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Nutrition education big in city schools



Photo by Roxane Scrima

Corn shucking the old fashioned way, a great experience for kids learning about nutrition and health.

By Jim Clark

Children in Somerville's elementary schools and the Capuano Early Childhood Center partook in an annual tradition aimed at educating them in the value of good nutrition last week, while having a ton of fun shucking corn in the morning and enjoying it on their lunch menu shortly afterwards.

On Thursday, October 3, the shucking activities also included the first ever Food & Nutrition Services Staff Appreciation Day. A breakfast was served at each school in honor of the daily work of FNS staff does in providing healthy meals to Somerville students.

According to Superintendent Tony Pierantozzi, "Somerville's Food and Nutrition Services Department is a national leader in promoting healthy eating through innovative programs and education. The annual corn-shucking event is just one of the many ways in which our Food & Nutrition Services staff teach our students the tremendous value of healthy eating. Not only is our Food & Nutrition Services staff ensuring students are ready for a full day of learning by providing them with nutritious meals, they're also fostering healthy nutritional habits that will last them a lifetime."

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HONK! if you love... Street music with a mission

By Elizabeth Sheeran

Two-dozen self-described activist street bands will converge on Somerville and Cambridge this weekend for what promises to be a honking good time. The eight year-old HONK! Festival is the granddaddy of international gatherings for street bands whose mission is to make a difference with music.

For the public it's a chance to take in an eclectic mix of boisterous street music from around the nation and beyond, over three days of free outdoor events. For the participants who spend much of the year taking their message to the streets, literally, it's a chance to come together and celebrate the activist band movement.

"It doesn't make sense for us to come up with a single mission for the festival because each of these bands has a cause, or sometimes a list of causes that are important to them," said organizer Ken Field, a member of the locally-based Second Line Social Aid and Pleasure Society Brass Band, which is the

Continued on page 17



Photo by Bobbie Toner

A joyful noise with a message or two – or more – will be hitting the streets of Somerville this weekend as the HONK! Festival sounds off.

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Starting this Friday, on the 11th, 12th, and 13th, join the HONK! Festival 2013 here in Somerville in Davis Square. Join in with the many radical marching bands from all over the world going through the square and various streets for social justice, peace and community. Absolutely a lot of fun to watch and listen to, completely free and open to the public. Come one come all to hear the many bands. Visit their website www.honkfest.org for the schedule and latest details.

The Somerville High School Class of 1983 is celebrating their 30 Year Reunion on Saturday, October 12, 4-10 p.m. at the Winter Hill Yacht Club, 85 Foley St., Somerville, MA. Tickets are \$25pp, \$35 at the door. Email: TerryCorbett@Comcast.net for tickets. Facebook: Somerville H.S. Class of 1983

Congratulations to Meagan Foster-Costa and her husband Jay on their recent addition to their family, a new baby girl named Arianna. Sleepless nights lie ahead, but great memories come with them. Our best to all.

Happy Birthdays this week to the following Villens: Nancy Murphy-Curtatone, our city’s first lady, is celebrating this week. Mike Capuano, who is on the city planning board, also celebrates, as does Michael Buckley, who works now in the private sector but used to work at City Hall. A good guy who use to live here, Dr. Haliam Muslu, who presently works as a specialist at the Atlanta Gastroenterology Associates, enjoys a birthday this week. Also this week celebrating is one of Somerville finest officers, Kevin Shackelford. In Florida, but always thinking about Somerville, Mike Berry is celebrating this week. Happy Birthday to Kellie Whealan, lifelong resident still. Also to Ben Echevarria, who is a good guy from a great long time family here.

For those that keep asking and didn’t read the first edition of our paper, we changed the name. It’s the same people who worked at The News, same phone number, just a new owner. In a few months everyone will realize how and why we changed the name. Look for it! So, when

Continued on page 11

TheSomervilleTimes.com
Comments of the Week

Response to Letter to the Editor: There is no hipster crisis so stop labeling people

Jim says:
There absolutely is a crisis, its a complete infestation. There are fixie bikes everywhere, empty American Spirit cigarette packs in every flower bed, and the irony is endemic. Honestly, if I see one more empty Narragansett tall boy in my front yard, I’m calling an exterminator. From what I understand, the only real things that keep them away are: lawn signs for Republican candidates; music from bands such as Slayer; right wing radio; and active discussions of Austrian School economic principles

AusDoug says:
Perhaps Jim’s comment is meant in jest? A Colbert-esque jab. Either way, look around – young people are driving a good portion of Somerville’s economy.

Jim says:
Clearly none of you have a sense of ironic humor (a pre-requisite of hipsterism). I’d take hipsters over rowdy/entitled Tufts students any day of the week. Plus, fixie bikes are way less annoying than luxury SUVs w/ out of state plates driven way too fast by Tufts kids.

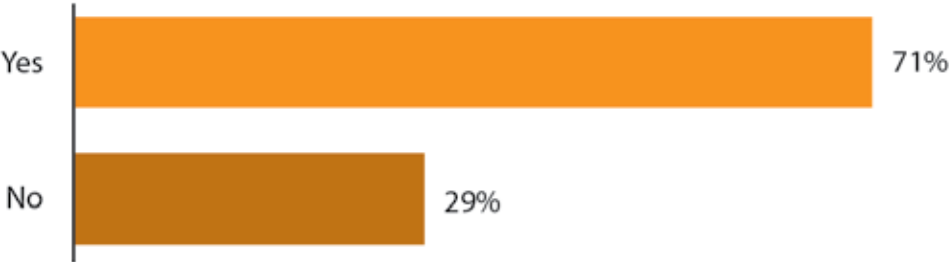
Dobie Gillis says:
You’re right, there is no hipster crisis, because hipsters do not exist as human beings. They are not a class, they’re not a race, they’re not a religion. You aren’t born a hipster, you actively pursue the hipster moniker. They’re a fad, a fashion statement that will disappear when the next counter culture clothing line comes out. So please stop acting so persecuted. It is you, not us, that are “labeling” yourselves. After all, who would self-identify themselves as a hipster to begin with?

Log onto TheSomervilleTimes.com to leave your own comments

TheSomervilleTimes.com poll of the week

In addition to breaking news, sports and opinion, TheSomervilleTimes.com also features a daily poll in which you, the reader, tell us where you come down on local issues. Last week’s poll concerned your views on whether or not you think so-called “hipsters” are displacing long term residents. If you don’t agree with the results, simply log onto TheSomervilleTimes.com.

Are so-called “hipsters” displacing long term residents?



TheSomervilleTimes

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The Somerville Times is published every Wednesday



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Fall ResiStat meetings begin October 17

Mayor Joseph A. Curtatone invites residents to the Fall 2013 ResiStat Community Meetings, a twice-yearly effort to share the latest city news and data directly with residents and gather their feedback. Seven neighborhood meetings, one in each ward, will be held in the coming weeks starting Thursday, Oct. 17, with the Ward 4 Winter Hill and Ten Hills Meeting with Mayor Curtatone and Ward 4 Alderman Tony Lafuente.

At each meeting, Mayor Curtatone, ward and at-large aldermen, members of the Somerville Police Department, and city staff will present updates and take questions on issues proposed by residents who take the meeting survey in advance of their ward meeting. Refreshments will be served (pizza and healthy snacks) at a meet-and-greet before each meeting, where residents can talk one-to-one with city officials and meet with neighbors.

New this season, an interactive data-gathering activity will also challenge residents at each meeting to identify the visual features in

their neighborhoods that they enjoy now and those they would like to change.

Topics to choose from include crime and safety reports, updates on neighborhood and citywide development, infrastructure improvements including streets and sidewalks, rodent control, park projects in your neighborhood, transportation projects including the Green Line extension, and traffic and parking. Residents are invited to help shape the meeting agendas by taking the Meeting Survey to vote on these topics or propose others for discussion. The survey is online at <http://somervilleresistat.blogspot.com/p/meetings.html>. Or take the survey by phone by calling Community Engagement Specialist Meghann Ackerman at 617-625-6600 x2120.

In addition to these options, the Mayor will present on how the use of data contributed to recent phenomenal MCAS gains in the Somerville Public Schools, and residents will be treated to a first look at the 2013 Happiness Survey results.

SPRING 2013 ResiStat Meeting Schedule

Ward 4: Thursday, Oct. 17, for Winter Hill, Ten Hills, Mystic River, Mystic View

Meeting: 7-8:30 p.m. at Healey School cafeteria, 5 Meacham St.

Meet-and-Greet: 6:30-7 p.m. with refreshments

Ward 1: Tuesday, Oct. 22, for East Somerville, Assembly Square, Inner Belt

Meeting: 7-8:30 p.m. at East Somerville Community School auditorium, 115 Pearl St.

Meet-and-Greet: 6:30-7 p.m. with refreshments

Ward 2: Tuesday, Oct. 29, for Union Square South, Somerville Ave. & Beacon St. areas, and the Lincoln Park and Perry park areas

Meeting: 7-8:30 p.m. at Argenziano School cafeteria, 290 Washington St.

Meet-and-Greet: 6:30-7 p.m. with refreshments

Ward 7: Wednesday, Nov. 13, for West Somerville and Teele Square area

Meeting: 7-8:30 p.m. at West Somerville Neighborhood School cafeteria, 177 Powderhouse Blvd.

Meet-and-Greet: 6:30-7 p.m. with refreshments

Ward 6: Tuesday, Nov. 19, for Greater Davis Square and SW Ball Square

Meeting: 7-8:30 p.m. at Davis Square Theatre, 255 Elm St.

(This is the small theatre below Foundry, NOT the movie theater.)

Meet-and-Greet: 6:30-7 p.m. with refreshments

Ward 5: Wednesday, Nov. 20, for Magoun Square, NE Ball Square,

Cedar & Lowell St. areas, NW Porter Square

Meeting: 7-8:30 p.m. at John F. Kennedy Elementary School cafeteria, 5 Cherry St.

Meet-and-Greet: 6:30-7 p.m. with refreshments

Ward 3: Thursday, Nov. 21, for N. Union Square, Prospect Hill, Spring Hill, Central Hill

Meeting: 7-8:30 p.m. at Somerville High School cafeteria, 81 Highland Ave.

Meet-and-Greet: 6:30-7 p.m. with refreshments

For more information, visit <http://somervilleresistat.blogspot.com> and click the "Meetings" tab.

Or contact Meghann Ackerman at mackerman@somervillema.gov or 617-625-6600 x 2120.

KenkoDo opens



Former Somerville Mayor and Registrar of Deeds, Gene Brune, helps Lori Pino of Amal Niccoli Salon cut the ribbon to her new adventure, KenkoDo. The grand opening was held Sunday from 12 to 5 p.m. They offer acupuncture, massage, and Chinese herbal medicine to bring patients' health back into balance. Find out what makes their health care unique. Visit www.kenkodoclinic.com or stop by at 735 Broadway, Somerville.

Be sure to visit us online at www.TheSomervilleTimes.com and on Facebook at www.facebook.com/thesomervilletimes

WARD 3 ALDERMAN

Bob

There is a clear choice
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McWatters

- PROVEN LEADERSHIP AND INTEGRITY -

- Lifelong Somerville Resident
- University of Massachusetts – B.A. in Political Science/Sociology - 1981
- Northeastern University – Masters in Public Administration - 1988
- Massachusetts Trial Courts Probation Officer – 1984 – Present
- Clerk of Committees – 1996 – Present
- Current Member – Little Sisters of the Poor Advisory Panel
- Former Member of the Somerville Board of Health
- Former Member of the Clarendon Hill Towers Tenants' Association Board of Directors
- Former Boston Junior Bruins coach

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the Somerville TRENDSETTERS

New singing group for teens

Somerville Youth Arts Coordinator Jimmy Del Ponte announces the formation of a new singing group for city teens. The Trendsetters will begin rehearsals on Thursday, October 17, at location yet to be announced.

Teens up to 18 are invited to join the group, which will meet once a week 3-4 p.m. In the tradition of The Sunsets, The Trendsetters will perform current songs and classic oldies.

The Trendsetters will be recording a new Somerville song in the new youth recording studio that's being built. Interested singers should come to the first meeting.

For more info contact Jimmy at jdelponte@somervillema.gov or call him at 617-625-6600 x 2126.

THE WEEK IN CRIME

By Jim Clark

Bored teens try arson for entertainment

Police and firefighters were dispatched to the Kmart parking lot area on Middlesex Ave. shortly after midnight last Saturday on reports of an attempted arson.

Police questioned the reporting party, who told them that three individuals were seen stacking up cardboard boxes next to the book box in the parking lot, near the Kmart store. The witness reportedly said that one of the individuals set the pile of cardboard on fire.

Police caught up with the three suspects behind the Stop & Shop next to the onramp to 93 North.

The reporting party identified one of the suspects as the one who started the fire.

One of the juveniles questioned said that he was bored, walking around with his friends, and that he had been lighting small pieces of paper on fire. Another juvenile in the group affirmed what the first one said.

Meanwhile, firefighting units extinguished the small fire that had been set.

The two juveniles, and Michael Bobick, 18, were placed under arrest and charged with attempted arson.

A statement released by Somerville Police said that whether or not the suspects in this case have any connection to the recent incidents of suspicious fires in the city is under investigation.

He wasn't having a Happy Meal

Police responded to a reported disturbance at the McDonalds on McGrath Hwy. last week.

Upon arrival, they reportedly found that the cause of the disturbance was an apparently highly intoxicated and very boisterous man, James Killackey, 30, of Cambridge, with whom police say they have had many similar encounters in the past.

During police questioning, Killackey reportedly requested an ambulance and one was called for him.

While waiting for the ambulance, Killackey reportedly swore loudly in the presence of children and other customers inside the McDonalds.

He was escorted outside when the ambulance arrived and placed on a gurney in preparation for transport. Killackey, however, reportedly began shouting at the EMTs and struggling as they attempted to restrain him in the gurney.

Out of concern that Killackey might injure the EMTs, police removed Killackey from the ambulance and placed him under arrest.

While awaiting the police transport vehicle Killackey reportedly continued to swear at officers, using racial epithets, and struggle in a violent manner.

Killackey was eventually restrained and transported to the police station, according to reports, where he continued to struggle with officers in a combative manner during booking.

He was finally booked and charged with disorderly conduct.

The right tools for the wrong job

A reported breaking and entering of a motor vehicle brought police to a Franklin St. residence last Thursday, where the owner of the vehicle in question had detained the suspected burglar.

Police officers arrived and found the alleged victim holding the suspect, Luis Regino, 25, up against the truck that was at the center of the incident.

Upon police questioning, the reported victim stated that his neighbor had phoned him, alerting him that Regino was spotted going through the contents of the truck bed, so he went outside and reportedly caught Regino in the act of rummaging through the tool box in the truck bed.

The neighbor confirmed the story with police, saying that he had been awoken by the sound of tools hitting the ground. Looking out his window, he reportedly saw Regino looking through the truck's bed area.

Police noted that the truck bed cover was pulled back and some tools were laying on the ground nearby.

Regino was placed under arrest and charged with nighttime breaking and entering of a vehicle or boat.

Crime Tip Hotline: 617-776-7210

Help Keep Somerville Safe!

SOMERVILLE POLICE CRIME LOG

Arrests:

James Killackey, 30, of 66 Fifth St., Cambridge, September 30, 5:25 p.m., arrested at 14 McGrath Hwy. on a charge of disorderly conduct.

Ralph Glawson, 51, of 46 Perrin St., Boston, September 30, 9:11 p.m., arrested at 256 Elm St. on charges of furnishing a false name or Social Security number and violation of city ordinance open container, and on warrant charges of trespassing, disorderly conduct, larceny over \$250, destruction of property over \$250, and felony nighttime breaking and entering.

A juvenile, October 1, 1:41 p.m., arrested at 9 Alston St. on warrant charges of assault and battery with a dangerous weapon, unarmed robbery, and witness intimidation.

A juvenile, October 1, 2:07 p.m., arrested at 313 Broadway on a charge of violation of city ordinance possession of a dangerous weapon, and on a warrant charge of witness intimidation.

Joseph Salvato, 57, of 1374 Broadway, October 1, 2:23 p.m., arrested at 1215 Broadway on a charge of assault and battery.

John McLean, 53, of 686 Massachusetts Ave., Boston, October 1, 5:29 p.m., arrested at Davis Sq. on a warrant charge of larceny from a person.

Christopher Blake, 22, of 50 Albion St., October 1, 6:45 p.m., arrested at Albion St. E. on a warrant charge of operation of a motor vehicle with a suspended license.

