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The Somerville Times

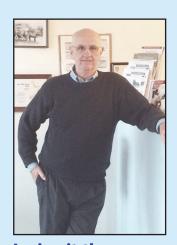


VOL. 4 NO. 48

SOMERVILLE, MASS. WEDNESDAY, NOVEMBER 30, 2016

TWENTY-FIVE CENTS

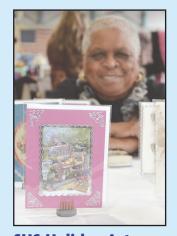
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Losing it the easy way page 3



A Sister City's students visit page 8



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Board of Aldermen hold property assessment hearing



The City Assessor's property classification and residential exemption recommendation was approved last week by the Board of Aldermen.

By Joe Ruvido

The Board of Aldermen unanimously approved the property classification and residential exemption recommended by the City Assessor at their meeting on Tuesday November 22.

The Board heard a presentation by Marc Levya, Chief Assessor or Somerville. Per Massachusetts Law, commercial and residential property values and the processes that determine those values need to be reassessed every three years. The city uses these assessments to calculate the projected amount of property taxes they will collect to finance the city budget. The city cannot run a fiscal deficit so the valuations are an important step in financing city

The Board of Aldermen cannot control the valuation outcomes, but they can change the property classifications and exemptions that apply to residential properties. Continued on page 4

'A Series of Weird Old Cars' honors community work by late Al Riskalla

By Manna Parker

The intersection of Pearl and Medford Streets is adorned by colorful stairs. Rainbow tread marks lead to the steps where three old cars are painted in bright colors by local artist Liz LaManche.

The name of the mural written below the steps, The Soul's Journey As A Series of Weird Old Cars memorializes the late Al Riskalla.

On a blustery autumn day in mid-November, Al's friends, family, and customers gathered to commemorate the third anniversary of Riskalla's death from cancer. After a long career as a mechanic at the ABJ Auto Repair Shop, Riskalla is remembered fondly by many. "He kept me on the road for twenty-five years," said long-time customer Chip Piatti, describing Riskalla as always giving him the best options that would fit his budget.

"My dad's favorite things were learning how things worked and fixing



Continued on page 17 "The Souls Journey as A Series of Weird Old Cars" street mural by Liz LaManche.

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Don't forget to park on the EVEN side of the street this winter during snow emergencies. The Board of Aldermen voted to alternate every year, and this year it is the EVEN side. So scramble to get your spot as soon as they declare. Hopefully, the city won't be calling any false alarms. Commissioner Stan Koty will give the signal when it's about to snow.

Happy birthday to a lot of our friends and fellow Villens here this week: Happy birthday to local celebrity from Victor's Deli Jason Fucile who, along with his wife Nancy, is celebrating this week. Also, happy birthday to a nice lady, Charlene Harris. We also wish her a speedy recovery. Happy Birthday to Craig Resmini of Winter Hill Liquors. We hope he has a great day for himself. Happy birthday to a good guy and old friend, Peter Forcellese the senior. We hope he has a great day as well. Happy birthday to local guy who is always busy, Peter Blaikie of Winter Hill. Happy birthday to Jimmy Del Ponte Jr., who celebrates this week. He and his brother work hard on their band Mallcops. Between school and road trips they keep very busy. We hope Jim has a great day for himself.

Somerville Rotary is looking for some new members. Rotary is a service club for businesses and local non-profits. Somerville Rotary meets at **12:15 p.m. every Tuesday** at the **Holiday Inn**. If you'd like to find out more about Rotary and what it does here both in the city and internationally, go to the their website at www.somervillerotary.org

Real Estate Answers Show is on mainly Friday evenings at 6:00 p.m. and various other times. The latest episode concerns the use of solar energy here in the city. Christine Andrews, City of Somerville Housing and Environment Programs Coordinator, answers questions and explains how it would benefit property owners here in the city, even multi property owners. It's a great program. Watch the show and go online to the City of Somerville website, www.somervillema.gov and right there on the front page is the program link. Call 617-625-6600 x 2567 to find out if your home qualifies now.

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The Somerville Times

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Photographer: Claudia Ferro

The Somerville Times is published every Wednesday

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TheSomervilleTimes.com Comments of the Week

Response to: Board of Aldermen mulls over Green Line Extension funding

A. Moore says:

Here we go again. This is not going to cost us more, yet every project such as Assembly causes my taxes to go up. The override for the high school is the death sentence for many of us already and here we go again with more promises of it not costing us more. Seriously? If you can't afford don't buy it.

CAP says:

Wealthy Cambridge, who will be getting a compete redesign of Lechmere and a state-of-the-art T station, offered to kick in \$15 million. Meanwhile, Joe immediately promised that the already over-burdened Somerville taxpayers will pony up \$50 million to deliver up a trolley stop for the US2 developers to help market their condos in Union Square.

You call that the best way to play a hand?

LindaS says:

A. Moore, you're right. The mayor wants to make Somerville the most hip, progressive, modern city in the country, at the expense of its residents.

He commits money for these projects at our expense. What decent person would commit someone else's money without asking first or knowing if they can pay for it?

We all need to help pay to keep our city going, I get that. But you can only pay out so much money. Many folks have jobs that only manage to cover necessities, some are unable to get a job or work and aren't able to get assistance, some are retired and living on fixed incomes that just barely pay the bills.

The mayor claims he wants Somerville to be affordable to all levels of income, but that's just not true. More and more he strives to make Somerville a city for the young professional at the expense of its older residents. Whatever he says, his actions speak louder than his words.

Why would he care if we have to pack up and leave because we can no longer afford to stay? That would be fine for him; he knows someone will just move in who can afford to pay.

Our water bills have already gone up \$180/year. Property taxes have already gone up in the past year or two. Now they're reassessing property values again. How much more are we expected to pay out in taxes before we're forced out of our homes?

Our single-family house has been paid off for years, but because of this, our taxes are going to go up to where it will feel like we are paying a mortgage again. Landlords will be forced to drive rents up, too, so that families will also have to struggle to pay or leave for somewhere else. At what point does any of this stop?

ritepride says:

It is time for our entire Board of Aldermen to represent the citizens of

Somerville to stop the mayor's self priorities. They should stop the \$50 million Bond for the "T" GLX. It is not this city's responsibility to pay for

projects that are the responsibility for the state to pay.

We are assessed an annual fee for "T" operations. We need to replace the mayor with a City Manager like Cambridge. A person with strong money management experience. Joe couldn't get a casino in Somerville and has no problem using our city as his own personal casino, spending our money using Bonds as his personal "markers".

Somerville wants to pay \$50 million yet Cambridge will pay only \$1.5 million. Something definitely wrong with this. The mayor still trying to get appointed a judge?

As a sanctuary city we may be hit with a loss of federal funding when the new President Trump takes over. We need a moratorium on Bonds, etc. till we see what fiscal shape we will be in down the line. Paying the state's

financial issues is illegal, wrong as we already pay yearly towards the "T"s operational budget.

Log onto TheSomervilleTimes.com to leave your own comments



Bluntly Speaking by Donald Norton

Before I begin, this is not a commercial for this or any other diet. I have no interest in the ownership of this diet that I am about to talk about. The results might be different, depending on the individual. I can only affirm what my experience is or was.

Getting old is not a good thing sometimes, but getting old and gaining weight is harder to lose than when you were younger. You keep saying to yourself, "If only I could just lose 20 to 30 pounds, I would feel much better."

And you never do, but what you do is listen to the constant barrage of the many diets that are being advertised. You know we see them all the time, the pills you can order and they guarantee you will lose weight and when you order them they come and it's take the pills, cut down on this and exercise you'll lose 5 pounds (ok, maybe it says more than 5 pounds). You get the pills on your credit card and once they are delivered you find out that you are getting charged monthly and these pills keep piling up (of course, you never take them).

Meanwhile you are listening to more lose weight fast commercials with stars saying "You too can lose 100 pounds" in six short months. You know the ones I am talking about. They show you before and after shots and, of course, they are toned up and look years younger and you find out by asking people that

the diet you just saw cost in the end thousands of dollars. Then as soon as you're off, you gain the weight back again.

One day, an old friend stopped in the office back in August. I hadn't seen him in over a year. He was here on business and I noticed something different about him. I've known him going back to the 80's in the business and was struck by the way he didn't seem to age or get fat.

So I asked and he proceeded to tell me about his diet (I was prepared to listen, but like all the diets out there I was leery). He explained how it's supervised by a once a week visit to a doctor, and that he would text a daily report on his weight.

The first phase of the diet was 40 days lose 40 pounds or more. He explained how he didn't have to exercise, take special foods or buy shakes. It was based on a total calorie intake count daily. He was limited to 500 calories a day, no breakfast. They give you an outline of many foods you can eat but you had to keep track of the calories.

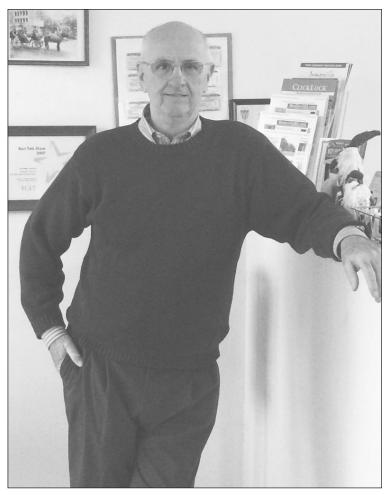
He told me he was given a diary and every day he would keep track of the food that he ate and how much. He talked about a friend of his that was on it and he got the idea from him. He mentioned that his wife also was on it and lost about 30 pounds. They were far beyond the diet program and hadn't gained a pound. I got the name and number and immediately called and set up an appointment with the office, which is in Woburn.

I visited the NutriMost Wellness and Weight Loss office and sat with the doctor and he gave me a series of tests showing my body intake and then he went over what I would be required to do. He suggested I be limited to 650 calories a day since I have no medical problems. He spent enough time with me and didn't rush. He answered all my questions and concerns, and the final straw that sold me was his comment, "You don't have to exercise. And if you follow the diet you will see results immediately and not be hungry."

I started the diet on August 22, weighing in at 245 pounds with a goal of 195 to 200 pounds by the end of 40 days, I was instructed not to eat any breakfast for the entire 40 days, just black coffee no sugar, and my meals were broken down to about 300 calories each.

The first day on the diet it's officially eat all you want with no calorie count, so pig out on whatever you wanted. But starting on day 2, it was down to 650 calories and going with specified foods. He gave me various weight lose supplements and some other vegetable pills to curb the hunger urges I might have.

By the end of day 8, I was down to 231 pounds (yes, that's right, 14 pounds). Every morning I would get up and weigh myself, then I would shower



A fit and trim Donald Norton sheds high praise for the dietary plan offered by NutriMost Wellness and Weight Loss. — Photo by Bobbie Toner

and weigh myself again and call lost 5 pounds. I was amazed. in my weight.

On day 8 I was in total shock and couldn't believe it. I thought maybe the scale was broken but it wasn't. The following 8 days it slowed down but I could notice it coming off. I was down to 225 pounds. Actually, I was for the next few days at the same weight with no loss, so he had me eat nothing for the day but 6 apples. That's it, just 6 apples, 2-hours apart. He assured me that I would break through, and sure enough, 24 to 48 hours total I

Now I could actually see it, and others were noticing the loss of weight too. Over the next 6 or 7 days I was still 220, one day down to 219 but back to 220, so he had me go out and buy raw coconut raw oil in paste form, get a large steak and cook it in the coconut oil and eat just that for the day with a tomato. Sure enough, I weighed in at 215 to 216 depending on the next 3 or so days.

Days 22, 23, 24, 25 and 26 I couldn't get Continued on page 9

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Celebrate the holidays in Somerville

Join Mayor Curtatone and City staff for Somerville's annual holiday celebrations, kicking off on Thursday, December 1, with the Christmas Tree Lighting and visit from Santa Claus, on the City Hall Concourse. Also part of the 2016 events are the Somerville Arts Council's Illuminations Tour on December 17, and a ceremonial lighting of a Menorah on the City Hall Concourse on December 24.

The annual Christmas Tree lighting will start the holiday festivities on Thursday, Dec. 1, at 5:30 p.m., followed by a meet and greet with Santa Claus in the Somerville High School Highlander Café (atrium entrance). Santa Claus will be escorted by the Somerville Fire and Police Departments for the ceremony and will be available for photos following the tree lighting. All children attending the ceremony will also receive a gift from Santa. Live entertainment for the event will feature: the Somerville High School Band and the Somerville Community Chorus. Following the tree lighting, refreshments will be served at SHS, where children will be able to meet Santa. On Saturday, Dec. 16, residents and visitors are invited to the Somerville Arts Council's Illuminations Tour. Tour guides will lead trolleys past some of the City's most spectacular displays of holiday lights, sharing stories about the families that decorate and providing local historic trivia en route. Tours depart from the City Hall Concourse every 45 minutes beginning at 4:30 p.m. Refreshments, choral music and craft activities will be available inside City Hall.

Trolley Tour tickets will be available at the Blue Cloud Gallery, 713 Broadway, beginning Sunday, Dec. 4. Tickets are \$10.00 for adults and \$5.00 for children and seniors. For more information, visit www.somervilleartscouncil.org.

Finally, a ceremonial Menorah Lighting will take place on Saturday, Dec. 24, at sundown (approximately 4:15 pm). All members of the community are invited to join Mayor Curtatone and City staff for a brief ceremony and photo on the City Hall Concourse. The Menorah will be lit each night of Hanukkah.

For more information on the City's holiday events, please contact Nancy Aylward at 617-625-6600 ext. 2100.

By Jim Clark

Kmart shoppers skip the formalities

Police were summoned to the Kmart store on Middlesex Ave. last Saturday on reports of a couple leaving the store with a shopping cart full of merchandise without paying for it.

While the report was being phoned in, officers were told by store security personnel that they had witnessed a male and a female push a bag of stolen merchandise out of the store in the shopping cart.

The store staff reportedly watched the couple via the store's closed circuit television video surveillance system as they loaded the merchandise into a vehicle located in the side parking lot of Kmart.

By the time an officer arrived at the store they were informed that the couple was just driving out of the parking lot with the allegedly stolen goods.

Activating the cruiser's blue lights and siren, the officer was able to catch up to the suspect's vehicle at a red light at the intersection of Grand Union Boulevard and Revolution Drive.

After the light turned green, the suspect's vehicle pulled to the right side of the road behind Home Depot.

As the officer began to exit his cruiser, the suspect's vehicle took off again up Grand Union Bou-

levard, according to reports.

The officer pulled behind the vehicle with blue lights and siren activated while updating Somerville dispatchers with his location and situation.

At the intersection of Grand Union Boulevard and Mystic Avenue, the car was forced to stop momentarily for the traffic stopped at the red light.

The traffic opened up just enough for the suspect vehicle to pass through, and it reportedly turned right onto Mystic Avenue, then accelerated through the solid red light at the intersection of Mystic Avenue and Lombardi Way, making

no attempt to stop.

As the car traveled down Mystic Avenue, its speed increased, according to the officer. The posted speed on Mystic Avenue is 30 mph. The officer noted that he was approaching 70 miles per hour as he followed behind the vehicle, which was pulling away at what was estimated to be 80 miles per hour.

Due to the risk to the public's safety, the officer deactivated the blue lights and siren and discontinued the pursuit.

Police ran the license number and learned that the car belonged to a business in Cambridge. According to reports, an employee

of the company, Derrick Wilson, of Quincy, had reported the vehicle as being stolen.

As police investigated, they found that Wilson appeared to be the suspect recorded on the video surveillance system.

Police located and arrested Wilson, charging him with failure to stop for police, larceny over \$250, negligent operation of a motor vehicle, conspiracy, speeding, and failure to stop or yield.

A criminal complaint against Wilson's alleged accomplice for larceny over \$250 and conspiracy to commit larceny was subsequently filed as well.

Crime Tip Hotline: 617-776-7210

Help Keep Somerville Safe!

SOMERVILLE POLICE GRIME LOG

Arrests:

Alexander Fedele, of 238 Broadway, November 23, 3:39 p.m., arrested at Somerville Ave. on a charge of shoplifting by asportation.

