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# The Somerville Times



VOL. 5 NO. 40

SOMERVILLE, MASS. WEDNESDAY, OCTOBER 4, 2017

TWENTY-FIVE CENTS

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A Somerville **Foodie Crawl** pages 12-13



A historic bike

page 14

## City considers establishing AirBnb apartments task force



Long term usage of the city's limited residential units for AirBnB rentals has come into the cross-hairs of the Board of Aldermen, who are looking into the formation of a task force to deal with the issue.

#### By Jim Clark

An order was put before the Somerville Board of Alderman and passed at their latest regular meeting last week, seeking to instruct the Superintendent of Inspectional Services to form a task force to address AirBnB apartments.

A number of ongoing issues regarding enforcement of regulations and the handling of consumer complaints have left a number of city officials frustrated with the protracted length of time associated with making progress on the matter.

Speaking in favor of the order, Ward 1 Alderman Matthew McLaughlin told the Board, "We are well aware of this issue. We've had numerous reports, I work with ISD [Inspectional Services Department] all the time targeting these bad properties with AirBnBs."

McLaughlin pointed out Continued on page 4

## **HONK!** Returns to the **Streets of Somerville**

#### By Ariana Colozzo

The Honk! Festival is returning to the Somerville streets on October 6. For 12 years, Honk! has brought brass bands from around the world, giving them a voice to represent the causes that are important to them. This year, the 28 bands are coming from as far as Rio de Janerio, Brazil.

The three-day festival is jam packed with live music events. On Friday, a lantern parade in Davis Square kicks off Honk! And don't worry, the volunteers will teach you how to make your own lanterns before the procession so you can join in too. On Saturday, the nearly 30 bands will play all afternoon and into the evening for free in Davis Square.

To end the festivities, Honk! heads to Harvard Square. The bands join with local community groups, artists and activists working for many different causes - from ending racism to protecting the environment - to walk to "Reclaim the Streets for horns, bikes Continued on page 8



The 12th annual Honk! Festival this weekend, bringing brass and sass to Somerville, along with a touch political activism and social awareness.

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Tonight, Wednesday October 4, from 5:30 to 7:30 p.m., Ward 3 Alderman Bob McWatters will be having a campaign get together and fundraiser at Sally O'Brien's on Somerville Ave. The last time his opponent sent spies to monitor the event. Alderman McWatters is a good person. He's being accused of taking money from developers, but maybe some unopposed candidates might want to stop spreading lies. They might find an opponent in two years that they might not like.

\*

It appears that Somerville Media Center, SCATV has announced that both Mayor Joe Curtatone and Payton Corbett will do a debate on local access TV this month, with a date yet to be determined. Jon Keller from WBZ TV will moderate. More to follow when the date is worked out and announced.

And customers are upset, they want to get the inspections out of the way. As of last night, October 3, they are still not hooked up. Channel 4 came out and interviewed Edwin (by the way, the best mechanic – number one, no one even close to him), who was interviewed for broadcast. It's a great station, with awesome people down there. Just ask **George!** This station is so very popular, people come from all over and they are very loyal. Hopefully, the state will hurry up and fix this.

Speaking of **Good Gas**, it seems that the fire department was called by some person who was walking by and smelled GAS. So she called the fire department. Funny, every time we go there we smell gas too. It takes a bright person to report a gas station smelling of gas!

\*\*\*\*\*\*\*\*

Welcome back to work at **DPW**, **Ricky** 

Continued on page 11

## The Somerville Times

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## TheSomervilleTimes.com Comments of the Week

#### Response to: More than we bargained for

Villenous says:

Wow is that tone deaf. First, off, this happened six years ago? I can guarantee you we're not going

As someone who gets insurance through my private sector employer I would kill to be in the GIC. It would be great if the entire state could be in the GIC. It's the best, most affordable insurance package in Massachusetts.

So I'm paying for your gold standard insurance and you're whining about it? I've met plenty of city employees over the past two decades and they're generally fine people. So I urge the rank and file to tell their union leaders to shut their mouths over this type of nonsense because this reads like a letter from an ungrateful, spoiled bunch of brats.

#### LindaS says:

Villenous, it's very easy to talk when it's not you dealing with the issue. It's only affordable if you aren't on a fixed income. Yes, it's cheaper under the GIC, but when you are only given about \$1100/ month for a pension after deductions and you aren't eligible for Medicare, any amount you pay is too high.

Insurance rates are going up, no matter where you are getting yours from. Deductibles are getting crazy, too, going up about double in the past 3 years, and now there's a new one added for pharmacy, too. Being in the GIC makes it cheaper, I'm sure, but no matter what you wind up paying, it's still too much to afford.

My late father worked for the City, and his retirement check was always able to go only so far. He wasn't eligible for Medicare and so always had to buy private insurance, which is still what my mother has to get, and only on a pension that's now about a third less than what she had when my father was alive.

Her deductible the first 2 years under the GIC was about \$250/year, which then went up the next year to \$300, and now jumped to \$500. Her monthly medical supplies were mostly free each year, and now she has to pay for at least several months before she meets her deductible for the year. This all on a montly check that has only had a COLA increase of maybe \$20 or so every couple of years, while insurance rates jump well over that.

For anyone who has a good-paying job and can get their insurance subsidized, or has supplemented insurance, then the GIC could certainly be a good thing. But unless you are barely living check-to-check, you can't really understand how even being in the GIC doesn't feel like it's that much better in the end when rates continue to go up every year.

Unions should be able to negotiate for what they feel is fair to their members. That's what they are for. When I had a job, I was lucky I could afford the subsidized insurance I was paying for. I only wish we could have had a union to protect our interests.

Don't knock people and say they're "whining" because they aren't happy with what they're being given. Everything is relative.

#### sd says:

Let me try to understand this. The CEO of our city who looks out for our taxpayers, in the years when we were having financial trouble as a city, used every legal tactic available to him to reduce the city obligation for health insurance costs to balance the budget without needing to raise more taxes or cut more services. And he did so by forcing the unions to take one of the best health care programs in the state. I don't see any problem here. It seems that the Mayor was looking out for all of the taxpayers.

I'm on the GIC through the state and find that its the best health plan I've ever been on. Overall costs are cheap as long as you budget for that annual deductible. My previous plan cost more in premiums than the deductible plus the premiums for the GIS so I'm still coming out ahead.

#### NOSE says:

I have been sniffing around. This is the same group of union officials that endorsed the proven racist and sexist Peyton Corbett. So, we are to trust their word on the GIC history? The above posts are correct GIC is a very cost effective insurance that many (including me) wish they had. And btw at least six of these outstanding Union officials (ugh) don't even live in Somerville! So their endorsement is very self-serving. You should all be ashamed of yourselves!

Log onto TheSomervilleTimes.com to leave your own comments



## City Election 2017: School Committee members

On Tuesday, November 7, 2017, Somerville voters will cast their ballots in a City Election for the offices of Mayor of Somerville, various Board of Aldermen members, and School Committee Members in Wards 1 and 2. This week, the Somerville Times asked each of the qualified candidates for the School Committee to describe why they would be the best choice for the office they are running for and what specific policies they would advocate or implement in that position, along with a bio if they choose to include one. Their responses are presented here in alphabetical order based on their last names, beginning with the Ward 1 candidates, followed by the Ward 2 candidates.

#### For the Office of Ward **1 School Committee** member:



#### **Emily Ackman**

My name is Emily Ackman and I am running for School Committee in Ward One. I have built my career as an educator involved at all levels of education and school policy, and am eager to use my skills and experience to serve the students and families of Ward One, and all of Somerville.

I started in education by teaching preschool, which is where my belief in strong public pre-k programs is rooted. But most of my teaching career was spent as an elementary school teacher in the first and second grade. After that, I ran an afterschool program, where I had to provide education support classes for kids from kindergarten to eighth grade. The whole time I was doing this, I was also in graduate school, learning about better ways to support my students, and serving as a university lecturer, training a new generation of teachers.

As a teacher, I experienced how policies that were created without any input from educators had negative impacts on life in the classroom. This experience prompted me to get a PhD in Education Policy and get into state level education policy work, where I thought I could have more of a positive impact on schools. While I built many strong relationships working at the Massachusetts Department of Elementary and Secondary Education, I knew that my single contribution did not have the positive impact I was hoping for. After that, I went on to be the Title I and Grants Director for Framingham Public Schools, and then worked with district and school leaders on implementing high quality summer reading programs through the Harvard Graduate School of Education. Through these professional experiences I learned that my skills and expertise could actually have a positive impact, serving students and families at the district level.

Somerville Public Schools have improved over the past decade, but there is a lot that still needs to be done to make sure we are meeting the needs of all of our students. All kids need a strong start, which is why I would like to see free allday pre-k made available to all families in Somerville. We also need to be preparing our students for an ever-changing economy, which is why I support teaching 21st Century skills, like coding, to all students, as well as teaching financial literacy starting in elementary school. Since I started my campaign, many parents have reached out to me to discuss communication issues with Somerville's policy around kindergarten placement, as well as other issues. I will advocate for greater transparency between Somerville Public and the families they serve, from pre-k through graduation.

I love Somerville, and especially my neighborhood of East Somerville. Knowing that I can put my experience and skill set in education policy to work to serve this community is why I am running for school committee. I am invested in our Ward and our city. I have volunteered with the Next Wave/Full Circle School, and I am currently on the Board of Directors of East Somerville Main Streets. My husband and I own our home here, where we are raising our two young children who we plan to send to East Somerville Community School. I am asking for your vote in the general election on November

7. If you want more information about me and my campaign, please check out my campaign website, emilyackman.com



#### **Kenneth Salvato**

Hello,

My name is Kenneth Salvato. Most of you know I am a lifelong resident of East Somerville. I have attended the Somerville public schools and I have been active in the past elections. Over the years, it became obvious to me what I was truly seeking, what our community needed. It wasn't something that I thought about overnight. It has been a desire, a willingness that I think about daily. My decision to become a candidate for Ward 1 School Committee is now instilled within me. I am ready and looking forward to sharing it with you, our community. I care about our schools and our children. I am a familiar face, a reckoned Continued on page 5

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	\$41,400	80%	4	\$1,350	
		35 Units in Towe	r		
Studio	\$18,720	50%	2	\$780	
1 BR	\$19,176	50%	9	\$799	
	\$36,200	80%	11	\$1,173	
2 BR	\$22,488	50%	6	\$937	
	\$41,400	80%	4	\$1,388	
3 BR	\$25,416	50%	2	\$1,059	
	\$46,550	80%	1	\$1,572	

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	2	\$41,400	\$62,550				
	3	\$46,550	\$70,350				
	4	\$51,700	\$78,150				
[	5	\$55,850	\$84,450				
	6	\$60,000	\$90,700				

 $Info \ Sessions: Wednesday, Sept.\ 13,\ 2017\ \ 6\ to\ 7:30\ pm\ And\ Thursday, Oct.\ 19\ 6-7:30\ in\ the\ Auditorium$ of the East Somerville Community School

Applications will be made available at the conclusion of the first information session.  $Application\ Deadline: application\ must\ be\ completed\ and\ delivered\ by\ 2\ pm\ on\ Monday,\ Nov.\ 13^{th},\ 2017\ To:\ SEB,$ 257 Hillside Ave, Needham, MA 02494 The Lottery will be held in December, 2017

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# By Jim Clark

## He needed a place to stay anyways

Police officers were dispatched to a MacArthur St. residence in the early hours of Sunday on reports of an unwanted person.

Upon arrival, the officers were met by the reporting party, who appeared to be shaken and visibly upset, saying that she saw an intruder, later identified as Nicholas Stiles, in her room with what appeared to be a flashlight.

Stiles next left her room and went upstairs, then came back down and reportedly pushed her into the hallway against the wall and roughly demanded to be told where his jacket was.

Police then spoke with another resident, a juvenile, who was visibly upset. She stated that she was asleep and woke up to Stiles shaking her and asking about his jacket. She also stated that Stiles started going through her dresser drawers while she was screaming at him to get out. She further stated that when Stiles left her room she ran outside and saw Stiles punch her brother. Another juvenile who was in the room at the time corroborated the girl's account.

Police also spoke to a male and

female, who were in the house. The male said that he was in his room playing video games when Stiles opened the door and asked about his jacket. He reportedly said that Stiles came in the room and said that if he couldn't find it, someone would have to pay the consequences.

The female was in the same room sleeping when Stiles came in the room yelling about his jacket. She confirmed the males statement, and then said that after Stiles left she could hear glass break.

Police spoke with another

male who was bleeding from his mouth and had minor cuts to his hand. He said that he was sleeping on a couch in the garage when he was punched in the face and woke up to Stiles hovering above him. He reportedly said that Stiles grabbed him by his hand and dragged him out of the garage towards the house. He also stated that Stiles smashed several glass cups, destroyed a piece of furniture, and other items that were in the garage.

Police were told that Stiles left the house to go back to Casey's Bar, located around the corner on Broadway.

Police located Stiles at Casey's and placed him into custody on charges of destruction of property over \$250, enter at night for felony/person in fear, and multiple charges of assault and battery. An officer read Stiles his Miranda warning and he reportedly stated that he understood and wished to speak to a lawyer. However, while awaiting transport to jail, he reportedly uttered that he "needed a place to stay anyways," "the kid couldn't handle a scrape," and "they stole my jacket."

## Crime Tip Hotline: 617-776-7210

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## SOMERVILLE POLICE GRIME LOG

#### Arrests:

Kermit Sims, of 1200 Commonwealth Ave., Alston, September 25, 4:47 p.m., arrested at Somerville Ave. on charges of larceny of credit card and utter false instrument.

Scot Runyon, of 145 Hall St., Manchester, NH, September 26, 10:54 a.m., arrested at Washington St. on a warrant charge of number plate violation to conceal ID.

William Pires, of 64 Derby St., Apt. 4, September 27, 9:08

a.m., arrested at Washington St. on warrant charges of defacing property and assault and battery with a dangerous weapon.

Thomas Soloski, of 345 Beacon St., September 27, 1:06 p.m., arrested at Washington St. on warrant charges of operation of a motor vehicle with a suspended license and no inspection sticker.

Marvin Vivas-Miguel, of 10 Pinckney St., September 28, 6:09 p.m., arrested at Grant St. on charges of drug violation near a school, drug possession to distribute, and distribution of a class D drug.

Joseph Medeiros, of 16 Putnam St., September 28, 7:39 p.m., arrested at McGrath Hwy. on charges of leaving the scene of property damage, negligent operation of a motor vehicle, and operation of a motor vehicle under the influence of liquor 2nd offense.

Carlos Aguilar, of 392 Columbia Rd., Boston, September 29, 11:26 a.m., arrested at Bea-

con St. on charges of disorderly conduct and assault with a dangerous weapon.

Nathan Adams, of 39 Boylston St., Boston, September 29, 2:01 p.m., arrested at Middlesex Ave. on charges of removal of theft prevention device and shoplifting by concealing merchandise.

Ricardo Gonzalez, of 3322 Washington St., Jamaica Plain, September 29, 11:25 p.m., arrested at Grand Union Blvd. on charges of indecent exposure and disorderly conduct.

Nicholas Stiles, of 10 MacArthur St., October 1, 1:01 a.m., arrested at MacArthur St. on charges of destruction of property over \$250, enter at night for felony/person in fear, and multiple charges of assault and battery.

Roland Ellies, of 200 Mountain Ave., Malden, October 1, 11:11 a.m., arrested at Broadway on charges of disorderly conduct and unlicensed operation of a motor vehicle.

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## City considers establishing AirBnb apartments task force CONT. FROM PG 1

that the City of Cambridge and the state of Massachusetts have been working on laws for regulation and he felt that Somerville should be doing the same.

"Until then, I'd like to think about this task force," McLaughlin said. "I understand how difficult it is, because the change in technology has made things difficult, but it has also made it easy to find out where the AirBnBs are."

According to McLaughlin, one simply has to go on a website to target them, then the established task force can follow up to investigate. "They can pose as a customer and go there and just issue a fine."

McLaughlin reported that he got some "push back" from people with owner-occupied units who want their AirBnBs to help them pay own rents or for when they go away for the summer and wish to take advantage of AirBnB rental opportunities.