Walter Andrade, 21, of 105 W. Chester St., Brockton, October 2, 8:42 p.m., arrested at Medford St. on charges of carrying a dangerous weapon, operation of a motor vehicle with a suspended license, and no inspection sticker.

Ronick Afonso, 18, of 294 Whittenton St., Taunton, October 2, 8:42 p.m., arrested at Medford St. on a charge of carrying a dangerous weapon.

Luis Regino, 25, of 6 Summer St., October 3, 4:57 a.m., arrested at 10 Franklin St. on a charge of nighttime breaking and entering of a vehicle or boat.

Alexander Mondesir, 25, of 186 Salem St., Medford, October 3, 5:57 p.m., arrested at 1364 Broadway on a charge of drug possession to distribute and on warrant charges of assault and battery with a dangerous weapon.

Carlos Rivera, 29, of 156 Cottage St., Chelsea, October 4, 12:36 p.m., arrested at Inner Belt Rd. on a warrant charge of distribution of a class B drug.

Two juveniles, October 5, 12:32 a.m., arrested at 77 Middlesex Ave. on a charge of attempted arson.

Michael Bobick, 18, of 250 Broadway, October 5, 12:32 a.m., arrested at 77 Middlesex Ave. on a charge of attempted arson.

Peter Dizon, 53, October 6, 2:45 a.m., arrested at 633A Somerville Ave. on a charge of assault and battery.

Incidents:

Theft:

October 1, 3:06 p.m., police reported a theft at Hamlet St.

October 1, 4:40 p.m., police reported a theft at Gorham St.

October 1, 7:30 p.m., police reported a theft at Medford St.

October 2, 9:43 p.m., police reported a theft at School St.

October 3, 3:49 p.m., police reported a theft at Cameron Ave.

October 3, 7:04 p.m., police reported a theft at 570 Somerville Ave.

October 3, 8:40 p.m., police reported a theft at Liberty Ave.

October 4, 12:39 p.m., police reported a theft at Spencer Ave.

October 4, 1:49 p.m., police reported a theft at Benton Rd.

October 4, 3:40 p.m., police reported a theft at 90 Perry St.

Breaking & Entering:

October 3, 10:59 a.m., police reported a breaking & entering at Spring St.

Vehicle Theft:

October 2, 8:25 p.m., police reported a theft at Boston Ave.

Assault:

October 1, 2:14 p.m., police reported an assault at Broadway.

LETTERS TO THE EDITOR

Readers are invited to send letters to the editor to The Somerville Times. Please email your letters to News@TheSomervilleTimes.com or mail them to 699 Broadway, Somerville, MA 02144. The Somerville Times Reserves the right to edit letters for style, grammar and length. All letters must include an name and contact information. Contact information will not be shared with the public. We look forward to hearing from you.

The Green Line Extension took a monumental step forward last Wednesday when the MassDOT Board of Directors voted to approve a \$393 million contract to fund the construction of the first three stations. Yes, you read that right: Phase II of the Green Line Extension is now on schedule for an early 2017 opening of the Lechmere, Union Square and Washington St. stations. To celebrate this truly momentous news, I'd like to thank everyone who made this possible.

Foremost, I want to thank Gov. Deval Patrick and MassDOT Sec. Richard Davey for remaining committed to the Green

Line Extension. Such a massive project needs local, state and federal government on the same page, and both Gov. Patrick and Sec. Davey have been resolute in their commitment. They know that making smart, long-term infrastructure investments and building a 21st century transportation system is critical to the Commonwealth having a 21st century economy. I look forward to hosting Gov. Patrick and Sec. Davey in Somerville soon not only to mark this milestone but to celebrate it.

Thanks are also due to the MassDOT Board of Directors for their bold vote, MBTA General Manager Beverly Scott

for advocating for strategic investments in expansion and the Boston Region Metropolitan Planning Organization for their continued support. Our Beacon Hill delegation of Sen. Pat Jehlen, Rep. Denise Provost, Rep. Carl Sciortino and Rep. Tim Toomey has showed tremendous resolve with their support at the state level, while the Somerville Equity Transportation Partnership and Friends of the Community Path have provided the grassroots support that helped fuel this monumental step forward. We must also thank the Board of Aldermen for supporting the Union Square urban renewal plan that

makes the new T station feasible, and all Somervillians for their dogged advocacy as well (We just don't give up, do we?).

Our 20-year comprehensive SomerVision plan sets goals of creating 30,000 new jobs and 6,000 new housing units in the city, all while creating the walkable, bikeable, transit-oriented neighborhoods that reduce our reliance our cars and benefit our local economy. Completing the Green Line Extension is a significant factor in reaching those goals. In Somerville, we have always invested today with an eye on tomorrow, and investing in the Green Line Extension today means billions of dollars pump-

ing through the entire Massachusetts economy in the years to come.

This funding has been a long time coming. Thanks to Gov. Patrick, Sec. Davey and all of our partners at the state level that we've worked with through the years, it's happening now. But we're not done. With all parties continuing to work together, we are seeking to secure federal funding to complete the project, and with this \$393 million as matching funds, our case for receiving New Starts funding is all the stronger. Route 16, here we come.

— Mayor Joseph A. Curtatone

This year, the City came forward with two important proposals that address the impact of commercial development in Somerville through linkage fees. As residents affected by that development, we support the proposed amendments to the housing linkage fee and the creation of a jobs linkage fee. The amendments to the housing ordinance would increase the amount paid by developers from \$3.91 to \$5.15 per square foot, index it to the cost of living, and lower the threshold for payment to developments of 20,000 square feet or more. The proposed ordinance on jobs linkage would create a jobs linkage fee of \$1.40 per square foot, which would go into a Job Creation and Retention Trust.

We strongly believe that the Board of Aldermen should adopt the proposals. The increase in housing linkage will provide critical resources for affordable housing in Somerville. The ordinance is meant to be updated every three years, but has not been updated since 2004. In the meantime, the cost

of rental housing in Somerville is increasing faster than the rate of inflation, and the city is losing rental housing due to condo conversions. Somerville residents are already leaving because there is not enough affordable housing.

Affordable housing and jobs create stable, healthy communities. Any developer who balks at contributing is probably not one who will be responsive to community needs overall. We understand the need for commercial development to expand the city's tax base and relieve pressure on residential taxpayers, but that does not mean we support any commercial development regardless of its impact. The people of Somerville want development that benefits the community and prevents displacement.

On September 25, MassDOT approved \$393 million dollars to fund the portion of the Green Line Extension that will go to Union Square. Jobs for Somerville has been working with MassDOT and the MBTA to create a workforce development

program that will provide training and jobs on the Green Line for Somerville residents. This program will involve a system of local outreach, placement in training programs, and a commitment to hire qualified local participants. We are very excited about the possibilities of this system, and we think it could work throughout all of Somerville, not just on the Green Line. It's an opportunity to bring Somerville residents, only 16% of work in the city, access to the jobs they need to survive and thrive. In order to operate and staff such a system, there needs to be a financial commitment from the City of Somerville. The Jobs Trust Fund, which would receive money from the linkage fee, would be an ideal source of initial funding for that system.

In individual meetings with aldermen, we were dismayed to hear some of them express the idea that Somerville is still suffering from a lack of commercial development. From Assembly Square to Cobble Hill Plaza to Union Square, it is clear to all of us that development is already

coming, and elected officials cannot wait until the perfect anchor tenant arrives to deal with the need it creates for affordable housing and jobs. Many of the current aldermanic candidates have expressed their support for both linkage fee proposals. Boston provides a nearby example of a Neighborhood Jobs Trust, funded by linkage fees, that successfully connects residents to training and employment.

Developers in other cities have not been deterred by linkage fees, and Somerville's current fee has not been an obstacle, according to the City's planning department. An increase in the housing linkage fee will responsibly provide for additional affordable housing stock in

Somerville, and the creation of a jobs trust fund will jumpstart an innovative and forward-thinking system to connect Somerville residents to training and employment. Somerville has already given countless benefits to Federal Realty and other developers — we can't let them derail these opportunities to keep families in Somerville.

— Beatrice Kwaa, Maria Flores, Van Hardy, Yenii Majano, Mary Jo Connelly, Benny Wheat, and Daisy Vasquez on behalf of Jobs for Somerville.

— Ellen Shachter, Lauren Shufleton, Celia Basilio, Louise Marks, and Catie Ferrara, on behalf of the Affordable Housing Organizing Committee.

A hard look at ageism



The Somerville Council on Aging was thrilled to be a special guest of the Tufts Osher Lifelong Lunch & Learn Series as we heard Jennifer Burton, a professor at Tufts shared with us how this series came about and premiered the first in her six part series *Old Guys*. The series looks at ageism and stereotypes of the elderly.

VOTER REGISTRATION



LAST DAY TO REGISTER

Wednesday, October 16, 2013 at 8 P.M.

For
THE CITY ELECTION
Tuesday, November 5, 2013

Election Department: Somerville City Hall Hours

MONDAY, TUESDAY
& WEDNESDAY ----- 8:30 a.m. ----- 4:30 p.m.
THURSDAY ----- 8:30 a.m. ----- 7:30 p.m.
FRIDAY ----- 8:30 a.m. ----- 12:30 p.m.

To request a registration form

- ♦ CALL 617-625-6600 ext. 4200 for a Mail-In Registration form to be mailed to you
- ♦ Download a Mail-In Registration form from the City website and mail it to the Election Department

All mail-in voter registration forms must be post-marked by 010/16/2013

The City of Somerville does not discriminate on the basis of race, gender, religion, age, national origin, sexual preference, disability, or any other protected category in admission to, access to, or operation of its programs, services or activities. Auxiliary aids and services, written materials in alternative formats, reasonable modifications in policies and procedures will be provided to qualified individuals with disabilities upon request.

Meet the Candidates: School Committee

The candidates for School Committee were each asked four questions and invited to describe themselves and their vision for how best to serve their ward as School Committee members. Their responses are presented here in alphabetical order, based on their last names, by ward. Ward 1 candidate Kenneth M. Salvato did not submit answers before we went to press.

The questions:

1. What do you feel is the most important duty of the School Committee?

2. What is the number one issue you would address once elected?

3. How would you rate the job performance of the Somerville Public Schools Superintendent?

4. How do you feel about charter schools?



Steven P. Roix
Ward 1

Answer 1: All of the children in Somerville are entitled to the best education that we, together as a community, can afford. The School Committee is responsible for ensuring the appropriate leadership, policies and budget are in place to deliver this education within our District.

Answer 2: We can improve communication with families and the community, for certain, and perhaps at times with our own teachers. The School Committee has no direct control over the latter, and only a peripheral amount

over the former; but we can push things in a general direction, and I plan to.

Answer 3: MCAS performance has improved consistently for several years. This year's growth numbers were tremendous. The Superintendent also recognizes the value of programming that doesn't easily correlate to test scores but is important to community values. There is room for improvement in certain areas but he deserves a "proficient" rating overall.

Answer 4: We send our children to the Somerville Public Schools

without hesitation. We clearly feel the SPS are the best option and offer quality choices for all parents within our community. I do respect the parental prerogative for outside choices, but the Commonwealth's mechanism for funding Charter Schools is regrettable.

Bio: I'm a 10 year resident of Ward 1 and a life-long resident of Massachusetts. I graduated from Athol High School and have a B.S. in Civil Engineering from WPI. I work in the railroad industry. My wife Julie and I arrived in Somerville without

knowing anyone, and in becoming active in numerous organizations and attending many meetings, clean-ups and festivals we have realized that East Somerville is "home." We wouldn't have it any other way. We have two children: Troy, 5, a kindergartner at the East Somerville Community School and Hank, 3, who attends the Somerville Childcare Center. It's an honor and a privilege to represent Ward 1 on the School Committee and I would like to continue to do so. www.steveroix.com.



Dan Futrell
Ward 2

Answer 1: Enabling students to reach their potential is the primary goal of Somerville Public Schools, and the most important way the School Committee accomplishes this is through the budget – by knowing and advocating for the needs of families in Somerville, making tough trade-offs to support those needs, and fighting for resources.

Answer 2: Parents and guardians, when engaged in their child's education, have a significant impact on their child's success, and parents currently experience an inconsistent level of communication at different

schools. In order to truly partner with families, I will first focus on how to increase communication with parents across the district.

Answer 3: While the Superintendent has moved SPS a long way during his tenure, the recent mishandling of teacher evaluations – one of the primary jobs of a superintendent – has significantly damaged teacher morale and confidence in the district's commitment to professional development. Teacher evaluations must be a top focus in 2014.

Answer 4: We owe it to our students and families to invest in

our public school system without reducing resources by adding charter schools in Somerville. Charter schools are only a part of the discussion because of existing gaps in innovation and outcomes in public schools, which I want to improve.

Bio: Dan Futrell serves as the Director of Operations & Strategy at the youth development nonprofit Year Up, where he manages a \$9M budget and provides human resources support to a 60-person staff to include performance management and hiring. Prior to this, Dan served

five years as a US Army Infantry Officer commanding at the Platoon and Company levels. Serving 27 months in Baghdad, Dan was awarded the Combat Infantryman's Badge, the Ranger Tab, and was twice awarded the Bronze Star. Growing up partially in foster care and later in a single parent home, Dan attended college on an ROTC scholarship and later completed a graduate degree in public policy at Harvard. Dan currently serves on the board of the Community Action Agency of Somerville (CAAS). Visit www.danfutrell.com.



Michael Nionakis
Ward 2

Answer 1: I believe the School Committee's main function should always be to work as a cohesive unit that keeps the welfare of Somerville's children as its core value and focus.

Answer 2: My number one focus will always be to implement more, and enhance current, guidance services to ensure that every Somerville student with college aspirations is given every available tool and opportunity to realize such goals and aspirations.

Answer 3: I believe the programs

set in motion by Mr. Pierantozzi have proven very successful and, if elected, I look forward to realizing more of his, and the new School Committee's, educational and personal goals for the students of Somerville.

Answer 4: I believe charter schools have been a tremendous enhancement to Somerville's educational options but I am always leery of augmenting their budgets if those funds are taken from budgets supporting Somerville's other tremen-

dous public schools.

Bio: Lifelong resident of Somerville. Husband to Susan (McDonald) Nionakis, also a lifelong Somerville resident. Father to Michela age 22 and Michael age 6; the entire Nionakis family was educated within Somerville's public school system. Middlesex Sheriffs Office - Assistant Deputy Superintendent. Middlesex Sheriffs Honor Guard - Assistant Commander. Somerville High School Class of 1982. Bunker Hill Community

College. Certificate of Management - Boston University. Member of: Middlesex Sheriffs Superior Officers Association. NAGE Local 57. E-Board Member – MSSOA. Volunteer Coach - Somerville Youth Soccer. St. Joseph's Society. Ward 2 Democratic Committee. American Police Association. Benefactor - Patricia and Francis McDonald Memorial Book Award. Proudly endorsed by: Somerville Labor Coalition. NAGE-SEIU. www.Nionakis4Two.com.



Adam W. Sweeting
Ward 3

Answer 1: The School Committee sets the budget for the district, which gives it enormous responsibility for setting educational priorities and allocating resources. In addition, it sets district policies while evaluating and supervising the Superintendent. All of these are vital duties performed by the School Committee.

Answer 2: My primary focus will continue to be early childhood education and college/career readiness at the high school. In addition, I want to continue working on closing

achievement and opportunity gaps wherever they exist in the district.

Answer 3: The School Committee is just beginnings its annual evaluation of the Superintendent, so I think it premature to comment too extensively. This year we will follow new guidelines the Department of Elementary and Secondary Education and I encourage the public to follow the process. Overall, I think the district has made tremendous progress in recent years but that we still have challenges and opportunities to address.

Answer 4: Some charter schools work well, but the funding formula concerns me, as does the mixed record on educating English Language Learners and Special Education students. I am committed to innovation schools that remain in the district and currently serve on the planning committee for one such school. We have made great progress with our innovation planning and I want to continue along this path.

Bio: I am an educator and the parent of two students in the Somerville

Public Schools, one in sixth grade the other a junior at Somerville High School. Prior to being elected to the School Committee in 2007, I coached youth soccer and was active in several parent/guardian groups across the city that focused on improving education for all Somerville students. Since 1996 I have taught at Boston University, where I was named Teacher/Scholar of the Year in 2006. At BU, I served a two-year term as Chair of the Faculty Council and was an ex-officio member of the Board of Trustees.

Be sure to vote in the city election on Tuesday, November 5, 2013
Polls are open from 7 a.m. to 8 p.m.