Ralph Ramsey, of 115A Verona St., Somersworth, NH,

November 24, 6:06 p.m., arrested at Alewife Brook Pkwy. on charges of operation of a motor vehicle under the influence of liquor, open alcohol container, unlicensed operation of a motor vehicle, and receiving a stolen motor vehicle.

Carlton Haynes, of 444 Harrison Ave., Boston, November 25, 3:28 p.m., arrested at Canal St. on a warrant charge of possession of a class A drug.

Derrick Wilson, of 73 Bicknel, Quincy, November 26, 12:55 p.m., arrested at Mid-

dlesex Ave. on charges of failure to stop for police, larceny over \$250, negligent operation of a motor vehicle, conspiracy, speeding, and failure to stop or yield.

Alexander Fedele, of 238 Broadway, November 26, 7:29 p.m., arrested at Middlesex Ave. on a charge of larceny under \$250.

Kahlil Walter, November 27, 1:10 p.m., arrested at Canal St. on charges of larceny over \$250 and possession of a class B drug.

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Board of Aldermen hold property assessment hearing

CONT. FROM PG 1

The classification of property approved by the board allows Somerville to tax the commercial sector at the highest possible rate relative to residential properties under Massachusetts law. The exemption is the amount that can be subtracted from a property's value to reduce the taxable base of that property. Exemptions can only be claimed by owner-occupants, a tax rule enacted to discourage absentee landlordism.

Valuations are calculated using the average value of real estate sales in city neighborhoods. They are measured in dollars per square foot. In keeping with trends in the Boston Metro Area, most valuations have increased this year. The biggest increases were seen in East Somerville and Winter Hill where values jumped an average of 23 percent. According to the presentation,

about 68 percent of homeowners will see a "light to moderate increase" in property taxes as a result of the revaluations.

The Board approved a residential property tax exemption of \$235,399 for fiscal year 2017. This will save the average homeowner an estimated \$2,747.11 if properties were to be taxed at their full valuation. The proposed tax rates are \$11.67 per \$1,000 dollars of value for a residential property and \$18.80 for a commercial property. The exemption and the rates are subject to approval by the Department of Revenue.

The Aldermen cannot set the rates at which properties are levied. Instead, according to Alderman President William White, aldermen can do two things: set the residential exemption amount used for property tax calculations and the classifica-

tion of commercial property.

White made the point that although the increase in assessments is frustrating, the main factor driving the need for that revenue is increased city spending. Valuations simply determine the percentage of residential property taxes relative to that.

Alderman Lafuente concurred saying, "The numbers are what they are. It's all about the budget. We need safeguard in place regarding how we go forward with developers." One vehicle for enforcing such safeguards could be a Community Benefits Agreement for the big projects that the city is proposing. CBAs will be discussed in greater detail at Tuesday's meeting of the Land Use Committee.

After the Assessor's meeting time was spent on committee reports. Of note was the approval of \$50,000 for a city utility ve-



Several Board members expressed their concerns over increased city spending.

hicle used to repair road signs. The current vehicle is unsafe and cannot pass inspection.

Rodent control issues were also discussed, in particular the use of dry ice to suffocate large rodent populations in areas of the city. Development tends to exacerbate rodent issues as trenching, dredging, and digging

uproot rodent populations.

The meeting began with the re-election of Alderman-at-Large White as Board President, and Ward 7 Alderman Katjana Ballantyne as Vice President. The Board meets on Thursday for further discussion on the Green Line Extension Project.

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SHS students go to SkillsUSA conference

By Rebecca Danvers

Students from Somerville High School took part in a conference held in Marlboro, MA, November 19-22. SkillsUSA is a partnership of students, teachers and industry working together to ensure America has a skilled workforce. SkillsUSA helps each student excel. They provide educational programs, events and competitions that support career and technical education (CTE) in the nation's classrooms.



Skills USA group with advisors. Back row (L to R) Mario Sousa, Charlotte Kafka-Gibbons, Sam Saron, Kyle Lentini, Halle Huges, Marissa Toner, Meghan Groskof. Front Row (L to R) Emily Sabatino, Nolan Roche and Steve Hawkins.





Somerville Public Schools winter concerts

All City Middle School Winter Concert: Thursday Dec 8, 7:00 p.m., SHS Auditorium, 81 Highland Ave.

The El Sistema Somerville "Community in Harmony" concert: Wednesday, December 14, 7:00 p.m. in the East Somerville Community School auditorium, 50 Cross Street.

West Somerville Neighborhood School Concert: Wednesday, December 14, 8:45 a.m., 177 Powderhouse Blvd.

Somerville High School Winter Concert: Thursday Dec 15, 7:00 p.m., SHS Auditorium, 81 Highland Ave.

East Somerville Community School: concert will begin at 8:45 a.m. on Friday, December 16, in the ESCS auditorium at 50 Cross Street.

John F. Kennedy School Winter Concerts: December 20, Grades K-3, 9:00-10:00 a.m., 6:30-7:30 p.m. January 11, Grades 4-8, 9:00-10:30 a.m., 5 Cherry Street, school cafeteria.

The students and faculty would be honored by your presence. Come and experience the amazing diversity and musical ability of the students. They truly need and appreciate your support. Admission is free.







Beacon Hill Roll Call



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Our Legislators in the House and Senate for Somerville:



Rep. Christine Barber

DISTRICT REPRESENTED: Thirty-fourth Middlesex. - Consisting of all precincts in wards 4 and 5, precinct 1 of ward 7, and precinct 2 of ward 8, of the city of Medford, precincts 1 and 2 of ward 4, and all precincts of ward 7, of the city of Somerville, both in the county of Middlesex.



Rep. Denise Provost

DISTRICT REPRESENTED: Twenty-seventh Middlesex. - Consisting of precinct 3 of ward 2, all precincts of ward 3, precinct 3 of ward 4, and all precincts of wards 5 and 6, of the city of Somerville, in the county of Middlesex.



Rep. Timothy Toomey

DISTRICT REPRESENTED: Twenty-sixth Middlesex. - Consisting of all precincts of ward 1, precinct 1 of ward 2, precincts 1 and 2 of ward 3, and precinct 1 of ward 6, of the city of Cambridge, and all precincts of ward 1 and precincts 1 and 2 of ward 2, of the city of Somerville, both in the county of Middlesex.



Sen. Patricia Jehlen

DISTRICT REPRESENTED: Second Middlesex. - Consisting of the cities of Cambridge, wards 9 to 11, inclusive, Medford and Somerville, and the town of Winchester, precincts 4 to 7, inclusive, in the county of Middlesex.

THE SENATE: There were no roll calls in the House or Senate last week.

A big topic of discussion last week in the Bay State and across the nation was whether the president of the Unit-

ed States should be elected by popular vote or through the current Electoral College system. Last week, U.S. Rep. Charlie Rangel (D-NY) and U.S. Sen. Barbara Boxer (D-CA) proposed constitutional amendments in Congress that would abolish the Electoral College.

The president and vice president are not actually elected directly by the voters but rather by "electors" who are elected by popular vote from each state. There are 538 electors with each state assigned electoral votes equal to the number of its members of Congress. The 538 electors, correspond to the 435 representatives, the 100 senators, plus three electors for the District of Columbia. Electors are chosen by political parties and pledge to vote for the winner of the state's popular vote. The candidate who wins 270 or more electoral votes wins the presidency.

Current results from this year give Donald Trump 290 electoral votes and Hillary Clinton 232. Michigan has not yet completed its tally so it is not certain where those 16 electoral votes will go. In the popular vote, although official results have not been announced, Clinton by most counts seems to be ahead of Trump at this point by anywhere from 1.5 to 2.5 million votes.

One of the key roadblocks to abolishing the Electoral College is that it would require a constitutional amendment that is either proposed by two-thirds of each house of Congress or by a constitutional convention that would be called if 34 states requested it. In both cases, the proposed amendment would then have to be ratified by 38 states to become part of the Constitution. Both avenues are difficult, at best.

Along comes Fair Vote, a group with the goal of electing the president by popular vote without abolishing the Electoral College but rather by creation of an unusual pact between the states.

The Bay State in 2010 joined this pact – the Agreement among the States to Elect the President by National Popular Vote. It would require states that join the pact to cast all their electoral votes for the presidential candidate who wins a majority of the national popular vote in all 50 states and the District of Columbia. The pact would become effective when states representing at least 270 electoral votes – a majority of the 538-vote Electoral College – join the pact. It is an attempt at an end-run around the Constitution.

The House 114-35 and the Senate 28-9, approved the measure in July 2010 and it was signed into law in August 2010 by former Gov. Deval Patrick.

Every four years there is talk nationally about abolishing the Electoral College and electing the president based on the national popular vote. The talk intensifies each time a candidate who wins the popular vote loses the election. This has occurred five times in history -- the most two recent being this year and in 2000 when Al Gore won 543,895 more popular votes than George W. Bush but was beaten by Bush in the Electoral College by a razor thin 271 to 266 margin. In the end, it was the recount in Florida in which Bush beat Gore by 537 votes that decided the race. The three other races in which this occurred were in 1824, 1876, and 1888.

Supporters of the pact say the law will pass constitutional muster because the U.S. Constitution gives the states exclusive and complete power to determine how to allocate their electoral votes. Opponents argue that

the Compact Clause of the Constitution requires congressional approval of the pact before it could take effect. The pact would likely be challenged in the courts if and when it has enough states to guarantee 270 electoral votes to the winner of the popular vote.

According to Fair Vote's website, the pact has been signed into law in the District of Columbia and ten states possessing 165 electoral votes -- 61 percent of the 270 electoral votes needed to activate the legislation. The states include California, Hawaii, Illinois, Maryland, Massachusetts, New Jersey, New York. Rhode Island, Washington State and Vermont. Only the approval of additional states with a total of 105 more electoral votes is needed before the measure goes into effect.

Supporters of the pact say the Electoral College is an antiquated system that is inherently undemocratic and gives voters in states with large numbers of electoral votes more voting power than those in other states. They argue the system was designed by the framers because they did not trust the common citizen to vote correctly and wanted a fail-safe method to overturn the voters. They note that presidential candidates now concentrate on and campaign in a handful of swing states while ignoring most of the states that are already solidly Democratic or Republican.

Rep. David Linsky (D-Natick) supports the law because he believes that every vote in every state should be equal. "The principle is simple: the vote of every person should count the same," Linsky said. "By eliminating the arcane Electoral College system, we can achieve a more fair and functioning democracy."

"The Electoral College is an undemocratic twenty-first-century anachronism," said Rep. Jay Kaufman (D-Lexington). "It was adopted in the eighteenth century as part of the political compromise between large and small states as this country was experimenting with nation-building."

Some opponents say that the Electoral College is a good system that has worked well and should not be changed. They argue it gives voters in smaller states power that they would not have if the president was elected strictly by a popular vote system in which candidates would concentrate on states with larger populations.

Some argue that electing the president by popular vote would give wealthy and fringe candidates a chance at success by focusing their efforts in a few major urban centers. Others said that the switch to a popular vote is a very serious issue that needs more study. Others argue that the Constitution provides no guidance on the ground rules for a convention which could cause all kinds of problems. They also say that a convention would not necessarily be limited to the Electoral College amendment and note that many amendments on several other topics could be considered.

"I voted against the National Popular Vote compact in 2010 because it represents an end-run around the Constitution," said Rep. Brad Jones (R-North Reading). "The Electoral College was created to ensure that presidential candidates have true, broad-based, national appeal among voters of various socioeconomic backgrounds, living in both urban and rural areas. Under the compact, the 11 most populous states could single-handedly decide the outcome of a national election, depriving smaller states of a role in the process."

Beacon Hill Roll Call continued



Rep. Paul Frost (R-Auburn) said that if the system is going to change it should be through the process of changing the U.S. Constitution, not a clever workaround. "The compact of states is weak and subject to political gamesmanship," said Frost. "Even if a state joins like Massachusetts did, nothing stops a state from leaving the compact if the party in charge of the state legislature doesn't think the compact works for their party's candidate for president that year. They have until June of that election year to opt out."

Stay tuned.

ELECT PRESIDENT BY POPULAR VOTE

Here is how local senators and representatives voted in 2010 on whether Massachusetts should join the Agreement among the States to Elect the President by National Popular Vote.

The pact was approved by the House 114-35 and the Senate 28-9. It was signed into law by former Gov. Deval Patrick.

(A "Yes" vote is for joining. A "No" vote is against join-

Rep. Christine Barber Was not yet elected Rep. Denise Provost Yes Rep. Timothy Toomey Yes Sen. Patricia Jehlen Yes

QUOTABLE QUOTES

"I've certainly known Scott for a long time and he's got over 20 years in military service as a citizen soldier, obviously a career here as a state legislator and as a U.S. senator and I certainly think he would be a worthy and worthwhile candidate." — Gov. Baker on former U.S. Sen. Scott Brown's possible role heading up the Department of Veterans Affairs in a Trump Administration. Brown met with Trump last week.

"It is through the Courts that the Rule of Law is enforced, so that all of us, regardless of our station in life, are able to enjoy life, liberty, and the pursuit of happiness. It is the Rule of Law which stands between order and chaos." — Kimberly Budd following her swearing in as an Associate Justice of the state's Supreme Judicial Court.

"2016 is going to be the hottest year in human history. We know why: pollution from burning coal, oil and gas is driving global warming. The longer we keep burning dirty fuels, the worse this problem is going to get." -Sharon Solomon, Global Warming Solutions Campaign Organizer, calling for the Bay State and other states to set stronger pollution reduction goals.

"Boston is ready to lead the charge on self-driving vehicles, and ... I am committed to ensuring autonomous vehicles will benefit Boston's residents. This is an exciting step forward, and together with our public and private partners, we will continue to lead the way in creating a safe, reliable and equitable mobility plan for Boston's residents." - Boston Mayor Marty Walsh on the testing of driverless vehicles, set to begin soon in the Boston.

HOW LONG WAS LAST WEEK'S SESSION? Beacon Hill Roll Call tracks the length of time that the House and Senate were in session each week. Many legislators say that legislative sessions are only one aspect of the Legislature's job and that a lot of important work is done outside of the House and Senate chambers. They note that their jobs also involve committee work, research, constituent work and other matters that are important to their districts. Critics say that the Legislature does not meet regularly or long enough to debate and vote in public view on the thousands of pieces of legislation that have been filed. They note that the infrequency and brief length of sessions are misguided and lead to irresponsible late night sessions and a mad rush to act on dozens of bills in the days immediately preceding the end of an annual session. During the week of November

Mon. November 21 House 11:06 a.m. to 11:24 a.m. Senate 11:07 a.m. to 11:25 a.m. Tues. November 22 No House session No Senate session Wed. November 23 House 11:03 a.m. to 11:17 a.m. Senate 11:05 a.m. to 11:21 a.m. Thurs. November 24 No House session No Senate session Fri. November 25 No House session No Senate session

21-25, the House met for a total of 32 minutes while the

Senate met for a total of 34 minutes.