"I know what the city and what myself intends is not to address owner-occupied units," said McLaughlin. "It's these units that have basically become hotels. They don't have long term residents in them at all. And it raises the rent for everyone in the city, and it makes one less unit for someone to rent and own and live in."

Ward 5 Alderman Mark Niedergang weighed in on the issue saying, "I'm not against forming a task force, but I think there are some other things that need to happen. And I thought they were going to happen."

Niedergang referred to existing law that he said was not being enforced by Inspection-

al Services and that doing so would be an important step. "And/or we need to pass an ordinance that's a better one than the one that we have, which is what I think we should do."

Niedergang mentioned that Alderman At-Large Jack Connolly has dealt with this matter in the public Health and Safety Committee that a lot of productive ideas have been brought forward, but said that no specific ordinance had yet been created. He further stated that the current law is not be enforced well.

Connolly responded that he has been working with members of the administration on some detailed analysis of the issue. "We are assembling some information and rough draft language," he said. "I'm going to be planning a public session for everybody involved."

McLaughlin followed up by stating his belief that ISD is trying to enforce the current law. "I just think the easiest path is to go on the website, ID the spots and just keep ticketing them that way."

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#### City Election 2017: School Committee members **CONT. FROM PG 3**

voice and a friend. I will continue this journey and I am inviting you and your children to join me. I have created a 5 Point Plan. I am continuously working on and committed to follow. I have created a new path, new goals and a stronger desire but my commitment to my 5 Point plan reminds the same:

My 5 Point plan consists of: #1: Homework clubs: Homework clubs which will help to reinforce academic skills, by teaching the students the value of a good education and provide them with the support and tools to succeed in academics. # 2: For students who are experiencing learning barriers due to the fact that English is not their primary language. I would research successful programs in other school districts and implement a Model State of the Art program in our schools to address the unique challenges of these students. # 3: Teen workshops: I have been developing these workshops since the 2015 elections. I begin working closely with many of our surrounding retail stores by creating a partnership with these businesses to help students secure a part-time work experience exposing them to possible career paths. # 4: Anti-tobacco and Drug meetings: By creating a committee to establish the best practices in the profession to address this need and to locally build a program that will effectively focus on these issues and curb the epidemic of the drug and alcohol use in our community. I would provide transportation for our children with help by their parents and bring them to safety where they can obtain professional help. # 5: Bullying: It is a serious problem, not only in our schools and playgrounds but also in our community. I am committed to develop an anti-bully program, "BE a BUDDY NOT a BULLY". I have talked to many parents and there was much concern surrounding this topic. I will work very closely with the families involved and help develop this program using knowledge and compassion.

I am the only candidate that plans to take a \$5000.00 pay cut to help fund and establish my 5 Point plan. I've challenged other incumbents to join me, but I still stand alone. I am running a campaign based on commitment and dedication. I am not backed by other politicians. I am solely funded.

The School Committee of Ward 1 needs a candidate who has been there, a candidate with strong roots from our city. I am so grateful for your support. It is because of you, I will be advancing to the general election on Nov 7. Please continue this journey with me. We together can make a difference. I am very open to ideas and look forward to working with the families of Ward 1. My name is Kenneth Salvato and I am a candidate for Ward 1 School Committee. Thank you and God Bless

#### For the Office of Ward 2 School Committee member:



#### Dan Futrell

I'm running for a third term to the Somerville School Committee to continue supporting the values that make Somerville strong, and because the work that I came here to do isn't finished yet.

Every day seems to bring bad news, when national leadership is advocating for discriminatory policies that spread fear in our community. From the assault on DACA to immigration bans to the paltry assistance for Puerto Rico, Somerville feels the impact of this changing world deeply. Additionally, we have an education secretary who's working to dismantle public education so that her friends can further line their pockets at the expense of our families.

These issues are so impactful here in Somerville, and the best way I know how to impact our world is by fighting for the values we believe in right here at home. Last Fall, I knocked on doors and helped organize against Question 2, which would've made Somerville Public Schools vulnerable to a dramatic loss of resources. As chair of the Finance Subcommittee responsible for producing a budget for our district, I worked to quantify and communicate that impact broadly.

But what drives me most is the need to elevate the role of social & emotional learning in Somerville. In an educational landscape driven by standardized testing focused so intensely on math and English, we've built a system that naturally leads to less recess, less open time for play and experimentation, and less of a focus on interpersonal relationships and working through failure.

In the last four years, I've consistently pushed to ensure that our commitment to whole child education was reflected in our everyday decisions as well as our goals and mission statement. This has included things like facilitating a partnership between Somerville schools and Head Start, run by the Community Action Agency of Somerville where I serve as President of the Board. Today, among a School Committee aligned with this vision, our commitment to whole child education drives all that we do. There are two specific initiatives that I want to help shape over the next two years.

Recognizing a need, we built a Student Insights tool from scratch, a data tool that pulls together quiz grades, MCAS scores, and other assessments with indicators that say more about the context each student brings to the classroom - things like tardiness, participation in after school programming, input from coaches and the Somerville Family Learning Collaborative - so that every Continued on page 8

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## **Beacon Hill Roll Call**



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Somerville:



Rep. Christine Barber

DISTRICT REPRESENTED: Thirty-fourth Middlesex. - Consisting of all precincts in wards 4 and 5, precinct 1 of ward 7, and precinct 2 of ward 8, of the city of Medford, precincts 1 and 2 of ward 4, and all precincts of ward 7, of the city of Somerville, both in the county of Middlesex.



Rep. Denise Provost

**DISTRICT REPRESENTED:** Twenty-seventh Middlesex. - Consisting of precinct 3 of ward 2, all precincts of ward 3, precinct 3 of ward 4, and all precincts of wards 5 and 6, of the city of Somerville, in the county of Middlesex.



Rep. Mike Connolly

DISTRICT REPRESENTED: Twenty-sixth Middlesex. - Consisting of all precincts of ward 1, precinct 1 of ward 2, precincts 1 and 2 of ward 3, and precinct 1 of ward 6, of the city of Cambridge, and all precincts of ward 1 and precincts 1 and 2 of ward 2, of the city of Somerville, both in the county of Middlesex.



Sen. Patricia Jehlen

DISTRICT REPRESENTED: Second Middlesex. - Consisting of the cities of Cambridge, wards 9 to 11, inclusive, Medford and Somerville, and the town of Winchester, precincts 4 to 7, inclusive, in the county of Middlesex.

THE HOUSE AND SENATE: Beacon Hill Roll Call records local representatives' and senators' votes on several of the roll calls on overriding some of Gov. Charlie Baker's cuts of \$320 million in spending in the \$39.4

Our Legislators in the House and Senate for billion fiscal 2018 state budget. A two-thirds vote in both branches is needed for a veto to be overridden. The House has so far restored an estimated \$284 million and the Senate \$24.9 million.

> House and Senate Democratic leaders said the budget was balanced and that Baker's cuts were unnecessary and would hurt many people including the sick, seniors, children and minorities.

> The governor and GOP leaders said the Legislature should wait until more tax revenue figures are in so that members can see if the state can afford to restore this funding. Some Republicans said that because of this uncertainty they voted to sustain all of Gov. Baker's vetoes, even though it meant voting against restoring funding for many good programs they would otherwise have supported.

> "The Baker-Polito Administration put forward a balanced budget, eliminated millions of dollars in earmark spending and increased funding for education, addiction prevention initiatives and other key programs this fiscal year," said Baker spokesman Brendan Moss. "The current fiscal environment, specifically soft revenue collection reports to date, indicates there is no basis to support the legislature's decision to increase spending by \$284 million."

> "The Senate has carefully reviewed vetoes in the context of our difficult fiscal situation and ongoing efforts on health care cost containment," said Senate Ways and Means chair Karen Spilka (D-Ashland). "I am confident that the budget remains in balance and cautiously optimistic about revenue collections and potential savings moving forward."

#### CUT \$1.1 MILLION FOR RECOVERY HIGH SCHOOLS (H 3800)

House 139-15, overrode a reduction of \$1.1 million (from \$3.6 million to \$2.5 million) for recovery high schools -- public schools where students can earn a high school diploma and are supported in their recovery from alcohol and drug use.

(A"Yes" vote is for funding the \$1.1 million. A"No" vote is against funding it.)

> Rep. Christine Barber Yes Rep. Mike Connolly Yes Rep. Denise Provost Yes

#### **CUT \$550,000 FOR PROMOTION OF HEALTH** AND DISEASE PREVENTION (H 3800)

House 125-28, overrode a reduction of \$550,000 (from \$4,110,977 to \$3,560,977) for programs for the promotion of health and disease prevention including prevention of breast cancer, hepatitis C and colorectal cancer; and screening for prostate cancer, diabetes, ovarian cancer, multiple sclerosis and osteoporosis.

(A "Yes" vote is for funding the \$550,000. A "No" vote is against funding it.)

> Rep. Christine Barber Yes Rep. Mike Connolly Yes Rep. Denise Provost Yes

#### CUT ENTIRE \$60,000 FOR TEACHING FI-NANCIAL LITERACY (H 3800)

House 120-33, overrode the veto of the entire \$60,000 for a program that mentors and teaches financial literacy to low-income women.

(A "Yes" vote is for funding the \$60,000. A "No" vote is against funding it.)

Rep. Christine Barber Yes Rep. Mike Connolly Yes Rep. Denise Provost Yes

#### CUT ENTIRE \$50,000 FOR POST-PARTUM **DEPRESSION (H 3800)**

House 141-12 overrode the veto of the entire \$50,000 for a post-partum depression pilot program.

(A "Yes" vote is for funding the \$50,000. A "No" is against funding it.)

> Rep. Christine Barber Yes Rep. Mike Connolly Yes Rep. Denise Provost Yes

#### CUT ENTIRE \$250,000 FOR CHEFS IN SCHOOL (H 3800)

House 136-17, overrode the veto of the entire \$250,000 for the Chefs in Schools program that brings chefs into school cafeteria kitchens to work with existing staff to create healthier meals that students would find tasty and visually appealing.

(A "Yes" vote is for funding the \$250,000. A "No" is against funding it.)

> Rep. Christine Barber Yes Rep. Mike Connolly Yes Rep. Denise Provost Yes

#### CUT \$1.25 MILLION FOR KIDS' MENTAL **HEALTH (H 3800)**

Senate 31-5, overrode a reduction of \$1.25 million (from \$2.5 million to \$1.25 million) for early childhood mental health consultation services in early education and care programs.

(A "Yes" vote is for funding the \$1.25 million. A "No" vote is against funding it.)

Sen. Patricia Jehlen

#### CUT \$800,000 FOR PEDIATRIC PALLIATIVE CARE (H 3800)

Senate 37-0, overrode a reduction of \$800,000 (from \$2,606,334 to 1,806,334) for pediatric palliative care.

(A "Yes" vote is for funding the \$800,000. A "No" vote is against funding it.)

> Sen. Patricia Jehlen Yes

#### **CUT \$200,000 FOR SAMARITANS (H 3800)**

Senate 34-2, overrode a reduction of \$200,000 (from \$400,000 to \$200,000) for the Samaritans for suicide prevention services.

(A"Yes" vote is for funding the \$200,000. A"No" vote is against funding it.)

> Sen. Patricia Jehlen Yes

#### **CUT ENTIRE \$1 MILLION FOR REACH OUT** AND READ PROGRAM PROGRAMS (H 3800)

Senate 31-5, overrode Gov. Baker's veto of the entire \$1 million in funding for the Reach Out and Read (ROAR)

### Beacon Hill Roll Call continued



program that trains pediatricians and nurses to advise parents about the importance of reading aloud to their children to prepare them for school. The program also funds the purchase of books to give to children who are six months to five years old during their visits to their doctors. Some 254 hospitals and clinics in Massachusetts participate in the program, serving 186,000 children and families.

(A"Yes" vote is for funding the \$1 million. A"No" vote is against funding it.)

Sen. Patricia Jehlen Yes

#### ALSO UP ON BEACON HILL

#### NO TAX MONEY FOR ABORTIONS (H 1506) -

Gives taxpayers the option of indicating on his or her income tax return that he or she does not want his or her income tax liability to be used to pay for abortion services. The portion of the taxpayer's income tax liability that is not used to pay for abortion services must be deposited in a special account used only to develop and implement a public information program to inform the public of the Baby Safe Haven Law. That law allows a parent to legally surrender newborn infants seven days old or younger at a hospital, police station or manned fire station without facing criminal prosecution. "The legislation would give people who morally object to abortions the option to check off on their tax forms not to spend their tax dollars on abortions," said Rep. Geoff

Diehl (R-Whitman). "Many people have expressed deep concern about funding going to abortion providers that have sold body parts. If passed, they could opt out on their money going to objectionable abortion providers.

REPEAL "ESTATE/DEATH" TAX (H 1580) - Repeals the Massachusetts' estate tax, also known as the death tax – a tax on the value of the decedent's estate before distribution to any beneficiary. Many Republicans call it a death tax while many Democrats call it an estate tax. The first \$1 million is exempt from this tax and the tax on anything over \$1 million is a graduated one that according to the Department of Revenue's website ranges from .8 percent to 16 percent. Repeal supporters say this regressive tax is unfair and noted that Massachusetts is losing many residents, who move to Florida and other states where this tax does not exist. Repeal opponents say the tax is a fair one and argued the state cannot afford the revenue loss.

EXEMPT VETERANS' ORGANIZATIONS FROM THE MEALS TAX (H 3625) - Exempts free meals served by a veteran's organization from the state's 6.25 meals tax and any local meals tax. Cities and towns are allowed to impose a local meals tax of up to 2 percent.

HOW LONG WAS LAST WEEK'S SESSION?

Beacon Hill Roll Call tracks the length of time that the

House and Senate were in session each week. Many legislators say that legislative sessions are only one aspect of the Legislature's job and that a lot of important work is

done outside of the House and Senate chambers. They note that their jobs also involve committee work, research, constituent work and other matters that are important to their districts. Critics say that the Legislature does not meet regularly or long enough to debate and vote in public view on the thousands of pieces of legislation that have been filed. They note that the infrequency and brief length of sessions are misguided and lead to irresponsible late-night sessions and a mad rush to act on dozens of bills in the days immediately preceding the end of an annual session. During the week of September 25-29, the House met for a total of six hours and five minutes while the Senate met for a total of five hours and 38 minutes.

Mon. Sept. 25	House 11:02 a.m. to 11:12 a.m. Senate 11:03 a.m. to 11:13 a.m.
Tues. Sept. 26	No House session No Senate session
Wed. Sept. 27	House 11:04 a.m. to 3:58 p.m. No Senate session
Thurs. Sept. 28	House 11:08 a.m. to 12:09 p.m. Senate 11:11 a.m. to 4:39 p.m.
Fri. Sept. 29	No House session No Senate session

Bob Katzen welcomes feedback at bob@beaconhillrollcall.com

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Recent Single Family Homes Sold in Somerville Over the Past Month:					
Address	Description	DOM	List Price	Sale Price	
91 Vernon St	7 room, 3 bed, 3f 0h bath Colonial	20	\$649,900	\$775,000	
28 Avon St	7 room, 3 bed, 1f 0h bath Other	16	\$750,000	\$750,000	
166 Summer St	7 room, 3 bed, 2f 1h bath Victorian	22	\$1,090,000	\$1,200,000	
7 Montrose St	8 room, 4 bed, 2f 1h bath Colonial	55	\$1,150,000	\$1,125,000	
34 Magnus Ave	10 room, 4 bed, 4f 0h bath Colonial	72	\$1,249,000	\$1,200,000	

	Recent Condominiums Sold in Somerville Over	the Past Month	:	
Address	Description	DOM	List Price	Sale Price
25 Auburn Avenue U:2	6 room, 3 bed, 2f 0h bath 2/3 Family	33	\$795,000	\$760,000
146 Hudson St U:2	4 room, 2 bed, 2f 0h bath 2/3 Family	6	\$799,000	\$810,000
3-5 West St U:2	5 room, 2 bed, 2f 0h bath Duplex	50	\$799,900	\$795,000
266 Beacon Street U:1	5 room, 2 bed, 2f 0h bath Low-Rise	14	\$899,000	\$925,000
46 Belmont St U:1	7 room, 2 bed, 2f 1h bath 2/3 Family	18	\$969,900	\$970,000
266 Beacon Street U:4	5 room, 3 bed, 2f 0h bath Low-Rise	8	\$1,099,000	\$1,099,000
266 Beacon Street U:5	6 room, 3 bed, 2f 0h bath Low-Rise	8	\$1,150,000	\$1,150,000
139 Summer U:1	8 room, 3 bed, 3f 1h bath Townhouse	48	\$1,199,000	\$1,190,000
46 Belmont St U:2	8 room, 3 bed, 2f 1h bath 2/3 Family	37	\$1,199,900	\$1,200,000
21 Cleveland St U:21	9 room, 4 bed, 3f 1h bath Townhouse	50	\$1,220,000	\$1,215,000
23 Cleveland St U:23	9 room, 4 bed, 3f 1h bath Townhouse	15	\$1,220,000	\$1,220,000
266 Beacon Street U:PH	6 room, 3 bed, 2f 1h bath Low-Rise	13	\$1,795,000	\$1,795,000

Recent Multi-Family Homes Sold in Somerville Over the Past Month:						
Address	Description	DOM	List Price	Sale Price		
11 Pleasant Ave	3 unit, 16 total room, 5 total bedroom 3 Family	7	\$1,150,000	\$1,310,000		
5 Parkdale St	2 unit, 12 total room, 4 total bedroom 2 Family	154	\$1,150,000	\$1,110,000		
30 Otis St	3 unit, 14 total room, 8 total bedroom 3 Family	72	\$1,195,000	\$1,150,000		
100 Flint St	2 unit, 13 total room, 8 total bedroom 2 Family	28	\$1,200,000	\$1,150,000		
7 Russell Rd	3 unit, 15 total room, 0 total bedroom 3 Family	19	\$1,229,000	\$1,200,000		
2 Gilson Terrace	3 unit, 15 total room, 6 total bedroom 3 Family	7	\$1,250,000	\$1,750,000		
84 Lexington Avenue	2 unit, 12 total room, 5 total bedroom 2 Family	6	\$1,750,000	\$1,750,000		

# City Election 2017: School Committee members CONT. FROM PG 5

adult who supports a child sees the full picture of that student, and is empowered to offer the right supports at the right time.