Christine Rafal
Ward 4

Answer 1: School Committee has three very important duties: 1) ensure that our schools have enough money and that it is spent fairly and reasonably; 2) hire and evaluate the Superintendent; 3) set local school policy (the budget is our biggest policy document each year).

Answer 2: One of my priorities will be to facilitate new members' learning of the job. I foresee a strong board focused on workable solutions that keep building on our schools' forward momentum.

I also hope to explore ways to give more families more input at the local policy level.

Answer 3: As a RTTT district, Somerville had to begin implementing the new educator evaluation process in 2012-2103, including different rubrics for our annual performance review of the Superintendent. MASC representatives will meet with us this month to review these new "how-to's." I'd encourage School Committee candidates to attend that meeting.

Answer 4: Charter Schools are not monolithic, all good or all bad. However, some features of Charter School regulations seem detrimental. For example, some charter schools are run by for-profit companies receiving public money.

Bio: I have lived in Somerville for a total of 20 years so far. My husband and I are the parents of two Somerville High School students, who have been in Somerville schools since SMILE. My own schooling began in the same bilin-

gual (French Canadian) parochial school my dad had attended in NH. I was the first in my family to earn a 4-year college degree and became a high school English teacher. After earning my EdD, I worked in education research and assessment development. I joined the Healey School Council as a community representative when my first daughter was one year old, and I saw positive work happening in Somerville's public schools. You can find more at <http://rafalforward4.info>.



Laura J. Pitone
Ward 5

Answer 1: The School Committee's most important duty is to represent the needs of students and desires of the community in hiring and evaluating the Superintendent, in providing input on use of taxpayer money during the school budgeting process, and in setting priorities in the long-term planning process.

Answer 2: I will help promote collaboration among school staff and engage the community as well. More shared planning time for teachers, within and across schools, will promote greater creativity in meeting the needs of all students. Additionally, stronger connections

between parents and schools will result in greater satisfaction and support of our students.

Answer 3: People agree that our schools have improved over the past ten years, which is a credit to leadership AND school staff. In other areas, such as implementing new teacher evaluations last year, the Superintendent has struggled. Developing staff is a top priority and our leadership has more work to do.

Answer 4: Ideally district schools would meet the needs of all students. The state Innovations Schools initiative, which Somerville

has embraced, allows public schools greater autonomy and flexibility formerly only afforded to charter schools. Engaging teachers and parents in the Innovations School process and learning from charter schools will result in district schools more successfully meeting the needs of the community.

Bio: For more than six years, I've been in our schools. From volunteering in the classroom, to leading school-wide initiatives, I've learned about different perspectives in Somerville schools, including those of teachers, administrators, students and parents throughout

the city. I've collaborated in decision-making on approaches to teaching and learning, shared staff planning time, enrollment in early childhood education programs, and expanding parent involvement. I currently serve on the city's Children and Youth Study Team. I am married to Tom Cole and the mother of 2nd grader Avery and 6th grader Ethan at the Healey School. Professionally, I have worked as a manufacturing engineer and, more recently, as a business and information technology consultant. For more information, please visit www.laurapitone.com.



Ross Richmond
Ward 5

Answer 1: I am running for School Committee to be a strong advocate for all neighborhood schools. Currently 4 of 7 School Committee members are Healey School parents. I will bring a different perspective, through my volunteer experience at the Kennedy School, and my job working on statewide education policy at the Massachusetts State House. Now is the time to diversify School Committee and bring new experience to our school district.

Answer 2: I will bring my experience working at the State House on statewide education policy, to advocate for pre-K for all children, support families with disabilities, and

strengthen ties between neighborhood residents and their schools. I will fight to ensure that all students can attend great schools right in their backyard.

Answer 3: I believe Superintendent Tony Pierantozzi is doing a good job. He is absolutely dedicated to our schools and our kids. I do believe he needs more support. Our district needs a communications director responsible for promoting and communicating our schools' events and achievements as well as how our district addresses challenges. This will benefit our superintendent, current parents, prospective parents, and the community at large.

Answer 4: I believe the most important thing our community can provide is an excellent public school system. For this reason, I will not support new charter schools, but will instead work with all parents, teachers, and administrators to make our public schools even better. I will bring my state-wide education policy experience with initiatives in Science, Technology, Engineering, and Math (STEM) and advocate for more innovative schools.

Bio: I grew up in a family deeply committed to public education. My mother was a public school teacher and is now a principal at the Kenny School in Boston. I attended Depaul

University, and I currently work for the Higher Education Committee at the Massachusetts State House. At my job I write and review education policy, as well as advocate on behalf of students and parents across the state. I work to make our schools well funded, more accountable and better connected with parents. My experience in statewide advocacy and education policy, my commitment to volunteering with 4th and 5th graders at the Kennedy School, and the relationships I have built with Somerville parents and residents will inform every decision that I make if elected to Ward 5 School Committee.



Paul Bockelman
Ward 6

Answer 1: The School Committee provides policy leadership for the School District and is responsible for hiring a high-quality Superintendent to lead the District. The School Committee also must listen to parents/guardians and students and be responsive to the issues they may raise about their educational experiences.

Answer 2: There are two major issues that will be my focus during the next two years. First is early childhood education and making sure the children who need it most have access to the phenomenal education we can provide. Second is the challenge to ensure that every student graduating from Somerville High School is prepared to

succeed in college.

Answer 3: Superintendent Pierantozzi came to Somerville and has helped transform the District in an era of dramatic educational change. He has been a responsible steward of our tax dollars and provided strong educational leadership, building a stellar staff in our central office and in every one of our schools. Tony has been a fervent advocate for Somerville schools and has a work ethic that everyone admires.

Answer 4: Somerville's public schools can provide an excellent education for all children. We welcome competition from other schools, especially charter schools. I believe that having options is

important for parents because not every child is the same. I also believe that parents, by definition, will choose the school that is best for their children. However, I object to the way the State has set up the funding formula for charter schools because it is patently unfair.

Bio: Paul Bockelman has had the honor to represent Ward Six on the Somerville School Committee since 2005. Paul is the Director of Administration & Finance at the Massachusetts Municipal Association, the non-profit advocate for Massachusetts cities and towns. Previously, he served as Operations Manager of the Massachusetts Interlocal Insurance Association, a non-profit insurer of Massachu-

setts cities and towns with over \$300 million in premiums. He was also the Town Administrator in Manchester-by-the-Sea for fourteen years and worked for the City of Cambridge as Assistant Director of the Cambridge Historical Commission. In Somerville, Paul has been a Little League coach, a founding member of the Historic Preservation Commission, and has served on numerous city committees and task forces. Paul holds a Masters in City Planning degree from MIT and a Bachelor's Degree from Hampshire College. Paul and Cathy Barber have lived in Somerville for over 30 years. Their children, Corey and Mattie, attended Somerville Public Schools.



Caroline Lynch Normand
Ward 7

Answer 1: The School Committee's most important duty is to represent constituents' concerns while setting high standards for our schools. It must provide direction and the resources to support our students, teachers and staff in their efforts to make progress.

Answer 2: My top priority is to set high expectations for all our students. I will advocate for programs and services that recognize the varied needs of all our students (at, above or below grade level). I will work to build stronger connections between families, schools and community.

Answer 3: Since the Superintendent took office, our schools have been making steady progress towards meeting nationally and state mandated standards while maintaining a varied curriculum and extracurricular activities. I'm pleased with the gains made on MCAS, and I will advocate for what is in the best interest of students.

Answer 4: Families make educational decisions in the best interest of their individual children. I am running for School Committee because I believe that all children should have access

to high quality public education. Somerville is moving in the right direction, but we still have a lot of work to do.

Bio: I am deeply committed to improving Somerville public schools for all children. I have lived here for 20 years and have a 4th and 7th grader in the system. I have volunteered extensively in our schools as a literacy and math tutor, room parent, PTA member, Cochair of the Healey School Improvement Council, Special Education Parent Advisory Council member, and member of several redesign and teacher interview

committees. I know many families from across the city and have developed a broad perspective of our students' and families' needs. Currently, I am the Somerville Special Education Advocacy Fellow at Massachusetts Advocates for Children learning about best special education practices used in other districts and from experts in the field. My professional experience includes writing instructor, union organizer, and academic and financial aid advisor at the Harvard Extension School where I worked during the day and earned my masters at night.

Beacon Hill Roll Call



Volume 39-Report No. 40 • September 30 - October 4, 2013 • Copyright © 2013 Beacon Hill Roll Call. All Rights Reserved. By Bob Katzen

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THE HOUSE AND SENATE. *Beacon Hill Roll Call* records local representatives' votes on one roll call from the week of September 30 - October 4. There were no roll calls in the Senate last week.

Our Legislators in the House and Senate for Somerville:



Rep. Denise Provost
DISTRICT REPRESENTED: Twenty-seventh Middlesex. - Consisting of precinct 3 of ward 2, all precincts of ward 3, precinct 3 of ward 4, and all precincts of wards 5 and 6, of the city of Somerville, in the county of Middlesex.



Rep. Carl Sciortino
DISTRICT REPRESENTED: Thirty-fourth Middlesex. - Consisting of all precincts in wards 4 and 5, precinct 1 of ward 7, and precinct 2 of ward 8, of the city of Medford, precincts 1 and 2 of ward 4, and all precincts of ward 7, of the city of Somerville, both in the county of Middlesex.



Rep. Timothy Toomey
DISTRICT REPRESENTED: Twenty-sixth Middlesex. - Consisting of all precincts of ward 1, precinct 1 of ward 2, precincts 1 and 2 of ward 3, and precinct 1 of ward 6, of the city of Cambridge, and all precincts of ward 1 and precincts 1 and 2 of ward 2, of the city of Somerville, both in the county of Middlesex.



Sen. Patricia Jehlen
DISTRICT REPRESENTED: Second Middlesex. - Medford, Somerville, entire city, Woburn, ward 2, and Winchester.

REGULATE COMPOUNDING PHARMACIES

(H 3672)
House 157-0, approved and sent to the Senate a bill that would increase the state's oversight and regulation of compounding pharmacies and the state agencies that regulate them.

The bill comes nearly a year after the State Board of Pharmacy voted to permanently revoke the license of the New England Compounding Center in Framingham, the pharmacy at the center of the 2012 spread of fungal meningitis that infected hundreds of people across the nation and killed 61. Provisions include establishing a specialty license for all in-state and out-of-state sterile compounding pharmacies; mandating unannounced, detailed inspections of all sterile compounding pharmacies; and requiring that the Department of Public Health track all compounded drugs made by state-licensed pharmacies.

Supporters said the bill sets many new standards and requires more transparency from the pharmacies, which will save lives. They argued it will hold pharmacies to high standards in quality control and sterility.

(A "Yes" vote is for the bill.)

| | |
|---------------------|-----|
| Rep. Denise Provost | Yes |
| Rep. Carl Sciortino | Yes |
| Rep. Timothy Toomey | Yes |

ALSO UP ON BEACON HILL

DISABLED VETS (H 2617, H 3645) - The House gave initial approval to bills that would make more disabled veterans exempt from the auto sales tax and auto excise tax. Current law offers these exemptions to disabled veterans who buy a disabled veterans license plate for their car. These proposals would also offer the exemptions to disabled veterans who qualify for but have not purchased the special plate.

The measures also exempt from the excise tax disabled veterans who lease cars. Current law only provides the exemption for a disabled veteran who buys the car. Supporters said the bill aims to correct that situation by allowing disabled veterans to legally claim the benefits to which they are entitled, whether or not they have acquired the plates.

REQUIRE ALL STATE GOVERNMENT DOCS BE WRITTEN AT THIRD GRADE LEVEL (H 2809) - The Committee on State Administration and Regulatory Oversight held a hearing on a measure that would prohibit documents published by the state from being written in language that exceeds the comprehension level "generally accepted in the public schools as a third-grade level." The measure was filed by private citizen Paul Leary.

The proposal is modeled after the 2010 Plain Writing Act approved by the U.S. House and Senate and signed into law by President Obama. That federal law requires federal agencies to write "clear government communication that the public can understand and use."

Another bill before the committee would exempt all state university employees from parking fees at the school(H 2888).

LICENSE AND REGULATE NATUROPATHIC DOCTORS (H 2003) - The Committee on Public

Health held a hearing on a proposal to create a state board to license and regulate naturopathic doctors. The measure requires that these doctors have extensive training in a naturopathic program at an approved naturopathic medical college. The American Association of Naturopathic Physicians defines naturopathic doctors as "primary care and specialty doctors who address the underlying cause of disease through effective, individualized natural therapies that integrate the healing powers of body, mind and spirit."

The Massachusetts Society of Naturopathic Doctors supports the bill and noted on its website, "Licensing would allow ND's to provide the depth of health care that they are trained to give, providing ... better service and more treatment options. Most importantly, it would protect the health care consumer by preventing untrained people from calling themselves naturopathic doctors."

The Massachusetts Medical Society opposed the bill and testified against it at the hearing. It said in a written statement, "Naturopathy is not a branch of medicine, but a hodgepodge of nutritional advice, home remedies, and discredited treatments."

Some supporters of the bill charge the Massachusetts Medical Society has lobbied heavily against it because it is afraid of legitimate competition from naturopathic doctors. The bill actually was approved by the House and Senate last year but the governor never signed it.

Jason Lefferts, Director of Communications for the Governor's Executive Office of Housing and Economic Development, told Beacon Hill Roll Call last year when the bill was vetoed by the governor, "The legislation proposing a Board of Naturopathy called for the Board to be created in the Division of Professional Licensure. However, the makeup of the proposed Board and its functions as outlined ... would be a better fit for the Department of Public Health."

Under state law, the governor could not amend the bill to reflect his changes and send it back to the Legislature for action because the 2012 legislative session had already ended.

The Public Safety Committee's hearing included several controversial bills including:

SEAT BELTS (S 1115) - Makes the seat belt law a "primary enforcement" one allowing police officers to stop and issue \$25 tickets to drivers and passengers solely for not wearing their seat belts. Current law is a "secondary enforcement" one that prohibits drivers from being stopped solely for not wearing a seat belt and allows an officer to issue a ticket only if the driver is stopped for another motor vehicle violation or some other offense. The bill also prohibits racial profiling and creates a registry within the Registry of Motor Vehicles to collect data on motor vehicle stops that include information on ethnicity or race of the driver.

Supporters testified that secondary enforcement is not working well and noted Massachusetts ranks low in seat belt usage among the 50 states. They argued primary enforcement would increase seat belt usage, save lives, prevent serious injuries and save millions of dollars in medical and other costs. Some former opponents of the bill say they now support this version because of the racial profiling protection.

Beacon Hill Roll Call continued



Although no opponents testified, they generally say the bill is government intrusion into citizens’ private lives and cars. They argue drivers should have the freedom to decide whether they want to wear seat belts. Some say this new power is tantamount to establishing roadblocks and fear that despite the precautions in the new version of the bill, primary enforcement of the seatbelt law would lead to random stops and unfair racial profiling.

COPS’ LANGUAGE (H 2284) - Prohibits police, correctional officers, court officers and other law enforcement personnel from using racial slurs, profanity or language that “casts a negative reflection toward an individual’s race, color, ethnic origin, religion, economic status or any other category of negative stereotyping.” The bill provides that any violation of this prohibition constitute grounds for dismissal of the officer.

OTHER POLICE BILLS - Requires all police Taser guns to also be capable of recording the audio of the Taser incident (H 3315) and all new police officer recruits to complete a training program to help them in their responses to incidents involving people with mental illness or retardation (S 1121).

QUOTABLE QUOTES

“With one vote you can save more lives than I can in my whole career.” – *Sen. Pat Jehlen (D-Somerville), quoting an emergency room doctor on his support for a tougher seat belt law.*

“It is an absolute tragedy that this happened. It is an absolute tragedy that this happened on our watch, on Massachusetts’ watch, and that it was an absolute failure of government at all levels.” – *Rep. David Linsky (D-Natick) on House passage of a bill subjecting the compounding pharmacy industry to new licensing requirements and stricter oversight and regulation.*

“Frankly, to me, it was embarrassing.” – *Gov. Deval Patrick describing his conversation about the federal government’s partial shutdown with a group visiting from the London Business School.*

HOW LONG WAS LAST WEEK’S SESSION? *Beacon Hill Roll Call* tracks the length of time that the House and Senate were in session each week. Many legislators say that legislative sessions are only one aspect of the Legislature’s job and that a lot of important work is done outside of the House and Senate chambers. They note that their jobs also involve committee work, research, constituent work and other matters that are important to their districts. Critics say that the Legislature

does not meet regularly or long enough to debate and vote in public view on the thousands of pieces of legislation that have been filed. They note that the infrequency and brief length of sessions are misguided and lead to irresponsible late night sessions and a mad rush to act on dozens of bills in the days immediately preceding the end of an annual session.