Bob Katzen welcomes feedback at bob@beaconhillrollcall.com

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Recent Single Family Homes Sold in Somerville Over the Past Month: **Address Description DOM List Price Sale Price** 26 Warwick Street U:3 6 room, 3 bed, 3f 1h bath Contemporary 33 \$949,900 \$1,010,000 146 Powder House Blvd 11 room, 5 bed, 2f 1h bath Victorian \$950,000 81 \$999,900 173 Willow Ave 8 room, 4 bed, 3f 0h bath Victorian 13 \$1,325,000 \$1,450,000 20 Elston St 7 room, 4 bed, 3f 1h bath Other 26 \$1,399,000 \$1,389,000

Recent Condominiums Sold in Somerville Over the Past Month:						
Address	Description	DOM	List Price	Sale Price		
1188 Broadway U:207	4 room, 2 bed, 2f 0h bath Mid-Rise	15	\$699,000	\$760,000		
29 Oak St U:D	6 room, 2 bed, 2f 0h bath Rowhouse	24	\$699,000	\$695,000		
98 Highland Road U:2	5 room, 2 bed, 2f 0h bath 2/3 Family	113	\$699,900	\$685,000		
1188 Broadway U:303	4 room, 2 bed, 2f 0h bath Low-Rise	20	\$749,000	\$766,000		
24 Sunset Rd U:2	7 room, 3 bed, 2f 0h bath 2/3 Family	18	\$749,000	\$776,000		
103 Kidder Avenue U:1	6 room, 2 bed, 3f 1h bath 2/3 Family	21	\$749,000	\$835,000		
235 Willow Ave U:1	6 room, 2 bed, 2f 0h bath Townhouse	13	\$779,000	\$859,000		
57 Dane Street U:2	6 room, 2 bed, 2f 1h bath Townhouse	20	\$799,000	\$850,000		
135 Willow St U:7	5 room, 2 bed, 2f 0h bath Garden	33	\$799,900	\$795,000		
252 Summer St U:2	7 room, 3 bed, 3f 0h bath Townhouse	331	\$899,000	\$900,000		
103 Kidder Avenue U:2	6 room, 3 bed, 2f 1h bath 2/3 Family	23	\$899,000	\$922,000		
30 Concord U:2	8 room, 3 bed, 2f 0h bath 2/3 Family	13	\$925,000	\$980,000		
26 Warwick Street U:2	6 room, 3 bed, 3f 1h bath Detached	33	\$949,900	\$945,000		
31 Day Street U:B	6 room, 3 bed, 3f 0h bath Townhouse	19	\$1,198,000	\$1,351,000		

Recent Multi-Family Homes Sold in Somerville Over the Past Month:						
Address	Description	DOM	List Price	Sale Price		
51 Concord Ave	2 unit, 10 total room, 3 total bedroom 2 Family	26	\$849,000	\$800,000		
15-17 Vermont Ave	3 unit, 15 total room, 6 total bedroom 3 Family	96	\$944,999	\$875,000		
37 Banks Street	2 unit, 11 total room, 5 total bedroom 2 Family	11	\$949,000	\$1,100,000		
67 Bonair St	5 unit, 20 total room, 7 total bedroom 5+ Family	9	\$1,100,000	\$1,250,000		
18 Munroe St	2 unit, 13 total room, 6 total bedroom 2 Family	17	\$1,100,000	\$1,035,000		
32 Marshall St	2 unit, 11 total room, 5 total bedroom 2 Family	96	\$1,165,000	\$1,165,000		

8

OBITUARIES

Josephine M. DiPersio - November 26, 2016



Mrs. Josephine M. (Alibrandi) DiPersio, a lifelong resident of Somerville, died on Saturday, November 26th, at the Lawrence Memorial Hospital after a brief illness, surrounded by her family. She was 82.

Born and raised in Somerville, she was the daughter of the late Joseph and Helena (DeAngelis) Alibrandi. Josephine worked for many years in

Cambridge as a clerk at the Registry of Deeds. She was the beloved wife of the late Francis C. DiPersio.

Josephine was a devoted mother of Eugene DiPersio of Medford, Patricia Pisani and her husband Jeff of Stoneham, Karen Love and Robert DiPersio both of Somerville.

Devoted grandmother of Jamie, Nicole, Eric, Jennifer, Adam, Matthew and Marc.

Dear sister of Tony "Nino", Charlie and Joe Alibrandi, Mary Jones and the late Jeannett Rizzo. Also survived by many loving nieces and nephews.

Josephine's family is especially grateful to the nursing staff on the second floor of Lawrence Memorial Hospital, Medford for the care and concern shown to their mother and family.

Interment Woodlawn Cemetery, Everett.

Mark J. Haley, Sr. - November 23, 2016



Mark J. Haley, Sr., a lifelong Somerville resident, died tragically and unexpectedly on Wednesday, November 23rd. He was 49. Proudly born and raised in Somerville, he was the son of the late Clovis and Dolores (Vartabedian) Haley. A graduate of Somerville High School, Mark was employed for many years in the construction trades and was a member of Local 1421. He was a demolition foreman, specializing in large scale demolition projects and traveled throughout New England and beyond, no doubt making friends along the way. Mark will be remembered as a hard working guy who definitely knew how to have a good

time and will be missed by many.

Mark was the devoted father of Mark Haley, Jr., Matthew Haley, Michael Haley, Melinda Haley and Mitchell Haley, all of Saugus. He was the dear brother of Stephen Haley of Warren, Cheryl Bertocci and her husband Roy of Yarmouth, Joyce Brogna and her husband Daniel of Somerville, William Haley of Cape Cod, the late Linda McMasters and his late twin sister Michele Haley.

The Funeral Procession will be held from the George L. Doherty Funeral Home, 855 Broadway (Powder House Sq.) in Somerville on Thursday, December 1, 2016, at 10 a.m. followed by a Funeral Mass celebrated in St. Ann Church on Medford Street in Somerville at 11 o'clock. Relatives and friends are invited to attend. Calling Hours will be held on Wednesday, November 30, from 4:00 to 8:00 p.m. Interment will be at Holy Cross Cemetery in Malden. In lieu of flowers, donations in Mark's memory can be made to Somerville Overcoming Addiction, PO Box 45068, Somerville, MA 02145.

Sister City students visit Somerville

During the week of November 7-14, the city hosted six high school students and one teacher from Gaeta, Italy, one of the city's Sister Cities. The visit was part of the SERAPO student exchange program, which Somerville has participated in since 2009. In April, 2017, six SHS students will travel to Gaeta to learn about Italian education, culture, and history. During the groups' stay in Somerville, each student was hosted by an American family of a Somerville High School student. The group, along with their American host students, visited local universities, Somerville and Boston historic sites, and even took in a Boston Celtics game.





(L-R): Tsering Gesar, Giordana Gentile, Michelle Magalhaes-Teixeira, Marco Mazzone, Alessandro Stravato, Antonio Di Noia, Federico Pantanella, Kyle Lentini, Marissa Toner, Cody DiNatale, Silvia Tucciarone, Teresa Autiero, Kimberly Toner.

— Photos by Jaclyn Rossetti

Dorothy's Corner

BY DOROTHY DIMARZO



Haricot Vert Almondine

Here's a side dish that is easy to prepare and is packed full of flavor. The addition of the lemon zest and juice brightens up the dish. This is a perfect throwback side that will have your guests craving more.

1 lb. Haricot Vert2 tablespoons unsalted butter1/2 cup slivered almonds1/2 Lemon, zested and juiced

Freshly ground black pepper Kosher salt

Bring a stockpot of salted water to a boil. Add the haricot vert and boil for 3 minutes. Drain into a colander and add the haricot vert to a bowl of iced water to stop the cooking process. Drain again once cooled. In a large skillet, add the butter and melt. Add the almonds and toss in the butter for about 30 seconds. Add the drained haricot vert to the skillet and coat with the butter. Cook for an additional 2-3 minutes. Add freshly ground



black pepper, (about 2 turns from the pepper mill), a pinch or 2 of the Kosher salt, the lemon zest and juice and

plate immediately. Serves 4-5. Visit Dorothy's website at http://ddimarzo2002.wix.com/thymethief.

Food For Free receives \$15K

Cambridge-based food rescue organization, Food For Free, has been awarded a \$15,000 grant from Bank of America through its Basic Needs community support program. The grant will support Food For Free's food rescue program which will distribute two million pounds of fresh healthy food to more than 30,000 people in 11 Greater Boston



cities, including Somerville, in 2017.

Since 1981, Cambridge-based Food For Free has responded to local hunger by rescuing food that would otherwise go to waste and distributing it to local emergency food programs including food pantries, youth programs, shelters, and more. Through a combination of food rescue, farming, school and transportation programs, Food For Free's year-round services give people access to fresh fruits and vegetables which can be lacking in the diets of low-income individuals and families.

As the nation's first food rescue program, Food For Free feeds more than 30,000 people annually in Boston and beyond distributing food to more than 100 programs in Arlington, Boston, Cambridge, Chelsea, Everett, Lynn, Malden, Medford, Peabody, Somerville, and Watertown.

"Hunger in America is not only a lack of access to food – it's a lack of access to nutrition," says Sasha Purpura, executive director of Food For Free. "The funds granted to us through Bank of America will help us to distribute two million pounds of food in the coming year, which equates to more than 1.5 million meals. This food will help more than 30,000 people who struggle with access to healthy food in the Greater Boston area. We are incredibly grateful for this gift to support our work."

Bank of America is dedicated to helping

Announcement - Limited-time Program Ends 12/16

Now-12/16 residents who have completed a site visit from SolarFlair can sign up for reduced-cost solar through Solarize Somerville. Visit www.Somervillema.gov/Solarize. Email questions to your Solar Coach at somervillesolarcoach@gmail.com.



SustainaVille

Can't go solar? Have solar and want to do more? Save money and stay warm this winter by signing up for a no-cost Mass Save® Home Energy Assessment at www.somervillema.gov/sustainaville/residentialprograms.



Sally O'Brien's 335 Somerville Ave. 617-666-3589



Monday December 5

Shawn Carter's Cheapshots Comedy Jam 7 p.m. Marley Mondays with Duppy Conquerors 10 p.m.

Tuesday December 6

Brazen Invasion Tuesday residency 7:30 p.m.

Wednesday December 7

Free Poker, lots of prizes! 8 p.m.

Thursday December 8

Asa Brebner & the Naked I's, Trick Wallace Trio 8 p.m.

Friday December 9

Johnny Come Latelies 6 p.m. WEMF+ present Chris Wagner, Milu Wetsuit, Alternate Weekends \$10 cover 10 p.m.

Saturday December 10

Tom Hagerty Band 6 p.m. Glass Mannequins CD release with Atlas Lab, This Bliss, DJ Qwill \$10 cover 9 p.m.

Sunday December 11

Bucky Bear & The Titanium Hipsters 6 p.m.





Bluntly Speaking

CONT. FROM PG 3

lower, and once again he put me on an Apple Day (6 apples 2 hours apart, that's it), and on day 29 I weighed in at 212, stayed at this for couple of days and on day 33 hit 210 pounds. Then on day 38 I dropped to 206 pounds.

By now I could see it not only in my arms, face and legs, I was feeling the weight loss in my waist. Originally at the beginning I was 42 inches, now I was at a 35-36 inch waist.

Over the next several days I eventually dropped to 200 pounds. Actually, the reading on the scale was 198 to 200 pounds. This was the end of phase one, which actually ran 44 days for me, and my weight was down from 245 to 200 pounds.

I went into the next phases (2 and 3), eating more calories up to in the following week at 1700 calories to where I am now at 2200 calories.

I am still seeing the doctor once a week, and just finishing seeing him in person on phase 4, and I am texting him the weight and keeping track every day.

Now, the first thing you're going to say is that's not enough calories to live on daily, and I thought the same thing myself. But I can honestly tell you I never was hungry, I never had the craving for any of my favorite foods, not even when I would go and get my wife our favorite breakfast out of Ball Square Café. I would sit there and smile the entire time she ate. I never was hungry.

Once I saw the results setting in and actually taking shape I was very much focused on doing this diet and getting down to where I can easily do things that 40 pounds hold you back from.

The best thing about this diet is that it has taught me to eat better, healthier, and be more conscious of what I was eating. I am not crazy for sweets, and I am not going to over-indulge. Do I give myself a treat every now and then? Yes. I have learned how to eat anything but not go overboard with the portion.

I have learned that at the age I am (69) I can be healthy and lose weight. It just takes focus and finding the right diet, and not a scam. The diet is local, right in Woburn. You hear the commercials all the time on the radio, but you can't believe it's true. Take it from me, I did it and lost 45 pounds in just over 40 days on 650 calories a day.

Most diets stop and you end up gaining weight back, and more. Most diets are scams and cost a lot, with no results. Go to your favorite pharmacy and see how many different pills you can buy to "lose weight." They don't work and you have not learned anything from it.

This diet is for me friendly, no exercise, no strange foods or shakes, no gym exercise (for people my age that's the best part).

Go to www.newenglandweighloss.com or call Michael Pendolino, DC, at 781-938-9400. Make your appointment today and tell us how you did.

I swear by this diet and I know how I feel. You to can feel better, healthier and stay that way for as long as you want. I know it's only been a short while, but I also know from others that have

NO Hunger or Cravings ✓ NO Drugs
✓ NO Hormone Burns Fat
 Raises Metabolism
 Helps Keep the Weight off
 Targets Belly, Burn, Hips and 781-938-9400

done this diet, they will tell you the same thing.

Be prepared to go and ask all the questions you want. I wish everyone the best of luck with it. Let me know how you did by going online to our paper's website and tell us how your appointment went and how you're doing with it.

Donald Norton is Broker Owner of The Norton Group, 699 Broadway. Publisher of The Somerville Times. Email Donald with any questions donaldfnorton@gmail.com

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COMMENTARY

The views and opinions expressed in the commentaries and letters to the Editor of The Somerville Times do not reflect the views and opinions of The Somerville Times, its publishers or staff.

This holiday season, remember to shop local



By Joseph A. Curtatone

It's that time of year again! Tis the season for gathering with your friends and family, for enjoying whatever holiday(s) your family celebrates, and for giving. With that in mind, I'm pulling one of my "oldie but goodie" opeds from my archives to remind us all of the importance of shopping local, and supporting local non-profit organizations this holiday season.

With television, radio, social media, and virtually any other outlet surrounding us each day, we are inundated with reminders to shop at every turn. Whether you participate in the Black Friday deal-seeking rituals, stay local and support our local economy on Small Business Saturday, shop from the comfort of your own home on Cyber Monday, or donate to your favorite charity on Giving Tuesday, the possibilities are nearly endless.

As we Somervillians hit the stores this year, I want to encourage everyone to spend that money locally, right here in Somerville. If you're going to spend a chunk of money, it makes sense to invest a good portion of it in your local community, right? Right.

We all like living near city squares with open storefronts and a diversity of businesses. Yet thriving business districts don't happen by accident. That adorable or interesting or unique shop you like to walk past doesn't stay open if you never go into it and spend some money. The holidays are a make or break season for a lot of retail establishments. Local stores don't bombard us with offers like national chains, but this time of year is every bit as important to their bottom lines.

Shopping locally circulates your money where you live. Even if you shop at a local chain store, \$43 of every \$100 stays in our community. That store hires local employees and pays local taxes. If you shop at a locally owned business, the number of dollars that stay here jumps up: an estimated \$68 of every \$100 stays in our community because those shops use other local busi-

ness services (printing, marketing) and buy more of their supplies locally. All those local profits benefit the businesses—and through taxes then benefit the community. When you shop locally you put your money to work for you. Taxes paid by thriving local retailers help pay for better schools, public safety and public works.

The stronger our local commercial economy, the easier it is on your property taxes too. We want to continue to work to drive down what homeowners pay into the total pot by bringing in new businesses that bring new jobs and new commercial tax revenues. Some of that means bringing in new office tenants and tech companies like what's been happening over at Assembly Row and Partners, but it also means having thriving retail and restaurant districts throughout the city.

Ideally we want unique stores you can't find anywhere else. We want to build on that only-in-Somerville character that makes our city squares uniquely ours. Yet this is a classic case of City Hall's influence only extending so far. We can run storefront improvement programs to help small businesses, help new

businesses learn about available locations and obtain loans, and we can create the walking and biking amenities that help put customers on our streets, but then it's a matter of whether those potential customers put their dollars where their home is. That's you. That's me. That's our neighbors.

To be clear, I'm definitely not advocating anyone rush out to spend extra money. By all means, stay within your budgets. Yet shop local first and shop local last. You're more likely to find a one-of-a-kind gift that stands out, that makes a deeper connection. You'll find handmade local jewelry and items you'll never see at a chain store. The shop owners and workers also know their products better. They can help you pick out the exact right thing for that special someone.

This isn't some new notion. Those of us who have lived in Somerville a little longer can recall a time when Davis Square had Woolworth's, Grant's, Parke Snow and Gorin's. In other parts of the city we had Tello's on Broadway, Simonelli's Stylish Furniture and the "hot bread" sign flashing at Roma's bakery. Used to be that you could

get pretty much anything you needed in Somerville. That's the Somerville I watched slowly fade away when I was growing up here. I want it back.