We've also invested a lot of time and leadership in the MCIEA (Massachusetts Consortium for Innovative Education Assessment), a collaboration of districts across the state gathered to rethink evaluation of things like character and school environment. This consortium grew out of work I've pushed and supported for the last 3 years that started as a pilot with a Holy Cross Professor and Kennedy School parent. I'm proud of Somerville's leadership here and am eager to achieve even more progress.

I ask for your vote to continue this work. It is the best way I know how to turn our values into real action when those values are under attack. After five years' service in the Army, my work in Somerville's schools truly drives me because I see the impact every day, from closing the achievement gap for minority students, reducing the number of out-of-district placements, to creating policies that support social & emotional learning. I hope to continue representing Ward 2 in support of our shared values.



#### Susan McDonald-Nionakis

My name is Susan McDonald-Nionakis and I am a candidate for School Committee in Ward 2. I proudly embark on this venture as someone who has spent her life involved with, and invested in, the educational process.

My Dad, Francis, was a 35-year Somerville teacher and my two siblings both teach within the Massachusetts system. Education, and its instrumental value within one's life, was instilled in me at a very young age. My first personal indoctrination into Somerville's educational system began in 1982 when I was an undergrad at Boston University.

I used my days off to work as a substitute teacher and, thus, my 35-year commitment to the City of Somerville, and its schools, was born. I went on the receive my Master of Education degree, also from Boston University, and have been instilled within the Somerville and Cambridge School systems since.

I worked a 15-year stint with the Boston University Men's Ice Hockey team, from 1991-2004, but left my lucrative position there to focus on raising my own family. My son, Michael, is currently a 5th grader at the Albert F. Argenziano school and I have spent the last 6 years as a paraprofessional in Somerville, from 2011-2014, and currently serve as a day-to-day substitute in Cambridge. I am not only invested in public academia through my own career but also as a parent of a Somerville schools student.

I am in the trenches day-to-day and experience the educational process from every possible angle. I am invested, and truly vested, in this process. I have made the commitment as a candidate to take all of my experience, which has lasted the better part of my life, to help today's students successfully navigate their academic careers with the basis that all students be given equal and unparalleled access to a great education.

If elected, I will focus on all populations that make up our tremendous diversified system and ensure that each and every scholar is afforded all the resources necessary to achieve success. I believe that public, private and charter schools can find an equitable co-existence and that the state high expenditure per student can yield higher test scores for our scholars.

I believe that bullying, nutrition and childhood obesity can be addressed successfully and yield positive, cohesive outcomes as well. I am prepared, and willing, to do whatever it takes for my scholar, and yours, be productive, achieving members of our educational process. My record of educational involvement proves this and I am prepared to continue in this vein going forward.

To be successful, we all must be willing to put in the legwork and time necessary to achieve all of our goals because when our children benefit, so does the future of our society. I appreciate your consideration on November 7th. Thank you!

# HONK! Returns to the Streets of Somerville CONT. FROM PG 1

and feet along Massachusetts to Somerville to play together.

Avenue to Harvard Square. At In that first year, 12 bands came the end of the parade, the bands from across the U.S. and Canawill play for Harvard Square's da, and it's grown ever since, attracting bands from Italy, France,

Somerville's Honk! Festival started in 2006 with the Second Line Social Aid & Pleasure Society Brass Band, a New Orleans-style street band. Combining music with social action, they play year round for peace rallies, street festivals, parades and benefits, as well as help organize Honk!

They thought there might be similar bands that were also looking to represent a political cause, and asked them to come In that first year, 12 bands came from across the U.S. and Canada, and it's grown ever since, attracting bands from Italy, France, Russia, and the U.K. over the years. Honk! has also inspired similar festivals in Brooklyn, Providence, Seattle, Austin, Detroit, Australia, and Brazil.

Honk! wouldn't be possible without the many volunteers and donors, nor without the bands who are donating their performances, with many paying for their own travel. During the festival, they are housed by neighbors and friends and fed by local restaurants.

Additionally, Honk! has inspired the School of HONK, based in Somerville, to teach the community about street music. The school offers the chance for anyone of any age to learn a new instrument or dance. Each week, they put on a parade in The Port to share their message of community inclusion and engagement.

Don't miss this lively, exciting celebration of music, community, and activism! For more information on Honk! and the schedule or to find out what you can do to volunteer, visit honkfest.org.

# The Somerville Times Historical Fact of the Week

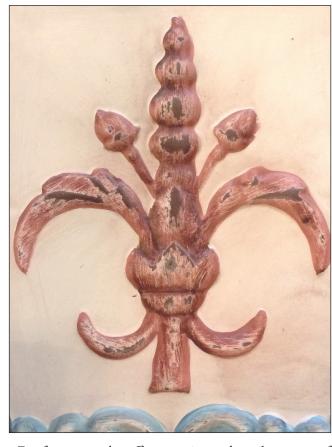


Eagle feathers #139

#### Oxford

By Bob (Monty) Doherty

Oxford, Massachusetts lies in the southern part of Worcester County, just one town away from the Connecticut border. As early as 1682, the Massachusetts Bay Colony offered land grants to this area for people who would colonize the then, unbridled frontier land.



For four years the offer went ignored until a group of forty French Huguenot families settled the territory and established a village. They fled Europe to come to America for religious independence. Like the English pilgrims who formed a plantation at Plymouth, these French pilgrims formed a settlement in Oxford; but unfortunately, it failed.

During the nine years of the Huguenot settlement, they had suffered kidnappings and chaos with renegade Indians, ending with a family being massacred. Its village fort offered them safety, but outlying farms were on their own. They had to provide their own protection and



plowed their fields while armed. Today, only a small part of the fort's foundation remains. After this tragic event and later a Deerfield Village attack which took over fifty lives, the settlement broke up. The families left and dispersed moving closer to the coast for their safety.



One of the Huguenots was Jean Mallet who fled early on with his family to what is now Somerville. After arriving here, he applied what he knew by building a gristmill, which is today's historic Powder House. The Mallets also

helped build three mills in Oxford. The Somerville mill still stands over three centuries later. Protected by one of Ben Franklin's early lightning rods rising from its roof, it is the oldest man-made stone structure in the state. In September 1774, the site was attacked by British troops who captured the Colonial gunpowder that was stored there. This was eight months before Lexington, making it the dress rehearsal to the American Revolution.

At that time, another Oxford refugee was Ann Fanueil, mother of Peter Faneuil, creator of Continued on page 15



#### 7 0

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## **Union Square Portraits:**

## Conversations about America – with Julie Ann

#### By JT Thompson

Julie Ann: late 30s, an artist who I discovered through a display of her poems at a Union Square cafe. Julie Ann, who moved to Somerville 20 years ago for college at Tufts, is also a successful businesswoman in a field she created herself, Active Receptivity Coaching.

Her poems, which are beautiful, earthy, funny, tough and wise, convinced me to get in touch with her. Here's a small sample, the end of a poem called *Blacksmith*:

"...I will bend a phrase when I can find one

"wrest silver from stormy nights "I

"will

"blacksmith

"laughs

"from

"household hatred."

The poems are also beautifully, earthily displayed: typed out with an old manual typewriter, smudges and all, on variably colored pieces of paper, nailed to an old wooden lathe, then photographed.

Julie Ann and I arrange to meet at her office, which is in a purple house directly opposite from the white vicarage of St. Joseph's. The room is big, high ceilinged, and soothing — mostly pale shades of green, two comfortable chairs and a couch, a neatly kept desk to one side, gauzy curtains over the big front windows that soften the afternoon light. There is a massage table by the windows.

Julie Ann has long, straight brown hair, with bangs, and is wearing a crisp yellow cardigan, a collared white shirt, and dark trousers. No shoes. Grey socks with blue toes.

As we talk, she's an amazingly fluid combination of stillness and mobility, sitting crosslegged in her chair, her arms folded quietly in her lap, or waving them around her head to gesture; when we're talking about her childhood, she jumps up to demonstrate a theater trick – the chair 'walkover' – she learned for a musical she starred in in high school. She moves easily from grounded calm to impassioned excitement, and her big laugh is never far away.

She is a fountain of uplifting ideas that seem not just fully thought through but actively felt – experienced as daily realities. As one of the accolades on her coaching site says, "Julie Ann is a bad ass mama."

Julie Ann started her first business in 6th grade, charging kids \$1 to organize their locker. "That's all you need to know right there," she laughs. As she got older, other jobs included mowing lawns, baby sitting, making sales calls for a telemarketing firm — "that's when I heard my first curse words" — and working the salad bar at a Sizzler steakhouse.

"I had a uniform, a bow tie. Came home smelling like shrimp and steak. At the salad bar, I learned that 90% of a job is just looking busy. Now I'm helping people let go of that – helping them see they have value already."

Julie Ann's family did a lot of traveling around the Midwest and West – South Dakota, Chicago, Colorado, hiking in the Rockies, summers at a lake cabin in Iowa – and she "always knew I'd go to college out of state.

"My privilege, class, whiteness, all gave me access to think of the whole country as mine from an early age. Which was a spring-board to relating to the globe, the world, as inherently also mine."

I ask her about her first experiences abroad.

"When I was 14, I went on a foreign exchange program to Gardanne, near Marseille. Hmm. At 13 we went on a long cruise out of Vancouver. By the time I got to senior year of college at Tufts, I knew I didn't want to go to Disneyworld for spring break. I went to the Netherlands and Switzerland."

"Did your early experiences with travel change your perspective on Omaha?"

"The year I was in Gardanne, at 14, they were way more sexually expressive as teenagers than we

"So, I was too." She laughs.

"But, it was safe. The other girls weren't worried about getting raped just because they were making out, or heavy petting. There wasn't the sexual shaming, it was much more body positive than at home. We had more agency, less control by parents."

A long pause.

"I don't think I would have been able to articulate that 6-7 years ago.

"In 2011, I had a giant breaking open in my life. I worked with a spiritual counselor and therapist to heal from being raped at 16. To go from healing from that trauma, to integrating cre-



Artist, poet, and Active Receptivity Coach, Julie Ann.

ativity, sexuality, spirituality...to finding that they're all from the same place, the same faucet. As I allowed these parts of myself to reintegrate, they became primary. Then they led me to life that's intuitive, body led."

"And through the body, I came into a context of original blessing instead of original sin. Your birthright is grace and wholeness – you're already enough. The work's already done. At first, I felt like I was a pipe, creativity, spirituality, and sexuality just gushing through me, all from one source. Then, it felt like a window. All I had to do was clean it, and open it."

"Now – I can't contain it. I had to lose the container altogether. It was like realizing you don't have to buy oxygen at the store. It's already there, in the rooms of the house. Then you realize, it's outside the house, the whole city. You're swimming in that source, that inherent worthiness. You can't bottle or sell it – it's all there. Starting from 2011 – that's the lens. Previously, I would have talked in terms of accomplishment."

"Now – my purpose is joy." A big laugh.

"We're not on the planet to fix, to work hard. But to invent, to be curious, to create. Kurt Vonnegut said we're put here to fart around." She laughs again. "That's my growing edge right now – being at ease with being at ease." For someone who just wants to fart around, Julie Ann is not only successful in her coaching business, she has studied extensively with teachers in a wide range of traditions – from being an Experienced Practitioner at the Insight Mediation Center to her work with Seven Stones Leadership, a Buckminster Fuller inspired Continued on page 10

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## COMMENTARY

The views and opinions expressed in the commentaries and letters to the Editor of The Somerville Times do not reflect the views and opinions of The Somerville Times, its publishers or staff.

## Data Download with Mayor Joseph A. Curtatone

stay tuned for the 2018 date.



By Joseph A. Curtatone

Taking a closer look at notable city data – and interesting numbers.

20 percent of the snow season budget: It's already October, which means we're starting to get the first hints of winter, but for DPW, winter is already here. To date, the department has encumbered 20 percent of the FY18 snow season budget for planned expenses like purchasing new vehicle parts, tires, snow plows, tools, and making repairs to the fleet so that they're ready and able to clear the streets and sidewalks in a timely fashion

once that first snowfall arrives.

While DPW is planning and preparing in advance, you should too. Sign up for the City's mass alert system at www. somervillema.gov/alerts so we can contact you with notification of any snow emergencies this winter as well as parking and shoveling reminders. It's always good to be prepared.

Approximately 2,700 pounds of Styrofoam: I often say that Somerville always shows up. This rings true for community meetings, rallies in support of our neighbors and values, presidential elections...and even Styrofoam recycling days. At last month's event, approximately 2,700 pounds of Styrofoam were properly recycled, saving it from ending up in landfills or as litter on our streets or in our local waterways. The Styrofoam recycling program will return next spring so hang on to those holiday packing materials and 24,110 linear feet of construction: If you took a drive, ride, or walk around Somerville during the summer months, I doubt you'd be surprised to learn that over the past few years City-maintained infrastructure projects have increased dramatically. We are on track to complete 24,110 linear of feet of construction this year, a sharp increase from the 11,295 linear feet completed in 2016 and 5,131 linear feet in 2015. These construction projects include streetscape work as well as water main replacements, water main

and drain work.

We know that taking on more construction projects means placing a greater demand on our residents, and that's not something we take lightly. However, these infrastructure improvements are critical to delivering on the community's transpor-

cleaning and lining, and sewer

tation, economic development, and housing goals. Moving forward, we're looking at better ways to keep you informed about what's going on, so I encourage you again to sign up for those City alerts (we use them for more than snow).

\$100,000 Innovation Fund Loan: Fostering the growth of our local businesses has long been a priority for my administration. One of the many initiatives we use to support that goal is the Somerville Innovation Fund, a loan fund that aids companies with innovative products or business models that grow jobs and our economy. Recently the City's economic development office awarded Somerville Brewing Company a \$100,000 Innovation Fund Loan (funded entirely with federal funds) to assist with their expansion at Assembly Row, which is planned to open this fall. SBC employs a lot of

residents already and with the expansion, they'll be adding another 40 new jobs.

Business owners interested in learning more about the Innovation Fund loan program – or any of the other economic development business assistance initiatives – should contact our Economic Development Specialist Ben Sommer at BSommer@somervillema.gov.