During the week of September 30 - October 4, the House met for a total of four hours and 26 minutes while the Senate met for a total of three hours and 44 minutes.

| | |
|-------------------|---|
| Mon. September 30 | House 11:03 a.m. to 11:15 a.m. Senate 11:03 a.m. to 11:09 a.m. |
| Tues. October 1 | No House session No Senate session |
| Wed. October 2 | House 11:02 a.m. to 3:07 p.m. No Senate session |
| Thurs. October 3 | House 11:02 a.m. to 11:11 a.m. Senate 11:02 a.m. to 2:40 p.m. |
| Fri. October 4 | No House session No Senate session |

Bob Katzen welcomes feedback at bob@beaconhillrollcall.com

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COMMENTARY

The views and opinions expressed in the commentaries of The Somerville Times do not necessarily reflect the views and opinions of The Somerville Times, its publishers or staff.

End the epidemic of domestic violence



By Joseph A. Curtatone

Last Wednesday I walked with members of our community in the Annual Candlelight Vigil in honor of Domestic Violence Awareness Month. It's saddening that we must walk each year, but heartening to see people join us every year for the walk through Union Square. We walked to remember those who

have lost their lives over the last year to domestic violence, and to stand up together, to send a message to every victim: You are not alone. You are never alone.

That goes for all of us, even those who are not victims of domestic violence, but may recognize that someone is suffering abuse, whether physical or emotional. None of us should be afraid to help our friends and loved ones when we suspect they may be in an abusive relationship. You are not alone either, because the support you need to help your loved ones is there.

We have seen encouraging trends in Massachusetts over the past few years, with the

number of domestic violence deaths dropping significantly from a peak of 47 in 2007, according to data from Jane Doe Inc. But one death is one too many. Last year in Massachusetts, there were 14 cases of domestic violence that ended in murder. So far this year, there are 10. That's far too many.

Last year's National Census of Domestic Violence Services found on one day in Massachusetts that 1,752 victims received services from domestic violence programs. That's 1,752 victims—in one day. Also on that one day, there were 443 unmet requests for services—including transportation, childcare and le-

gal representation—that could not be provided because those domestic violence programs did not have the resources to offer these services. Eighty-six percent of the unmet requests were for housing, either emergency shelter or transitional housing.

We have to ensure that victims of domestic violence have the support they need immediately, and that domestic violence programs have the resources they need to provide that support. In Somerville, our Police Department has a domestic violence advocate for a special unit dedicated to domestic violence. Our Somerville Women's Commission, which organizes the

Annual Candlelight Vigil each year, focuses on ending violence and empowering women. We're so fortunate to have advocates and support from local organizations like RESPOND Inc., which has a 24-hour hotline at 617-623-5900 and offers individual counseling and support groups, assistance to victims needing necessities such as food and clothing, legal support for victims and so much more.

But we'll never end this devastating crime, still at epidemic levels, until we change our culture. We need to go to the root of the problem. We need to educate our kids. We need to support families.

Continued on page 19

Inequality in America Part 1: Its dimensions



By William C. Shelton

Once thought of as the land of opportunity, our nation is now the most unequal country in the developed world, and growing more so. Some economists say that comparable levels of inequality have not existed since 1928, the eve of the Great Depression. Others say that we haven't seen them since the late

19th Century's gilded age.

Either way, the consequences are dire for national economic growth, individual opportunity, public health, and democracy itself. America's stark inequality may also help explain its people's polarization, since social scientists find strong correlations between economic inequality and divisiveness.

Despite inequality's increasing prominence in the news, most Americans remain unaware of its dimensions. Harvard Business School's Michael Norton and Duke University's Dan Ariely vividly demonstrated this in a clever 2011 study.

They presented a representa-

tive sample of 5,522 Americans with three different samples of wealth distribution in which

1. Wealth is equally distributed among each fifth of the population, i.e., each fifth owns 20% of the society's wealth.

2. The richest fifth owns a third of national wealth, and the rest is relatively evenly distributed among the other four fifths.

3. The richest fifth own 85% of wealth; the next richest, 11%, and the shares of the least rich two-fifths are too small to appear on the chart.

The researchers did not tell respondents that the second example was Sweden, and the third, the U.S. Instead, they

paired each example with another one and asked respondents in which of the two countries they would prefer to live.

• 49% chose perfect equality versus 51% who chose Sweden.

• 77% chose perfect equality versus 23% who chose the U.S.

• 92% chose Sweden versus 8% who chose the U.S.

The researchers then asked respondents to propose an ideal distribution of wealth. The average response looked a lot like Sweden's.

Finally, they asked respondents to estimate America's actual distribution of wealth. The average response put the richest fifth's share at a little under 60%.

Shares declined with each succeeding fifth, with the bottom two fifths owning 10% of the nation's wealth.

In fact, the richest fifth of Americans owns 85% of the nation's wealth. The poorest two-fifths, together, own 0.4%.

The findings for both sets of questions were surprisingly consistent across differences in gender, personal income, and Presidential candidate preference, demonstrating that Americans are largely unaware of inequality, but would like a more egalitarian distribution of wealth than what we have. So it's probably worth shining some light on the dimensions

Continued on page 21

Life in the by Jimmy Del Ponte Where the bread went



Here is another story by my fellow Somerville pal Anthony Accardi. My uncles used to work at a bakery in Somerville back in the day called Mitchells. I figured since last week I discussed spaghetti sauce, why not have a little bread this week to go with it?

Those who know me know that I am a bread snob. Sorry, but I can't help it. My mother's side of the family were all in the baking business. Her grandfather (my great grandfather) owned Nicholosi's Baking Company in the old West End of Boston. Her dad (my grandfather) baked bread for Nicholosi's and also drove bread trucks for both Sunbeam Bread in

Dorchester and also for Cassaro's Bread in Medford. My grandmother worked the counter at the old Garden Court Bakery on Somerville Ave (a few doors down from the skating rink). Needless to say we always had fresh bread. Each day more bread arrived. What was yesterday's bread eventually got ground up into breadcrumbs and nothing got wasted.

Admit it, we all love good bread. For us old world Italians and Europeans, it has to be on the table at every meal. At one time Somerville had so many bakeries. Some specialized in bread and for others pastry was what made them famous. Of course there were some bakeries that were known for great bread and pastry.

From my recollection, most of the bakeries in Somerville specialized in either

Italian, Irish, German or Portuguese baked products. These bakeries made a huge variety of bread like the Scala Bread, which made the best toast, the Vienna bread (better known as the Bostone), the "round" and "ring" breads all of which were great for sandwiches.

In East Somerville there is Patsy's Pastries, which is still open. Patsy's is one of those bakeries that has both great bread and pastry. I would have to say that their Scala bread is one of my favorites. In Winter Hill we had Orlando's Bakery, which was right next to Tony's Barber Shop (where a beauty salon now exists). They only sold bread and it was awesome. Orlando's then became Cucchiello's Bakery and they too sold only bread. It then became the Winter Hill Bakery, which



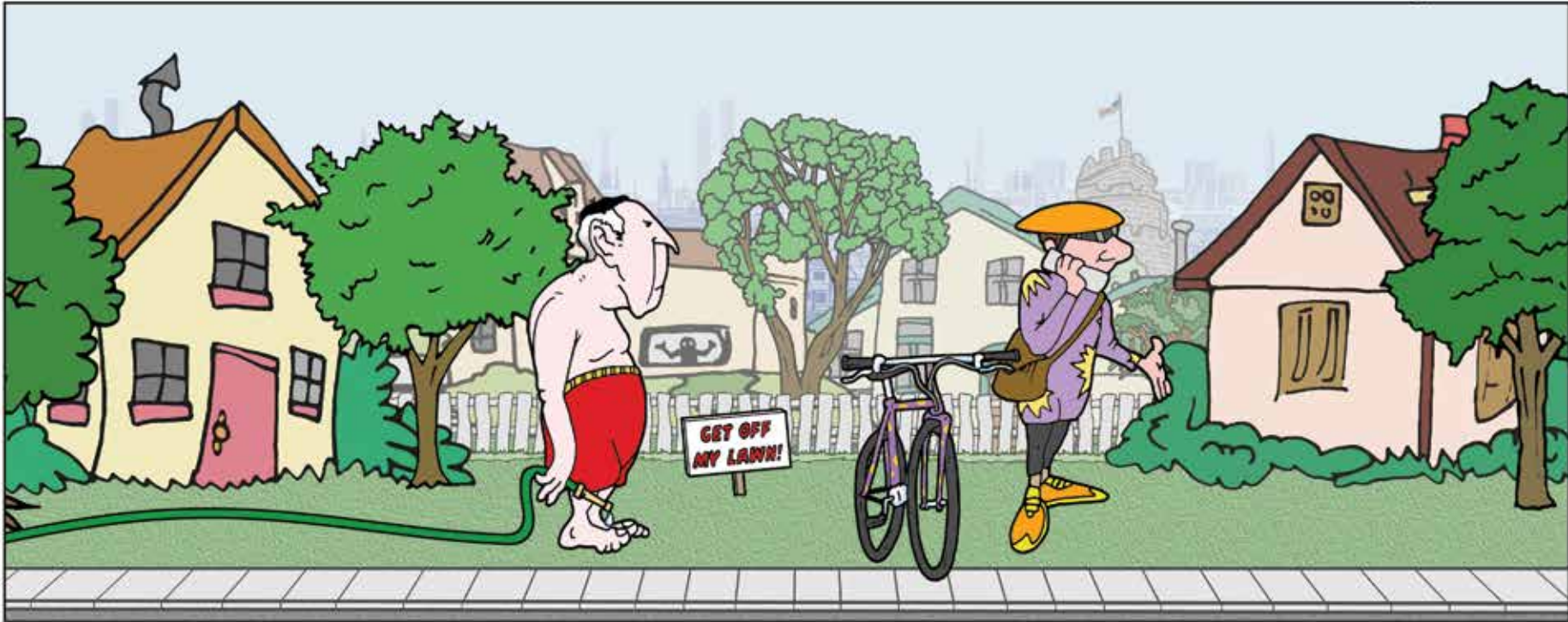
still exists today but now resides in the space further up Broadway where Pal Joey's Lounge once

Continued on page 20

COMMENTARY

SIGNS OF THE TIMES

Illustrated by Jim Clark



Can't we all just get a lawn?

The View Of The Times



Some of us find it hard to let go of the past, to say farewell to the good old days. Others are thrilled to embrace change and boldly go wherever it is we all may be heading to.

One thing is certain, change comes and rearranges the landscape of our lives, both figuratively and literally.

There have been “hipsters” of every generation, throughout all of time. It’s part of our very make-up that the younger and older members of society should find themselves at loggerheads

with one another, often over serious matters, and then again sometimes over relative trivialities or outright misperceptions that each side has of the other.

It’s not always about age differences, either. It can often be about lifestyle choices, personality conflicts, and any number of other factors that are not necessarily age apropos.

Whatever final definition one would settle on for “hipster” in their world view, the undeniable element of change

is virtually unstoppable. Newcomers will make their way into our communities. Old friends will depart. We live in a world in flux, however much we may wish for stability and continuity of the familiar.

The very real troubles of those who struggle with higher rents and property taxes in this churning climate of change should evoke our sympathy and understanding.

Likewise, the dreams and aspirations of those who look to settle into and be-

come a part of such a community might deserve the same degree of consideration and generosity of spirit.

The one thing most of us have in common is a need to have our roots planted down somewhere, and to feel accepted as a valued part of that community. And that’s an important thing to be sharing.

Discovering this common ground may serve as a great adventure for those who dare to venture towards it. It is certainly worth a try.

Newstalk CONT. FROM PG 2

looking for *The Times* online, go to thesomervilletimes.com site. Call the Somerville News telephone number 617 666-4010.

The Citywide Spelling Bee Competition is coming up on October 17 at the Dante Club on Craigie Street here in the Ville. The West Somerville Neighborhood School (WSNS) PTA is proud to host the perennial Somerville City Spelling Bee Competition. The Master of Ceremonies is Tony Pierantozzi, Superintendent of Schools. Teams from all over the city are encouraged to vie for the title of Somerville’s Best Speller. \$300 total team cost. All are welcome to come watch the fierce competition. Free admission. Free Food by Bertucci’s and a cash bar, plus a 50/50 raffle. To register your 3-person team contact WSNS PTA President Stephanie Slattery at sslattery32@gmail.com or Sean Fitzgerald at seanfritz@comcast.net or call him at 617-406-9871. This is a great time and lots of fun, so come and support your favorite team or put a team together and register.

Congratulations to State Representa-

tive Carl Sciortino who recently got married to his long time partner Penn Brown at a ceremony this past weekend. Carl is state representative for parts of Somerville and Medford and is a candidate to fill the vacant seat that was held by Ed Markey. Carl has one of the best commercials, in our opinion, with his father. A very nice and unique commercial. We wish Carl and his husband the best of luck and many years of happiness as well as best of luck in his quest to be the Democratic nominee coming up shortly.

The Masonic Open House and Flea Market is on Saturday, October 19, 9 a.m. to 3p.m. at 125 Highland Avenue (rear). The Officers of King Solomon’s Lodge will be having its annual Open House. Have questions? Want to view some his historic artifacts? King Solomon’s Lodge was founded in 1783. Many of its artifacts were made by and donated to the lodge by Paul Revere, who himself was a Mason. A flea market in the lower hall will also be had on the same day and time frame. The Lodge looks forward to any and all Q&A.

The Somerville Rotary Club will be hosting their annual “Comedy Night” October 23 at Giggles on Rt. 1, Saugus. Doors open at 6:30 p.m. Cost is \$25 per ticket and includes a pizza dinner, lots of laughs and fun. There will be an auction and raffles throughout the night. All proceeds to benefit your neighbors in need here in Somerville. A great evening and a great cause. For ticket information email gnogueira@ecsb.com or contact Don Norton at donnortonera@yahoo.com or call 617 623-6600 x 11.

The Weekend for Sean Collier at Lyndell’s Bakery is Friday, Saturday and Sunday, October 25, 26, and 27. They will be selling individual custom half moon cakes dedicated to Sean Collier with his Somerville Police badge number on them. \$1.00 for every half moon sold will be donated to the Somerville Auxiliary PD Sean Collier Memorial Scholarship Fund.

Gene Brune’s book *Spirit of Somerville* is a great book exploring the past de-

cadres here in the Ville. Go to the The Book Shop, 694 Broadway, Somerville, and purchase a copy or call Gene direct and he just might autograph the book himself. We liked the book and highly endorse it to those who are long time Villens, and to anyone new here.

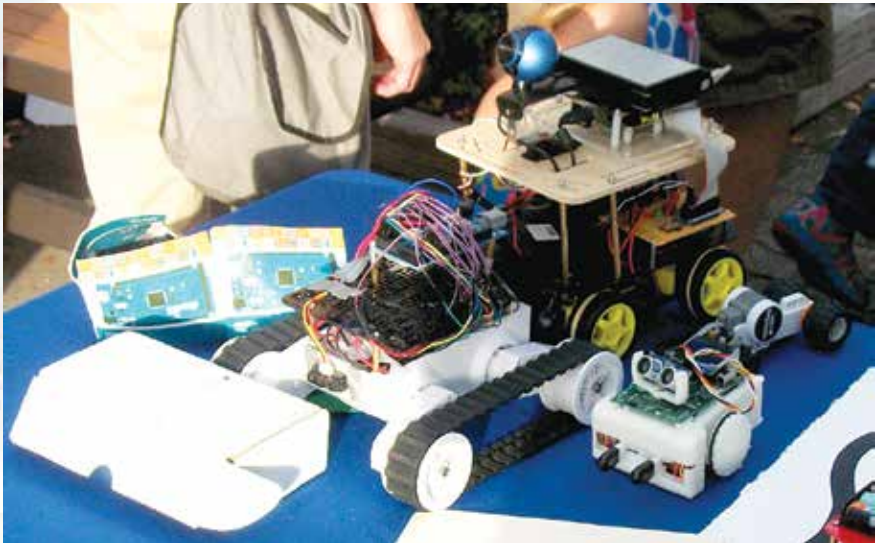
John Dres of Somerville, a senior at Boston College High School and a member of the Chamber Choir, will sing at Symphony Hall on Sunday October 20, 2013. John will be part of BC High’s Gala 150th Anniversary Celebration. Contemporary and Classical music will be brought together to provide a celebration like no other in the history of BC High. The BC High Chamber Choir is under the direction of Marina Rozenberg. The BC High Concert Band is under the direction of Dr. Matthew Finnegan. The BC High Liturgical Choir is under the direction of Margaret Felice. The Dever Players are under the direction of Janet Petitbon, Matthew DiBattista ‘91 and Megan Tillman. Tickets may be purchased by calling the school at 617-474-5030 or email: 150gala@bchigh.edu.

