred texts are often found in forms of scrolls tightly wound so that their truths are wrapped into the center in the way the truths of bones are in their deep channels of marrow life source of new blood cells in the way the humerus is wrapped in the fleshy shawl of the upper arm soft when squeezed

bone hard underneath

in the way when the

soft shawl of flesh

eats itself

leaving its hard

bone core

with a skin cover

stretched

to a taut

translucence

— Karen Klein

To have your work considered for the Lyrical send it to: Doug Holder, 25 School St.; Somerville, MA 02143. dougholder@post.harvard.edu Yet there is still a kernel of herself that endures and pulls her through the nightmare she is experiencing. It is midway through the book that: "on

hands and knees I retrieve the kernel lock it in my

crafted work of art that will reverberate long after you have finished her book.

Lee Varon is a member of the Somerville Bagel Bards.

### Tufts University Department of Music Presents Klezmer Ensemble

The Tufts University Department of Music presents Klezmer Ensemble, in the Distler Performance Hall, Granoff Music Center on Wednesday, May 1, at 8 p.m.

The Jumbo Knish Factory presents traditional Jewish and non-Jewish folk repertoire from Russia, the Ukraine, and other territories of the old Russian empire, joined by special guests Leon Gunther and the Bielalitsa Chorus.

The Granoff Music Center is located at 20 Talbot Ave on the Medford/Somerville campus.

Admission is free and open to the public. For more information, please visit as.tufts.edu/music/ musiccenter or call the Granoff Music Center Box Office at 617.627.3679.





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