Data-based decision making is at the core of how the City of Somerville develops policy and sets priorities. Every day we check the latest 311 stats, and throughout the week we meet for in-depth review of departmental data and city trends. The monthly Data Download column shares some of the data we've been reviewing recently, as well as interesting updates. To see more Somerville Data, visit the online Somerville Data Farm at http://www.somervillema.gov/datafarm/.

## Union Square Portraits CONT. FROM PG 9

group focused on Sustainable Abundance – and is also very civically engaged.

Her most recent projects have been in response to the shift of politics in America. She created an Election Day Therapy Booth on Boston Common, where people could stop by and share their experiences with her, and she would immediately turn them into poetry. All her poetry is written spontaneously and not edited, which, given the precision and richness of the language in what I've seen, frankly astonishes me.

She did the same thing in D.C. for Inauguration Day, and was just awarded a grant from The Boston Foundation to do what she's calling American Therapy. This will be a larger project, involving a group of artists listening to the public's experience of living in America right now, whatever end of the political spectrum they're from, and immediately translating the stories into visual, musical or verbal art. She'll be launching the project in Alabama. The end result will be a large show in downtown Boston.

Julie Ann continues describing the transformation she went through after 2011.

"Underneath all the cultural stories, the body knows its wholeness. We think of enough-

ness as something to achieve, not as something that's already there, that has just been eclipsed. Sometimes uncovering it feels like a burlesque, peeling off layers of an onion," she raises her arms and sways them back and forth, "sometimes it feels like it's oozing out of the cracks.

"My creative practices are about tapping into what is the felt sense of the body – teasing out texture, tone, color, movement. How can it be more visceral."

Another pivotal experience was her studies with Dell'Arte Theatre in Bali.

"Bali is the best cultural context I've tasted. Healing, art, religion, they're all the same thing."

Julie Ann had her first experiences as a healer in Bali, leading people through spontaneous, guided meditations that produced immediate physical effects. There's not room for both stories here, which are full of details that set off Julie Ann's big laugh; the first ends with water draining out of a friend's ears, the second rounds up with, "and she slept like a fucking baby!"

"There's no stigma about those kind of things in Bali," says Julie Ann. "It would be called a placebo here. Just a different context, a different paradigm of what's possible."

I ask her what she likes about

American culture.

"There's the story of feminism. We went from resisting objectifying, to self-exploitation – claiming yourself as a sex object. From that, we went to, I'm not an object, I have utility. I'm ready for a fifth wave – not utility, but inherent worthiness.

"We're not on the planet to fix, to work hard. But to invent, to be curious, to create"

"I see Americans letting go of absolutism. People are perking up and noticing that multiple truths can coexist without losing integrity."

"Facts are facts. But in context, they can dance paradoxically. For example, on the one hand people don't have enough to eat. On the other – there's enough on the planet to feed everyone. Different contexts. Neither is incorrect."

"In general, I like to take the perspective, what are you for, not what are you against. But it is so nice to see the attrition of things passing away. Like, the idea of life ending in becoming a happy couple, instead of, what's

happening in your life now."

I ask her for smaller scale, specific things she loves about America.

She laughs, her face lights up, and she wriggles in her chair.

"I love Nashville, country music.

"I like Okoboji, the lake our family goes to in Iowa. I love that my mom calls it a beach."

"I love the ocean. I'm never moving away from here."

"I like the vibe in San Francisco."

"I love middle of nowhere Nebraska – it's the most peaceful place I've lived."

"I love the energy in Chicago. They're nice like Midwesterners, and artistic like New Yorkers." She laughs.

"How do they do that?"

"I love hiking in Colorado and Tennessee."

"Our national parks. So many in one country! I dare anyone to spend a week in a national park and not see some beauty in life."

"I loved barbecue, but I'm vegetarian now. I love that they're making BBQ tempeh!"

"I love our restaurant industry. In the 40s and 50s, restaurants weren't a thing, weren't nightlife. Now, they're a hub – a culture, an aesthetic, there's a huge sense of invention all the time."

"Are there things about America that you think are great?"

"Oh yeah. Yeah. The people are great. A#1 with a bullet." A big grin.

"Their compassion. Their inventiveness. Their generosity."

"In America now, we're waking up to invisible contexts – and once you can see it, you can shift it. We're beginning to focus on what we want to create, not what we're against.

"If I could wave a magic wand, I'd have everybody talking about how great Elizabeth Warren is – I mean, who do you want to give the limelight to?"

"I like Samantha Bee, John Oliver, Stephen Colbert. We're getting news from them, but they're also salving our wounds with humor. This could be the first president brought down by satire.

"We need leaders with a sense of humor. We need a creative revolution – it has to be actually entertaining. It has to have humor."

"I don't want quiet, milquetoast, holding hands, vibrating positive intentions. That's not going to do it for this country.

"We're the country that invented jazz."

"We invented baseball."

"Or did we?" She laughs. "Maybe we stole that one."

"We need a giant cultural shift that is creative, entertaining."

Continued on page 17

## COMMENTARY

## SIGNS OF THE TIMES

**Illustrated by Jim Clark** 



We all remain vigilant against domestic violence and addiction.

## **Our View Of The Times**



Somerville cares. And it shows it.

From time to time we are called upon to gather together to show our solidarity with worthy causes, to share the grief of loss with those who have lost so much, or simply to feel that kindred spirit that makes us a community, not just a city of brick and mortar.

Last month we once again observed the passage of another September 11, with

all the painful memories associated with that terrible event.

This week we have the privilege and civic duty of gathering twice again, in support of combatting both domestic violence and drug addiction.

The annual Candlelight Vigil in support of Domestic Violence Awareness Month takes place on Wednesday of this week, from 6:30 to 8 p.m. at Stat-

\*\*\*\*\*\*\*\*

ue Park in Davis Square. The vigil, organized by Mayor Joseph A. Curtatone, the Somerville Commission for Women, and RESPOND, brings the community together in remembrance of those who have lost their lives over the last year to domestic violence.

Then on Saturday, from 6:30 to 8 p.m., Somerville Overcoming Addiction's Fourth Annual Vigil takes place at the

East Somerville Community School Atrium. The group seeks to connect the community with addiction support and recovery services, remove the stigma of addiction, and eliminate overdose fatalities in Somerville.

Both issues present tremendous challenges to those who are the most directly affected. The least that all of us can do is stand beside them as a community.

#### Newstalk CONT. FROM PG 2

Willette, who has been out with surgery these past months. Ricky is the real boss down at DPW, with the title of Assistant DPW Commissioner. A great guy, we wish him the very best and, again, welcome back to work.

\*\*\*\*\*\*\*\*

Congratulations to Paul Upton, who was recently awarded the Somerville "Kiwanis Man of the Year." He was also installed as the club's new President. We wish him the very best in his job to carry his club forward. Paul is a retired Somerville Police Captain. A good guy who is very popular here in the community.

Coming up later this month, on October 17, from 5:30 to 7:30 p.m. at the Mt. Vernon Restaurant, Ward 1 Alderman candidate Elio LoRusso will be having a campaign rally of sorts.

\*\*\*\*\*\*\*\*

Meanwhile, on the same night over in Medford, City Councilor Adam Knight is having a get-together as well to rally his supporters for the upcoming City Council election on November 7. We over here remember Adam when he worked for the now departed Sen. Charlie Shannon.

Happy birthdays this week to the following: A big happy birthday to Karen F. McWatters this week. We hope she had a great day. Happy birthday to a fantastic lady as well, Annemarie Carey-Browne, who is celebrating this week. Happy birthday to local guy and well known in the Latino community, Ben Echevarria. We hope he has a great day for himself with his wonderful family. Happy birthday to Mike Buckley of West Somerville. A well known good guy with another great family. We hope he had a nice birthday. Happy birthday this past weekend to a good friend who passed away the former publisher of our paper, Bob Publicover. A great guy who gave a lot for the city and contributed to the welfare of Somerville in many ways over the years. He has been and will continue to be missed. Happy birthday to Joe DeCastro, formerly of Somerville. A good guy. We hope he had a great birthday. To all the others we didn't say happy birthday to by mentioning your name, we hope you have a

Masonic Open House coming up on Saturday, October 21, from 9:00 a.m.

great day for yourself.

to 3:00 p.m., right here in Somerville. It's one of the oldest Masonic Lodges in existence, since 1783, at 125 Highland Avenue. King Solomon's Lodge AF & AM is still very active and very much alive and doing great. It has a huge amount of historical artifacts dating back to the 17th century, some of which will be on display for anyone to see. Come up the driveway to the rear parking lot. They will answer all the questions about Masonry that you may want to ask. Light refreshments will be served. The public is cordially invited.

\*\*\*\*\*\*\*\*\*

Join the Somerville High Class of 1987 30th Reunion for a night filled with fun and laughter, November 4, 6:00 to 11:00 p.m. at the Crown Plaza Hotel, 15 Middlesex Canal Park Drive, Woburn, MA 01801. Dinner and DJ included. Tickets: \$55 pp. Please send online payments through Paypal to Cherie Dell'Anno, account name: cdell99@yahoo.com. Please make checks payable to: Cherie Dell'Anno and send to 16 Carson Ave, Wilmington, MA 01887. Email cdell99@yahoo.com with any questions.

Trevor Smith, Lead Designer for Land Escapes Design (Belmont), will pres-

\*\*\*\*\*\*\*\*\*

ent Rain Gardens, Rain Harvesting, and Permeable Pavement on Wednesday, October 11, at the Somerville Garden Club monthly meeting. Water simultaneously manages to be the stuff of mystery and our daily routine. We use it to cook with, wash our dishes, and brush our teeth but very few can stand on the beach and not lose themselves watching the breakers roll in. In the face of climate change water is becoming much more of an issue, we either have too much too little and never when we really need it. Water bans, flooding and erosion are common now and it feels as if this life giving resource has turned against us. Get reacquainted with water and learn simple methods to capture and reuse storm water or slow storm water runoff. We will discuss rain harvesting and rain gardens as ways to make the most of every drop. Somerville Garden Club meetings are held from 7:00 to 9:00 p.m. at the Tufts Administration Building, 2nd Fl., 167 Holland Street, Somerville. Parking is available on site. All Somerville Garden Club meetings are free and the public is invited to attend. For additional information please visit www.somervillegardenclub.org.

# **East Somerville Foodie Crawl**

Foodie Crawl returned last week for its 7th edition with more restaurants, more beer gardens and more entertainment.

On Tuesday, September 26, local and visiting food lovers came out to take a cultural crawl with through the East Somerville restaurant corridor.

The authentic foods sent participants straight to the sights and smells of Ethiopia, the tastes of El Salvador and the colors of Haiti.



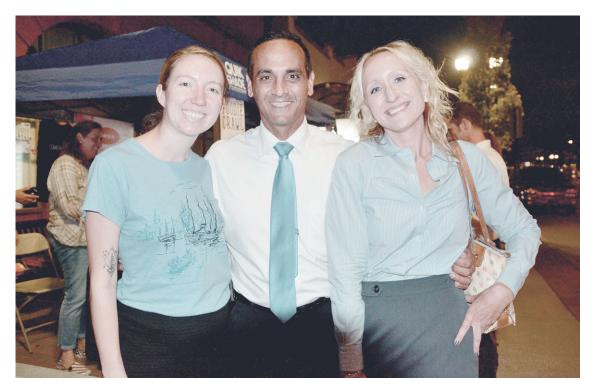






























Go to www.thesomervilletimes.com for more photos

Photos by Claudia Ferro





## **SPORTS**

# Celebrate Somerville's 175th Anniversary with the Annual Historic Bike Ride

#### By Kris Atienza

If you've been looking for a chance to enjoy the fall weather on your bicycle through the streets of Somerville - helmet up, there's a perfect event coming up for you.

In honor of the city's 175th anniversary, the Somerville Historic Preservation Commission, the Somerville Bicycle Committee and the Community Preservation Committee are teaming up for a city-wide bicycle tour to let people learn more about the city's history.

This Sunday, the bike ride kicks off beginning at City Hall at 93 Highland Avenue at 2:00 p.m. The route ends at Temple B'Nai Brith, running approxi-

mately until 5:00 p.m.

Helmets are a must, but riders of all ages and experiences are welcome. For those who might be worried about biking safely from destination to destination, the Somerville Police will also be escorting riders along the route.

"The one thing that's really nice is the police escort," said Executive Director Somerville Historic Preservation Commission Brandon Wilson. "I know some people might be leery about ridi ng their bikes through Somerville. The idea is that the event falls on a Sunday when there's less traffic and there's the police escort as well as a number of people that makes it feel safer."

During previous rides, there



Celebrate Somerville's 175th Anniversary with the Annual Historic Bike Ride, this coming Sunday.

Ms. Cam's

Olio - (noun) A miscellaneous

H500

- mixture, hodgepodge
- bumps series?

  2. What game was creat-

first book in the Goose-

1. What is the title of the

- ed by French mathematician Blaise Pascal?
- 3. What was Ambrosia supposed to be in ancient times?
- 4. Before his murder, Christopher Wallace was known as which rapper?
- 5. Wright was the last name of what two flight pioneers?
- 6. What does a CAT scan stand for?

- 7. What band had a No. 1 with Another One Bites The Dust?
- 8. Cerumen is the medical term for what?
- 9. In what country is Tiger beer brewed?
- 10. How many members made up Tears For Fears?
- 11. In 1977, Miami quarterback Bob Griese was the first NFL football player to wear what in a game?
- 12. What was the first fraternity in the United States?

Answers on page 16

www.somervillema.com
www.medfordma.com

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Bobbie Toner: 617-666-4010

was a small fee for participants to pay, but this year, the ride is free of charge.

There are some planned stops for refreshments along the way for riders. Some of the locations that you might see on the ride include the Community Growing Center, the Grace Baptist Church and Blessing of the Bay Boathouse Park. The route will take people through areas like Union Square, East Somerville and Assembly Square to name a few.

"One of the purposes I chose a bike ride instead of a walking

tour was so that people could cover more ground – literally," said Wilson. "Also, a lot of people seem to think that you can't reach Assembly Square by bike, so this ride also shows that you can get there by bike."

However, the route will also be available on the City of Somerville's website in the future for those who might want to see all the historical sights but are unable to attend the bike tour.

Traditionally, the ride takes place in May but due to other events, the ride was put off until the fall. However, Wilson is op-

timistic for a good turn-out.

"Usually we get about 75 people at these kinds of events, but I'd really love for people that just want to get out for the day and don't ride their bicycles or even just want to learn more about their city to go."

Any questions about the ride of about other Historic Preservation events, contact Brandon Wilson at bwilson@somervillema.gov or at (617) 625-6600 extension 2532. Advanced reservations for the ride are appreciated. The rain date is scheduled for October 15.

## Somerville Youth Softball Appears on NESN



On Sunday, October 1, members of Somerville Youth Softball, appeared on NESN Clubhouse, the commercial-free Red Sox pre-game show for kids that airs every Sunday 90 minutes before Red Sox games on NESN. They closed out the 2017 NESN Clubhouse season as guests on the final episode joined by NESN hosts TJ Hourigan, Jahmai Webster, and Red Sox mascot Wally the Green Monster live on Yawkey Way.

## The Growing Center's Annual **Harvest Festival**

Sunday, October 8 | 2:30 - 4:30 p.m.

Come celebrate the growing Center's 23rd season this Sunday from 2:30 - 4:30 p.m. Celebrate the harvests of the season with pumpkin decorating, games, sauerkraut demonstration, music and more. Free fun for the whole family. Donations are greatly accepted.

#### Sauerkraut Demonstrations

Make your own sauerkraut! Bring your own mason jar and spices, we'll supply the knowledge and cabbage! The journey from cabbage to kraut is surprisingly simple. A natural process called lactofermentation transforms just two ingredients - cabbage and salt - into a probiotic, long-lasting, tangy product in history's oldest form of food preservation. Enjoy this informal talk by Sharon Spivak, a local Somerville sauerkraut enthusiast!

We hope to see you there!

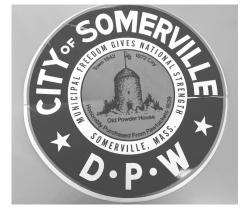


#### **Historical Fact CONT. FROM PG 8**

Boston's Faneuil Hall. Today's Oxford prides itself as the birthplace of Clarissa "Clara" Barton, founder of the American Red Cross, who was born there on Christmas day in 1821. As a Civil War nurse, she was called the "angel of the battlefield." She is number 100 on the Hall of Fame List for Great Americans.