Somerville Mini Maker Faire

In partnership with Maker Media and the Somerville Arts Council, Artisan's Asylum hosted the second annual Mini Maker Faire in Union Square on Saturday, October 5.

The event was a huge success, with hundreds of attendees joining in to check out technology being developed in the greater Boston area by local artists, engineers, hobbyists, tinkerers, and more.





Photos by Bobbie Toner

SPORTS

Somerville Homeless Coalition Road Race

The 18th Annual Somerville Homeless Coalition Road Race was held on Saturday, Oct 5, in Davis Sq. All proceeds from the race benefit the Somerville Homeless Coalition, an innovative non-profit organization which has the mission to provide homeless and near homeless individuals and families with individualized supportive services and tailored housing solutions with a goal of obtaining and maintaining affordable housing.



Photos by Bobbie Toner

Ms. Cam's

Olio

Olio - (noun) A miscellaneous mixture, hodgepodge

#391

1. What are the play pieces called in Dominoes?

2. What street on the TV show do the *Desperate Housewives* live on?

3. What general commanded the forces in Vietnam from 1964 to 1968?

4. What U.S. president was sometimes referred to as King John?

5. What was the original name of Everett, MA?

6. What four U.S. state capitals have the word "City" in their name?

7. What state quarter has

a schooner and a lighthouse on the back?

8. Emperor, Jackass, and Rock Hopper are all types of what?

9. If the Oregon Trail ended in Oregon, where did it begin?

10. If the Koala Bear is not a bear, what is it?

11. In what sport do players slide stones across a sheet of ice towards a target area segmented into four rings?

12. What spice is derived from the flower of *Crocus sativus*?

Answers on page 23

| Top Ten Finishers: | | | | | | | |
|--------------------|-------------------|------|-----|------|-----------|---------|--------|
| Place | Name | No | Age | Gend | Age Group | Time | Pace |
| 1 | Eric Hultquist | 938 | 24 | M | 120-29 | 16:36.0 | 5:21/M |
| 2 | Randy Doak | 464 | 28 | M | 2 20-29 | 16:51.0 | 5:26/M |
| 3 | Mitchell Black | 868 | 20 | M | 3-20-29 | 17:11.0 | 5:33/M |
| 4 | Larissa Bifano | 763 | 33 | F | 1 30-39 | 17:25.0 | 5:37/M |
| 5 | John Blouin | 870 | 39 | M | 1 30-39 | 17:26.0 | 5:37/M |
| 6 | Sean McClain | 246 | 40 | M | 1 40-49 | 17:40.0 | 5:42/M |
| 7 | Chris Soucy | 528 | 30 | M | 2 30-39 | 17:50.0 | 5:45/M |
| 8 | Alex Federation | 269 | 24 | M | 4 20-29 | 18:04.0 | 5:50/M |
| 9 | Greg Sieczkiewicz | 1000 | 43 | M | 2 40-49 | 18:12.0 | 5:52/M |
| 10 | Ethan LeClair | 172 | 18 | M | 1 13-19 | 18:15.0 | 5:53/M |

SHS girls volleyball fundraiser



The Somerville High School girl's volleyball team held a "Rock your Socks" Breast Cancer fundraiser Friday at their home game vs. Malden. The three teams, freshman, JV, and varsity, all wore pink socks in support of the cause and canned between matches. The Highlanders swept Malden in wins for freshman, JV, and varsity. Pictured: JV Captains Thaina Nascimento, Joy Jarnagin, Tamika Michel, Varsity Captain Charlotte Schofield, Freshman Captains Emily O'Regan, Flavia Martins, and Emily Liberato.

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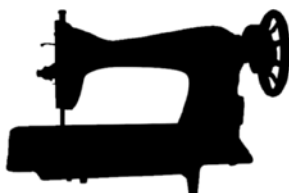
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Nutrition education big in city schools

CONT. FROM PG 1

Mayor Joseph A. Curtatone agreed. "Our Food & Nutrition Services Staff are vital to the daily lives and nurturing of our students, providing them with fresh and healthy meals in our schools, and they do so with happiness and pride that exudes confidence and keeps our young residents motivated to be healthy and eat well," said the mayor. "We are fortunate to have some of the best staff in the nation helping us to continue our leadership in the fight against childhood obesity, and they are one of the reasons Somerville is seen as a model for school food service and curriculum. I want to sincerely thank each member of the staff for their hard work and passion for the important role they play in our community and across the country."

"Between preparing healthy meals for our students, adhering to strict nutrition standards, and offering service with a smile, it's no wonder we're celebrating the Food and Nutrition Services staff," Lauren Mancini, Food & Nutrition Services Director commented. "Every student we serve deserves and receives the highest quality food possible. The students we care for are a

constant inspiration to do our best today and to strive to do better tomorrow. Our goal is to offer and serve Somerville students the best quality meal so they are able to enter the classroom ready to learn and succeed."

The Food & Nutrition Services (FNS) department works tirelessly, providing healthy and nutritious food and beverage choices to students, while working with Somerville's nationally-renowned Shape Up Somerville to help students make the healthy choice their first choice, and a lifestyle choice.

"This day acknowledges the excellent work every day from the Food and Nutrition Services staff. Eating balanced, nutritious meals at school (both breakfast and lunch) is crucial to students performing better in the classroom," said Shape Up Somerville Director, David Hudson. "Somerville Public Schools is a national leader when it comes to school food, and we're proud to support the staff of Food and Nutrition Services."

Students throughout the district participate in Somerville's universal breakfast program, and benefit from an outstand-



Photo by Roxane Scrima

ing lunch program that includes tasty and nutritious meals that are, in many cases, prepared with locally or regionally sourced products. Among the choices at most schools are a fresh salad bar option and plenty of fruits and vegetables. Several schools also participate in the Fresh Fruit & Vegetable Program, which introduces students to the benefits of fresh fruits and vegetables with a mid-afternoon

fresh fruit or vegetable snack.

Students kicked off the day with ears of corn to shuck, which they enjoyed as steaming corn on the cob at lunch later that day. This year, along with learning the delicious value of fresh, locally-sourced produce, they were also reminded of the "behind the scenes" staff members who help make sure they're ready to learn every day by preparing meals to help them stay

healthy and focused on learning.

"The value we collectively place on children and their health and wellness speaks volumes," said Mancini. "My principal goals have always been and will continue to be to improve the nutritional quality of school meals while teaching students about the importance of healthful eating. I personally want to say 'thank you' to my staff for their hard work and dedication."

HONK! if you love... CONT. FROM PG 1

host band for the festivities. "They come here because they like to hang out with like-minded bands. And of course they love performing."

The bands' musical takes, just like their hometowns, are all over the map. They hail from a dozen different states, as well as England and Brazil. They honor a long and diverse list of musical traditions: New Orleans brass, samba, Balkan folk, Haitian rara, punk, funk and hip hop, to name just a few. And set lists can range from familiar protest songs to original works that fuse anything from klezmer with tango, to oompah with rock. Field says the one thing that unites them all is a belief that music can be a force for positive change in their communities and in the world.

Special guests this year are dancers from the Original Big Seven Social Aid and Pleasure

Club, a traditional second line parade organization based in New Orleans' Seventh Ward, whose annual Mother's Day parade this year was interrupted by gun violence, but who responded by successfully staging a "ReDo" parade. HONK! organizers said honoring the club "reaffirms the principle that the streets belong to the people."

The 2013 HONK! festival starts making noise this Friday, October 11, with HONK! in the Neighborhoods, as the bands spread out around Somerville, Cambridge and Boston to play at, for and with youth organizations and other community groups. In a unique collaboration, Somerville High School students will play alongside Os Siderais, a street band from Rio de Janeiro, Brazil, in East Somerville's Chuckie Harris Park from 3 p.m. to 5 p.m.

Kids of all ages can participate in Friday night's Lantern Pa-

rades. Seven different parades, led by seven different bands along seven different routes, will all leave Somerville's Hodgkins Park at 7 p.m., illuminating the way with bike lights and homemade lanterns. Parade-walkers can get to the park early to create their lanterns during free workshops from 4 to 6 p.m. And Friday night also boasts a free evening of live music onstage at Johnny D's in Davis Square, kicking off at 8 p.m. with a HONK! jam session featuring members from each of the festival bands.

The volume turns up a notch on Saturday with a full afternoon and evening of progressive street music in Davis Square, with two dozen bands spread among seven venues, from noon to 9 p.m. Original Big Seven dancers will entertain throughout the day. And kids can get up close and personal with music-makers at an instrument petting zoo from 2 p.m. to 3:30 p.m.

On Sunday the HONK! party moves en masse from Somerville to Cambridge, with a mid-day parade from Davis Square to Harvard Square, billed as a march to "Reclaim the Streets for Horns, Bikes and Feet." The moving spectacle kicks off at noon with a line-up that features all of the HONK! bands,



along with street performers and an ad hoc community band that will form just before the start. By Sunday afternoon, HONK! will merge with Harvard Square's Oktoberfest, capping off the weekend with an All-Band Blowout Concert.

Field said HONK! represents the best of non-commercial community efforts, since most of the funding comes from individual donations, with a limited amount of city support, and unpaid volunteers do everything

from staffing events to opening up their homes to hundreds of out-of-town musicians. Organizers don't track attendance numbers, but HONK! 2013 is preparing to host lively crowds as in years past.

"What can you lose? It's fun, it's free, it's outside. Check it out," said Field.

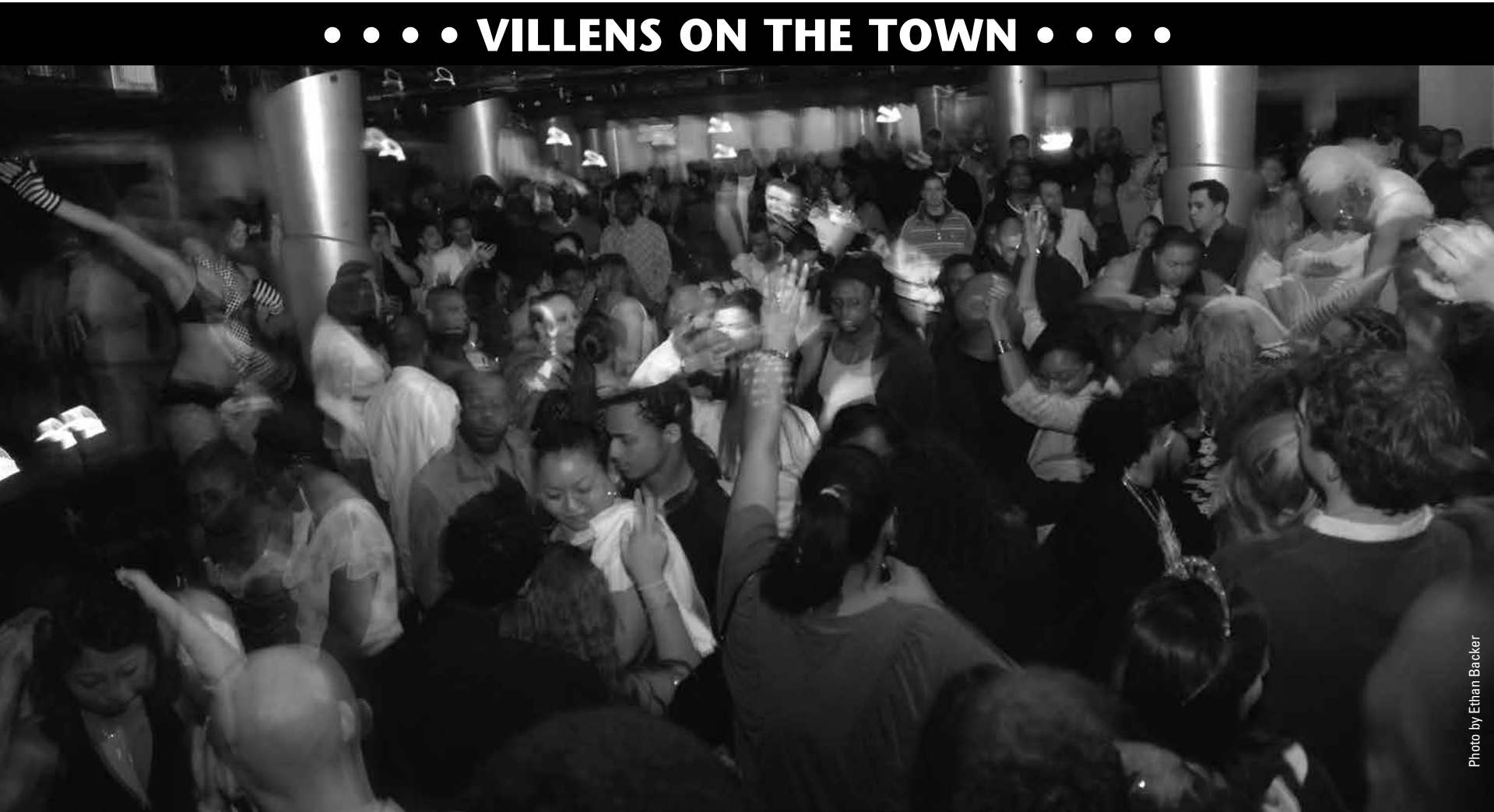
HONK! 2013 runs from October 11-13. More information, including a complete schedule and line-up of bands, is available at honkfest.org.



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FOR CHILDREN AND YOUTH

Wednesday| October 9
East Branch Library
Preschool: Storytime
11 a.m.-11:30 a.m.|115 Broadway

Veteran’s Memorial Rink
Free public skating
12 p.m.-1:50 p.m.|570 Somerville Ave

Thursday|October 10
Central Library
Preschool: Storytime for 3 to 5 year olds
10:30 a.m.-11:15 a.m.|79 Highland Avenue

Friday| October 11
Central Library
Preschool: Storytime for 2 year olds
10:30 a.m.-11 a.m.|79 Highland Avenue

Central Library
Teen Game Day
Cynthia|617-623-5000-2936
2:30 p.m.-5 p.m.|79 Highland Avenue

Veteran’s Memorial Rink
Free public skating
12 p.m.-1:50 p.m.|570 Somerville Ave

Monday|October 14
Columbus Day- Libraries Closed
Tuesday|October 15

West Branch Library
Preschool: Storytime for 2 year olds
1030 a.m.-11 a.m.|40 College Ave

Central Library
Homeschool Reading Group for Ages 9-11
Tammy McKanan|617-591-0216
9:30 a.m.-11:30 a.m.|79 Highland Avenue

Wednesday|October 16
East Branch Library
Preschool: Storytime
11 a.m.-11:30 a.m.|115 Broadway

Veteran’s Memorial Rink
Free public skating
12 p.m.-1:50 p.m.|570 Somerville Ave

MUSIC

Wednesday|October 9
Johnny D’s
Steve Kimock with Bernie Worrell
17 Holland St|617-776-2004

Sally O’Brien’s Bar
Free Poker, lots of prizes!
335 Somerville Ave|617-666-3589

The Burren
Front Room
Exile on Elm 9 p.m.
Back Room
Burren Backroom Series with Brian O’Donovan|7:30 p.m.
Comedy|10 p.m.
247 Elm Street|617-776-6896

PA’S Lounge
The Adam Block Band|Symbolics|Thundersquad
345 Somerville Ave|617-776-1557

On The Hill Tavern
Sports Trivia
499 Broadway|617-629-5302

Orleans Restaurant and Bar
Trivia
65 Holland St|617-591-2100

Precinct Bar
Pub Quiz With James Christian 8 pm front bar
70 Union Sq|617-623-9211

Bull McCabe’s Pub
The Nephrok All Stars
366A Somerville Ave|617-440-6045

Highland Kitchen
TJ The DJ Presents The People’s Karaoke
10 p.m.|150 Highland Ave|617-625-1131

Samba Bar & Grille
608 Somerville Ave|617-718-9177

Radio Bar
UP: The Relevant Elephants|Fantastic Liars|The Naked Hugs
Down: 3 Penny Open Mic 8 p.m.