I know I keep repeating the phrase "make Somerville a great place to live, work, play and raise a family," but the reason I do is because the Somerville I was born into was a place where you could do exactly that. When we needed something, we got it here. You didn't need to pack up the car and go on an expedition. People worked close to where they lived and they shopped here. The in vogue phrase for that is "a sustainable local economy." It's nothing new and it's something Somerville can have again.

One of the keys to it is keeping more of your money where you live. There's a world of choices out there and that's a good thing, but I'm just saying remember to choose Somerville too. What we spend now and where we spend it will shape our community. Somerville's a great place to shop on Black Friday, Small Business Saturday, Cyber Monday and every other day. The more we live here, the more livable Somerville will be.

LETTER TO THE EDITOR

The views and opinions expressed in the commentaries and letters to the Editor of *The Somerville Times* do not reflect the views and opinions of *The Somerville Times*, its publishers or staff. Readers are invited to send letters to the editor to *The Somerville Times*. Please email your letters to News@TheSomervilleTimes.com or mail them to 699 Broadway, Somerville, MA 02144. *The Somerville Times* Reserves the right to edit letters for style, grammar and length. All letters must include an name and contact information. Contact information will not be shared with the public. We look forward to hearing from you.

Thanking Volunteers for Special Meals-on-Wheels Deliveries

By Nathan Lamb

For many of us, Thanksgiving is probably some welcome time off. But for some it was also a chance to give back, by volunteering to help Somerville-Cambridge Elder Services (SCES) make Meals on Wheels deliveries.

All told, 46 volunteers steppedup for Meals on Wheels on Thanksgiving, allowing our regular drivers to enjoy the day off. Our thanks go out to the volunteers who made that possible, and to staff members who chose to come in and help out.

It was also a classic example of many hands making for light work: On average, our volunteers spent an hour working for SCES on the holiday, and in that time they delivered 177 dinners to Meals on Wheels clients. They were also helping the

SCES SeniorPet program, by delivering 31 meals for cats, 7 meals for dogs, 3 meals for birds, and 3 meals for turtles. Outstanding work!

In addition to providing a warm meal, our drivers often spend a few minutes chatting with clients, reaching out to others who may be feeling depressed or isolated during the holidays. In many ways, our volunteer programs provide more than just material support.

For those who'd like to get involved with something great like this, here's some good news: volunteerism is an ongoing activity at SCES. We have a diverse array of ongoing and one-day opportunities to make a difference in the local community. Typical activities include bagging groceries, providing medical escort or advocacy, or just volunteering to be a good neighbor for those who need companionship or mi-

nor help around the house.

Our website, eldercare.org, has a full listing of volunteer programs under the "Join Us" tab. Or contact Marie Mazzeo via email at vol@eldercare.org or by calling 617-628-2601, x3051 to learn more. I'm sure she'd be happy to hear from you.

Nathan Lamb is Director of Outreach and Community Relations at Somerville-Cambridge Elder Services.

About SCES: Established in 1972, Somerville-Cambridge Elder Services is a private, non-profit agency dedicated to improving the quality of life and maintaining the dignity and independence of older people in Somerville and Cambridge. For more information visit eldercare.org or follow SCES on Facebook and Twitter.



Doresta McIntosh (left) was one of 46 volunteers who stepped-up to make Meals on Wheels deliveries for Somerville-Cambridge Elder Services the morning of Thanksgiving. The volunteers allowed most regular drivers to have the day off, but McIntosh volunteered to come in and do her regular route on the holiday. She's seen here with SCES Community Meals Program Director Deborah McLean.

COMMENTARY

SIGNS OF THE TIMES

Illustrated by Jim Clark



Be sure to remember to shop local this holiday season.

Our View Of The Times



Here comes the holiday shopping season once again, and we are ready to embrace the opportunity to celebrate the only way we know how: with enthusiasm and optimistic attitudes.

Let the political and economic pundits doom and gloom themselves into their usual perpetual state of the doldrums. We know how to lift ourselves, to rise to

the occasion and make the most of what we have, in spite of whatever challenges may confront us.

While the Thanksgiving holiday reminds us to be grateful for the blessings we have received, likewise, the Christmas holiday allows us the opportunity to share our bounty and to take stock in all the good things that life here in the 'Ville has to offer.

We know that prosperity of spirit is far more important than the material wealth that may elude us from time to time. It may sound trite, but when you really think about it seriously the truth of it becomes clear.

As the mayor recently reminded us, "local first" applies to our friends, families,

and the occasional stranger as much as it does to our local economy. It's a time to be a little kinder, and a little gentler with one another, as well as help local business to both survive and thrive.

We are certain that the rewards to be gained from this will soften the effects of whatever excesses we may experience along the way.

Newstalk CONT. FROM PG 2

Our best wishes out to Alderman Bob McWatters, who isn't feeling well lately. He's a busy guy between his job and representing the residents so well in Ward 3.

Our condolences to the large family and many friends on the recent passing of Josephine (Alibrandi) DiPersio. Josie, to many who knew her, was a very nice lady and was very politically involved, going back many years. She was waked at Doherty's Funeral Home on Tuesday and a Mass is being held at St. Ann's on Wednesday at 10:00 a.m.

Get well soon, Pat Norton, who recently was rushed to the hospital on Thanksgiving Day with foot problem. She's home now and taking it easy.

Condolences to the family of Mark J. Haley, Sr. of Somerville, who passed away and will be waked out of Doherty's Funeral Home, Wednesday, November 30 with Mass at St. Ann's on Thursday, 11:00 a.m. His family has a GoFundMe page to help with the cost of the funeral: https://www. gofundme.com/mark-haley-funeraland-burial-fund. This was sudden and they need to raise money.

There's a new website in town. Check it out at www.somervillema.com. The Somerville Times is on the site. Also check out www.medfordma.com. Someone asked online why we keep these two websites in Newstalk. We guess it's because we like them.

For those that might be interested in

obtaining certification for firearms should look up the Lawrence Rod & **Gun Club.** They provide an extensive program at the end of which you receive certification for Massachusetts/NRA Certified Firearm Safety Classes. They run a class once a month, which is limited to 10 people and we hear that this is the place to go to learn safety when handling guns. Email gunclub@earthlink.net for more information and or go to their website at www.lawrencerodandgunclub.org and read up about the course. We've been told that the course has seen a major increase in people applying for it, especially women. We can tell you first hand here that it's a great course and quite thorough. The same goes for this in Newstalk. The club has informed us that many residents of Somerville have called or gone to the club to find out about certification.

It's that time of year again, when we're thinking of shoes and boots and much more. Head online to www.shoebuy. com for the best prices and fastest delivery right here in Somerville. We think Shoebuy is great. You go online to order, and within the next couple of days you get them delivered. Go see for yourself the vast inventory they have online for sale.

When you're home and looking for a place to go out to that is sort of like the Cheers of Somerville, head down to Sally O'Brien's on Somerville Avenue. Different entertainment every single night, from Open Mic to Texas holdem. Don't forget to order up a cheeseburger. We like Open Mic night we like watching not participating - but for those hams out there, maybe you'd like to try out your talent.

The 21st Annual Tree Lot Fundraiser For Somerville Public Schools starts on Friday, December 2 and runs through Sunday, December 18. It will be open weekdays 4:00 – 8:00 p.m. and weekends 10 a.m. - 8:00 p.m. Buy your awesome holiday tree or wreath locally and help support Somerville students and schools at the same time at Foss Park Pool, corner of Broadway and McGrath Highway. ******

President William A. White, Jr. has called for two Special Meetings of the Board of Aldermen to discuss matters related to the Mayor's Request to approve a Green Line Extension Project Participation Agreement and related Bond and Home Rule Petition. The first meeting is scheduled for Thursday, December 1, 2016 at 7:30 PM, in the Aldermanic Chambers, 2nd Floor, City Hall, 93 Highland Avenue. The second meeting is scheduled for Tuesday, December 6, 2016 at 7:00 PM, in the Aldermanic Chambers, 2nd Floor, City Hall, 93 Highland Avenue. Attached are agendas for the two meetings. For your information, these meeting will be stored online, in a searchable format, at the City's Board of Aldermen meeting portal, http:// somervillecityma.iqm2.com/Citizens/ Default.aspx. The draft Minutes of this meeting—a compilation of all of the actions the Board took-will be posted there as soon as they're prepared. The minutes of the BOA's other recent Board and Committee meetings are saved there as well. Finally, you can find prior year meeting minutes at using the Archived Meeting Minutes link on the Board's website, http://www.somervillema.gov/ departments/board-of-aldermen.

SHS Holiday Arts and Crafts Fair

More than 100 crafters from around New England gathered to sell their wares at the Somerville High School Track PAC's 25th Annual Holiday Arts and Crafts Fair last Saturday.

The SHS Track PAC supports and encourages track and cross-country athletes of Somerville High School, and provides more than \$6,000 in annual scholarships to graduating SHS seniors who are continuing their education. Donations can also be made directly to the SHS Track PAC at 81 Highland Avenue (Somerville High School), Somerville MA 02143 or by contacting Craft Fair Director, Dimitra Tsourianis Murphy at Somervillecraftfair@gmail.com.























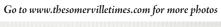












Photos by Claudia Ferro







SPORTS

20th Annual Gobble Gobble **Thanksgiving Race**





More than 3000 runners, joggers and stroller families of all ages and abilities gathered on Thanksgiving Day for the 20th Annual Gobble Gobble Thanksgiving Race. All proceeds benefit Project Soup as well as Somerville Track PAC. Go to http://www.coolrunning.com/results/16/ma/Nov24_20thgo_set1.shtml for race results. - Photos by Bobbie Toner

Ms. Cam's Olio - (noun) A miscellaneous #555

- 1. Which late rock star said, "When you're dead you're made for life"?
- 2. Ailsa Craig, Bedford Champion and Rijnsburger are varieties of what?
- 3. Who played James Bond in The Persuaders?
- 4. With which three words did TV's Dragnet always begin?
- 5. What is the Chinese New Year animal in 2017?
- 6. Goldings and Fuggles are varieties of what?
- 7. The hole in the ozone

- layer formed over which continent?
- 8. Who sculpted the statue of liberty?
- 9. What was Robert Redford's first movie?
- 10. What city's garbage collectors are honored by a street called Avenue of the Strongest?
- 11. What body of water is approximately nine times saltier than ocean water?
- 12. How old was Lady Gaga when she wrote her first piano ballad?

Answers on page 17



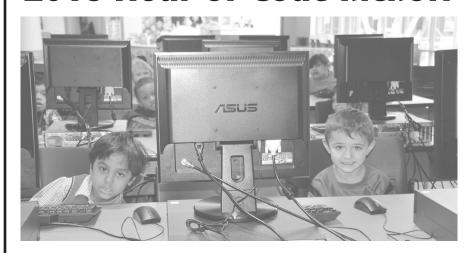


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2016 Hour of Code kickoff



What do Star Wars, Minecraft, Moana, MatLab, Kodable and Vidcode have in common? They're all part of an expanded list of more than 200 tutorials and lesson plans that Somerville Public Schools (SPS) students will be able to explore during the 2016 week-long Hour of Code event next week. On Monday morning, December 5, Somerville students, teachers and more than 100 volunteers will join millions around the world for a global movement that spans more than 180 countries. The 2016 Somerville Hour of Code event will offer every student in the district the opportunity to log at least one hour of computer coding during the school day, joining tens of millions of students world-wide on this annual coding adventure.

"Hour of Code is such an important event not only because of the educational value it offers students, but also because it allows students to experience firsthand the impact that computer science and coding have on their everyday lives, and to do it in a way that is fun and relevant to them," stated Somerville Superintendent of Schools Mary Skipper. "I'm looking forward to exploring alongside our students next week, and to learning from them as they discover the opportunities that computer science can open, and the roles that they can play in shaping their world."

Somerville launches this year's district-wide Hour of Code with a special kickoff event at the Kennedy School Library on Monday, December 5th at 9:00 a.m. More than 109,000 HOC events will be taking place around the world next week as part of the Hour of Code movement, which is held during Computer Science Education Week. In Massachusetts alone, nearly 700 Hour of Code events have been registered to date. While the event provides students with a basic introduction of computer science programming in one hour of coding activity during a week-long period, Hour of Code is designed to help students develop problem-solving and logic skills through a creative, interactive, and engaging activity that will inspire a lifelong interest in computer science.

"Our students deserve every opportunity to help them learn, grow, and thrive in a 21st century learning environment, preparing them for a 21st century career, and I am thankful to be the Mayor of a City where community partners, businesses, and organizations continue to come together to support this kind of educational opportunity," said Mayor Joseph A. Curtatone. "These students will shape the world that we live in, and Hour of Code provides youth with a tremendous opportunity to broaden their horizons and increase computer science literacy. We are incredibly thankful for the many partners who help make this experience an exceptional one for our students."

This year, Somerville students will also have an opportunity to dig deeper through a variety of special events that will be offered throughout the district, most of which will take place after school hours. Special activities will include working on a Minecraft Designer App at Somerville High School, Virtual Reality Workshops at the Brown and Kennedy Schools, a Family/Student STEM Challenge at the West Somerville Neighborhood School, a Robots activity at the Winter Hill Community Innovation School, the 1:1 Chromebook Experience at the Healey School, a Mini Maker Space at the East Somerville Community School, and more. Visit the Somerville HOC website to learn more about special activities that will be offered during Somerville Hour of Code week. (http://somervillehoc2016.weebly.com/special-events.html).

Community and business volunteers representing a range of industries will work with students and alongside teachers and library/media specialists throughout Hour of Code week, providing guidance as students delve into computer programming using a range of self-directed programs. Pegasystems, Winter Wyman, Hubspot, Microsoft, and Mass Technology Council are among the key organizations whose support and leadership have helped the Somerville Hour of Code event flourish over the last three years. Volunteers from these organizations will join other community volunteers in schools throughout the district next week to help students hone their computer programming skills through drag and drop programming using programs such as Minecraft, Moana, Kodable, and many others. Library/media instructors will continue working with students throughout the school year, using Hour of Code resources to help students continue building on their computer programming knowledge and skills.

What's on Somerville **Neighborhood News**

On this episode of Somerville Neighborhood News, Somerville holds a public hearing requesting a Community Benefits Agreement for the redevelopment of Union Square, we check in with local non-profit The Welcome Project, and we take a look at various responses to the Presidential election.



Somerville Neighborhood News is a production of Somerville Community Access Television, made by professional journalists, volunteers and staff. The half-hour news show has as its mission to provide a lively, informative newscast focusing on the events, issues and information impacting Somerville residents.



You can stay updated on more local news and happening by visiting our website at www.somervilleneighborhoodnews.org and you can watch new episodes on SCATV Ch. 3 Tuesdays at 7:00 p.m.

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CITY OF SOMERVILLE, MASSACHUSETTS **OFFICE OF STRATEGIC PLANNING & COMMUNITY DEVELOPMENT JOSEPH A. CURTATONE** MAYOR

MICHAEL F. GLAVIN **EXECUTIVE DIRECTOR PLANNING DIVISION**

LEGAL NOTICE OF PUBLIC HEARING

A public hearing for all interested parties will be held by the Zoning Board of Appeals on Wednesday, December 7, 2016 at 6:00 p.m. at City Hall, Aldermanic Chambers, 2nd Floor, 93 Highland Avenue, Somerville, MA.

46 Mount Vernon Street: (Case # ZBA 2016-121) The Applicant, True-Healing Health Services, Inc., and Owner, Ting Fang, seek a special permit under SZO \$7.11.4.f to operate an accessory office for acupuncture, massage, herbal medicine, and other holistic therapies within a primary

1366, 1370, 1372, and 1374 Broadway: (Case # ZBA 2016-127) Applicant, FHRC Management Corporation, and Owner, Clarendon Hill Somerville, Limited Partnership, seek a Special Permit under SZO §4.4.1 to install accessory smoking shelters on a lot with nonconforming structures. RC zone.