Joslin Park was given to the Town of Oxford by one of its natives, Dr. Elliot P. Joslin. He was a world-renowned special-





ist in the treatment of diabetes, founding the first diabetes care facility, The Joslin Diabetes Center, in Boston.

Many famous names in American history root back to this first wave of Huguenots including Paul Revere, Henry Wadsworth Longfellow and 21 out of our 45 American Presidents. Today, the Huguenot Oak on Huguenot Road, the Huguenot Bridge, the Huguenot Fort and the French River keep Oxford's original history alive.

Somerville's Mallet Street brings to mind the Huguenot spirit of Jean Mallet. His creation of our 314-year old Powder House shines as our city's official seal.

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## Flatbread Pizza Benefit to support the Somerville **Community Growing Center**

The Growing Center is having a community benefit at Flatbread Pizza on Tuesday October 10 from 4:30 to 9:30 p.m. Please help make this a successful event and consider buying pizza and telling friends!

When: Tuesday, October 10 from 4:30-9:30 p.m.

Where: Flatbread Pizza @

Sacco's Bowl Haven, 45 Day Street, Somerville (in Davis Square)

What: Pizza and Bowling! A portion of the proceeds from each pizza sold between 4:30 and 9:30 will be donated to the Growing Center. This includes takeout (great for families!) bowling alley, and restaurant purchases.

Reservations: Available for parties of 10 or more. Reservations are a good idea if you are planning to bowl. Call Flatbreads at 617-776-0552.

Take-out: View a menu on-line at http://flatbreadcompany.com/Flatbread-Sacco2010.html

Things to love about Flatbread Pizza: wood-fired clay oven flatbread pizza with local produce, organic vegetables and herbs, amazing flavor combos, delicious vegetarian and omnivore toppings, gluten free options. This is not your average pizza! Also: salads and the best brownie sundae in Somerville.

Things to love about the Growing Center (in addition to Art in the Garden): The Growing Center is a beautiful 1/4 acre of outdoor garden space for community gatherings, festivals, meditations, open gardens, film festivals, concerts, dances, children's programs, art programs, workshops, expositions, educational projects, plays, gastronomic happenings, singalongs, rituals, celebrations and more. It was built by the community and it belongs to us. We hope you consider coming to help support our organization. www.thegrowingcenter.org.



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CITY OF SOMERVILLE, MASSACHUSETTS
OFFICE OF STRATEGIC PLANNING & COMMUNITY DEVELOPMENT
JOSEPH A. CURTATONE
MAYOR

MICHAEL F. GLAVIN EXECUTIVE DIRECTOR PLANNING DIVISION

#### LEGAL NOTICE OF PUBLIC HEARING

A public hearing for all interested parties will be held by the Zoning Board of Appeals on Wednesday, October 18, 2017 at 6:00 p.m. in the Aldermanic Chambers, 2nd Floor of City Hall, 93 Highland Avenue, Somerville, MA.

18 Brook Street (ZBA 2017-43): Applicants and Owners, Waemen Lung and Waelim Lung, seek a Special Permit under SZO §4.4.1 to alter a nonconforming structure within the required front, left, and right side yard setbacks and to increase the nonconforming floor area ratio (FAR) by converting the roof type from a gable style to a flat roof and making interior renovations. RB Zone. Ward 1.

74 Cedar Street (ZBA 2017-99): Applicant, Derrick Snare, and Owner, Gregory S. Carleton, seek a Special Permit under SZO §4.4.1 to extend a nonconforming structure within the required rear yard setback by enclosing a rear porch. RB Zone. Ward 5.

11 George Street (ZBA 2017-85): Applicant and Owner, Elio LoRusso, seek a Special Permit under SZO §4.4.1 to alter a nonconforming structure within the required front and left side yard setbacks by converting the roof type from a hip style to a gable roof with shed dormers on either side of the ridge. RB Zone. Ward 1.

88 Line Street, 90 Line Street, and 18 Cooney Street (ZBA 2017-73): Applicant and Owner, Sanjeev M. Kale, seeks a Special Permit under SZO §4.4.1 to increase the gross floor area (GFA) of the existing dwelling by more than 25% and a Special Permit under SZO §9.13 for parking relief to construct an addition that will create two additional dwelling units on the site. RB Zone. Ward 2.

9 Wilton Street (ZBA 2017-97): Applicants and Owners, Tessa and Rami Bridge, seek a Special Permit under SZO §4.4.1 to alter a nonconforming structure within the required front, left, and right side yard setbacks by constructing side entry steps, a dormer, extending the deck and constructing new deck stairs, and opening the enclosed front porch. RB Zone. Ward 5.

35 (0) Dane Street (ZBA 2016-76-R1-7-2017): (Note: This project was originally permitted by the ZBA as "0 Dane Street" and has since been assigned the street number of 35 Dane Street, Units 1 - 4). Applicant and Owner, Zero Dane, LLC, Variances under §5.5 of the SZO to construct a 4-unit residential structure on an undersized lot and a revision to Special Permits under §5.3.8 to reduce the number of units from the previously-permitted 5 units to four units, increase the proposed height from 37.4 feet to 38.4 feet, reduce the net floor area, increase the amount of right and left side yard setbacks provided, increase the landscaped and pervious areas and reduce the amount of ground coverage; under Article 9 of the SZO for a shared driveway and a reduction of parking by reducing the amount of standard-sized parking provided and replacing it with compact spaces. RC zone. Ward 2.

1 Williams Court (ZBA 2017-82): Applicant and Owner, Frank Marinello, seeks Special Permits under §4.4.1 of the SZO for the upward extension of the non-conforming rear yard setback and parking relief under §9.13 of the SZO.

45 Kent Street (ZBA 2017-90): Applicant and Owner, Angela Schifano, seeks Special Permits under §7.11 of the SZO to increase the number of units from two to three, Special Permits under §4.4.1 of the SZO to increase the FAR and GFA by more than 25%, create an upward extension of the non-conforming rear and left yard setbacks by increasing the height of the height of the building by approximately 10 feet. RC zone. Ward 3.

82 Willow Avenue (ZBA 2017-30): Applicants / Owners, Umesh and Dipti Mistri, seek a Special Permit under §4.4.1 to make various alterations that include a complete renovation of the interior and exterior of the nonconforming three-family structure, a Special Permit under §9.13 for parking relief, and a Variance under §5.5 and Article 8 for creating a new nonconformity by constructing a rear addition and decks into the required rear yard setback. Ward 6. NB zone.

22 Billingham Street (ZBA 2017-79): Applicants / Owners, Jonathan Wolfe and Margaret Rosenberg, seek a Special Permit under §4.4.1 of the Somerville Zoning Ordinance (SZO) to alter a nonconforming structure to construct a dormer within the required right side yard setback and to increase the gross floor area (GFA) by greater than 25% by constructing an addition in the rear of the existing structure. Ward 6. RA zone.

49 Cedar Street (ZBA 2017-92): Applicant and Owner, Alan Peterson of A. Peterson Development, LLC, seeks Special Permits to increase the FAR and GFA by more than 25% each, construct an addition along the left side yard setback that horizontally and vertically extends this dimensional non-conformity, and under Article 9 for parking relief. RB zone. Ward 5.

8 Whipple Street (ZBA 2017-96): Applicant, Lacourt Enterprises, LLC, and Owner, Mouhab Rizkallah, seek Special Permits under \$4.4.1 of the SZO to increase the GFA and FAR by more than 25%, and for upward extensions of the non-conforming front, left, and right yard setbacks, and Special Permit under Article 9 of the SZO for parking relief. RC zone. Ward 6.

20 Carlton Street (ZBA 2017-98): Applicant, Elan Sassoon, and Owner, 20 Carlton, LLC, seek Special Permits under §4.4.1 of the SZ0 to increase the GFA and FAR by more than 25% and to extend the non-conforming nature of the side yard setbacks. Special permits for parking relief are also sought under Article 9 of the SZ0. RC zone. Ward 2.

103 Pearson Avenue (ZBA 2017-104): Applicant, Candyce Dostert, and Owners, Candyce Dostert and Donald Stevens, seek a Special Permit under SZO §4.4.1 to alter a nonconforming structure by constructing a second story rear deck on top of the existing one-story rear porch that is within the required left side yard setback requirement. RA Zone. Ward 5.

81 Sacramento Street (ZBA 2017-25-R1-9/2017): Applicants and Owners, Sophia and Frank Maniaci, seek a revision to a previously approved special permit (ZBA 2017-25 approved in May 2017) under §5.3.8 of the Somerville Zoning Ordinance to increase the height of a portion of the nonconforming structure to add another level of living area. RC zone. Ward 2.

35 Moreland Street (ZBA 2015-78-E1-9/2017): Applicants and Owners, Kevin Slattery and Marie Mullarkey, seek a one-year extension to the Special Permits issued by the ZBA in 2015 to demolish an existing single-family and construct a 3-family residence. RB zone. Ward 4.

81 Highland Avenue (ZBA 2017-101): Applicant and Owner, the City of Somerville, seek Special Permits per 4.4.1 to alter the existing, non-conforming structure (Somerville High School), and a Variance for parking under Article 9. RC zone. Ward 3.

Submittals may be viewed in-person in the Office of Strategic Planning and Community Development, located on the third floor of City Hall, 93 Highland Avenue, Somerville, MA, Mon-Wed, 8:30 am-4:30 pm; Thurs, 8:30 am-7:30 pm; and Fri, 8:30 am-12:30 pm. Staff reports, plans and Board decisions, when completed, are posted online at <a href="https://www.somervillema.gov/planningandzoning">www.somervillema.gov/planningandzoning</a>.

As cases may be continued to later dates, please check the agenda on the City's website or call before attending a meeting. Continued cases will not be re-advertised. Interested persons may provide comments to the Zoning Board of Appeals at the hearing or by submitting written comments by mail to OSPCD, Planning Division, 93 Highland Avenue, Somerville, MA 02143; by fax to 617-625-0722; or by email to dpereira@somervillema.gov.

Attest: Dawn Pereira, Administrative Assistant As published in The Somerville Times on 10/4/17 & 10/11/17

10/4/17 The Somerville Times





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#### HISTORIC PRESERVATION COMMISSION

The Somerville Historic Preservation Commission (SHPC) shall hold a Public Hearing on Tuesday, October 24, 2017 at 6:40 p.m. in the Third Floor Community Room, at the Visiting Nurses Association (259 Lowell Street) regarding a proposal by 1) Block Properties to demolish c. 1874 wood frame workers cottage at 27-29 Horace Street; 2) 32 Webster Avenue LLC to demolish c. 1869 wood frame house at 32 Webster Avenue; 3) and 4) Cheung Kwan Yu to demolish two c. 1890 wood frame houses with 1 storefront at 249 & 251 Highland Avenue; and 5) David Weinstock todemolish a c. 1850 wood frame house at 105-107 Washington Street.

The subject of the hearings will be a review of the initial determination by the HPC that under the City of Somerville Zoning Ordinance Section 7-28b(2), the structure is considered "Significant." Public testimony followed by discussion and a vote by the Commission will be taken regarding if the building should be "Preferably Preserved."For further information, please contact (617) 625-6600 x 2500 or historic@somervillema.gov.

10/4/17 The Somerville Times



SOMERVILLE HOUSING AUTHORITY 30 MEMORIAL ROAD SOMERVILLE, MA 02145 617-625-1152 TDD 617-628-8889

SECTION 8 PROJECT BASED ASSISTANCE PROGRAM WAITING LIST OPENING FOR Somerville Housing Authority Mystic WATERWORKS a SENIOR HOUSING COMPLEX

The Somerville Housing Authority (SHA) will make applications available beginning September 20, 2017 - for the purpose of creating a site based waiting list for the new Senior Housing Complex at the 485 Mystic Valley Parkway in West Somerville. This development is part of the Senior Campus that has been developed over the past 10 years. The historic Waterworks building consists of 25 one-bedroom units for Elderly and disabled families.

This list will open on <u>September 20, 2017</u> and will <u>remain open until further notice</u>. Applicants will be selected from the Waterworks Project Based Waiting list based on date and time of application and preference.

Waterworks is a **non-smoking** Senior Housing complex Section 8 project-based development located at the site of historic Waterworks building built in 1864. Each unit has a full kitchen, bath with a walk in shower and combined dining/living room space. The building will have a lounge area and common laundry facilities.

To be eligible for Project Based Voucher Assistance, applicants must have an income of \$36,200 or less for one-person and \$41,400 or less for two-person households.

You may obtain an application at the Mystic Activity Center/Tenant Selection Department, 530 Mystic Avenue and the SHA Administration building, 30 Memorial Road, Somerville on and after **September 20, 2017** Monday through Wednesday 8-4; Thursday 8-7 and Friday 8-12 or by calling 617-625-1152 to have an application mailed to you. Applications will also be available at **www.sha-web.org**.

9/6/17, 9/20/17, 10/4/17 The Somerville Times



1. Welcome To Dead 7. Queen House

1 10036

8. Earwax

2. Roulette

9. Singapore

3. Food or drink of the Greek Gods

10. Two

4. Notorious B.I.G.

11. Glasses

5. Orville and Wilbur

6. Computerized Axial

12. Phi Beta Kappa Society, 1776 at the College of William and Mary in Williamsburg,

Tomographic scan

Mary in Virginia

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**CITY OF SOMERVILLE, MASSACHUSETTS OFFICE OF STRATEGIC PLANNING & COMMUNITY DEVELOPMENT** JOSEPH A. CURTATONE MAYOR

MICHAEL F. GLAVIN **EXECUTIVE DIRECTOR PLANNING DIVISION** 

> **LEGAL NOTICE** OF PUBLIC HEARING

A public hearing for all interested parties will be held by the Planning Board on Thursday, October 19, 2017 at 6:00 p.m. in the Aldermanic Chambers, 93 Highland Avenue, Somerville, MA

400-499 Assembly Row (PB 2014-34-R3-9/2017) Applicant and Owner, SRI Assembly Row B5, LLC, seek a Special Permit with Site Plan Review-A, approval of signage for Special Permit with Site Plan Review-A (SPSR-A) for "Block 5" (identified as MBL 85-A-12) approved by the Planning Board on February 15, 2015 and as revised on June 25, 2015 and March 17, 2016. Applicant and owner seek approval under SZO Article §6.4.9 and §6.4.14 to install a banner sign on the Assembly Row facade that is over 35 feet from finished grade and taller than 30 feet, a flat-mounted building sign at approximately 60 feet above finished grade, and a double-sided 3'-6" wide by 5'-9" tall freestanding sign at the hotel entrance on Foley Street.

Assembly Square Mixed Use District (ASMD); Planned Unit Development Overlay District - A (PUD-A)/Ward 1

Submittals may be viewed in-person in the Office of Strategic Planning and Community Development, located on the third floor of City Hall, 93 Highland Avenue, Somerville, MA, Mon-Wed, 8:30 am-4:30 pm; Thurs, 8:30 am-7:30 pm; and Fri, 8:30 am-12:30 pm. Staff reports, plans and Board decisions, when completed, are posted online at www. somervillema.gov/planningandzoning.

As cases may be continued to later dates, please check the agenda on the City's website or call before attending. Continued cases will not be re-advertised. Interested persons may provide comments to the Planning Board at the hearing or by submitting written comments by mail to OSPCD, Planning Division, 93 Highland Avenue, Somerville, MA 02143; by fax to 617-625-0722; or by email to dpereira@somervil-

Attest: Kevin Prior, Chairman To be published in the Somerville Times on 10/4/17 & 10/11/17.

10/4/17 The Somerville Times

**Commonwealth of Massachusetts The Trial Court Middlesex Probate and Family Court** 208 Cambridge Street Cambridge, MA. 02141 (617) 768-5800

CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT

**MIDDLESEX Division** 

Docket No. MI14P4050EA

Estate of: Norma Burnett

Date of Death: <u>07/03/2014</u>

A Petition for Order of Complete Settlement has been filed by

Lisa M. Krouch A/K/A Lisa M. Kiouch of

requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account, a determination of testacy and heirs at law, the allowance of a proposed distribution, a determination of heirs at law and other such relief as may be requested in the Petition.

#### **IMPORTANT NOTICE**

ition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this court before: 10:00 a.m. on the return day of 11/13/2017.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

Witness, Hon. Edward F. Donnelly, Jr., First Justice of this Court.