379 Summer St
Arts at the Armory
Heart Soul Voice
8 p.m.|Cafe|191 Highland Ave

Thursday|October 10
Johnny D’s
Celtic Fiddle festival
17 Holland St|617-776-2004

Sally O’Brien’s
Flatt Rabbit grassy Thursdays|7:30 p.m.
335 Somerville Ave|617-666-3589

The Burren
Front Room
Acoustic/Bluegrass|9:30 p.m.
Back Room
Scattershot 80’s night|10 p.m.
247 Elm Street|617-776-6896

PA’S Lounge
Big Big Buildings|Ruby Luna|Fume Hood|w00dy
345 Somerville Ave|617-776-1557

On The Hill Tavern
Live DJ Music
499 Broadway|617-629-5302

Orleans Restaurant and Bar
65 Holland St|617-591-2100

Precinct Bar
70 Union Sq|617-623-9211

Bull McCabe’s
Dub Down Featuring The Scotch Bonnet Band
366A Somerville Ave|617-440-6045

Joshua Tree
256 Elm St. |617-623-9910

Samba Bar & Grille
608 Somerville Ave|617-718-9177

Somerville Theatre
Awkward Compliment’s Thursday Night Comedy Night
8 p.m.|55 Davis Square

Radio Bar
Down:Clay Rendering|Time Ghost|Ehnahre|Lend Bias \$8
379 Summer St

Arts at the Armory
Singer-Songwriter Event: The

Loop
8 p.m.|Cafe|191 Highland Ave

Friday|October 11
Johnny D’s
Honk Fest kick off party
17 Holland St|617-776-2004

Sally O’Brien’s
Radioactive Rustlers |6 p.m.
Cannonball Ramblers with Vudu Sister \$5 cover|9 p.m.
335 Somerville Ave|617-666-3589

The Burren
Front Room
Irish Session|9:30 p.m.

Back Room
Dave Foley
247 Elm Street|617-776-6896

Orleans Restaurant and Bar
DJ
10 p.m.|65 Holland St

Precinct Bar
70 Union Sq|617-623-9211

PA’S Lounge
NightSlasher|Carved in Stone|Ascension|Before the Judge
345 Somerville Ave|617-776-1557

On The Hill Tavern
499 Broadway |617-629-5302

Orleans Restaurant and Bar
DJ starting at 10 p.m.
65 Holland St|617-591-2100

Bull McCabe’s
Dave Wells and Andrea Gillis
366A Somerville Ave|617-440-6045

Joshua Tree
256 Elm St. |617-623-9910

Samba Bar & Grille
Live music
9 p.m.|608 Somerville Ave|617-718-9177

Casey’s
Entertainment every Friday
173 Broadway|617- 625-5195

Radio Bar
Down: Glen Maganzini presents KLYAM
Sharks ?|Earthquake Party|Fax Holiday, Chandeliers 9PM, 21+,

\$9
379 Summer St.

Arts at the Armory
Living Poetry and Song of Haiti
7 p.m.|Cafe|191 Highland Ave

Honk Fest
See Honkfest.org for schedule of events

Saturday|October 12
Johnny D’s
Tarbox Ramblers|Dub Station
17 Holland St|617-776-2004

Sally O’Brien’s
Tom Hagerty Band |6 p.m.
Hear Now Live Presents \$10 cover|9 p.m.
335 Somerville Ave|617-666-3589

The Burren
Front Room
Irish Session|9:30 p.m.
Back Room
Spittin Vinnies
247 Elm Street|617-776-6896

Precinct Bar
70 Union Sq|617-623-9211

Orleans Restaurant and Bar
Karaoke
65 Holland St

PA’S Lounge
The Malingerers|MK’s Nervous System|Whistle Jacket|SadBeard
345 Somerville Ave|617-776-1557

On The Hill Tavern
Live DJ Music
499 Broadway|617-629-5302

Bull McCabe’s
Bull McCabe’s 5th Anniversary Party featuring Ronan Quinn Band
366A Somerville Ave|617-440-6045

Joshua Tree
256 Elm St. |617-623-9910

Samba Bar & Grille
608 Somerville Ave|617-718-9177

Casey’s
Entertainment every Saturday
173 Broadway|617- 625-5195

• • • • **VILLENS ON THE TOWN** • • • •

Radio Bar
Down: The Scars|The Caught Flies|Yankee Cockfight|Assisted Living| The grubs \$7
Devil Twins EP Release 9PM, 21+, \$10
379 Summer St

Arts at the Armory
Raqtobefest
3 p.m.|Performance Hall
Mark Wilkinson
8 p.m.|Café|191 Highland Ave

Honk Fest
See Honkfest.org for schedule of events

Sunday|October 13
Johnny D’s
Open Blues Jam featuring Hot Sauce BPS
Dig backgrounds Orcs
17 Holland St.|617-776-2004

Sally O’Brien’s Bar
Frank Drake Sunday Showcase |5 p.m..
Jeremy Lyons Trio|8 p.m.
335 Somerville Ave|617-666-3589

The Burren
Front Room
Sunday Americana with Sean Staples, Eric Royer, Tim Gearan, Dave Westner and Dan Keller|7 p.m.
Back Room
Burren Acoustic Music Series
247 Elm Street|617-776-6896

PA’S Lounge
345 Somerville Ave|617-776-1557

Precinct Bar
70 Union Sq|617-623-9211

Bull McCabe’s Pub
366A Somerville Ave|617-440-6045

Highland Kitchen
Sunday Brunch Live Country & Bluegrass
Sunday Night Live Music
150 Highland Ave|617-625-1131

Orleans Restaurant and Bar
Game Night
65 Holland St|617-591-2100

Radio Bar
Up:Roy Sludge Trio 4p.m.,No Cover |Wholly Karaoke with DJ Gus|7:30 p.m.
Kirkland Café Reunion Show! Slide|Butterscott|Rattle Heatre|-Pete Weiss Rock Band
Down: Rona Mattocks presents: 379 Summer St

Arts at the Armory
Second Sundays Open Stage
7 p.m.|Cafe|191 Highland Ave

Honk Fest
See Honkfest.org for schedule of events

Monday|October 14
Johnny D’s
Team Trivia
8:30 p.m.|17 Holland St | 617-776-2004

Sally O’Brien’s Bar
Shawn Cater’s Cheapshots Comedy Jam |7 p.m.
Marley Mondays with The Duppy Conquerors|10 p.m.
335 Somerville Ave|617-666-3589

The Burren
Front Room
Bur- Run|6:45 p.m.
Back Room
Science by the Pint
247 Elm Street|617-776-6896

On The Hill Tavern
499 Broadway|617-629-5302

PA’S Lounge
Americana Night
345 Somerville Ave|617-776-1557

Precinct Bar
70 Union Sq|617-623-921

Bull McCabe’s Pub
Stump! Team Trivia
8 p.m.|366A Somerville Ave|617-440-6045

Radio Bar
379 Summer St

Arts at the Armory
Cambridge Symphony Orchestra Rehearsal
6:30 p.m.|Performance Hall

Tuesday|October 15
JohnnyD’s
Flux Fortuna|Lizzy Pitch|Dustin Newhouse
17 Holland St|617-776-2004

Sally O’Brien’s Bar
Mike Gent & The Rapid Shave
335 Somerville Ave|617-666-3589

The Burren
Front Room
Jason Anick and the Swingers|8:30 p.m.
Back Room
Irish Step Dancing
247 Elm Street|617-776-6896

On The Hill Tavern
Stump Trivia (with prizes)
499 Broadway|617-629-5302

PA’S Lounge
Open Mic - Rock, Folk, R&B, Alt, Jazz & Originals etc. Hosted by Tony Amaral
345 Somerville Ave|617-776-

1557

Precinct Bar
70 Union Sq|617-623-9211

Bull McCabe’s Pub
Skiffy & The Ghetto People Band
366A Somerville Ave|617-440-6045

Highland Kitchen
First Tuesday of the Month|Spelling Bee Night
hosted by Victor and Nicole of Egoart.
The fun starts at 10:00p.m.
150 Highland Ave|617-625-1131

Samba Bar & Grille
608 Somerville Ave|617-718-9177

PJ Ryan’s
Pub Quiz
10 p.m.|239 Holland St.|617-625-8200

Radio Bar
379 Summer St

Wednesday|October 16
Johnny D’s
Flux Fortuna|Lizzy Pitch|Dustin Newhouse
17 Holland St|617-776-2004

Sally O’Brien’s Bar
Free Poker, lots of prizes!
335 Somerville Ave|617-666-3589

The Burren
Front Room
Jason Anick and the Swingers
Swing/Jazz
Back Room
Open Mic w/ Hugh McGowan
247 Elm Street|617-776-6896

PA’S Lounge
The Adam Block Band|Ethan K Band|Dan Rodman Band
345 Somerville Ave|617-776-1557

On The Hill Tavern
Sports Trivia
499 Broadway|617-629-5302

Orleans Restaurant and Bar
Trivia
65 Holland St|617-591-2100

Precinct Bar
Pub Quiz With James Christian 8 pm front bar
70 Union Sq|617-623-9211

Bull McCabe’s Pub
The Nephrok All Stars
366A Somerville Ave|617-440-6045

Highland Kitchen
TJ The DJ Presents The People’s Karaoke
10 p.m.|150 Highland Ave|617-625-1131

Samba Bar & Grille
608 Somerville Ave|617-718-9177

Radio Bar
UP: The Low Babies|Fantastic Liars
Down: 3 Penny Open Mic 8PM, 21
379 Summer St

Arts at the Armory
Open Mic with Celia Slattery and Bill Duffy
7 p.m.|Café|191 Highland Ave

CLASSES AND GROUPS
Wednesday|October 9
Central Library
Joan Rubin School: A Democratic School
Brooke Newman|781-309-2844
6 p.m.-8:30 p.m.|79 Highland Avenue

Third Life Studio
Belly Dance with Nadira Jamal|Level 2
7:30 p.m.|Level 2|33 Union Sq|www.nadirajamal.com

Thursday| October 10
Central Library
Sam Baltrusis, author of Ghosts of Cambridge: Haunts of Harvard Square and Beyond
James Fox|7 p.m.-9 p.m.|79 Highland Avenue

West Branch Library
Learn English at the Library!
(Session 1) 6 p.m. - 7 p.m.
(Session 2)7:15 PM - 8:15 PM
40 College Ave

Central Library
Drop-In Meditation
Maria Carpenter|617-623-5000 x2910
1 p.m.-2 p.m.|79 Highland Avenue

First Church Somerville
Debtors Anonymous- a 12 Step program for people with problems with money and debt. 7 p.m.-8:30 p.m.|89 College Ave (Upstairs Parlor).
For more info call: 781-762-6629

Third Life Studio
Roots and Rhythm
33 Unions Sq| www.libana.com

Friday|October 11
Arts at the Armory
Prenatal Yoga
2 p.m.|Mezzanine|191 Highland Ave

Saturday| October 12
West Branch Library
4-Week Memoir Writing Work-

shop with Judah Leblang
Judah Leblang|617-466-9637
10 a.m.-12:30 p.m.|40 College Avenue

Bagel Bards
Somerville Writers and Poets meet weekly to discuss their work
9 a.m.-12 p.m.|Au Bon Pain| 18-48 Holland St

Sunday| October 13
Unity Church of God
Fourth Step to Freedom Al-Anon Family Groups
7:00 P.M. | 6 William Street
Enter upstairs, meeting is in basement.

Third Life Studio
Discover Belly Dance with Nadira Jamal
11:30 a.m.-12:30 p.m.|33 Union Sq|www.nadirajamal.com

Monday|October 14
Libraries Closed- Columbus Day
Third Life Studio
Discover Belly Dance with Nadira Jamal
6 p.m.|33 Union Sq|www.nadira-jamal.com

Tuesday| October 15
Central Library
Learn English at the Library!
6 p.m. - 7 p.m.|79 Highland Avenue

Central Library
Recovery Group of Elders
Lisa|617-661-5700 x23
10:30 a.m.-5 p.m.|79 Highland Avenue

Arts at the Armory
Prenatal Yoga
7 p.m.|Mezzanine|191 Highland Ave

Third Life Studio
The Art of Group Singing For Women
with Susan Robbins,www.libana.com
7 p.m.- 9:15 p.m.|33 Union Sq

Wednesday| October 16
Central Library
Meet Renee Mallett, author of Haunted Colleges and Universities of Massachusetts
Maria Carpenter|617-623-5000 x2010
7:30 p.m.|79 Highland Avenue

Third Life Studio
Beyond beginning Belly Dance with Nadira Jamal
7:30 p.m.|Level 2|33 Union Sq|www.nadirajamal.com

PLACES TO GO, THINGS TO DO!

End the epidemic of domestic violence

CONT. FROM PG 10

We need to end abuse of drugs and alcohol, which is closely linked to domestic violence. And we must ingrain in each and every person one fundamental truth: Violence is never the choice.

Anyone can be a victim of domestic violence. It can happen between straight couples or gay couples, between family members of all ages and to people from all backgrounds. No one

should feel ashamed or afraid to seek help.

But the statistics are clear: The vast majority of victims are women. Nearly all killers of both men and women are men. One in four women has experienced domestic violence in her lifetime. Too many suffer quietly through long-term abuse.

Men, it is up to us to stop this epidemic. It is up to us to teach our children and set the exam-

ple for them. It is up to us to instill in our children, our friends and our families the message: Violence is never the choice.

One death is too many. One assault is too many. One home where a member is suffering abuse is too many. And too few receive help. Too few victims seek support from domestic violence programs. Too few perpetrators participate in intervention programs.

So we walked last Wednesday solemnly to remember those tragically lost but also to stand up today and then every day to say: You are not alone. You are never alone. Do not be silent. You should never fear to seek the help you need. We are here, and we stand together, with you and by you, until we end this epidemic.

For phone numbers, resources and information on

domestic violence, please visit the Somerville Police Department’s webpage on domestic violence resources. Confidential assistance is available 24 hours a day by calling the state’s Safelink hotline at 1-877-785-2020 or RESPOND Inc. in Somerville at 617-623-5900. The Somerville Police Victim Advocate can be reached at 617-625-1600 ext. 7279.

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Where the bread went

CONT. FROM PG 10

was. Now, the interesting thing about the Winter Bakery is that it is Portuguese owned, but they have one of the best Italian Scala breads that I've ever had. They also specialize in Portuguese rolls and, of course, Portuguese sweet bread.

In Magoun Square there was Cara Donna's Bakery on Medford Street. At one time probably the best pastry in Somerville. They did sell a small selection of bread, but pastry was their claim to fame. Sadly, Cara Donna's is gone, although I think there is a Brazilian themed bakery there now. In Ball Square, you had Lyndells and that too is still there at the corner of Willow Ave. and Broadway. They are the oldest bakery in Somerville and have been there for over 100 years. They now promote themselves as an Italian bakery. However, from my recollection as

a kid, they were mostly a bakery that specialized in Irish/German baked goods. When my mom would take me to see Dr. Sorrell (my eye doctor), we would always stop at Lyndell's afterward for a hermit (does anyone remember those and does anyone still make Hermits)?

In Davis Square there was only one bakery and that was La Contessa's. Sadly, it no longer exists. They were mostly a pastry shop but did have a small selection of bread. My buddy Louie Belmonte's grandmother (Anna Vaini) worked the counter there and when we would stop in to see her, she would always sneak us both a few Italian cookies.

Do you know that section of Route 1 in Norwood called The Auto Mile? Here in Somerville, we could have called Somerville Ave. The Bread Mile. At the begin-

ning of Somerville Ave. near McGrath Highway there was Roma Bakery (which may still exist). Roma was mostly a bread bakery and boy did they have good bread. Probably the best seeded bulkie rolls in the city. A little further down and across from the Fire Station, you had White Rose Bakery. I tend to remember this place as mostly a wholesale bakery and they really didn't have a retail storefront. I think there was some type of "back door" that one could use to buy hot fresh bread at wholesale prices. Further down Somerville Ave. there was the Garden Court bakery on the left. They specialized in both bread and pastry. As I mentioned earlier, my grandmother worked behind the counter there and we always had an abundance of their bread and cookies in our house. Lastly, and diagonally across the street from The Garden Court Bakery, is LaRonga Bakery. When I was a kid, they sold both pastry and bread. Over the years, though, I think most of their business became wholesale bread, though I do think they still keep a retail storefront. After skating at the Somerville Ave. Rink, we would go over to LaRonga and buy a bulkie roll for our walk up Central Street and back to Winter Hill.

So what happened to some of these great bakeries? There are probably several reasons that so many are now gone. I think many of the old timers that started these bakeries retired and then sadly passed on. Their families chose not to continue their baking business. Those that did either could not keep the quality the same or just didn't have the same drive and work ethic. They did not want to work 7 days

a week with little or no vacation. Nor did they want to get up at 2 a.m. and work in sometimes 130 degree conditions. Also, many supermarkets began "in-store" bakeries. The philosophy of "one stop shopping" and "convenience" became the norm. With both parents working, life was too busy to make a special stop to the bakery. This certainly put many of the old time bakeries out of business.