741 Somerville Avenue: (Case # ZBA 2016-134) Applicants and Owners, Fatima Abouzid and EL Mahjoub Karmoussi, seek a Special Permit under SZO §4.4.1 to construct dormers, remove and create new windows, and construct a deck within the required side yards of a nonconforming structure, RB zone, Ward 5.

NorthPoint Parcel JK - loading docks: (Case # ZBA 2016-137) Applicant/Owner DW NP Property LLC requests a Variance under §6.6.10.G for four loading docks on the secondary front lot line as part of a Commercial Office, R&D/Laboratory, or Other Use on Parcel JK within the overall North-Point development site. North Point Special District (NPSD). Ward 1.

102 Morrison Avenue: (Case # ZBA 2016-112) Applicant/Owner Paul Lavelle seeks a Special Permit under §4.4.1 to build an exterior stair for existing

70 Lowell Street: (Case # ZBA 2016-118) Applicant/Owner Daniel Needleman seeks a Special Permit under §4.4.1 for a second story and attic, for 1 additional bedroom, added to an existing 1-1/2 story 3-bedroom house. RB Zone. Ward 3.

55 Partridge Avenue: (Case # ZBA 2016-130) Applicant and Owner, Wei Zhang, sees a Special Permit under SZO Section 4.4.1 to finish the basement and increase the FAR. RA zone. Ward 5.

483 Medford Street: (Case # 2016-26) Applicant, Mouhab Rizkallah, and Owner, 62 College Ave Trust, LLC, seek a Special Permit under SZO Section 4.4.1 to alter the exterior of the single-story portion of the property. RC zone. Ward 5.

Per Somerville Zoning Ordinance (SZO) section 13.3.3, the Board will review and vote upon policy changes to facilitate the creation of affordable homeownership opportunities under the inclusionary housing program. The first change would revise the calculation establishing the purchase price of units available to households at or below 80%, 110% and 140% of Area Median Income (AMI). The second change would revise the basis for the interest rate to be used in calculating the monthly mortgage loan amount a household can afford. Section13.3.3 of the Ordinance calls for the Special Permit Granting Authority to conduct a public hearing to receive comment prior to adopting any change in these standards.

Applications are not posted online. Copies of these applications are available for review in the Office of Strategic Planning and Community Development (OSPCD), located on the third floor of City Hall, 93 Highland Avenue, Somerville, MA, Mon-Wed, 8:30 am-4:30 pm; Thurs, 8:30 am-7:30 pm; and Fri, 8:30 am-12:30 pm. Reports, plans and decisions, when completed, are posted online at www.somervillema.gov/planningandzoning. As cases may be continued to later dates, please check the agenda on the City's website or call before attending a meeting. Continued cases will not be re-advertised. Interested persons may provide comments to the Zoning Board of Appeals at the hearing or by submitting written comments by mail to OSPCD, Planning Division, 93 Highland Avenue, Somerville, MA 02143; by fax to 617-625-0722; or by email to dpereira@somervillema.gov.

Attest: Dawn Pereira, Administrative Assistant

As published in The Somerville Times on 11/23/16 & 11/30/16 11/23/16, 11/30/16 The Somerville Times





CITY OF SOMERVILLE, MASSACHUSETTS OFFICE OF STRATEGIC PLANNING & COMMUNITY DEVELOPMENT JOSEPH A. CURTATONE MAYOR

MICHAEL F. GLAVIN **EXECUTIVE DIRECTOR**

HISTORIC PRESERVATION COMMISSION

The Somerville Historic Preservation Commission (SHPC) shall hold a Public Hearing on Thursday, December 15, 2016, at 6:00 p.m. in the Third Floor Community Room, at the Visiting Nurses Association (259 Lowell Street, Somerville) regarding the proposal to create the Harvard Hill Local Historic District (LHD), pursuant to requirements outlined in M.G.L. Chapter 40C.

The purpose of this hearing is to allow for public comment with regard to creating this district. For further information, please contact (617) 625-6600 x 2500 or historic@somervillema.gov.

11/30/16 The Somerville Times

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CITY OF SOMERVILLE, MASSACHUSETTS OFFICE OF STRATEGIC PLANNING & COMMUNITY DEVELOPMENT JOSEPH A. CURTATONE MAYOR

MICHAEL F. GLAVIN EXECUTIVE DIRECTOR

PLANNING DIVISION

LEGAL NOTICE OF PUBLIC HEARING

A public hearing for all interested parties will be held by the Planning Board on <u>Thursday, December 8, 2016</u> at 6:00 p.m. at the Aldermanic Chambers, 2nd Floor of City Hall, 93 Highland Avenue, Somerville, MA.

NorthPoint Dawes Street - Design & Site Plan Review: (Case # PB 2016-20) Applicant/Owner DW NP Property LLC requests an Design & Site Plan Review under §6.6.5 for a section of Dawes Street within Somerville city limits of the overall project area. North Point Special District (NPSD). Ward 1.

NorthPoint Parcel JK – Design & Site Plan Review: (Case # PB 2016-21) Applicant/Owner DW NP Property LLC requests a Special Permit under \$6.6 for a new 9-story 623,725gsf commercial building including below grade parking, ground floor retail, and core laboratory space. North Point Special District (NPSD). Ward 1.

22 Benedict Street: (Case # PB 2016-15) Applicant/Owner Qichao Ding Seek a Special Permit under § 4.4.1 to add a rear roof deck to an existing one-story addition. TOD-70 Zone. Ward 1.

Applications are not posted online; Copies of these applications are available for review in the Office of Strategic Planning and Community Development, located on the third floor of City Hall, 93 Highland Avenue, Somerville, MA, Mon-Wed, 8:30 am-4:30 pm; Thurs, 8:30 am-7:30 pm; and Fri, 8:30 am-12:30 pm; Reports, plans and Decisions, when completed, are posted online at www.somervillema.gov/planningand-

As cases may be continued to later dates, please check the agenda on the City's website or call before attending. Continued cases will not be re-advertised. Interested person s may provide comments to the Zoning Board of Appeals at the hearing or by submitting written comments by mail to OSPCD, Planning Division, 93 Highland Avenue, Somerville, MA 02143; by fax to 617-625-0722; or by email to dpereira@ somervillema.gov.

Attest: Kevin Prior, Chairman To be published in the Somerville Times 11/23/16 & 11/30/16.

11/23/16, 11/30/16 The Somerville Times



CITY OF SOMERVILLE, MASSACHUSETTS OFFICE OF STRATEGIC PLANNING & COMMUNITY DEVELOPMENT JOSEPH A. CURTATONE MAYOR

MICHAEL F. GLAVIN **EXECUTIVE DIRECTOR**

HISTORIC PRESERVATION COMMISSION

The Somerville Historic Preservation Commission (SHPC) shall hold a Public Hearing on Tuesday, December 20, 2016 at 6:40 p.m. in the Third Floor Community Room, at the Visiting Nurses Association (259 Lowell Street) regarding proposals by: Gregory & Paris Barker to demolish the c.1874 wood frame barn & 1921 wood garage at 9 Sunny-

The subject of the hearing will be reviews of the initial determinations by the SHPC that under the City of Somerville Zoning Ordinance Section 7-28b(2), the structures are considered "Significant." Public testimony followed by discussion and a vote by the Commission will be taken regarding if the building should be "Preferably Preserved." For further information, please contact (617) 625-6600 x 2500 or historic@somervillema.gov

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Food For Free receives \$15K **CONT. FROM PG 9**

improve communities by addressing issues fundamental to economic health and sustainability. The financial institution focuses on needs related to workforce development and education, community development, and basic needs, such as hunger relief. As a whole, Bank of America responds in two ways: by helping to address the immediate need as well as longer term solutions for economic self-sufficiency. The institution plans to invest \$2 billion over 10 years in its global impact and grants program efforts.

"Without affordable access to food, it's very difficult for individuals and families to improve their personal financial lives or find their path to economic mobility," says Miceal Chamberlain, Massachusetts market president of Bank of America. "We are very proud to partner with Food For Free, which addresses this critical need through food rescue here in Greater Boston."

For more information about Bank of America's global impact and grants program, visit: http://about.bankofamerica. com/en-us/global-impact/ find-grants-sponsorships.html#fbid=4rU9bM_JZjz. For more information about Food For free, visit: foodforfree.org.

About Food For Free

As one of the nation's first food rescue programs, Food For Free, a local nonprofit, feeds more than 30,000 people annually in Greater Boston and beyond. In 2015, Food For Free rescued more than 1.7 million pounds of fresh, healthy food, which translated into over 1.3 million meals. Through a combination of food rescue, farming, school and transportation programs, Food For Free's year-round services give people access to fresh fruits and vegetables, which are typically lacking from the diets of low-income individuals and families.

'A Series of Weird Old Cars' honors community work by late Al Riskalla CONT. FROM PG 1

them, and interacting with people. It's no surprise that he was always so content running his repair shop where he was constantly doing all of those things," said Riskalla's daughter MiMi O' Shaw.

The cars in the mural - an "old sky-blue Beetle, a mustard-yellow Vanagon, and at the top is a red 1960s Saab 96 on blue sky and clouds," according to Liz La-Manche's press release – signifies the old cars he used to work on for local car enthusiasts. He also

provided affordable car maintenance to MIT students, artists, and others in the community.

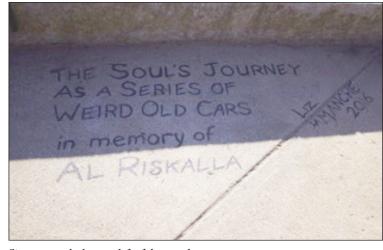
"As a young woman new to Boston over 20 years ago, the chance of getting swindled was real. Coming here was like taking your car to your grandfather. Trustworthy and honest, a safe space," said La-Manche in a speech during the memorial service.

Neighbor and customer Elizabeth Stone recalled a time when her twin brother pushed his engine into the shop on a hand cart because he didn't have the correct tool at home. This exemplifies many of the car enthusiasts who came to his shop for help.

Riskalla also trained local and international mechanics who took the knowledge they learned in his shop and opened up their own garages, according to Piatti.

"I believe in the butterfly ef-LaManche explained. The butterfly effect, which was formally used in weather prediction and later became a metaphor for many things in life, is when small things create big waves. "That's what Al did on the small scale. Something small like that can change the world," said LaManche.

Riskalla's former employee Jim Baravecchio explained, "Everything I learned there I use now." He explained that Riskalla would also not charge to drive people to work when they were having their car fixed. This gave Baravecchio the op-

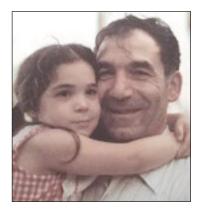


Signature at the bottom left of the mural.

portunity to meet people from many places. "I worked a lot of long days here but I never really minded it," he said.

O'Shaw spoke about her father's role for her family as well saying, "He always found the special qualities and beauty in things and people. Although his philosophy seems so basic and rudimentary like those old cars, it seemed to translate to something higher - that enlightenment we all see to aspire to, a

harder journey than we expect, yet an enjoyable and deeply rewarding one all the same."



MiMi O' Shaw and her sons with mural artist Liz LaManche.

Snow emergency parking rule changes

By Tom Bannister

Say it ain't snow! As snow season approaches, the City of Somerville reminds all residents that, beginning this winter season (2016-2017), the side of the street where snow emergency parking is allowed will now alternate by winter season. Because this winter season begins in 2016 - a year ending in an even number - it is an EVENside parking year, unlike previous years, which were odd-side parking years.

In 2015, the city instituted an annually alternating parking policy for snow emergencies, using even-side-only parking for winter seasons that begin in an even year, and odd-side-only parking for winter seasons that begin in an odd year. Winter seasons begin in November and run until May of the following calendar year.

So, for example, this winter season begins in November 2016, and since 2016 is an even number, parking is on the even-numbered side of the street for the entire 2016/17 winter season through May 2017, unless otherwise posted. However, in November 2017, because 2017 is an odd number, parking will be on the odd side of the street during snow emergencies for the full 2017/18 winter season. This alternating pattern will continue with each new winter season going forward.

Any exceptions for designated streets will be posted with official roadside signage. For example, roads that have parking only on the odd-numbered side of the street year-round will also park on the odd side during snow emergencies.

The change comes after a discussion between the Administration and the Board of Aldermen, following continued requests from residents.

"Residents living on the even side have long had to deal with the snow and ice buildup as snow is plowed toward their side of the street. So after careful review, and taking into account community feedback, we determined that we could bring fairness to our snow plowing operations by alternating sides, said Mayor Curtatone. "As this is the first time for a parking switch of this magnitude, there will of course be some challenges for our operations and for residents. We are undertaking a full-scale outreach campaign in the coming days and weeks, and encourage residents and businesses to review materials available at www.somervillema.gov/ snow, and to sign up for our City Alerts by visiting that page or by calling 311."

Mayor Curtatone also noted that the city will closely monitor and track plowing routes, parking, and any challenges that may arise over the course of the winter season in order to consider adjustments to make the policy effective and efficient for both constituents and the city's plow crews. The city's existing snow removal policy dictates that residents may park on one designated side of the street only during snow emergencies (unless otherwise posted), as plows push snow to the curb on the other side of the street.

The city's outreach campaign includes but is not limited to:

- Placing informational flyers on vehicles during regular routes traveled by Parking Control Of-
- + Sending information to media for inclusion in multimedia postings and print materials
- · Sending information to residents and businesses via the Community Alert phone, email, and text system
- Posting information to the city's website, cable bulletin boards, and social media feeds
- Including information in all city newsletters and brochures
- + Public awareness banners, electronic message boards, and posters in key business districts Snow Emergency Parking In-
- Once a snow emergency has been declared, residents have four hours to move vehicles to the correct side of the street, or into a designated city parking
- Vehicles not moved during this window of time will be ticketed (\$100 fine) and towed

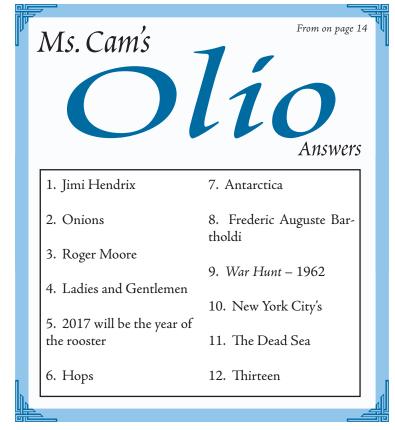


(\$100 fine assessed by the tow company).

- Vehicles parked within 20 feet of any intersection will be ticketed and towed.
- · For a list of designated city and school parking lots available for snow emergency parking, visit www.somervillema.gov/snow.
- · Residents are encouraged

to sign up for phone, email, and text alerts by visiting www. somervillema.gov/alerts.

For more information on the city's snow removal and snow emergency policies, visit www. somervillema.gov/snow, download the city's 311 app in iTunes or Google Play, by searching "311Somerville."