Date: September 13, 2017

Tara E. De Cristofaro **Register of Probate** 

10/4/17 The Somerville Times

Nellie's Wild Flowers

When you want something unique



JOYCE MCKENZIE 72 Holland Street 617.625.9453



## Ward 4 ResiStat meeting

#### By Donald Norton

The Ward 4 ResiStat meeting was held last Wednesday evening at the Healey School in Winter Hill.

About 60 to 70 residents showed up to hear Mayor Joe Curtatone and his administration talk about what is going on in Winter Hill.

Chief of Police David Fallon talked about crime in Winter Hill and what the police department has been doing over all in the city.

The mayor talked about various projects in the area and citywide that are in progress.

Questions by some in the community focused on the former Star Market site and what might be happening there. Right now the city is in litigation with the owners and hopefully something will happen soon.

The Green Line at Gilman and its progress was discussed. The mayor talked about more green areas in Winter Hill, and mentioned Sewall Street.

The city has been conducting these



Photo by Donald Norton

ResiStat meetings twice a year in every ward. It is a great way to communicate on a local level what is going on in each Ward. This week's scheduled meetings are:

Ward 2 (S. Union Sq., Perry and Lincoln Park neighborhoods, Beacon St. area): Wed., Oct. 4, Argenziano School, 290 Washington St.

Ward 3 (N. Union Sq., Prospect Hill, Spring Hill, Central Hill): Thurs., Oct. 5, Somerville High School cafeteria, 81 Highland Ave. (Use the Field House doors for an accessible entrance.)

For more information and a full schedule of meetings go to: https:// www.somervillema.gov/resistat.

## One more on the way!



Somerville Times photographer Claudia Ferro is going to be a proud Great Grandmother soon! One of Sal and Claudia's 17 grandchildren, Michael Ferro and Catia Martin, are expecting. The family held a baby shower for the couple this past weekend. Catia Martin is a Somerville High School graduate. This baby will be the third great grandchild for Sal and Claudia. We wish them many more! — Photo by Claudia Ferro

#### **Union Square Portraits CONT. FROM PG 10**

"Inauguration Day was a really direct experience for me of what's out there, versus what's in the media. I was at Occupy Inauguration, and it was full of incredible creativity, a lot of Bread and Puppet style storytelling, big, beautiful papier maché creations. A great experience. On the news there was the one garbage can fire."

"It's great being around all the civically engaged artists here in Somerville. The city has the second highest number of artists per capita in the country, after New York, and so many of them are activists in their own way."

The afternoon light is fading in the big windows, and Julie Ann has to get to dinner with a friend, so we wrap up the conversation and make our good-byes.

I walk out wondering how many other people like Julie Ann and events - maybe even growing movements - we're not hearing about in

American Therapy will be at Atlantic Wharf, 290 Congress Street, Boston (the grassy area in front of Smith & Wollensky) through October 8, then at Evans Way Park, 25 Evans Way, Boston (in front of Isabella Stuart Gardener Museum) on October 9. Stop by to participate or just to see the mural of art pieces created from the conversations.

**Bull McCabe's Pub** 

**Thunder Road** 

The A-Beez – Funk & Soul

#### **CHILDREN AND YOUTH** Wednesday October 4

**East Branch Library** 

Preschool Storytime 11 a.m.-11:30 a.m.|115 Broadway

**Central Library** 

Somerville Positive Forces

1 p.m.- 3 p.m.|79 Highland Ave

Central Library Presentation on Language Depriva-

tion and Growing Up Deaf -- Somer-7 p.m.-8:30 p.m.|79 Highland Ave

#### Thursday October 5

**Central Library** 

ville Reads 2017

Start U Reading with Buzz Lightyear 10:30 a.m.-12 p.m.|79 Highland Ave

**Central Library** 

Preschool: Storytime for 3 to 5 year

10:30 a.m.-11:15 a.m.|79 Highland Ave

**Central Library** 

TELL (Teen Library Leaders) Meeting 3 p.m.-5 p.m.|79 Highland Ave

**East Branch Library** Lego Club

3:15 p.m.-4:45 p.m.|115 Broadway

West Branch Library

Lego Club 3:30 p.m.-4:45 p.m.|40 College Ave

#### Friday October 6

Central Library

Preschool: Storytime for 2 year olds 10:30 a.m.-11 a.m.|79 Highland Ave First Fridays at the Library : Si Se

4:30 p.m.- 5:30 p.m.|79 Highland

#### Monday October 9

**Library Closed** 

#### **Tuesday October 10**

**Central Library** 

Homeschool Reading Group for Ages 9:30 a.m.-11:30 a.m.|79 Highland

West Branch Library

Preschool Storytime 11 a.m.-11:45 a.m.|40 College Ave

#### Wednesday October 11

**East Branch Library** Preschool Storytime

11 a.m.-11:30 a.m.|115 Broadway

**Central Library** 

Teen Game Day 2:30 p.m.-4:30 p.m.|79 Highland Ave

**Central Library** 

Middle School Writers' Den

5:45 p.m.-8 p.m.|79 Highland Ave

#### **MUSIC** | ARTS Wednesday October 4

Sally O'Brien's Bar

Free Poker, lots of prizes!

8 p.m.|335 Somerville Ave|617-666-3589

The Burren Front Room

Americana Jam with: Grain Thief|9 p.m.

Backroom Series:

Comedy Night With Jordan Handren-Seavey|10 p.m. 247 Elm Street|617-776-6896

P.A.'s Lounge

AmateurAthletes, FreshPerspective, ThreatLevelB, Church&Puppets 8 p.m.|345 Somerville Ave

**Orleans Restaurant and Bar** 65 Holland St|617-591-2100

**Bull McCabe's Pub** 

The A-Beez - Funk & Soul 366A Somerville Ave|617-440-6045

**Thunder Road** 

Bearly Dead - Wednesday Night Grateful Dead Residency 8 p.m.|379 Somerville Ave

**Highland Kitchen** 

150 Highland Ave|617-625-1131

ONCE Lounge & Ballroom Magic City Hippies

**Tipling Rock** 8 p.m.|156 Highland Ave

Aeronaut Brewing Co.

And Then There Was One 8 p.m.|14 Tyler Street

Arts at the Armory

Wiretap Wednesday Open Stage 7 p.m.|Café|191 Highland Ave

#### Thursday October 5

Sally O'Brien's

BYO Bluegrass with Dave Rizzuti grassy Thursdays 7:30 p.m.|335 Somerville Ave|617-666-3589

The Burren

Front Room

Matt Borrello, Mike Verge & Company|9:30 pm

Backroom Series: Silver Arrow Band 7

Scattershots 10 p.m. 247 Elm Street|617-776-6896

P.A.'s Lounge

Courtney Swain / Ben Levin Group / Michael Conrad / Grav&tation 8 p.m.|345 Somerville Ave

Orleans Restaurant and Bar

65 Holland St|617-591-2100

366A Somerville Ave|617-440-6045

Thunder Road

379 Somerville Ave ONCE Lounge & Ballroom

Wear Your Wounds Chrome Over Brass, Rob Noyes 7p.m|156 Highland Ave

Aeronaut Brewing Co. Ken Clark Organ Trio 8:30 p.m.|14 Tyler Street

#### Friday October 6

Sally O'Brien's

Busted Juhgfgg |6 p.m. Buck Lonesome, Emily Grogan Band, Sophia Bell \$5 cover|9 p.m. 335 Somerville Ave 617-666-3589

The Burren

Front Room Irish Session|9:30 p.m. Back Room:

Dan Blakeslee|7 p.m. TBD|10 p.m. 247 Elm Street|617-776-6896

P.A.'s Lounge

Surprise Party / Red Mill / Blue Manic / The Only Humans

7 p.m.|345 Somerville Ave

Orleans Restaurant and Bar DJ starting at 10 p.m.

65 Holland St|617-591-2100

**Bull McCabe's** 

10 p.m.|366A Somerville Ave|617-440-6045

**Ioshua Tree** 

DJ McRiddleton 256 Elm St. |617-623-9910

Casey's

Entertainment every Friday 173 Broadway|617- 625-5195

**Thunder Road** 

Bob Marley Tribute Duppy Conquerors (Reggae) 9 p.m.|379 Somerville Ave

ONCE Lounge & Ballroom

**HONK! Festival Kickoff** 7:30 p.m.|156 Highland Ave

Aeronaut Brewing Co. HONK! Kickoff

8 p.m.|14 Tyler Street

Arts at the Armory

Journeys in Sound presents: An Evening of Blues & Ragas with Ryan Lee Crosby & Utsav Lal 8 p.m.|Cafe|191 Highland Ave

The Rockwell

Sh!t-faced Shakespeare: Romeo and Juliet.|7p.m. Luke Sital-Singh|9:30 p.m.

255 Elm St

#### Saturday October 7

Sally O'Brien's

Stan Martin Band | 6 p.m.

Tsunami of Sound, Fringe Religion, Doug MacDonald Band \$5 cover |9 p.m.

• • • • VILLENS ON THE TOWN • • • •

335 Somerville Ave|617-666-3589

The Burren

Front Room: Irish Session|9:30 p.m.

The Push Stars - 2 Nights!|7 p.m. TBD|10 p.m. 247 Elm Street|617-776-6896

P.A.'s Lounge

Burning Satellite/Supernothing/Your Favorite Color/Not Bothered 7 p.m.|345 Somerville Ave

Orleans Restaurant and Bar Karaoke

65 Holland St Bull McCabe's

366A Somerville Ave|617-440-6045

**Entertainment every Saturday** 173 Broadway|617- 625-5195

Thunder Road

SYM (Rock n' Roll) 8 p.m.|379 Somerville Ave

ONCE Lounge & Ballroom 156 Highland Ave

Aeronaut Brewing Co.

Xenia Dunford Stace Brandt 7 p.m.|14 Tyler Street

Arts at the Armory Somerville Songwriter Sessions

7:30 p.m.|Café|191 Highland Ave

The Rockwell Sh!t-faced Shakespeare: Romeo and Juliet 7 p.m.

Decadent: 100 Years of Burlesque|10 p.m. 255 Elm St

Sunday|October 8

Sally O'Brien's Bar The Natural Wonders 4:30 p.m.

335 Somerville Ave|617-666-3589 The Burren

Front Room Beatles Brunch|11 a.m.-3 p.m. John Gannon & Friends Irish Session | 3

Los Goutos 9 p.m.

The Push Stars - 2 Nights!|7 p.m. 247 Elm Street|617-776-6896

345 Somerville Ave

PA'S Lounge

**Bull McCabe's Pub** 

**Dub Apocalypse** 366A Somerville Ave|617-440-6045

**Highland Kitchen** 

Sunday Brunch Live Country & Bluegrass Sunday Night Live Music

150 Highland Ave|617-625-1131

**Orleans Restaurant and Bar** 

Game Night 65 Holland St|617-591-2100

**Thunder Road** 

Usher Birthday Brunch: "(Brunch) Confessions" | 10 a.m.

Americana Sundays w/ Greg Klyma 7 p.m. 379 Somerville Ave

ONCE Lounge & Ballroom

Mires, The Dazies

Petty Morals' Ballroom Blitz! (with rockin' flea market and art show) Lady Pills, Petty Morals, Muck & The

4:15 p.m.|156 Highland Ave Aeronaut Brewing Co.

Rvan Alvanos 2 p.m.|14 Tyler Street

The Rockwell

Clowns Without Borders: Take Laughter With You 7:30 p.m.|255 Elm St

Monday October 9

Sally O'Brien's Bar

Shawn Carter's Cheapshots Comedy|7 p.m.

Marley Monday with The Duppy Conquerors reggae 10 p.m.

335 Somerville Ave|617-666-3589

The Burren

Front Room Bur-Run

Helena Delaney, Johnny O'Leary & Friends Irish Session|9 p.m.

Back Room

Stump Trivia|8:30 p.m. 247 Elm Street|617-776-6896

P.A.'s Lounge

MeltedChapstixs, Johnny&theMachine, TritonTaylor, GeorgePratt 7:30 p.m.|345 Somerville Ave

**Bull McCabe's Pub** 

Stump! Team Trivia 366A Somerville Ave|617-440-6045

**Thunder Road** Huxley Rittman & The Rusty Hitmen, Tim Barnicle (Rock)

8 p.m.|379 Somerville Ave ONCE Lounge & Ballroom

8 p.m.|156 Highland Ave Aeronaut Brewing Co.

Rock and Roll Trivia

**Tuesday October 10** 

**SYM Tuesdays** 8 p.m.|335 Somerville Ave|617-666-

Sally O'Brien's Bar

14 Tyler Street

The Burren

3589

Front Room Jason Anick and the Swingers Swing/ Jazz|8:30 p.m.

Open Mic w/ Hugh McGowan|10

247 Elm Street|617-776-6896 PA's Lounge

345 Somerville Ave **Bull McCabe's Pub** 

The Ghetto People Band

Back Room: Dusty 45s

366A Somerville Ave|617-440-6045 **Highland Kitchen** First Tuesday of the Month|Spelling

Bee Night hosted by Victor and Nicole of Egoart.

The fun starts at 10:00p.m.

150 Highland Ave|617-625-1131

PJ Ryan's Pub Quiz

**Thunder Road** 

10 p.m.|239 Holland St.|617-625-8200

Torus (Rock) 8 p.m.|379 Somerville Ave

ONCE Lounge & Ballroom Heavy Metal Tuesday 7 p.m. **Brother Ali** 

Sa-Roc, Last Word, Sol Messiah|8

p.m.

156 Highland Ave **Aeronaut Brewing Co** Indie Trivia

8 p.m.|14 Tyler Street Wednesday October 11

Sally O'Brien's Bar

Free Poker, lots of prizes! 8 p.m.|335 Somerville Ave|617-666-3589

The Burren

Back Room

Front Room Americana Jam with: Grain Thief|9

Backroom Series: Night Tree: CD Release Party|7 p.m. Comedy Night With Jordan Handren-Seavey 10 p.m.

247 Elm Street|617-776-6896

Orleans Restaurant and Bar

65 Holland St|617-591-2100

P.A.'s Lounge

Delko, Pyramid Thieves, Blame It On 7:30 p.m.|345 Somerville Ave

150 Highland Ave 617-625-1131

Bearly Dead - Wednesday Night

8 p.m.|156 Highland Ave

Stace Brandt 8 p.m. Late Night Poetry Lab|10 p.m.

Been Out Here Teen Open Mic 6 p.m.|Café|191 Highland Ave

## **CLASSES AND GROUPS**

**Central Library** Presentation on Language Deprivation and Growing Up Deaf -- Somer-

Thursday October 5

7 p.m.-8:45 p.m.|115 Broadway **West Branch Library** 

Learn English at the Library

6:30 p.m.-8:30 p.m.|115 Broadway

Yoga at the Library 6 p.m. - 7 p.m. | 79 Highland Ave

First Church Somerville Debtors Anonymous- a 12 Step program for people with problems

p.m.|89 College Ave (Upstairs Parlor). For more info call: 781-762-6629 Friday October 6

Saturday October 7

Peking Opera practice 10:30 a.m.-4 p.m.|79 Highland Ave

9 a.m.-1 p.m.|Union Square Plaza

Holland St

**Bagel Bards** Somerville Writers and Poets meet weekly to discuss their work 9 a.m.-12 p.m Au Bon Pain| 18-48

Fourth Step to Freedom Al-Anon

7:00 P.M. | 6 William Street

Monday October 9

**Family Groups** 

Tuesday October 10

7 p.m.-8:15 p.m.|79 Highland Ave

**Central Library** 

**Central Library** State and Local lead law discussion 10 a.m.-1 p.m.|79 Highland Ave Somerville 175 Oral History Work-

PLACES TO GO, THINGS TO DO!

#### **Grateful Dead Residency** 8 p.m.|379 Somerville Ave Highland Kitchen

366A Somerville Ave|617-440-6045

ONCE Lounge & Ballroom The Moth: True Stories Told Live

Aeronaut Brewing Co.