Once my generation is gone, the next generation will have no idea what a real good loaf of bread tastes like. They will enjoy the frozen dough that the supermarket baker puts into an oven that then comes out crispy on the outside and raw dough on the inside. The bread will be warm when they pick it up off the shelf, it will smell and taste good and to them that will be considered good bread. That generation will probably not know any better. So the next time you are in the supermarket and pick up that hot French bread, put it down and make a special stop to the local bakery. The bread from there was made that morning, it was made on the premises and made with lots of love and hard work. You will not regret it.

Please send me your ideas for articles and stories. You can go to my Facebook page, email me at jimmydl@rcn.com.

Jimmy is available to host your event, play music, or just spice up any party or function.

You can email Jimmy directly at jimmydel@rcn.com.



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SENIOR CENTER HAPPENINGS:

Welcome to our centers. Everyone 55+ are encouraged to join us for fitness, culture, films, lunch and Bingo. Check out our calendar and give a call with any questions or to make a reservation. 617-625-6600 ext. 2300. Stay for lunch and receive free transportation.

Holland Street Center - 167 Holland Street

Ralph & Jenny Center - 9 New Washington Street

Cross Street Center - 165 Broadway

Some Council on Aging highlights in the coming weeks:

Zumba for All with Cheryl. Come at the end of the day, after work. Open to all. Wednesdays 5:15–6:15 p.m. Holland Street Center. \$3 for a class or \$15 for 6 classes. Get in shape this summer.

Yoga/Meditation coming to Holland Street October 22nd. Preregister is a must for this series. \$25 for 5 weeks. Tuesdays at 2:30 p.m.

“Love Letters” Actor Richard Clark returns to the SCOA with his acting partner Lynne McKinney Lydick to present “Love Letters” by A.R. Gurney at Holland Street Center, 167 Holland Street. 1:30 p.m. Free.

LGBT Events (Open to all ages):

Oct. 26 - 8–10 pm. Halloween Ice Skating Party Veteran’s Memorial Rink, 570 Somerville Avenue. Tickets \$10. Skates Free. More info at 311.

“MOVIES TO COME OUT TO”

All Dinners at 5:30 pm.

Monday October 28, 2013

“Stonewall Uprising” – On June 28, 1969 the police raided the Stonewall Inn, a gay bar in Greenwich Village, New York City. The street erupted into violent protests which continued for six days and marked a turning point in the gay civil rights movement. Meal will be from Masala Indian Restaurant. Price: \$6. RSVP by October 25.

Monday November 25, 2013

“The Love Part of This” – In the early 1970’s, Grace Schrafft and Grace Mocerri of Gloucester, MA. left their husbands to be together. It is a heartbreaking, funny and extremely moving document of life and love. RSVP by November 20.

LBT Women Fit-4-Life Fitness and Nutrition Classes. Tuesday and Thursday evenings. \$10 a month with scholarships available.

Ralph & Jenny Center Weekly Events:

Weekly Gardening with Didi - 10:00 a.m. every Thursday.

Trip Corner:

Italian Festival at Luciano’s - October 15.

Foxwoods - October 22.

Hanscom AFB for Bingo & Dinner - October 30.

Indian Head - November 10-12.

STAY ACTIVE:

Wii Bowling League - at Holland - Mondays at noon. Free.

Zumba for All - at Holland - Wednesdays at 5:15-6:15 p.m. \$3 or \$15 for 6 classes.

Flexibility & Balance - at Holland - Thursdays 10:00 a.m. Free.

Flexibility & Balance - at Ralph & Jenny - Wednesday 1:15-2:00 p.m.

Strengthening Exercise with Geoff - Tuesdays at 9:15 a.m. at Holland and 10:00 a.m. Thursdays at R&J. \$3.

Walking Club - R&J - Tuesday 10:30 a.m.

Fit-4-Life LBT - Tuesday and Thursday Evenings.

Fit-4-Life General - Wednesday & Friday Mornings.

October 9

Bowling at Flatbreads|1 p.m.

Holland Street Center

Fit-4-Life A & B

Flexibility & Balance|1:15 p.m.

Love Letters|1:30 p.m.

Zumba for All|5:15 p.m.

167 Holland Street|617-625-6600 x 2300

Cross Street Center

English Conversation|10:30 a.m.

Bingo|12:45 p.m.

165 Broadway|617-625-6600 x 2335

Ralph & Jenny Center

Cards & Cribbage|10 a.m.

Bingo|12:45 p.m.

9 New Washington Street|617-666-5223

October 10

Centers closed for Turkey Train

Holland Street

LBT Fit-4-Life|6 p.m.

October 11

Holland Street Center

Fit-4-Life B & C

Bingo|12:45 p.m.

167 Holland Street|617-625-6600 x 2300

October 14

All centers closed for Columbus Day

October 15

Italian Festival at Lucianos

Holland Street Center

Strengthening Exercises|9:15 a.m.

Art Class Series|10:15 a.m.

Stress Management – FREE|12 p.m.

Shine (by appt.)|1 p.m.

Caregiver’s support Series Open to all |5:30 p.m.

LBT Fit-4-Life|6 p.m.

167 Holland Street|617-625-6600 x 2300

Ralph & Jenny Center

Cards & Cribbage|10 a.m.

Walking Club|10:30 a.m.

Bingo|12:45 p.m.

9 New Washington Street|617-666-5223

Cross Street Center

English Conversation|10:30 a.m.

Bingo|12:45 p.m.

165 Broadway|617-625-6600 x 2335

October 16

Bowling at Flatbreads|1 p.m.

Holland Street Center

Fit-4-Life A & B

Flexibility & Balance|1:15 p.m.

Zumba for All|5:15 p.m.

167 Holland Street|617-625-6600 x 2300

Cross Street Center

English Conversation|10:30 a.m.

Bingo|12:45 p.m.

165 Broadway|617-625-6600 x 2335

Ralph & Jenny Center

Cards & Cribbage|10 a.m.

Bingo|12:45 p.m.

9 New Washington Street|617-666-5223

Check out our Facebook site for photos from our events and exercise and tips for everyday healthy living at www.facebook.com/somervilleCOA.

Inequality in America

CONT. FROM PG 10

of U.S. economic inequality.

Wages and earnings

Although the education levels and productivity of American workers have steadily increased over the last forty years, their wages have stagnated. The share of national income represented by wages and salaries steadily declined, while that represented by dividends and interest increased.

And over that period, capital gains came to be taxed at a lower rate. While households that receive wages and salaries are spread across the income distribution, income from interest, dividends and capital gains is concentrated in the wealthiest households, as are the highest salaries.

From 1947 until the mid 1970s, worker compensation rose in lockstep with productivity. But since 1973, worker productivity has increased by 80%, while wages and earnings growth has stalled. Low- and middle-wage workers actually lost ground all across the period, except during the late 1990s. With these declines came declining job quality, decreased job security, shorter job tenure, longer periods of unemployment,

more part-time work, and reduced benefits. Since 2007, the great majority of new jobs are in lower wage occupations than were those that existed before the Great Recession.

Income

Income includes wages and earnings as well as returns on investment, capital gains, interest, and dividends. Here again, income for all groups grew proportionately with the economy during the first thirty years after World War II. Since then, upper income groups have captured almost all of the gains.

The Congressional Budget Office reports that incomes for the lower 80% of Americans grew little after 1979, inched up in the late 1990s, and then flattened again until the Great Recession began in 2007. Over this period, income for the top 1% tripled.

Since the “recovery” began in 2009, 95% of the economic gains have gone to the top 1%. The median household is worse off now than it was in 2009.

Wealth

Wealth is net worth—cash, home value, investments, and savings, less debt. Wealth differences are much more de-

terminative of how people live than are income differences. A family may have a decent income but can be made insolvent by a job loss or bankrupt by a medical emergency. They may not be able to educate their kids. A family with wealth can sell some part of it to meet their needs or fulfill their wants.

And inequalities of wealth are much more extreme than those of income. In 2010 the richest 1% owned a third of the nation’s wealth. The richest 5% owned over 60%. The poorest 40% owned less than 1%.

The great recession hit the middle class hard, since housing equity was the main source of their wealth. Between 2007 and 2011, median family net worth fell by half.

Credit Suisse’s 2012 annual *Global Wealth Report* tells us how the U.S. compares to its peers in wealth distribution. Of the 29 countries that have average adult wealth of \$100,000 or more, the U.S. is 27th in median wealth and last in equality.

These numbers don’t fully convey the effects of inequality. That is the subject of the next installment.



Sally O’Brien’s
335 Somerville Ave.
617-666-3589



Monday October 14

Shawn Carter’s Cheapshots Comedy Jam 7 p.m.
Marley Mondays with Duppy Conquerors 10 p.m.

Tuesday October 15

Mike Gent & The Rapid Shave 8 p.m.

Wednesday October 16

Free Poker, lots of prizes! 8 p.m.

Thursday October 17

Frank Drake & Short Life of Trouble grassy Thursdays 7:30 p.m.

Friday October 18

Larry Flint & The Road Scholars 6 p.m.
Hear Now Live Presents \$10 cover 9 p.m.

Saturday October 19

Les Sampou Band 6 p.m.
One Thin Dime 9 p.m.

Sunday October 20

noon Oktoberfest! Street party am SomervilleStrasse with German food and festivities! 1:00p Springhill Rounders rock the outdoor stage all afternoon 5:30p Ethan Robbins & Frank Drake bring it indoors with Bluegrass the Band 8:30p fest finale with Chris Monti.



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|---|---|-----------------------------|---|----------------------------|---|
| Wednesday, October 9 | | 5:30pm | Culture Club (weekly timeslot) | 5:00pm | Tele Kreyol |
| 12:00am | Free Speech TV | 6:00pm | France 24 World News (Free Speech TV) | 6:00pm | Basic Buddha |
| 6:00am | Heritage Baptist Church | 6:30pm | Art @ SCATV | 6:30pm | Somerville Housing Authority |
| 7:00am | Healthy Hypnosis | 7:00pm | Bate Papo Con Shirley | 7:00pm | Energy Theater |
| 7:30am | Life Matters | 8:00pm | Fouye Zo Nan Kalalou (LIVE) | 8:00pm | David Parkman (Free Speech TV) |
| 8:00am | Democracy Now! (Free Speech TV) | 9:30pm | The Struggle | 9:00pm | Nossa Gente e Costumes |
| 9:00am | Somerville Newspaper Reading | Friday, October 11 | | 11:00pm | Gay TV (Free Speech TV) |
| 10:00am | Talking about Somerville | 12:00am | Free Speech TV | Sunday, October 13 | |
| 10:30am | Art at SCATV | 7:00am | Shrink Rap | 12:00am | Free Speech TV |
| 11:00am | Abugida TV | 8:00am | Democracy Now! (Free Speech TV) | 6:00am | Program Celebrai |
| 12:00pm | Democracy Now! (Free Speech TV) | 9:00am | Somerville Newspaper Reading | 7:00am | Rompendo em Fe |
| 1:00pm | Somerville Housing Authority | 10:00am | Energy Theater | 8:00am | Effort Pour Christ |
| 1:30pm | Jeff Jam Sing Song Show | 12:00pm | Jeff Jam Sing Song Show | 9:00am | Heritage Baptist Church |
| 2:00pm | Culture Club | 1:30pm | From Scratch | 10:00am | International Church of God |
| 3:00pm | Medical Tutor (LIVE) | 2:00pm | Neighborhood Cooking | 10:30am | Atheist Viewpoint |
| 4:00pm | The Thom Hartmann Show (Free Speech TV) | 2:30pm | Cooking With Georgia | 11:00am | Basic Buddha |
| 5:00pm | Farrakhan Speaks | 3:00pm | Brunch with Sen. Bernie Sanders | 11:30am | Play by Play |
| 6:00pm | France 24 World News (Free Speech TV) | 4:00pm | The Thom Hartmann Show (Free Speech TV) | 12:30pm | Physician Focus |
| 6:30pm | Active Aging | 5:00pm | Greater Somerville | 1:00pm | From the SCATV Archives |
| 7:00pm | Play by Play | 5:30pm | Talking about Somerville | 2:30pm | Life Matters |
| 7:30pm | From Scratch | 6:00pm | France 24 World News (Free Speech TV) | 3:00pm | Rompendo em Fe |
| 8:00pm | Somerville Pundits (LIVE) | 6:30pm | Reeling Movie Show | 4:00pm | Dedilhando A Saudade |
| 8:30pm | Perils for Pedestrians | 7:00pm | Real Estate Answers Show | 5:00pm | Ethiopian Satellite TV |
| 9:00pm | Somerville Biking News | 7:30pm | Culture Club | 6:00pm | Abugida TV |
| Thursday, October 10 | | 8:00pm | Visual Radio | 7:00pm | African Television Network |
| 12:00am | Free Speech TV | Saturday, October 12 | | 8:00pm | Telemagazine |
| 6:00am | Atheist Viewpoint | 12:00am | Free Speech TV | 9:00pm | Effort Pour Christ |
| 6:30am | Perils for Pedestrians | 6:00am | Arabic Hour | 10:00pm | Farrakhan Speaks |
| 7:00am | Creating Cooperative Kids | 7:00am | Youth Programming | Monday, October 14 | |
| 8:00am | Democracy Now! (Free Speech TV) | 8:00am | Jeff Jam Sing Song Show | 12:00am | Free Speech TV |
| 9:00am | Somerville Newspaper Reading | 8:30am | Drawing with Mark | 6:00am | Healthy Hypnosis |
| 10:00am | Basic Buddha | 9:00am | Festival Kreyol | 6:30am | Physician Focus |
| 10:30am | Eckankar | 10:00am | Tele Galaxie | 7:00am | Eckankar |
| 12:00pm | Democracy Now! (Free Speech TV) | 11:00am | Dead Air Live | 7:30am | Jeff Jam Sing Song Show |
| 1:00pm | African Television Network | Noon | Reeling Movie Show | 8:00am | Democracy Now! (Free Speech TV) |
| 2:00pm | Youth Programming Block | 2:00pm | Henry Parker Presents | 9:30am | Perils for Pedestrians |
| 3:30pm | Health is Wealth | 3:00pm | Tele Magazine | 10:00am | Bay State Biking News |
| 4:00pm | The Thom Hartmann Show (Free Speech TV) | 4:00pm | Contemporary Science Issues and Innovations | 11:00am | Nossa Gente e Costumes |
| | | | | 12:00pm | Democracy Now! (Free Speech TV) |
| | | | | 1:00pm | Creating Cooperative Kids |
| | | | | 2:00pm | Active Aging |
| | | | | 2:30pm | Paths to Wellness |
| | | | | 3:00pm | Exercise with Robyn and Max |
| | | | | 3:30pm | Esoteric Science |
| | | | | 4:00pm | The Thom Hartmann Show (Free Speech TV) |
| | | | | 5:00pm | Somerville Newspaper Reading |
| | | | | 6:00pm | France 24 World News (Free Speech TV) |
| | | | | 7:00pm | Nepali Producer's Group Presents |
| | | | | 8:00pm | Play by Play |
| | | | | 9:00pm | Dedilhando au Saudade |
| | | | | 10:00pm | Bate Papo con Shirley |
| | | | | Tuesday, October 15 | |
| | | | | 12:00am | Free Speech TV |
| | | | | 6:00am | Road to Recovery |
| | | | | 7:00am | The Struggle |
| | | | | 7:30am | Ablevision |
| | | | | 8:00am | Democracy Now! (Free Speech TV) |
| | | | | 9:00am | Somerville Newspaper Reading |
| | | | | 10:00am | Tele Kreyol |
| | | | | 12:00pm | Democracy Now! (Free Speech TV) |
| | | | | 1:00pm | Neighborhood Cooking w/ Candy |
| | | | | 1:30pm | Cooking with Georgia & Dez |
| | | | | 2:00pm | Chef's Table Series |
| | | | | 3:00pm | Somerville Housing Authority |
| | | | | 3:30pm | Henry Parker Presents |
| | | | | 4:00pm | The Thom Hartmann Show (Free Speech TV) |
| | | | | 5:00pm | Poet to Poet (LIVE) |
| | | | | 5:30pm | The Literary Scene |
| | | | | 6:00pm | France 24 World News (Free Speech TV) |
| | | | | 6:30pm | Somerville Prevention Series |
| | | | | 7:00pm | Art at SCATV |
| | | | | 7:30pm | Greater Somerville (LIVE) |
| | | | | 8:00pm | Dead Air Live |
| | | | | 9:00pm | Penny's Dreadful Shilling Shockers |
| | | | | 11:30pm | The Entertainer's Show |