• • • • VILLENS ON THE TOWN • • • •

CHILDREN AND YOUTH Wednesday November 30

East Branch Library Preschool Storytime 11 a.m.-11:30 a.m. 115 Broadway

Thursday December 1

East Branch Library Lego Club

3:15 p.m.-4:45 p.m.|115 Broadway

West Branch Library

Leao Club 3:30 p.m.- 4:45 p.m.|40 College Ave **Central Library**

Lego Club 3:30 p.m.-4:30 p.m.|79 Highland Ave

Friday | December 2

Central Library

Preschool: Storytime for 2 year olds 10:30 a.m.- 11 a.m.|79 Highland Ave

Central Library

TELL (Teen Library Leaders) Meeting 3 p.m.-5 p.m.|79 Highland Ave

Monday December 5

Central Library

Sing Along with Jeremy Lyons 11 a.m. - 12 p.m.|79 Highland Ave

Central Library Creative Drama with Laurie 4 p.m. - 5 p.m.|79 Highland Ave

Tuesday | December 6

Central Library
Homeschool Reading Group for Ages

9:30 a.m.-11:30 a.m.|79 Highland

West Branch Library Preschool Storytime

11 a.m.-11:45 a.m.|40 College Ave

Central Library
Somerville High School Anime Club 2:45 p.m.-4:30 p.m.|79 Highland Ave

Wednesday December 7

East Branch Library Preschool Storytime

11 a.m.-11:30 a.m. 115 Broadway

Central Library Somerville Positive Forces 1 p.m.-3 p.m.|79 Highland Ave

MUSIC ARTS Wednesday November 30

Sally O'Brien's Bar

Free Poker, lots of prizes! 8 p.m.|335 Somerville Ave|617-666-

The Burren

Front Room Exile on Elm

Back Room

Backroom Series: :Fourth Annual Benefit For Somerville Homeless Coa-

lition:7:30 p.m. Comedy Night With Jordan Handren-Seavey 10 p.m. 247 Elm Street|617-776-6896

P.A.'s Lounge

Ryan Jarvis (of the Budds) BobbyRock Steven Chagnon Sam Gelston 345 Somerville Ave

On The Hill Tavern

499 Broadway|617-629-5302 **Orleans Restaurant and Bar**

65 Holland St|617-591-2100

Bull McCabe's Pub The A-Beez - Funk & Soul

366A Somerville Ave|617-440-6045

Bearly Dead - Wednesday Night Grateful Dead Residency 8 p.m. 379 Somerville Ave

Highland Kitchen 150 Highland Ave 617-625-1131

Samba Bar & Grille

608 Somerville Ave|617-718-9177

Joshua Tree Bar & Grill 8:30 p.m.|256 Elm Street|(617) 623-

ONCE Lounge & Ballroom

Abigail Williams Wolvhammer, Lord Almighty, Amien-

8 p.m.|156 Highland Ave

The Rockwell 255 Elm Street

Arts at the Armory Adult Folktale Telling 7 p.m.|Café|191 Highland Ave

Thursday | December 1

Sally O'Brien's

BYO Bluegrass with Dave Rizzuti grassy Thursdays|7:30 p.m. 335 Somerville Ave|617-666-3589

The Burren

Front Room Lunchtime Concert Series | 1-2pm Matt Borrello, Mike Verge & Company|9:30 pm Backroom Series: Brother Sun|7 p.m.

Scattershots | 10 p.m. 247 Elm Street|617-776-6896

P.A.'s Lounge

Birnam Wood Diva Karr Overgrowth 345 Somerville Ave

On The Hill Tavern Live DJ Music

499 Broadway 617-629-5302 Orleans Restaurant and Bar

65 Holland St|617-591-2100

366A Somerville Ave|617-440-6045 Joshua Tree

256 Elm St. |617-623-9910

Samba Bar & Grille 608 Somerville Ave|617-718-9177

Somerville Theatre

Awkward Compliment's Thursday Night Comedy Night 8 p.m.|55 Davis Square

Thunder Road

Erin Harpe & The Delta Swingers (Delta Country Blues) 7 p.m.|379 Somerville Ave

ONCE Lounge & Ballroom

Tin Flowers, Personal Space 8 p.m.|156 Highland Ave

The Rockwell

Return of The Winemaker 7 p.m.|255 Elm Street

Arts at the Armory Pub Sing at the Armory Café

7 p.m.|Café|191 Highland Ave Friday December 2

Sally O'Brien's

Jim Coyle & King Blue |6 p.m. \$10 cover |9 p.m. 335 Somerville Ave|617-666-3589

The Burren

Backroom Series: Chris Trapper|7

Fightin Fridays 10 p.m. 247 Elm Street|617-776-6896

P.A.'s Lounge larva Land

Sex Orgy Death Crash Blood Drive Charlie Don't Surf 345 Somerville Ave

Orleans Restaurant and Bar

10 p.m.|65 Holland St

On The Hill Tavern 499 Broadway |617-629-5302

Orleans Restaurant and Bar DJ starting at 10 p.m. 65 Holland St|617-591-2100

Bull McCabe's

10 p.m.|366A Somerville Ave|617-440-6045

DJ McRiddleton

256 Elm St. |617-623-9910

Samba Bar & Grille

9 p.m.|608 Somerville Ave|617-718-

Casey's Entertainment every Friday

173 Broadway|617- 625-5195 Thunder Road

Lez Zeppelin – All Girls, All Zeppelin 8 p.m. 379 Somerville Ave

ONCE Lounge & Ballroom

Windhand

8 p.m.|156 Highland Ave The Rockwell Return of The Winemaker 7 p.m.

Shit-Faced Shakespeare: Romeo & 10 p.m.|255 Elm Street

Arts at the Armory

An Evening with the NEC Contemporary Improvisation Dept. 8 p.m. Café Rare Gems - Part III 8 p.m.|Performance Hall|191 Highland Ave

Saturday December 3

Sally O'Brien's

Stan Martin & Wicked Heart | 6 p.m. Kenny Selcer Trio, Randy Black and the Heathcroppers, Hummingbird Syndicate \$5 cover | 9 p.m. 335 Somerville Ave|617-666-3589

The Burren

Front Room: Bluegrass Session|2 p.m. The BagBoys|5 p.m.

Irish Session 9:30 p.m. Back Room The Burren Backroon Saturday & Sunday Jazz Brunch with Tom Pendergast

8 a.m.-2:30 p.m. Lunchtime Concert Series | 3 p.m.. Backroom: Hankus Netsky and Eden MacAdam-Somer|7 p.m.

Scattershots 10 p.m. 247 Elm Street 617-776-6896

P.A.'s Lounge Kilroy|2 p.m. The Sunset Kings **Pooty Dooks** Temple of Mars GrandHaven Above The Din

The Appleyards Color & Friends 8 p.m. The Mangroves

Winterlegs Copilot 345 Somerville Ave

Orleans Restaurant and Bar Karaoke

65 Holland St On the Hill Tavern

Live DJ Music 499 Broadway|617-629-5302

Bull McCabe's

366A Somerville Ave|617-440-6045

Joshua Tree DI El Sid!

Samba Bar & Grille Live Band & DI

256 Elm St. |617-623-9910

608 Somerville Ave|617-718-9177

Casev's Entertainment every Saturday 173 Broadway|617- 625-5195

Thunder Road

Kids' Union Dance Party|3 p.m. Lez Zeppelin – All Girls, All Zeppelin 8 p.m. 379 Somerville Ave

ONCE Lounge & Ballroom ONCE Upon a Winter Luau

Tsunami of Sound, The Hi-End, The **Electric Heaters** 7 p.m.|156 Highland Ave

The Rockwell KERPLUNK! 11 a.m. Return of The Winemakerl7 p.m.

Dirty Disney 10 p.m. 255 Elm St

Arts at the Armory Guitar Stop Recital 3 p.m.|Café Somerville Songwriter Sessions

8 p.m.|Cafe|191 Highland Ave

Sunday | December 4 Sally O'Brien's Bar What She Said |4 p.m.

Cloudstead 9 p.m. 335 Somerville Ave|617-666-3589

The Burren Front Room Beatles Brunch|11 a.m.-3 p.m. John Gannon & Friends Irish Session|3

Back Room The Burren Backroon Saturday & Sunday Jazz Brunch with Tom Pendergast

8am - 2:30pm Lunchtime Concert Series 3 p.m.-4

Alan Kaufman & Friends Old Timey 5 Hannah Christianson CD Release 8

p.m. 247 Elm Street|617-776-6896 PA'S Lounge

345 Somerville Ave

Bull McCabe's Pub **Dub Apocalypse** 366A Somerville Ave|617-440-6045

Highland Kitchen Sunday Brunch Live Country & Bluegrass Sunday Night Live Music

150 Highland Ave|617-625-1131

Orleans Restaurant and Bar Game Night 65 Holland St|617-591-2100

Live Band & DJ 608 Somerville Ave 617-718-9177 **Thunder Road**

Samba Bar & Grille

Americana Sundays Presents "Wildflowers" by Tom Petty|7 p.m. 379 Somerville Ave

ONCE Lounge & Ballroom 156 Highland Ave

The Rockwell

Return of The Winemaker|3 p.m. Turning of the Year|7 p.m. 255 Elm St

Arts at the Armory The Somerville Flea - Holiday Markets 10 a.m.-5 p.m.|Performance Hall No Ordinary Love"! - New album Release by Julie Snow 6 p.m.|Cafe|191 Highland Ave

Monday December 5

Sally O'Brien's Bar

Shawn Carter's Cheapshots Comedy|7 p.m. Marley Monday with The Duppy Conquerors reggae|10 p.m. 335 Somerville Ave|617-666-3589

The Burren Front Room Bur-Run

Friends Irish Session|9 p.m. Back Room: Stump Trivia|8:30 p.m. 247 Elm Street|617-776-6896

Helena Delaney, Johnny O'Leary &

P.A.'s Lounge Dencity Soulcase & Open Mic 345 Somerville Ave

On The Hill Tavern 499 Broadway|617-629-5302 **Bull McCabe's Pub**

Stump! Team Trivia 366A Somerville Ave|617-440-6045 **Thunder Road** The Murdock Manor Stripped Sets

Monday Night Series 379 Somerville Ave ONCE Lounge & Ballroom

Sarah Golley 156 Highland Ave The Rockwell

Iennifer Greer

HUSH: The Cameraman 7:30 p.m.|255 Elm St Tuesday December 6

Sally O'Brien's Bar Amy Kucharik's Friends With Benefits Tuesday residency 7:30 p.m.|335 Somerville Ave|617-

666-3589 The Burren Front Room Jason Anick and the Swingers Swing/

Jazz|8:30 p.m. Back Room: Open Mic w/ Hugh McGowan|10

. 247 Elm Street|617-776-6896

PA's Lounge Open Mic Night 345 Somerville Ave

On The Hill Tavern Stump Trivia (with prizes) 499 Broadway|617-629-5302

Bull McCabe's Pub The Ghetto People Band

366A Somerville Ave|617-440-6045 **Highland Kitchen** First Tuesday of the Month|Spelling Bee Night

hosted by Victor and Nicole of Egoart. The fun starts at 10:00p.m. 150 Highland Ave|617-625-1131

Samba Bar & Grille 608 Somerville Ave|617-718-9177

PJ Ryan's

Pub Quiz 10 p.m.|239 Holland St.|617-625-8200

Ebass Presents: The Searchlight Showcase 379 Somerville Ave ONCE Lounge & Ballroom

7 p.m.|156 Highland Ave The Rockwell Teaseday

Simpsons Trivia

Thunder Road

8 p.m.|255 Elm St Arts at the Armory Fossil Free Somerville and Somerville Climate Action All day|Café|191 Highland Ave

Wednesday December 7

Sally O'Brien's Bar Free Poker, lots of prizes! 8 p.m.|335 Somerville Ave|617-666-

The Burren

Front Room Exile on Elm Back Room Backroom Series: Jess Klein:7 p.m. Comedy Night With Jordan Handren-Seavey|10 p.m. 247 Elm Street|617-776-6896

P.A.'s Lounge

Mark Merren Presents... 345 Somerville Ave

On The Hill Tavern 499 Broadway|617-629-5302 Orleans Restaurant and Bar

65 Holland St|617-591-2100

Bull McCabe's Pub The A-Beez – Funk & Soul 366A Somerville Ave|617-440-6045

Thunder Road Bearly Dead – Wednesday Night Grateful Dead Residency|8 p.m. 379 Somerville Ave

Highland Kitchen

150 Highland Ave|617-625-1131 Samba Bar & Grille

608 Somerville Ave|617-718-9177 Joshua Tree Bar & Grill

8:30 p.m.|256 Elm Street|(617) 623-

ONCE Lounge & Ballroom Young Friends of PPLM Big Bash

7 p.m.|156 Highland Ave The Rockwell

Return of The Winemaker 7 p.m.|255 Elm Street **Arts at the Armory** Wiretap Wednesday Open Stage

7 p.m. Café 191 Highland Ave **CLASSES AND GROUPS**

Wednesday | November 30 **Central Library** Mystery Book Club

7 p.m.- 8:30 p.m.|79 Highland Ave **Central Library** Memoir Writing Workshop with Judah

7 p.m. - 8:45 p.m. | 79 Highland Ave

Thursday | December 1 West Branch Library Learn English at the Library!

(Session 1) 6 p.m.-7 p.m.

(Session 2) 7:15 p.m.-8:15 p.m. 40 College Ave **East Branch Library**

Drop in Knitting at the East Branch 6:30 p.m.-8:30 p.m.|115 Broadway West Branch Library Invitation to Bach and Ysaye

7:30 p.m.-8:30 p.m.|40 College Ave First Church Somerville Debtors Anonymous- a 12 Step program for people with problems with money and debt. 7 p.m.-8:30

p.m.|89 College Ave (Upstairs Parlor). For more info call: 781-762-6629 Saturday December 3

9:30 a.m.|Performance Hall|191 Highland Ave **Bagel Bards** Somerville Writers and Poets meet

9 a.m.-12 p.m Au Bon Pain| 18-48

Somerville Winters Farmer Market

Holland St Sunday December 4

weekly to discuss their work

Fourth Step to Freedom Al-Anon Family Groups 7:00 P.M. | 6 William Street Unity Church of God

Enter upstairs, meeting is in base-

ment. Monday December 5

East Branch Library Learn English at the Library! (Session 1) 6 p.m.- 7 p.m. (Session 2) 7 p.m. - 8:15 p.m. 115 Broadway

West Branch Library Drop in Knitting at the West Branch 6:30 p.m.-8:30 p.m.|40 College Ave Central Library

7 p.m. – 8:45 p.m.|79 Highland Ave **Tuesday | December 6**

6 p.m. - 7 p.m.|79 Highland Ave

Central Library Learn English at the Library

Chess Night

Wednesday December 7

Central Library
Income Inequality Reading Group 7 p.m.-8:30 p.m. | 79 Highland Ave

PLACES TO GO, THINGS TO DO!

HAPPENINGS: CENTER

Welcome to our centers. Everyone 55+ is encouraged to join us for fitness, culture, films, lunch and Bingo. Our centers are open to everyone from Somerville and surrounding communities. Check out our calendar and give a call with any questions or to make a reservation. 617-625-6600 ext. 2300. Stay for lunch and receive free transportation.

All clubs and groups welcome new members.

Holland Street: 167 Holland Street *Monday through Friday 9:00 A.M. - 3:00 P.M.

617-625-6600 Ext. 2300

*Our Holland Street Center will be serving lunch on

Monday, Thursday & Fridays only until further notice.

Cross Street Center: 165 Broadway

Tuesday & Thursday 8:30 A.M. to 12:30 P.M. Wednesday - 9:00 A.M. to 3:00 P.M. (Please note time change) (617) 625-6600 Ext. 2335.

Ralph and Jenny Center: 9 New Washington Street, Tuesday through Thursday 9:00 A.M. – 3:00 P.M. (Please note time change) (617) 666-5223.

Join the SCOA's email group – The email group is for Somerville Council on Aging Seniors and/or Caregivers who are interested in the latest information on resources, events, programming, etc., in and around the Somerville area. Use the link https://groups.google. com/group/somerville-council-on-aging - If you have any questions or need help joining please contact Debby Higgins at 617-625-6600, ext. 2321 or email DHiggins@Somervillema.gov

Ageless Grace - Ageless Grace, the Council on Aging's new Fitness class for the body and mind. Held on Mondays at 4:00 p.m. at the Holland St. Center, the Ageless Grace program is an innovative wellness and fitness program done seated in a chair to upbeat music. Classes are playful, imaginative and different every time. All the movements are designed to focus on the healthy longevity of the body and the brain. Contact Chris at 617-625-6600 ext. 2315 for more information and to sign up. Cost is \$20.00 for 5 classes!

Yoga – The current 5 week Yoga series started on Thursday, September 15 from 9:00 to 10:00am. This low-impact and easy-to-follow paced program lets you stretch and relax to help start your day. Contact Chris at 617-625-6600 ext. 2315 for more information and to sign up. Cost is \$20 for 5 classes.