14 Tyler Street Arts at the Armory

The Rockwell Sh!t-faced Shakespeare: The Taming of the Shrew 8 p.m.|255 Elm St

Wednesday October 4

ville Reads 2017 7 p.m.-8:30 p.m.|79 Highland Ave

**East Branch Library** Mystery Making

6 p.m.-8 p.m.|40 College Ave **East Branch Library** Drop in Knitting at the East Branch

**Central Library** 

with money and debt. 7 p.m.-8:30

**Central Library** Indivisible Somerville: Action Planning

10 a.m.-12 p.m.|79 Highland Ave

meeting

**Central Library** 

**Union Square Farmer's Market** 

Unity Church of God Enter upstairs, meeting is in basement

Sunday October 8

Library closed

**Central Library** Science Fiction and Fantasy Book

Learn English at the Library! 6 p.m.-8 p.m.|79 Highland Ave Wednesday October 11

6 p.m.-7 p.m.|79 Highland Ave

### SENIOR CENTER HAPPENINGS:

Welcome to our centers. Everyone 55+ is encouraged to join us for fitness, culture, films, lunch and Bingo. Our centers are open to everyone from Somerville and surrounding communities. Check out our calendar and give a call with any questions or to make a reservation. 617-625-6600 ext. 2300. Stay for lunch and receive free transportation.

All clubs and groups welcome new members.

Holland Street: 167 Holland Street

\*Monday through Friday 9:00 A.M. – 3:00 P.M.

617-625-6600 Ext. 2300

\*Our Holland Street Center will be serving lunch on Monday, Thursday & Fridays only until further notice.

Cross Street Center: 165 Broadway
Tuesday & Thursday 8:30 A.M. to 12:30 P.M.
Wednesday – 9:00 A.M. to 3:00 P.M. (Please note time change) (617) 625-6600 Ext. 2335.

Ralph and Jenny Center: 9 New Washington Street, Tuesday through Thursday 9:00 A.M. – 3:00 P.M. (Please note time change) (617) 666-5223.

Join the SCOA's email group – The email group is for Somerville Council on Aging Seniors and/or Caregivers who are interested in the latest information on resources, events, programming, etc., in and around the Somerville area. Use the link https://groups.google.com/group/somerville-council-on-aging - If you have any questions or need help joining please contact Debby Higgins at 617-625-6600, ext. 2321 or email DHiggins@Somervillema.gov

Ageless Grace – Ageless Grace, the Council on Aging's new Fitness class for the body and mind. Held on Mondays at 4:00 p.m. at the Holland St. Center, the Ageless Grace program is an innovative wellness and fitness program done seated in a chair to upbeat music. Classes are playful, imaginative and different every time. All the movements are designed to focus on the healthy longevity of the body and the brain. Contact Chris at 617-625-6600 ext. 2315 for more information and to sign up. Cost is \$20.00 for 5 classes.

Yoga - Thursdays from 9:00 a.m. to 10:00 a.m. 5-week Yoga series is a low-impact and easy-to-follow paced program that lets you stretch and relax to help start your day. Contact Chris at 617-625-6600 ext. 2315 for more info and to sign up. Cost is \$20.00 for 5 classes!

Silver Alert Program – The Somerville Council on Aging with the Somerville Police Department have implemented a program to take a proactive approach towards protecting some of Somerville's most vulnerable citizens who suffer with serious cognitive impairments that put them at risk for wandering and getting lost. The Silver Alert Program is designed to collect specific information about a potential missing person, along with photo identification. This confidential information will be kept on file for immediate use in the event a loved one is reported missing. Please contact the SCOA at 617-625-6600, ext. 2300 for additional information or to register.

Free Groceries Every Month? – You may be eligible for the Commodity Supplemental Food Program! CSFP is a once a month food distribution for individuals 60 years of age or older. You may be eligible to receive two free bags of food once a month containing healthy shelf stable products. Proof of identity and age are all that is required to apply. For more information or to apply please call 617-625-6600, ext. 2300 – applications are available at the front desk of our Holland Street Center.

Conversations of the Heart – Mondays (see dates below) from 1:00 p.m. to 2:00 p.m. at our Holland Street Center. When you experience a loss; whether it be a loved one, a place of employment or even a change in your life, don't process these feelings along; come join our group where we process difficult emotions together in a safe and welcoming environment. For more information or questions please contact Natasha at 617-625-6600, ext. 2300. Refreshments will be served. Future dates: September 25, October 16 and 30, November 13 and 27 and December 11.

Friendly Caller Program - Do you know someone who could benefit from a friendly call? Maybe you are feeling isolated and want someone to talk to – or you just want someone to listen. Please call Natasha at 617-625-6600 ext. 2317 to sign up for our "Friendly Caller" Program.

**Blood Pressure Screening** – Cross Street Center located at 165 Broadway. Scheduled for the 3rd Thursday of each month: October 19, November 16 and December

14. If you require additional information please contact Debby Higgins at 617-625-6600, ext. 2321 or email dhiggins@somervillema.gov.

Winds for All –Tuesday mornings – 10:00 a.m. at our Holland Street Center. \$10 per class – A music immersion class for those who have never played a woodwind instrument. To reserve your spot or for additional information please call Debby Higgins at 617-625-6600, ext. 2321.

**Bowling is Back** – at Sacco's Bowl Haven at Flatbreads Pizza located in Davis Square. \$3 weekly fee which includes shoe rental, three strings of bowling and dues for bowling banquet. For more information, questions or to reserve your spot please contact Debby Higgins at 617-625-6600, ext. 2321.

**De-Cluttering Kick-Off** – Monday, October 2nd from 9:30 a.m. to 11:00 a.m. at our Holland Street Center. Are you a Somerville resident 60 years of age or older? Do you wish your house had less clutter? Join us to find out the programming we have to help you with your clutter. RSVP is a must. Please call Natasha by calling 617-625-6600, ext. 2317.

Wildwood, NJ – Thursday, October 12 to Sunday, October 15 - \$411 per person double - \$527 per person single includes transportation, lodging, 3 breakfasts, 2 dinners, dance party and so much more. For more information, questions or to reserve your spot please contact Connie or Kim at 617-625-6600, ext. 2300.

A Very Vermont Tour – Tuesday, October 17 to Thursday, October 19 - \$353 per person double or triple - \$469 per person single includes transportation, lodging, Billings Farm Museum, Ben & Jerry's Ice Cream Facility and so much more. For more information, questions or to reserve your spot please call Connie at 617-625-6600, ext. 2300.

Arts & Crafts – Thursday, October 19, Thursday, November 16 and Thursday, December 7 at our Cross Street Center from 1:00 p.m. to 2:30 p.m. Join us for the free event as local artist Jodi Colella joins us and shares her many talents. You must RSVP a week in advance to make sure we have enough materials for everyone. For more information or to RSVP please contact Maureen Bastardi at 617-625-6600, ext. 2335 or mbastardi@somervillema.gov

Fall Festival Lunch & Bingo – Monday, October 23 at the Cross Street Center from 10:00 a.m. to 1:30 p.m. Seating is limited. For more information, questions or to reserve your spot please call Maureen at 617-625-6600, ext. 2335.

Halloween Party & Dance – Tuesday, October 24 at the Holiday Inn located at 30 Washington Street from 11:00 a.m. to 2:00 p.m. Limited seating and transportation. For more information or to reserve your spot please call Connie at 617-625-6600, ext. 2300.

Health & Wellness Fair – Thursday, October 26 at the Holland Street Center from 10:00 a.m. to 12:00 p.m. Guest speakers, blood pressure screening, flu shot clinic, healthy eating information and more! Come learn how to build a healthier you! You must RSVP by calling 617-625-6600, ext. 2300.

Atlantic City - October 29 to October 31 is SOLD OUT Call Connie at 617-625-6600, ext. 2300 to put your name on the waiting list should there be an opening. Doo Wop Revue with the Corvettes – Thursday, November 9th at Lake Pearl in Wrentham. \$69 includes transportation, lunch and show. For questions, additional information or to reserve your spot contact Kim or

**Thanksgiving Lunch & Bingo** – Thursday, November 9 at the Cross Street Center from 10:00 a.m. to 1:30 p.m. Seating is limited. For questions, additional information or to reserve your spot contact Maureen at 617-625-6600, ext. 2335.

Connie at 617-625-6600, ext. 2300.

Wrentham Outlets – Sunday, November 12 - \$10 for transportation, lunch is on your own. Check in time is 10:00 a.m. at the Holland Street Center with an approximate return time of 5:00 p.m. For questions, more information or to reserve your spot contact Connie at 617-625-6600, ext. 2300.

#### LGBTQ EVENTS:

LGBTQ Advisory Group – October 16. This group meets quarterly in the conference room of our Holland Street Center at 4:30 p.m. and run for one hour. We are always looking for new members who would like to serve on the Advisory Group. Please call Debby

Higgins, Outreach Coordinator at 617-625-6600, ext. 2321 or email dhiggins@Somervillema.gov if you have any questions or if you should need additional information.

**LBT Women Fit-4-Life** - Fitness and Nutrition Classes. Classes are Tuesday and Thursday evenings starting at 6:00 p.m. \$10 a month fee - scholarships available & it just might be covered under your insurance. We have available slots and would love to have you. If you have any questions or require additional information, please contact our Health & Wellness Coordinator, Chris Kowaleski at 617-625-6600 Ext. 2300.

LGBTQ Monthly Lunch is Back – Please join us the second Wednesday of the Month at the Senior Center at 167 Holland Street. A Hot Lunch will be served at 11:30 a.m. on September 13, October 11, November 8, December 13. Please RSVP to Debby Higgins at dhiggins@ somervillema.gov or 617-625-6600 ext. 2321. A \$2.00 donation is suggested.

#### **STAY ACTIVE:**

Weekly Exercise Class Schedule
Holland = (H) Ralph & Jenny = (RI) Cross Street = (C

Holland = (H) Ralph & Jenny = (RJ) Cross Street = (C)

#### **Mondays:**

9:00 Walking Club (H) 11:00 Tai Chi (H) 1:00 Fit-4-Life Group C (H)

#### **Tuesdays:**

9:15 Strengthening - \$3 per class (H) 11:15 Fit-4-Life (C)

#### Wednesdays:

8:45 Fit-4-Life Group A (H) – Exercise 9:00 Fit-4-Life Group B (H) - Nutrition 10:00 Fit-4-Life Group B (H) – Exercise 10:00 Fit-4-Life Group A (H) – Nutrition 11:00 Nutrition one-on-one (H) 12:00 Fit-4-Life Group C (H) - Nutrition 1:00 Fit-4-Life Group C (H) - Exercise 5:15 Zumba for All - \$3 per class (H)

#### Thursdays:

9:00 Yoga (H) 9:30 Strengthening - \$3 per class (RJ) 11:15 Fit-4-Life (C) 6:00 LBT Fit-4-Life\*(H)

#### Fridays:

8:45 Fit-4-Life Group A (H) - Exercise 10:00 Fit-4-Life Group B (H) – Exercise \*All Fit-4-Life classes are \$10 per month and require pre-registration

#### **Every Monday**

10:00 English Conversation (C) 11:30 Lunch (C)

#### **Every Tuesday**

10:00 English Conversation (C) 11:30 Lunch (C, RJ) 12:00 Computer tutorial with Norbert (H) 12:45 Bingo (RJ)

#### **Every Wednesday**

9:00 Bowling at Flatbreads 9:45 Coffee & Conversations (H) 10:00 a.m. to 3:00 p.m. Wacky Wednesdays (RJ)

#### **Every Thursday**

10:00 Current Events (H)
10:00 English Conversation (C)
11:00 Computer tutorial with Barbara (H)
11:30 Lunch (C, H, RJ)
1:00 Arts & Crafts (C)

#### **Every Friday**

9:45 Coffee & Conversations (H) 11:30 Lunch (H) 11:45 Bingo (H)

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## Somerville Community Access TV Ch.3 Programming Guide

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Wednesday, October 4		day, October 4 7:00pm (LIVE) Taking Back Your Health		1:00pm	Somerville Stories 2017	11:00am	Classic Arts Showcase
12:00am	Classic Arts Showcase	7:30pm	The Rare Groove Revolution	2:00pm	Don't Forget to Rock	12:00pm	The Thom Hartmann Show
6:00am	SCATV Community Bulletin Board	8:00pm	Greater Somerville	2:30 pm	Graphic Content	1:00pm	Somerville Neighborhood News
7:00am	Art at SCATV	8:30pm	Somerville Pundits	3:00pm	Democracy Now! (Free Speech TV)	1:30pm	DW Global 3000
7:30am	DW In Good Shape	9:00pm	Vintage Dead Air Live	4:00pm	Tufts Jumbo Sports	2:00pm	Science 360
8:00am	Democracy Now! (Free Speech TV)	10:00pm	Vintage Somerville Pundits	6:00pm	Science 360	3:00pm	Democracy Now! (Free Speech TV)
9:00am	DW Global 3000	10:30pm	TUTV	7:00pm	StartUp TV Boston	4:00pm	African Television Network
9:30am	Esoteric Science	11:00pm	Public Access Boyz	8:00pm	Somerville Neighborhood News	5:00pm	Tele Galaxie
10:00am	Poet to Poet/Writer to Writer	11:30pm	New Kids on the Rock	8:30pm	TUTV	6:00pm	SMC Youth Media
10:30am	Somerville Storytellers	Friday, Oc	tober 6	9:00pm	Nossa Gente e Costumes	6:30pm	The Kamla Show
11:00am	Fallon's Daily Toast	12:00am	Heavy Leather Topless Dance Party	10:00pm	DIWHY: The Show	7:00pm	Legacies
12:00pm	The Thom Hartman Show	1:00am	Classic Arts Showcase	11:00pm	The Summer House	7:30pm	(LIVE) The Yellow Jacket Lady
1:00pm	Book Talk with Somerville Public Library	6:00am	SCATV Community Bulletin Board	Sunday, (	October 8	8:00pm	(LIVE) Somerville Overcoming Addiction
1:30pm	Green Card Voices	7:00am	The Bill Press Show (Free Speech TV)	12:00pm	SCATV SECRET STASH: Flotilla	9:00pm	Dedilhando au Saudade
2:00pm	SOM ARTS	8:00am	Democracy Now! (Free Speech TV)	1:00am	Free Speech TV	10:00pm	DIWHY The Show
2:30pm	Somerville Neighborhood News	9:00am	SOM ARTS	6:00am	International Church of God	11:00pm	The Summer House
3:00pm	Democracy Now! (Free Speech TV)	9:30am	Cambridge Calendar	6:30am	Esoteric Science		October 10
4:00pm	Road to Recovery	10:00am	The Yellow Jacket Lady	7:00am	Nossa Gentes e Costumes	-	
5:00pm	Justicia Migrante	10:30am	NASA 360	8:00am	Effort Pour Christ	12:00am	Free Speech TV
5:30pm	Going Postal	11:00am	Legacies	9:00am	Tele Kreyol	6:00am	SCATV Community Bulletin Board
6:00pm	SCATV Member Submission	11:30am	DW Tomorrow Today	10:00am	Aging Well	7:00am	Perils for Pedestrians
7:00pm	Somerville 2017 Candidate Profiles	12:00pm	The Thom Hartman Show	10:30am	DW Focus on Europe	7:30am	Legacies
8:00pm	LIVE: Somerville Pundits	1:00pm	Aging Well	11:00am	The Chef's Table Series	8:00am	Democracy Now! (Free Speech TV)
8:30pm	LIVE: Heavy Leather Topless Dance Party	1:30pm	Book Talk with Somerville Public Library	12:00pm	Somerville Neighborhood News	9:00am	The Chef's Table Series
9:30pm	Don't Forget to Rock	2:00pm	Somerville Neighborhood News	12:30pm	The Literati Scene	10:00am	Estoy Sano!
10:00pm	Duck Village Stage Series	2:30pm	DW Global 3000	1:00pm	Legacies	10:30am	DW In Good Shape
10:30pm	New Kids on the Rock	3:00pm	Democracy Now! (Free Speech TV)	1:30pm	Green Card Voices	11:00am	DW Tomorrow Today
11:00pm	Flotilla	4:00pm	Gay USA (Free Speech TV)	2:00pm	StartUp TV Boston	11:30am	What's Left
Thursday	, October 5	5:00pm	NE Pride TV	3:00pm	Tele Magazine	12:00pm	The Thom Hartmann Show
12:00am	SCATV Secret Stash Hour	5:30pm	What's New Massachusetts	4:00pm	Dedilhando a Saudade	1:00pm	Boston Free Radio presents Words on Film
1:00am	Free Speech TV	6:00pm	SMC Youth Media	5:00pm	African Television Network	2:00pm	Somerville overcoming addiction
6:00am	SCATV Community Bulletin Board	6:30pm	Real Estate Answers	6:00pm	Reeling Review	3:00pm	Democracy Now! (Free Speech TV)
7:00am	Sci-Fi Journal	7:00pm	(LIVE) Fallon's Daily Toast	6:30pm	SMC Presents:Duck Village Stage Session	4:00pm	Aging Well
8:00am	Democracy Now! (Free Speech TV)	8:00pm	(LIVE) The Somerville Line	7:00pm	Gay USA	4:30pm	The Literati Scene
9:00am	Road to Recovery	10:00pm	Heavy Leather Topless Dance Party	8:00pm	Tufts Jumbo Sports	5:00pm	(LIVE) Poet to Poet/Writer to Writer
9:30am	SCATV Throwback Thursdays	11:00pm	DIWHY the Show	10:00pm	SCATV Member Submissions	5:30pm	Cambridge Calendar
10:00am	Dead Air Live	Saturday,	October 7	11:00pm	Box House Productions Presents	6:00pm	What's New Massachusetts?
11:00am	DW Focus On Europe	12:00am	SCATV SECRET STASH Hour	11:30pm	Graphic Content	6:30pm	Beyond Boston
11:30am	The Kamla Show	1:00am	Free Speech TV	Monday,	October 9	7:00pm	Somerville Neighborhood News
12:00pm	The Thom Hartman Show	6:00am	SCATV Community Bulletin Board	12:00am	Classic Arts Showcase	7:30pm	Greater Somerville
1:00pm	The Somerville Line	7:00 am	Tele Magazine	6:00am	SCATV Community Bulletin Board	8:00pm	Dead Air Live
3:00pm	Democracy Now! (Free Speech TV)	8:00am	Democracy Now! (Free Speech TV)	7:00	Aging Well	9:00pm	Public Access Boyz
4:00pm	Art at SCATV	9:00am	Somerville Storytellers	7:30am	Going Postal	9:30pm	The Yellow Jacket Lady
4:30pm	The Struggle	9:30am	SMC Youth Media	8:00am	Democracy Now! (Free Speech TV)	10:00pm	Real Estate Answers
5:00pm	Boston Free Radio presents Words on Film	10:00am	TeleGalaxie	9:00am	The Stephanie Miller Show	10:30pm	Graphic Content
6:00pm	Beyond Boston	11:00am	SCATV Member Submissons	10:00am	Health is Wealth	11:00pm	<b>Box House Productions Presents</b>
6:30pm	Somerville Neighborhood News	12:00pm	The Chef's Table Series	10:30pm	SOM ARTS	11:30pm	Duck Village Stage Series
· ·	-	-		•			