City Cable TV Schedule for the Week

| | | | | | | | |
|-----------------------------|---|----------------------------|---|-------------------------------|---|----------------------------|--|
| CITY TV 13/22 | | 7:10pm: | A Story of Two Canals | 8:30pm: | Voices of Somerville | 12:00am: | SHS Boys Soccer v Boston Latin - 10/11 |
| Wednesday, October 9 | | 8:00pm: | Domestic Violence Awareness Vigil | 9:00pm: | Union Square Walking Tour | 2:00am: | kid stuff - Fire Safety |
| 9:00am: | Domestic Violence Awareness Vigil | 9:00pm: | Somerville Reads: B.A. Shapiro in Person | 10:00pm: | Overview of Somerville By Design | 2:30am: | Raising Families - Developmental Disorders |
| 12:00pm: | School Committee Meeting – REPLAY OF 10.7.13 | 10:00pm: | SomerStreets: Strike Up the Bands | 12:00am: | Senior Circuit | 3:00am: | Project Star: A Yankee in the ‘Ville |
| 3:00pm: | Government Affairs Breakfast | Sunday, October 13 | | 12:30am: | Keep Moving: Everyday Exercises for Older Adults | 9:00am: | Our Schools, Our City - kid stuff - Fire Safety |
| 7:00pm: | Domestic Violence Awareness Vigil | 12:00am: | Overview of Somerville By Design | 1:00am: | The Mayor's Report | 9:30am: | SHS Boys Soccer vs Cambridge - 10/9 |
| 8:00pm: | The Aldermen's Hour | 12:10am: | A Story of Two Canals | 1:30am: | Voices of Somerville | 10:00pm: | SHS Boys Soccer v Boston Latin - 10/11 |
| 8:30pm: | What the Fluff? | 1:00am: | Domestic Violence Awareness Vigil | 2:00am: | Union Square Walking Tour | 1:30pm: | SHS Girls Soccer v Cambridge - 9/22 |
| 9:00pm: | BOA Meeting Agenda for 10.10.13 Meeting | 2:00am: | Somerville Reads: B.A. Shapiro in Person | 3:00am: | Overview of Somerville By Design | 3:00pm: | Highlander Forum - Leadership |
| Thursday, October 10 | | 3:00am: | SomerStreets: Strike Up the Bands | EDUCATIONAL CHANNEL 15 | | 3:30pm: | SHS Boys Soccer vs Everett - 9/30 |
| 12:00am: | Domestic Violence Awareness Vigil | 9:00am: | The Mayor's Report | Wednesday, October 9 | | 5:00pm: | SHS Girls Soccer v Austin Prep - 10/4 |
| 1:00am: | The Aldermen's Hour | 12:00pm: | Senior Circuit | 9:00am: | Highlander Forum - Leadership | 6:30pm: | Our Schools, Our City - kid stuff - Fire Safety |
| 1:30am: | Somerville By Design: Broadway | 12:30pm: | Keep Moving: Everyday Exercises for Older Adults | 9:30am: | kid stuff - Fire Safety | 7:00pm: | SHS Boys Soccer vs Cambridge - 10/9 |
| 2:45am: | What the Fluff?! | 1:00pm: | The Mayor's Report | 10:00am: | SHS Girls Soccer v Austin Prep - 10/4 | 7:30pm: | SHS Boys Soccer v Boston Latin - 10/11 |
| 3:15am: | Riverfest 2013 | 1:30pm: | Voices of Somerville | 11:30am: | SHS Football vs Malden - 10/4 | 11:00pm: | Highlander Forum - Leadership |
| 9:00am: | The Mayor's Report | 2:00pm: | Somerville Reads: B.A. Shapiro in Person | 2:00pm: | Our Schools, Our City - Back to School | Sunday, October 13 | |
| 12:00pm: | Senior Circuit | 7:00pm: | Senior Circuit | 3:00pm: | SHS Boys Soccer vs Everett - 9/30 | 12:00am: | SHS Girls Soccer v Austin Prep - 10/4 |
| 12:30pm: | Keep Moving: Everyday Exercises for Older Adults | 7:30pm: | Keep Moving: Everyday Exercises for Older Adults | 4:30pm: | SHS Boys Soccer vs Billerica | 1:30am: | SHS Boys Soccer vs Everett - 9/30 |
| 1:00pm: | The Mayor's Report | 8:00pm: | The Mayor's Report | 6:00pm: | SHS Girls Soccer v Austin Prep - 10/4 | 9:00am: | Raising Families - Real Food |
| 1:30pm: | Somerville By Design: Davis Sq. – Lodging & Business Districts | 8:30pm: | Board of Aldermen Meeting – REPLAY OF 10.10.13 | 7:30pm: | kid stuff - Fire Safety | 9:30am: | SHS Boys Soccer vs Andover |
| 7:00pm: | Board of Aldermen Meeting - LIVE | Monday, October 14 | | 8:00pm: | SHS Boys Soccer vs Cambridge - 10/9 | 11:00am: | kid stuff - Fire Safety |
| Friday, October 11 | | 12:00am: | Senior Circuit | 10:00pm: | SHS Boys Soccer vs Everett - 9/30 | 11:30am: | SHS Girls Soccer v Malden - 10/7 |
| 12:00am: | The Aldermen's Hour | 12:30am: | Keep Moving: Everyday Exercises for Older Adults | Thursday, October 10 | | 1:00pm: | SHS Football vs Malden - 10/4 |
| 12:30am: | What the Fluff? Festival | 1:00am: | The Mayor's Report | 12:00am: | SHS Boys Soccer vs Cambridge - 10/9 | 4:00pm: | Our Schools, Our City - kid stuff - Fire Safety |
| 1:00am: | Union Square Walking Tour | 1:30am: | Board of Aldermen Meeting – REPLAY OF 10.10.13 | 2:00am: | SHS Football vs Malden - 10/4 | 5:00pm: | SHS Football vs Cambridge - 9/27 |
| 2:00am: | The Better Homes Movement in Somerville 1922-30 | 9:00am: | What the Fluff? | 8:30am: | SHS Girls Soccer vs Maltignon | 8:00pm: | SHS Boys Soccer v Boston Latin - 10/11 |
| 9:00am: | The Better Homes Movement in Somerville 1922-30 | 12:00pm: | SomerStreets: Strike Up the Bands | 10:00am: | SHS Girls Volleyball vs Cambridge | 10:00pm: | SHS Girls Soccer v Austin Prep - 10/4 |
| 12:00pm: | Overview of Somerville By Design | 12:30pm: | The Mayor's Report | 12:00pm: | SHS Girls Soccer v Austin Prep - 10/4 | Monday, October 14 | |
| 12:10pm: | A Story of Two Canals | 1:00pm: | Union Square Walking Tour | 1:30pm: | SHS Girls Soccer v Cambridge - 9/22 | 12:00am: | SHS Football vs Cambridge - 9/27 |
| 1:00pm: | Domestic Violence Awareness Vigil | 2:00pm: | The Aldermen's Hour | 3:00pm: | Our Schools, Our City - kid stuff - Fire Safety | 9:00am: | kid stuff - Fire Safety |
| 2:00pm: | Somerville Reads: B.A. Shapiro in Person | 2:30pm: | What the Fluff? | 4:00pm: | SHS Boys Soccer vs Everett - 9/30 | 9:30am: | SHS Girls Soccer v Malden - 10/7 |
| 3:00pm: | SomerStreets: Strike Up the Bands | 7:00pm: | Public Meeting on City Self-Evaluation Plan | 5:25pm: | kid stuff - Fire Safety | 11:00am: | SHS Football vs Malden - 10/4 |
| 7:00pm: | Overview of Somerville By Design | 9:00pm: | What the Fluff? | 6:00pm: | SHS Boys Soccer vs Cambridge - 10/9 | 2:00pm: | Our Schools, Our City - kid stuff - Fire Safety |
| 7:10pm: | A Story of Two Canals | 9:30pm: | The Better Homes Movement in Somerville 1922-30 | 7:30pm: | SHS Girls Soccer v Austin Prep - 10/4 | 3:00pm: | SHS Football vs Cambridge - 9/27 |
| 8:00pm: | Domestic Violence Awareness Vigil | Tuesday, October 15 | | 9:00pm: | Our Schools, Our City - kid stuff - Fire Safety | 6:00pm: | SHS Boys Soccer v Boston Latin - 10/11 |
| 9:00pm: | Somerville Reads: B.A. Shapiro in Person | 12:00am: | Public Meeting on City Self-Evaluation Plan | 9:30pm: | Highlander Forum - Leadership | 8:00pm: | SHS Girls Soccer v Austin Prep - 10/4 |
| 10:00pm: | SomerStreets: Strike Up the Bands | 2:00am: | What the Fluff? | 10:00pm: | SHS Boys Soccer vs Brockton | 9:30pm: | Highlander Forum - Leadership |
| Saturday, October 12 | | 2:30am: | The Better Homes Movement in Somerville 1922-30 | 10:30pm: | | 10:00pm: | Boys Soccer vs Masconomet Reg. |
| 12:00am: | Overview of Somerville By Design | 9:00am: | The Aldermen's Hour | Friday, October 11 | | Tuesday, October 15 | |
| 12:10am: | A Story of Two Canals | 12:00pm: | Senior Circuit | 12:00am: | SHS Football vs Malden - 10/4 | 12:00am: | SHS Girls Soccer v Cambridge - 9/22 |
| 1:00pm: | Domestic Violence Awareness Vigil | 12:30pm: | Keep Moving: Everyday Exercises for Older Adults | 2:30am: | SHS Football vs Cambridge - 9/27 | 1:30am: | Raising Families - Real Food |
| 2:00am: | Somerville Reads: B.A. Shapiro in Person | 1:00pm: | Voices of Somerville | 8:30am: | WHCIS Chorus Sings for Fenway Park | 2:00am: | ESCS Ribbon Cutting Ceremony |
| 3:00am: | SomerStreets: Strike Up the Bands | 1:30pm: | SomerStreets: Strike Up the Bands | 9:00am: | Our Schools, Our City - kid stuff - Fire Safety | 8:30am: | kid stuff - Fire Safety |
| 9:00am: | Dogfest | 7:00pm: | Senior Circuit | 9:30am: | SHS Girls Soccer v Malden - 10/7 | 9:00am: | SHS Football vs Malden - 10/4 |
| 12:00pm: | Overview of Somerville By Design | 7:30pm: | Keep Moving: Everyday Exercises for Older Adults | 11:00am: | SHS Football vs Cambridge - 9/27 | 12:00pm: | SHS Football vs Cambridge - 9/27 |
| 12:10pm: | A Story of Two Canals | 8:00pm: | The Mayor's Report | 1:30pm: | East Somerville Community School Grand Tour | 3:00pm: | SHS Boys Soccer vs Cambridge - 10/9 |
| 1:00pm: | Domestic Violence Awareness Vigil | | | 2:00pm: | SHS Football vs Malden - 10/4 | 4:30pm: | SHS Girls Soccer v Malden - 10/7 |
| 2:00pm: | Somerville Reads: B.A. Shapiro in Person | | | 5:00pm: | kid stuff - Fire Safety | 6:00pm: | SHS Girls Soccer vs Maltignon |
| 3:00pm: | SomerStreets: Strike Up the Bands | | | 5:30pm: | SHS Boys Soccer vs Everett - 9/30 | 7:30pm: | Our Schools, Our City - kid stuff - Fire Safety |
| 7:00pm: | Overview of Somerville By Design | | | 7:00pm: | SHS Boys Soccer vs Cambridge - 10/9 | 8:00pm: | kid stuff - Fire Safety |
| | | | | 9:00pm: | SHS Boys Soccer v Boston Latin - 10/11 | 8:30pm: | SHS Football vs Cambridge - 9/27 |
| | | | | 11:00pm: | kid stuff - Fire Safety | 12:00am: | SHS Boys Soccer vs Cambridge - 10/9 |
| | | | | Saturday, October 12 | | 1:30am: | SHS Girls Soccer v Cambridge - 9/22 |



OFF THE SHELF

by Doug Holder

Judah Leblang: A Middle-Aged, Jewish, Gay Man Chronicles his Life in a Memoir and a Play

I got an email from a writer acquaintance Judah Leblang. It seems that his department at Lesley University in Cambridge, Mass. (that he worked at for years) transferred to Endicott College in Beverly, Mass., where I teach. He also told me that he has developed a one man play based on his memoir (*My Place: One Man's Journey from Cleveland to Boston and Beyond*) titled *One Man's Journey Through the Middle Ages*. His memoir chronicles his youth in Cleveland, Ohio during the 60's and 70's, his attachment to that down-at-the-heels city, and his life as a Jewish, gay single man. The show explores Leblang's fear, and loathing in Provincetown, Mass. (A gay mecca) one summer, his rather sudden hearing loss, and the universal themes of aging and loss.

Here is an excerpt from Leblang's memoir about his grandmother, Cleveland, and the world beyond the broad lawns and narrow minds of the suburbs:

"I knew my parents didn't like to go into the city. My mother saw Cleveland as a cauldron of riots, crime and burned out neighborhoods, a place to avoid. Still, on a sunny day in May 1968, I was an eleven-year-old boy who knew that Cleveland was full of wonders like planes and trains and buildings that pierced the sky, miracles my grandmother and I would share like her warm pastry. And so my grandmother and I stood quietly as my mother drove off, back to the safety of the eastern suburbs.

Waiting for the bus, Nanny's maple tree rustling above us, I thought of other times, other adventures with my grandmother, when I was five, seven, eight. On special weekends, she would baby-sit for my brothers and I, bringing her pastry and her Jewish rye bread, her cough drops and powdery scent into our suburban home. At five, before the accident, I'd sing and dance for her entertainment, repeating rhymes I'd learned in nursery school—"Mary had a little lamb," "Humpty Dumpty," and later, "My Country 'Tis of Thee," which I'd warbled at a school assembly in Kindergarten in my thin childish voice. Later, I'd tell my grandmother she was beautiful, promise to marry her when I grew up. According to my mother, I was a little khnifnik, Yiddish for a "flatterer."

I used to read Leblang's column in the *Somerville Journal* where he held court from 1999 to 2001.



Leblang lives in Medford now, but he was a denizen of Teele Square in Somerville. Presently Leblang is a columnist for Bay Windows, a gay newspaper in Boston. His slice-of-life stories have been heard on NPR and many other radio stations. Leblang counts Somerville writers Dan Gerwitz (Formerly of the *Boston Herald*) and Randy Ross (Founder of Media Chowder, a networking group for writers) as friends, and the trio used to perform in the area with a piece about being middle aged.

I asked Leblang why he feels he has a story that is worth being told. He said, "Memoir writers have been accused of being navel gazers. Hey, I am not Bill Clinton, or Nelson Mandela. But I feel I have a story that people can relate to. We all have to make choices; we all grow old; well all have to deal with losses." And Leblang tells his story with a winning combination of humor and pathos. Of being a single gay man of a certain age, Leblang said, "I am part of a subculture of middle-aged gay men that belong to a culture that puts youth and looks at a premium. It is challenging to meet someone near my own age for a possible relationship."

Leblang will be leading a memoir writing workshop this fall at Somerville Public Library in Davis Square, and will be performing his play in the area. Check his website <http://judahleblang.com> for more information.

Although I never had a green thumb I appreciate poets who do. Local poet Julie Ebin firmly plants her seed for a poem that blooms.



Gardening, After

I've clipped the tulip's wing.
Get down on my knees,
cup the gash, beg forgiveness
from crowning green spear.

My dirty fingers brush
from its stately stem
first one, then three, and ten
husks of maple whirligigs
to free determined growth.

Near the path, a daffodil
juts up without regard.
That one will survive.

— Julie Ebin

To have your work considered for the Lyrical send it to:
Doug Holder, 25 School St., Somerville, MA 02143. dougholder@post.harvard.edu

Ms. Cam's

From page 14

Olio

Answers

- | | |
|--|-------------------------------|
| 1. Bones | Nevada – Salt Lake City, Utah |
| 2. Wisteria Lane | |
| 3. General William Westmoreland | 7. Maine |
| 4. John Quincy Adams | 8. Penguins |
| 5. South Malden | 9. Stony Place |
| 6. Oklahoma City, Oklahoma – Jefferson City, Missouri – Carson City, | 10. A marsupial |
| | 11. Curling |
| | 12. Saffron |

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