Free Smoke Alarm/Carbon Monoxide Detectors -Starting April 1 – The Somerville Council on Aging, The Health & Human Services Department partnering with The Somerville Fire Department are offering free smoke alarm / carbon monoxide detectors (they are one unit) to Somerville older adults and residents with a wide range of disabilities. To qualify you must be an older adult, 60 years of age or older, and live in Somerville (own or rent) or a Somerville resident with a disability (Photoelectric Alarms with ADA Compliant Strobe Light are available.) There is a brief application that will need to be filled out, signed and returned. Please contact Maureen Bastardi, Outreach Worker at the Somerville Council on Aging, at 617-625-6600, ext. 2300 to request an application. This program is on a first come, first serve basis. This is a Federally funded grant and services will be provided until the grant is exhausted.

Free Groceries Every Month? - You may be eligible for the Commodity Supplemental Food Program! CSFP is a once a month food distribution for individuals 60 years of age or older. You may be eligible to receive two free bags on food once a month containing healthy shelf stable products. Proof of identity and age are all that is required to apply. For more information or to apply please call 617-625-6600, ext. 2300 - applications are available at the front desk of our Holland Street Center.

New Arts & Crafts Group - Meeting every Thursday from 1:00 p.m. to 2:30 p.m. at our Cross Street Center located at 165 Broadway. Join us as we learn about a wide range of arts & crafts from weaving to watercolor pencils. We have some pretty amazing ideas already and would love for you to join us. For additional information please contact Maureen at 617-625-6600, ext. 2335.

December Breakfast – Monday, December 5, 9:30 a.m. at Somerville High School's Culinary Arts Department Holiday Gathering. For more information or to RSVP please call 617-625-6600, ext. 2300.

Winter Wonderland Super Bingo - Friday, December 9th from 11:00 a.m. to 2:00 p.m. at our Holland Street Center. \$10 fee includes lunch, coffee, dessert, cards and prizes. Limited seating and transportation. Please contact Connie at 617-625-6600, ext. 2300 for more information.

Illumination of Light Tour – Saturday, December 17 - check in is 4:15 at the Somerville High School concourse. \$5 fee - Hop on the trolley and be amazed at the Holiday lights in Somerville – seating is limited – for more information please contact Connie at 617-625-6600, ext. 2300.

Illumination of Light Tour – Saturday, December 17 - check in is 4:15 at the Somerville High School concourse. \$5 fee – Hop on the trolley and be amazed at the Holiday lights in Somerville – seating is limited – for more information please contact Connie at 617-625-6600, ext. 2300.

Painting with Linda - Fridays, January 27, February 3rd and February 10th from 10:00 a.m. to 11:00 a.m. at our Holland Street Center. \$15 fee for supplies and materials - space is limited - registration is a must - please call Josephine or Connie at 617-625-6600, ext. 2300.

Low Vision Support Group – Meets the second (2nd) Tuesday of each month from 10:30 to 11:30 A.M. Our Social Worker, Natasha Naim, facilitates this group. Do you know someone who has trouble seeing? Do you have low vision? Join our Low Vision Support Group for educational and informative information and peer support in a confidential environment. Lunch and transportation may be available on request. Please call 617-625-6600 Ext. 2300 if you are interested in attending, have any questions or require additional information.

PLEASE NOTE THE FOLLOWING INFORMATION:

Friendly Caller Program - Do you know someone who could benefit from a friendly call? Maybe you are feeling isolated and want someone to talk to - or you just want someone to listen. Please call Natasha at 617-625-6600 ext. 2300 to sign up for our "Friendly Caller" Program.

The Indian Head trip scheduled for December 6th, 7th and 8th (Tuesday, Wednesday and Thursday) is BOOK SOLID.

The Holiday Celebration at the WHYC scheduled for Monday, December 12th is SOLD OUT.

The day trip to Yuletide Newport scheduled for Thursday, December 15th is SOLD OUT.

The trip to Atlantic City scheduled for Sunday, January 8th to Tuesday, January 10th is SOLD OUT.

LGBTQ EVENTS:

LGBTQ Advisory Group -This group meets quarterly in the conference room of our Holland Street Center at 4:30 p.m. and run for one hour. We are always looking for new members who would like to serve on the Advisory Group. Please call Debby Higgins, Outreach Coordinator at 617-625-6600, ext. 2321 or email Debby at DHiggins@Somervillema.gov if you have any questions or if you should need additional information.

LBT Women Fit-4-Life - Fitness and Nutrition Classes. Classes are Tuesday and Thursday evenings starting at 6:00 P.M. \$10 a month fee - scholarships available & it just might be covered under your insurance. We have available slots and would love to have you. If you have any questions or require additional information, please contact our Health & Wellness Coordinator, Chris Kowaleski at 617-625-6600 Ext. 2300

LGBTQ Wine & Cheese Night – Monday, December 19th from 5:00 p.m. to 7:00 p.m. at Daddy Jones Bar located in Magoun Square. For more information or to RSVP please contact Debby Higgins at 617-625-6600, ext. 2321 or email Deb at DHiggins@Somervillema.gov

*If you require additional information or have any questions regarding the LGBTQ events or the Advisory Group, please call 617-625-6600 Ext. 2300

GROUP INFORMATION

Men's Group – Meets the first Tuesday of each month from 10:30 to 11:30 A.M. This group is facilitated by our volunteer, Norbert DeAmato. Are you recently retired? Looking to connect with other men in the community? Join our men's group where you can connect with old friends and make new ones. All men 55 and over are welcome. Come chat about what is on your mind! If you have any questions or require additional information, please give us a call at 617-625-6600 Ext. 2300.

Caregiver Support Group - Meets the third Tuesday of each month from 6:00 to 7:30 P.M. Our Social Worker, Natasha Naim, facilitates this group. Are you caring

for a parent, relative, spouse or close friend? Feeling isolated or overwhelmed? You are not alone! Come share your experience and practical support. Open to all and new members are always welcome. If you are interested in joining, have any questions or require additional information please call 617-625-6600 Ext. 2300 and ask to speak to Natasha.

STAY ACTIVE:

Walking & Talking Group – Starting on Monday, May 4th at 8:30 A.M. – out of our Holland Street Center. We'll take a gentle 30 minute walk around the community every Monday – meeting in the downstairs lobby of the Holland Street Center. For more information or to sign up please contact Chris Kowaleski our Health & Wellness Coordinator at 617-625-6600 ext. 2315.

Weekly Exercise Class Schedule

Holland = (H) Ralph & Jenny = (RJ) Cross Street = (C)

Mondays:

1:00 Fit-4-Life Group C (H)

Tuesdays:

9:15 Strengthening - \$3 per class (H) 11:15 Fit-4-Life (C) 1:00 Dalcroze Eurhythmics*** 6:00 LBT Fit-4-Life* (H)

Wednesdays:

8:45 Fit-4-Life Group A (H) – Exercise 9:00 Fit-4-Life Group B (H) - Nutrition 10:00 Fit-4-Life Group B (H) – Exercise 10:00 Fit-4-Life Group A (H) – Nutrition 12:00 Fit-4-Life Group C (H) - Nutrition 1:00 Fit-4-Life Group C (H) - Exercise 5:15 Zumba for All - \$3 per class (H)

Thursdays:

9:00 Yoga (H) (5 week series) - On hiatus till January 9:30 Strengthening - \$3 per class (RJ) 11:15 Fit-4-Life (C) 6:00 LBT Fit-4-Life*(H)

Fridays:

8:45 Fit-4-Life Group A (H) - Exercise 10:00 Fit-4-Life Group B (H) – Exercise *All Fit-4-Life classes are \$10 per month and require pre-registration One-on-one nutrition is on hiatus til further notice.

Wednesday, November 30

9:00 Bowling at Flatbreads 11:30 Lunch (RJ) 12:45 Bingo (RJ)

Thursday, December 1

11:30 Lunch (H) 12:45 Bingo (H) Holiday Bazaar

Friday, December 2

11:30 Lunch (H) 12:45 Bingo (H) Holiday Bazaar

Monday, December 5

9:30 Monthly Breakfast (Culinary Arts) 10:00 English Conversation (C) 11:30 Lunch (C)

Tuesday, December 6

10:00 English Conversation (C) 10:00 Reminiscing Group (H) 10:30 Men's Group (H) 11:30 Lunch (C, RJ) 12:00 Computer tutorial with Norbert (H) 12:45 Bingo (H) **Indian Head Resort Trip Departs**

Wednesday, December 7

9:00 Bowling at Flatbreads 11:30 Lunch (RJ) 12:45 Bingo (RJ)

DID YOU KNOW?

We have a Facebook page. Check us out at www.facebook.com/somervilleCOA.

You can receive our monthly newsletter that is always filled with useful and important information. For a \$5.00 yearly fee you can receive it via the U.S. Postal service or a free version can be sent electronically. Please contact Connie at 617-625-6600 Ext. 2300 to sign up.

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Somerville Community Access TV Ch.3 Programming Guide

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Art at SCAT	11:30am	Tele Galaxie	10:00am	Creative Somerville Series	5:30pm	, November 30	Wednesday,
The Thom Hartmann Sho	12:00pm	Haitian Poetry	11:00am	Villain News Network	6:00pm	Life Matters	6:00am
Infinite Momentui	1:00pm	The Somerville Line	12:00pm	Somerville Neighborhood News	6:30pm	Exercise with Robyn	6:30am
Legacio	1:30pm	Start Up TV	1:00pm	Taking Back your Health (Live call-in)	7:00pm	Poet to Poet	7:00am
The Literati Scer	2:00pm	SCATV Presents: Duck Village Stage	2:00pm	Mass Climate Action Network	7:30pm	Somerville Neighborhood News	7:30am
SCATV Bulletin Boar	2:30pm	Telemagazine	3:00pm	Fouye Zo Nan Kalalou (Live call-in)	8:00pm	Democracy Now! (Free Speech TV)	8:00am
Exercise with Roby	3:00pm	Chef's Table Series	4:00pm	Henry Parker Presents	9:30pm	The Literati Scene	9:00am
MAF	3:30pm	Tele Kreyol	5:00pm	Road to Recovery	10:00pm	Mass Climate Action Network	9:30am
Free Speech Television	4:00pm	Effort Pour Christ	6:00pm	Simply Hanging with Pete and Nate	11:00pm	Somerville Storytime	10:00am
Telegalax	5:00pm	Gay USA	7:00pm	Grown Up Storytime	11:30p	Somerville Good Old Days	10:30am
3		Creative Somerville Series	8:00pm	ecember 2	Friday De	Chef's Table Series	11:00am
The Strugg	6:00pm	Nossa Gente e Costumes	9:00pm	The Literati Scene	6:00pm	Free Speech TV	12:00pm
Start Up T	6:30pm	Open Line News with Davey D	10:00pm	Life Matters	6:30pm	Physicians Focus	1:30pm
Somerville Good Old Day	7:30pm	Gay News USA (Free Speech TV)	11:00pm	Poet to Poet/Writer to Writer	7:00am	Road to Recovery	2:00pm
The Somerville Lir	8:00pm	ecember 4	Sunday D	Color in your life	7:30am	Blokesworld	2:30pm
Dedilhando au Saudao	9:00pm	Somerville Story Time	6:00am	Democracy Now! (Free Speech TV)	8:00am	SCATV Bulletin Board	3:30pm
Bate Papo com Shirle	10:00pm	Eckankar	6:30am	Middlesex Senate District Debate	9:00am	Free Speech Television	4:00pm
Visual Rad	11:00pm	Nossa Gente's e Costumes	7:00am	Middlesex Representative District Debate	10:00am	Art At SCATV	5:00pm
ecember 6	Tuesday	Effort Pour Christ	8:00am	Somerville Good Old Days	10:30am	Messier Mantra	5:30pm
Art at Sc	6:00am	Heritage Baptist Church	9:00am	Somerville Story Tellers	11:00am	Haitian Poetry	6:00pm
Esoteric Science	6:30am	Aging Well	10:00am	Free Speech TV	12:00am	Creative Somerville Series	7:00pm
		International Church of God	10:30am	Health is Wealth	1:00pm	MAPS on TV	7:30pm
JuPrey Promotion	7:00am	Chef's table Series	11:00am	Aging Well	1:30pm	Somerville Pundits	8:00pm
Democracy Now! (Free Speech T	8:00am	Middlesex Senate District Debate				SCATV Bulletin Board	
Chefs table Serie	9:00am	MIddlesex Representative District Debate	12:00pm 1:00pm	Henry Parker Presents Carven Salsa Dancing	2:00pm	Bay State Biking News	8:30pm 9:00pm
Eat well be happ	10:00am	•			2:30pm		
Cooking with Georgia and De	10:30am	Mass Climate Action Network	2:00pm	Democracy Now! (Free Speech TV)	3:00pm	SCATV Presents: Duck Village Stage	10:00pm
The Somerville Lir	11:00am	Monday's at 9	2:30pm	Gay USA (Free Speech TV)	4:00pm	Warm up Wednesday	11:00pm
The Thom Hartmann Sho	12:00pm	Infinite Momentum	3:00pm	Reeling Review	5:00pm	Rare Groove Revolution	11:30pm
Aging We	1:00pm	Greater Somerville	3:30pm	Somerville Good Old Days	5:30pm	December 1	Thursday, D
Somerville Pundi	1:30pm	Dedilhando a Saudade	4:00pm	Words on Film	6:00pm	JuPrey Promotions	6:00am
The Strugg	2:00pm	Dead Air Live	5:00pm	Finger on the Pulse	6:30pm	The Struggle	7:00am
Health is Wealt	2:30pm	Abugida TV	6:00pm	Beyond Boston	7:00pm	SCATV Bulletin Board	7:30am
Taking back your healt	3:00pm	African Television Network	7:00pm	Fallon's Daily Toast	7:30pm	Democracy Now! (Free Speech TV)	8:00am
Physicians Foci	3:30pm	Telemagazine	8:00pm	CTBS	8:00pm	Esoteric Science	9:00am
Ring of Fire (Free Speech T		Cinema Somerville	9:00pm	JuPrey Promotions	10:00pm	Somerville Pundits	9:30am
3 \	4:00pm	Simply Hanging with Pete and Nate	11:00pm	Grownup Story Time	11:00pm	Dead Air Live	10:00am
Poet to Poet/Writer to Write	5:00pm	Grown Up Story Time	11:30pm	SCATV Bulletin Board	11:30pm	Greater Somerville	11:00am
Duck Village Stag	5:30pm	December 5	Monday,	December 3	Saturday,	Legacies	11:30am
Beyond Bosto	6:30pm	Health is Wealth	6:00am	Life matters	6:00am	The Thom Hartman Show	12:00pm
Somerville Neighborhood Nev	7:00pm	Villain News Network	6:30am	Eat well be Happy	6:30am	SCATV Cooking Bloc	1pm-3pm
Greater Somervil	7:30pm	The Struggle	7:00pm	The Folkorist	7:00am	Chef's Table Series	1:00pm
Dead Air Liv	8:00pm	Aging Well	7:30am	Wild Tales - Song of the River	7:30am	Eat Well be Happy	2:00pm
Mondays at	9:00pm	Democracy Now! (Free Speech TV)	8:00am	Villain news Network	8:00am	Cooking with Georgia and Dez	2:30pm
Infinite Momentui	9:30pm	Duck Village Stage	9:00am	Somerville Story Tellers	8:30am	Democracy Now! (Free Speech TV)	3:00pm
Middlesex Senate District Deba	10:00pm	Baystate Biking news	10:00am	Jeff Jam Sing Song Show	9:00am	Free Speech Television	4:00pm
MIddlesex Representative District Deba	10:30pm	Color in your Life	11:00am	Henry Parker Presents	9:30am	Poet to Poet/Writer to Writer	5:00pm