## CITY TV 22 (Comcast) | 13 (RCN) Schedule

Wednesda	ay, October 4
	•
9:00am	5th Anniversary of Somerville CPA
11:30am	SomerViva em Portuguê
12:00pm	The Old Powder House
1:00pm	9/11 Vigil in Davis Square
1:19pm	Talking Business "Quesadillas & Kimchi
1:38pmCo	nnecting Communities "Human Services"
2:00pm	Multi Modal Mobility and Safety
2:30pm	Somerville Fight Night at Dilbo
6:30pm	Multi Modal Mobility and Safety
7:00pm	5th Anniversary of Somerville CPA
9:05pm	9/11 Vigil in Davis Square
9:30pm	The Old Powder House
10:20pm	SomerViva em Portuguê
10:51pm	Talking Business "Quesadillas & Kimchi
Thursday,	October 5
12:00am	Congressional Update
12:31amTh	ne Old Powder House: 300 Years of History
1:21am	Somerville Fight Night at Dilbo

Fight Night at Dilboy 9:00am The Old Powder House 11:30am Congressional Update 12:01pm Senior Circuit The Old Powder House 12:30pm Climate Forward Meeting - 6/26 1:20pm

2:30pm Raising Families "Immigration Law" 3:00pm 9/11 Vigil in Davis Square 6:30pm Congressional Update 7:01pm Senior Circuit POW/MIA Observace Day 7:50pmConnecting Communities "Human Services"

8:09pm Our Ville Stands with Your Ville 9:10pm **Evolving Face of East Somerville Tour** Raising Families "Immigration Law" 10:37pm

Friday, October 6 5th Anniversary of Somerville CPA 12:00am 2:05am Congressional Update Raising Families "Immigration Law" 2:37am 8:30am Keep Moving: Exercises for Older Adults 9:04am Climate Forward Meeting - 6/26 10:12am POW/MIA Observace Day 11:30am 5th Anniversary of Somerville CPA Senior Picnic 2017 1:35pm 3:00pm **Connecting Communities** SomerViva em Português 6:30pm 7:00pm Haiti & Brazil Hit the Ville 8:00pm Connecting Communities 8:19pm 5th Anniversary of Somerville CPA

10:25pm The Old Powder House Saturday, October 7 12:00am POW/MIA Observace Day 12:30am 5th Anniversary of Somerville CPA The Old Powder House 9:00am The Old Powder House SomerViva em Português 10:00am 11:30am 9/11 Vigil in Davis Square Multi Modal Mobility and Safety 12:00pm Board of Aldermen Meeting - 9.14.17 12:22pm 6:30pm Congressional Update 7:01pm SomerStreets: Strike Up the Bands POW/MIA Observace Day

8:00pm The Old Powder House 9/11 Vigil in Davis Square 8:50pm 9:09pm 5th Anniversary of Somerville CPA

Sunday, October 8 12:00am Multi Modal Mobility and Safety 12:30am 9/11 Vigil in Davis Square 12:49am Somerville Fight Night at Dilboy 2:53am SomerViva em Português 9:00am Congressional Update 9:31am POW/MIA Observace Day 11:30am SomerStreets: Strike Up the Bands 12:00pm Senior Circuit Union Square Walking Tour - 9.17.17 12:30pm 1:34pm Congressional Update 2:06pm SomerViva em Português 9/11 Vigil in Davis Square 2:36pm Multi Modal Mobility and Safety 3:00pm 6:30pm 7:00pm 7:30pm

Connecting Communities Senior Circuit Union Square Walking Tour - 9.17.17 8:34pm Congressional Update POW/MIA Observace Day 9:06pm 9:30pm The Old Powder House Multi Modal Mobility and Safety 10:20pm 10:42pm Raising Families "Immigration Law" Monday, October 9

Board of Aldermen Meeting - 9.14.17 Raising Families "Immigration Law" SomerStreets: Strike Up the Bands Connecting Communities 11:30am Union Square Walking Tour - 9.17.17 12:34pm POW/MIA Observace Day 1:00pm The Old Powder House 2:00pm 9/11 Vigil in Davis Square 2:19pm Talking Business "Quesadillas & Kimchi" 2:38pm Multi Modal Mobility and Safety 4:00pm Upcoming Meeting Agenda 7:00pm School Committee Meeting - LIVE

Tuesday, October 10 12:00am SomerStreets: Strike Up the Bands 12:30am Climate Forward Meeting - 6/26 1:37am Our Ville Stands with Your Ville Haiti & Brazil Hit the Ville 2:37am Union Square Walking Tour - 9.17.17 9:00am 11:30am Raising Families 12:00pm Senior Circuit POW/MIA Observace Day 12:30pm Congressional Update 1:00pm 1:31pm Union Square Walking Tour - 9.17.17 2:36pm Our Ville Stands with Your Ville

Connecting Communities Senior Circuit Congressional Update 9/11 Vigil in Davis Square School Committee Meeting - 9.25.17

Somerville Fight Night at Dilboy

Haiti & Brazil Hit the Ville

Senior Circuit

## **Educational TV 15 Schedule**

12:00am

3:00am

9:00am

#### Thursday, October 4 SHS Football vs Lynn English 12:00pm Our Schools, Our City - New School Year SHS Boys Soccer vs Revere [9.11.17] 1:00pm SHS Girls' Soccer vs Saugus [9.7.17] 3:00pm SHS Football vs Lynn English 5:00pm Our Schools, Our City - New School Year 8:00pm 9:00pm SHS Boys Soccer vs Revere [9.11.17] 11:00pm SHS Girls' Soccer vs Saugus [9.7.17]

Thursday, October 5

12:30am SHS Football vs Peabody [9.8.17] SHS Football vs Peabody [9.8.17] 9:00am 11:00am SHS Football vs Lynn English Our Schools, Our City - New School Year 1:30pm 2:00pm Project STAR 2017- Enough is Enough SHS Boys Soccer vs Revere [9.11.17] 3:00pm SHS Football vs Peabody [9.8.17] 5:00pm 7:00pm SHS Football vs Lynn English 9:30pm Our Schools, Our City - New School Year 10:00pm Project STAR 2017- Enough is Enough 11:00pm SHS Boys Soccer vs Revere [9.11.17]

#### Friday, October 6

Our Schools, Our City - New School Year 10:00am SHS Football vs Lynn English SHS Boys Soccer vs Revere [9.11.17] 1:00pm 3:00pm SHS Football vs Peabody [9.8.17] Our Schools, Our City - New School Year 5:00pm SHS Football vs Lynn English 6:00pm 8:30pm SHS Boys Soccer vs Revere [9.11.17] SHS Football vs Peabody [9.8.17] 10:05pm

Saturday, October 7

12:00am SHS Girls' Soccer vs Saugus [9.7.17] 1:30am SHS Girls' Soccer vs Burlington Public Domain Theater 3:00am 6th Annual Somerville Fight Night 9:00am Our Schools, Our City - New School Year 11:30am SHS Girls' Soccer vs Burlington 12:00pm SHS Girls' Soccer vs Saugus [9.7.17] 2:00pm 3:30pm Project STAR 2017- Enough is Enough 4:30pm SHS Football vs Lynn English 6th Annual Somerville Fight Night 7:00pm 9:30pm Our Schools, Our City - New School Year

#### SHS Girls' Soccer vs Burlington 10:00pm

Sunday, October 8 12:00am SHS Girls' Soccer vs Saugus [9.7.17] 1:30am Project STAR 2017- Enough is Enough 2:30am SHS Football vs Lynn English Public Domain Theater 5:00am SHS Girls' Soccer vs Saugus [9.7.17] 9:00am 11:00am SHS Football vs Peabody [9.8.17] 1:00pm SHS Boys Soccer vs Revere [9.11.17] 3:00pm Our Schools, Our City - New School Year Our Schools, Our City - New School Year 4:00pm SHS Girls' Soccer vs Saugus [9.7.17] 5:00pm SHS Football vs Peabody [9.8.17] 7:00pm SHS Boys Soccer vs Revere [9.11.17] 9:00pm 11:00pm Our Schools, Our City - New School Year

Monday, October 9 12:00am

12:30am

9:00am

1:30pm

Our Schools, Our City - New School Year 6th Annual Somerville Fight Night SHS Football vs Peabody [9.8.17] 11:00am SHS Football vs Lynn English Our Schools, Our City - New School Year

Project STAR 2017- Enough is Enough 2:00pm SHS Boys Soccer vs Revere [9.11.17] 3:00pm 5:00pm SHS Football vs Peabody [9.8.17] 7:00pm SHS Football vs Lynn English Our Schools, Our City - New School Year 9:30pm Project STAR 2017- Enough is Enough 10:00pm 11:00pm SHS Boys Soccer vs Revere [9.11.17]

#### Tuesday, October 10

9:00am

2:00am

6:30pm

7:00pm

7:30pm

8:01pm

8:30pm

12:00am

12:30am

2:34am

Wednesday, October 11

1:00am SHS Football vs Lynn English SHS Football vs Peabody [9.8.17] Our Schools, Our City - New School Year 11:00am 12:00pm SHS Girls' Soccer vs Burlington 1:30pm 6th Annual Somerville Fight Night 4:00pm SHS Football vs Lynn English 7:00pm SHS Football vs Peabody [9.8.17] 9:00pm Our Schools, Our City - New School Year 10:00pm SHS Girls' Soccer vs Burlington 6th Annual Somerville Fight Night 11:30pm SHS Football vs Lynn English

# yruca **SOMERVILLE** edited by Doug Holder

Julie Cristal is a free-lance writer and essayist from Shaker Heights, Ohio. Her blog can be found at juliecristal.blogspot. com. Julie wrote this poem about her late mother-in-law who treated her and her sister-in-law to a trip in the South of France to celebrate her cancer being in remission.



#### She Knew

In her cool Merino wool slacks She knew Buy it -- she smiled with glee and so the gracious mahogany breakfront sat before us Lonely in the corner dusty, its rounded glass doors peering at us like eyes through sunglasses. Buy it she said and the translator we hired to guide us through Arles negotiated - clumsy smiles with the elegant owner of the antique shop on the River Rhone. She knew Buy it she said and she waved her hand at all the ways I could imagine why it was an impossible purchase fretting over the logistics of a France to USA shipment. Buy it she said and I did. And we toasted the acquisition over rose wine in fine crystal at the wood-beamed and stone home in the tiny French village of the translator. Who understood. Buy it she said and she knew That in nine months she would be gone leaving us to celebrate life and love dinner after dinner year after year generation after generation along with the lonely dusty once-forgotten breakfront. She knew.

— Julie Cristal

To have your work considered for the Lyrical send it to: Doug Holder, 25 School St.; Somerville, MA 02143. dougholder@post.harvard.edu

## FF THE SHELF

by Doug Holder

## Somerville voice teacher Celia Slattery gives her students a voice



Originally from California, voice teacher and performer Celia Slattery has lived in worked in Davis Square for the past 17 years. She described the community as vibrant, and a good place for someone in her profession to be located. She has performed in many local spots, such as: the now defunct Johnny D's, the Davis Square Theater, Ryles in Inman Square, Club Passim in Harvard

Slattery told me she sings both jazz and folk/ rock music. She counts Nora Jones, Joni Mitchell, and Leonard Cohen as singers she admires. Of the late Leonard Cohen she states, "His lyrics are thoughtful and not predictable. His music is soulful and sensual at the same time."

Slattery attended U/Mass Amherst and has a theater background. She was a member of the experimental troupe "Reality Theater." There she dabbled in improvisation.

She likes the music of what she describes as the "First Ladies of Jazz" - classics like Bessie Smith, Ella Fitzgerald and others. This affinity for these singers has led her to create a one-woman show that explores their vocal art.

helps students get their voices in shape, as well as <a href="http://celiaslattery.com/studio.">http://celiaslattery.com/studio.</a>

teaching them vocal techniques. She said, "I physically train singers. I show them how to exercise their muscles that make sound. I teach them to sing at their peak efficiency."

I asked her about older singers, people whose voices who tend to crack, and cannot reach certain ranges. I wondered about people 80 and over. She told me, "Well, we have Tony Bennett, and he still has it. Like any athlete you have to exercise your muscles. Older folks can do do that and still sing reasonably well. I teach my older students to use different vocal folds. I teach them to work with their rib cage, stomach muscles, and tongue. I do this with all students and it helps most people."

I asked Slattery about the backgrounds her students bring to the table. She said her students are an eclectic group. They are people who sing on tour cruises, high school singers, rock singers, nightclub crooners, etc. Slattery reflected, "I have even helped people regain their vocal ability after they suffered with cysts, polyps, nodes, etc." Although her prices are not cheap, they are competitive. They reflect the quality of work Slattery feels she provides.

Slattery makes a living by teaching voice. She To find out more info about Celia Slattery go to:

## **Memory Café hosting Dance Troupe**

The Cambridge Connections Memory Café invites you to join us for "Dance Me A Story," a performance of dance, narration, and song by the Back Pocket Dancers.

Back Pocket Dancers is a nine-member intergenerational dance company (oldest member is 93) which presents powerful dance/theater programs.

Hosted the third Friday of each month from 10 a.m. to noon at the Cambridge Citywide Senior Center (806 Mass Ave), Cambridge Connections is a free social gathering for people with dementia and their partners. Cambridge Connections is co-hosted by the Cambridge Council on Aging and Somerville-Cambridge Elder Services.

For more information or to register, call (617-628-2614 ext.

607) or email at info@eldercare.org. Registration is requested, but not required. Anyone who requires personal care assistance must be accompanied by a care partner.



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