CITY TV 22 (Comcast) | 13 (RCN) Schedule

9:00am

9:15am

12:00pm

12:23pm

2:12pm

2:42pm

6:30pm

7:03pm

7:32pm

8:30am	Sit & Be Fit Allamerican Workout
9:00am	The Mayor's Thanksgiving Dinner 11.12.16
9:30am	Rally Point
12:00pm	Veterans Day 2016
12:15pm	POW/MIA Flag Raising
12:26pm	Push Ups for Veterans
12:30pm	State Funding for Union Sq. Ceremony
1:00pm	National Disability Employment Awareness
2:42pm	SomerViva en Espanol
3:09pm	Rally Point
6:30pm (Connecting Communities "New Employees"
7:00pm	The Mayor's Thanksgiving Dinner 11.12.16
7:30pm	Raising Families "Special Needs Education"
8:00pm	Annual Chamber of Commerce Dinner
9:01pm	Public Hearing on GLX Funding Proposal
Thursda	y, December 1
12:00am	Rally Point
12:30am	Congressional Update
1:01am	National Disability Employment Awareness
2:43am	SomerViva nan Kreyol
9:00am	Congressional Update
9:31am	Raising Families "Special Needs Education"
12:00pm	Senior Circuit: Fire Safety In Your Home
12:30pm	SomerViva nan Kreyol
1:00pm	State Funding for Union Sq. Ceremony
1:30pm	Veterans Day 2016
1:45pm	The Mayor's Thanksgiving Dinner 11.12.16

Public Hearing on GLX Funding Proposal

The Mayor's Thanksgiving Dinner 11.12.16

SomerViva en Espanol

Congressional Update

SHS Pep Rally

Wednesday, November 30

2:09pm

6:30pm

7:00pm

7:30pm

9:00am:

Wednesday, November 30

Aldermen at Work - Tony Lafuente 8:01pm 8:30pm SomerViva nan Kreyol 8:53pm Solarize w/ the Mayor 8:57pm Push Ups for Veterans 9:00pm Rally Point Push Ups for Veterans 9:23pm SomerViva em Português 9:30pm Domestic Violence Vigil 10:00pm 10:40pm POW/MIA Flag Raising 10:51pm State Funding for Union Sq. Ceremony Friday, December 2 12:00am Annual Chamber of Commerce Dinner 1:01am Aldermen at Work - Tony Lafuente 1:30am The Strange Career of General Charles Lee 2:16am SomerViva em Português Aldermen at Work - Tony Lafuente 9:00am The Strange Career of General Charles Lee 12:00pm The Mayor's Thanksgiving Dinner 11.12.16 Domestic Violence Viail 12:30pm 1:09pm Annual Chamber of Commerce Dinner 2:11pm SomerViva nan Kreyol 2:34pm Aldermen at Work - Tony Lafuente 6:30pm The Strange Career of General Charles Lee 7:15pm Veterans Day 2016 Raising Families "Special Needs Education" 7:30pm 8:00pm 9:00pm Public Hearing on GLX Funding Proposal 9:23pm Saturday, December 3 12:00am The Mayor's Thanksgiving Dinner 11.12.16 12:30am Public Hearing on GLX Funding Proposal Veterans Day 2016

8:00pm Raising Families "Special Needs Education" 8:30pm Connecting Communities "New Employees" 9:00pm Board of Aldermen Public Hearing 11.15.16 Sunday, December 4 12:00am The Strange Career of General Charles Lee 12:45am Domestic Violence Vigil 1:25am Solarize w/ the Mayor Fab Lab at SHS CTE 1:30am POW/MIA Flag Raising 2:10am Public Hearing on GLX Funding - 12.1.16 9:00am Fab Lab at SHS CTE 9:40am SomerViva en Español Senior Circuit: Fire Safety In Your Home 12:00pm 12:30pm Annual Chamber of Commerce Dinner 1:31pm Veterans Day 2016 SomerViva em Português 1:46pm 2:16pm Congressional Update 6:30pm Aldermen at Work - Tony Lafuente 7:00pm Senior Circuit: Fire Safety In Your Home 7:30pm SomerViva en Español 8:00pm Congressional Update

Veterans Day 2016

Push Ups for Veterans

SomerViva em Português

Deanna Cremin Park Dedication

Aldermen at Work - Tony Lafuente

POW/MIA Flag Raising

SomerViva nan Kreyo

Annual Chamber of Commerce Dinner

12:30pm National Disability Employment Awareness

3:00pm Connecting Communities "New Employees"

Public Hearing on GLX Funding - 12.1.16 8:31pm Monday, December 5 12:00am Senior Circuit: Fire Safety In Your Home 12:30am The Strange Career of General Charles Lee 1:15am Annual Chamber of Commerce Dinner 2:17am Congressional Update Public Hearing on GLX Funding - 12.1.16 9:00am 12:00pm Congressional Update 12:31pm State Funding for Union Sq. Ceremony SomerViva en Español 1:00pm Talking Business "Chill Ville" 1:30pm 2:00pm Connecting Communities "New Employees" 2:30pm SomerViva nan Kreyol 4:00pm Upcoming Meeting Agenda 7:00pm School Committee Meeting - LIVE Tuesday, December 6 12:00am Senior Circuit: Fire Safety In Your Home 12:30am Deanna Cremin Park Dedication 1:03am Public Hearing on GLX Funding - 12.1.16 9:00am Deanna Cremin Park Dedication 9:33am Raising Families "Special Needs Education" 12:00pm Senior Circuit: Fire Safety In Your Home 12:30pm Fab Lab at SHS CTE National Disability Employment Awareness 1:10pm 2:52pm Aldermen at Work - Tony Lafuente 6:00pm Raising Families "Special Needs Education" 6:30pm Connecting Communities "New Employees"

Educational TV 15 Schedule

10:30am:	SHS Football v Cambridge
1:00pm:	Our Schools, Our City - Fabville
2:00pm:	Early Childhood Literacy Fair
3:30pm:	Student of the Qtr. Awards-Kennedy
5:00pm:	SHS Pep Rally
6:15pm:	SHS Football v Cambridge
8:30pm:	Student of the Qtr. Awards-Kennedy
Thursday	, December 1
12:00am:	SHS Football v Cambridge
9:00am:	Student of the Qtr ESCS
9:30am:	Student of the Qtr Awards - Healey School
10:00am:	Student of the Qtr. Awards-WSNS
10:30am:	Student of the Qtr. Awards-WHCS
11:00am:	Student of the Qtr. Awards-Kennedy
	Student of the Qtr. Awards - Brown School
12:00pm:	SHS Boys Soccer vs Lincoln Sudbury
3:00pm:	Raising Families - Special Needs Education
3:30pm:	Highlander Forum
4:00pm:	Student of the Qtr ESCS
4:30pm:	Student of the Qtr Awards - Healey School
5:00pm:	Student of the Qtr. Awards-WSNS
5:30pm:	Student of the Qtr. Awards-WHCS
6:00pm:	Student of the Qtr. Awards-Kennedy

7:00pm: SHS Boys Soccer vs Lincoln Sudbury Friday, December 2 12:00am: SHS Girls Soccer v Everett SHS Boys Soccer v Cambridge SHS Girls Soccer v Whittier

6:30pm: Student of the Otr. Awards - Brown School

2:00am: 9:00am: 11:00am: SHS Girls Soccer v Matignon 1:00pm: MIAA 1st Rd.- SHS Boys Soccer vs Andover 3:00pm: SHS Boys Soccer v Cambridge SHS Girls Soccer v Whittier 5:00pm: 7:00pm: SHS Girls Soccer v Matignon

Saturday, December 3

12:00am: SHS Pep Rally SHS Football v Cambridge 1:15am: Public Domain Theater - Dec 16 3:30am: 9:00am: Our Schools, Our City - Fabville 10:00am: SHS Football v Concord-Carlisle 12:30pm:MIAA Quarterfinal- SHS Bovs Soccer v Everett Student of the Otr. Awards-Kennedy 2:00pm: 2:30pm: Student of the Otr. Awards-WHCS 3:00pm: Student of the Otr. Awards-WSNS 3:30pm: Student of the Qtr Awards - Healey School Student of the Otr. - ESCS 4:00pm: Student of the Otr. Awards - Brown School 4:30pm: 5:00pm: Our Schools, Our City - Fabville

SHS Football v Concord-Carlisle 6:00pm: 8:30pm:MIAA Quarterfinal- SHS Boys Soccer v Everett 10:00pm: Student of the Qtr. Awards-Kennedy Student of the Qtr. Awards-WHCS 10:30pm:

Sunday, December 4 12:00am:

Student of the Qtr. - ESCS 12:30am: Student of the Qtr. Awards - Brown School Public Domain Theater - Dec 16 1:00am: Our Schools, Our City - Fabville 9:00am: 10:00am: Early Childhood Literacy Fair 10:30am: Raising Families - Special Needs Education SHS Pep Rally 11:00am: SHS Football v Cambridge 12:30pm: 3:00pm: SHS Boys Soccer vs Lincoln Sudbury Our Schools, Our City - Fabville 6:00pm: Early Childhood Literacy Fair 7:00pm: Raising Families - Special Needs Education 7:30pm:

Monday, December 5 12:00am:MIAA Div. Semi - SHS Boys Soccer vs Lincoln

Sudbury SHS Boys Soccer v Cambridge 2:15am: 9:00am: SHS Pep Rally SHS Football v Cambridge 10:30am: Student of the Otr. Awards-WSNS 1:00pm: 1:30pm: Student of the Qtr Awards - Healey School

Student of the Qtr. - ESCS 2:00pm: 2:30pm: Student of the Qtr. Awards - Brown School 3:30pm: Student of the Qtr. Awards-WHCS 4:00pm: SHS Pep Rally SHS Football v Cambridge 5:30pm: Student of the Qtr. Awards-WSNS 8:00pm: 8:30pm: Student of the Qtr. Awards-WHCS 9:00pm: Student of the Qtr. - ESCS 9:30pm: Student of the Qtr. Awards - Brown School

Senior Circuit: Fire Safety In Your Home

Aldermen at Work - Tony Lafuente

School Committee Meeting - 12.5.16

Talking Business "Chill Ville"

SomerViva en Español

7:00pm

7:30pm

8:00pm

8:30pm

2:01am

1:30am:

Tuesday, December 6 MIAA Playoff: SHS Football v Beverly 12:00am: Raising Families - Special Needs Education 9:00am:

Our Schools, Our City - Fabville 9:30am: 10:00am: Early Childhood Literacy Fair 10:30am: SHS Pep Rally 12:00pm: SHS Football v Cambridge SHS Volleyball v Cambridge 2:15pm: 4:00pm: SHS Boys Soccer v Cambridge 6:00pm: Raising Families - Special Needs Education 6:30pm: Our Schools, Our City - Fabville 7:00pm: Early Childhood Literacy Fair SHS Pep Rally 7:30pm: SHS Football v Cambridge 9:00pm: 12:00am: SHS Volleyball v Cambridge

SHS Boys Soccer v Cambridge

SOMERVILLE edited by Doug Holder

Our poet this week is Charlene Jean-Lestin. She is a member of Teen Voices Emerging, a program that gives a voice to Boston teen girls. Prema Bangera, a proud director at this organization hooked me up with these talented poets. For more information go to: www.facebook.com/teenvoicesemerging

The Oak Tree Within Her

Through time, she has disregarded the rare fungus that arose within an oak tree.

Until the dreaded infection began to grow on her.

As a bush, her branches rose, her blood shed, and her insecurity protrudes

with the looks of sympathy, caution, and angst

embedded within her memory, tucked away in a cold hard locks of remorse.

Thanks to the strength she has accumulated and the pain that has dominated,

trips to dermatologists became a tragedy as scales of her dead skin began to drown her.

School is a damned danced that's banned

and all she had was the pleasure of her own company,

She reeked in blood, pus, and sadness

for the isolation and recluse had captive all her positivity and happiness.

She sobbed and rocked, watching grandma's clock go tic tock as she waited timely for her life to stop,

She was castrated, restricted with embarrassment and resentment

for those who never encouraged her to get to the top,

Now, the oak tree still lives, still scarred and torn from the abuse of her infection,

But now she knows that this setback was a key --

an ignition for a new and enlightened resurrection.

— Charlene Jean-Lestin



To have your work considered for the Lyrical send it to: Doug Holder, 25 School St.; Somerville, MA 02143. dougholder@post.harvard.edu

FF THE

by Doug Holder

Interview with poet Jennifer Martelli:

A poet who looks at her life as an 'Uncanny Valley'

Poet Jennifer Martelli sees her life as an "Uncanny Valley" – a term she told me that is used to describe the fact that what seems right doesn't always feel right - thus the title of her new poetry collection The Uncanny Valley (Big Table Books).

Jennifer Martelli is the recipient of the Massachusetts Cultural Council Grant in Poetry, and has been nominated for Pushcart and Best of the Net Awards. She's taught high school English and women's literature at Emerson College. She's an associate editor for The Compassion Project: An Anthology, and lives in Marblehead, Massachusetts with her family.

I had the privilege to speak to her on my Somerville Community Access TV program Poet to Poet/

Doug Holder: You have said in an interview that you write in the plainest language possible. So you have no problem with accessible poetry?

Jennifer Martelli: No, not at all. Early on this was a problem. So many professors would say that my writing is so beautiful, but they didn't understand what it is about. There was a part of me that felt for poetry to be deep or important it had to be inaccessible in a way. So half the time I didn't understand what I was trying to say. Eventually I went the other way. I tried to just tell a story. I learned that from Marie Howe. Now I am coming back to the middle, a little. I am trying to balance heightened language that is beautiful, with some artifice. But first I want to communicate with people. It is a razor's edge sometimes.

DH: You also mentioned in the interview that Elizabeth Bishop, Marie Howe, and Sylvia Plath have influenced you. What is the common thread among these poets that attracts you?

JM: First off they are strong female poets. There is a strong female voice. Over the past six months if I bought a poetry book it was written by a woman. I didn't start this consciously. I love male poets too, of course. I love Robert Haas, Thomas Lux - with his brilliant short lines - and Tony Hoagland he was a teacher of mine – probably the smartest man I know. The women poets I mentioned are all different, but again I am attracted to them. What I love about Bishop - Bishop is talking to you in her poems. Like in One Art she is making discoveries in the poem, and she is surprised in the poem.

DH: You studied at Boston University as an undergraduate, and you got your MFA from Warren Wilson. Who were some of the folks of note you studied with?

JM: You know, when I lived in Cambridge, Mass., you could more or less create your own MFA without entering a program. Major poets were living in Cambridge and for as little as a 100 dollars you could opt in. I remember folks like Steven Cramer and Robert Haas had workshops that folks could attend. When I was at Warren Wilson a big influence on me was Ellen Bryant Voight - she is a brilliant woman. Her notes were wonderful. Before the Internet took hold we wrote each other letters. The letters I have from



her are like a textbook.

DH: You are the associate editor for the Compassion Anthology. Tell us about this and your role there.

JM: This is really Laurette Folk's baby. Laurette is a jack of many trades. She is a writer, novelist, and visual artist. She created this anthology online. What she wants to do is to bring compassion through action – like creating art and poetry. I am a poetry reader for the project. I give my input. We are starting to see amazing poets and poetry being contributed to the anthology.

DH: Your new collection is The Uncanny Valley. Tell us about the germ of the idea for this poetry book.

JM: It is essentially biographical. It is about growing up in Revere, Mass. to my life now, in middle-age. It covers marriage, love, and writing. It deals with how one navigates one's way in the world. I find it inevitably hard. Robin Stratton, my publisher and editor, steered me to discover a great title. An "Uncanny Valley" is a term in aesthetics that describes things that look right but don't feel right. That describes my 54 years on this earth.

DH: In the collection you have a great poem titled Devil Tide. You describe this group of nefarious unforgiving rocks, the laments of seagulls, as a metaphor for how we cut ourselves off from people.

JM: That poem is a prose poem. It is a conglomerate of the many beaches I visited and lived near. I have always lived near a beach. I have lived in Marblehead, Gloucester, and Lynn. The poem has to do to with how to say goodbye to people who might be dead or not in your life anymore. All these images came together for me and the poem was birthed.

DH: Was there a literary community in Revere where you grew up? I know poet Kevin Carey was born there and the novelist Roland Merullo.

JM: There was no real literary community. It truly was a working-class city. My parents grew up during the Depression and they felt poetry was frivolous. There were really not many places to go with my interest, aside from English class. If you look at Carey's work and Merullo's you'll see what I mean.

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