



2023 HISTORIC BIKE RIDE ROUTE: FLUFFERNUTTERS SEARCH!

Somerville, MA

Date: October 8, 2023



MISSION

Collect ingredients to make fluffernutter sandwiches!
And then enjoy them at Somernova or Aeronaut
Brewery courtyard depending on the weather!

Direction	Location
START 1	Somerville City Hall (1852) LHD/NR; Learn re: historic Civic Center & Community Path Extension
RIGHT	Highland Ave., then RIGHT on School St. sidewalk
LEFT (west)	On the recently opened Community Path extension
RIGHT and STOP 2	58 Sycamore - Susan Russell House, 1830, LHD/NR; where owner will share bit of history.
WALK	Head back to Community Path Extension (heading west)
RIGHT	Willow Ave.
STOP 3	Lyndell's Bakery (1887) 1 of oldest "scratch" retail bakeries in the U.S.!
LEFT	Broadway heading west
STOP 4	Nathan Tufts Park (established 1892), LHD/NR
WALK	Up incline to Old Powder House (1747) LHD/NR
RIGHT	Warner St.
RIGHT	Winchester St., at Medford border
LEFT	Marion St., Medford
CROSS	Main St. to Mayberry Ave., Medford
LEFT	Willis Ave., Medford

RIGHT	Alexander Ave. , Medford
CROSS	Mystic Ave. , Medford at crosswalk
RIGHT	onto Mystic Valley Parkway sidewalk, cross Mystic R.
RIGHT	into Tobert McDonald Park paths, Medford
CROSS	Rt. 28 at crosswalk, Medford
CONTINUE	to Wellington Greenway under MBTA Orange line track
PASS	Through Wellington T Station parking lot, Medford
RIGHT (east)	On Rt.16 bike/sidewalk, cross Malden River into Everett
USE	underpass under Revere Beach Parkway, Everett
EAST	Along Rt.16 to Santilli Highway, Everett
STOP	 Teddie Peanut Butter (1930 invented; 1960 moves from downtown Boston to Everett factory. Closed on Sundays.
STOP	 Rest time & restrooms at Night Shift Brewery (2012) BUT testing began in small kitchen by trio living on Josephine Ave, Somerville! (2007) Who knew and how cool is that!
WEST & SOUTH	on paths around parking lot to the Malden R. to RT. 16
WEST	on Rt.16 bike/sidewalks to RiverEdge Dr.
LEFT	under Rt. 16/Revere Beach Parkway, Medford
PASS THRU	Wellington T Station parking lot to Wellington Greenway
CONTINUE ON	Wellington Greenway under Orange Line tracks to RT.28
LEFT (south)	on Route 28 sidewalk, crossing Mystic river
LEFT	Mystic R. paths along Grand Union Blvd., East Somerville
RIGHT	Foley St., East Somerville, thru Assembly Row
PASS	Under Northern Expressway (RT. I-93) , East Somerville
CROSS	Stop & Shop parking lot, East Somerville
CONTINUE	South on Garfield Ave., East Somerville
LEFT	Broadway, East Somerville
RIGHT	Cross St., East Somerville

LEFT	Pearl St., East Somerville
RIGHT	Franklin St., East Somerville
RIGHT	Washington St., East Somerville, near new GLX T stop
LEFT	Prospect St., Union Square, Somerville, near new GLX T stop
RIGHT	Somerville Ave., Union Square, Somerville
STOP 6	Union Square, center
LEFT	Properzi Way, Union Square, Somerville
STOP 7	The Dojo, part of Somernova Complex, aka Innovation Way, in of course, pioneering Somerville! Depending on the weather, we will create Fluffernutter sandwiches inside or in adjoining courtyard associated with Aeronaut Brewery, and wash down our sticky concoctions with locally brewed beers (alc or not) or Tower Root Beer (1914) originating as Prospect Hill Bottling and Soda Water Company in East Somerville.

Here are website links to the five (5) businesses that are highlighted on this Ride due to their historic association with the City of Somerville-- in the distant past or still currently. We encourage you to peruse them, to learn how each were launched in Somerville by aspiring entrepreneurs, reinforcing the pioneering and innovative reputation of our community!

www.Lyndells.com

www.teddie.com

www.Nightshiftbrewing.com

www.marshmallowfluff.com

www.towerrootbeer.com

Here are links to find out more about Somerville history - the houses, people, and sites that give it charm and defining character to celebrate and preserve at a time when change is constant, irreversible and unsettling without some grounding roots.

www.somervillema.gov/departments/ospcd/historic-events-and-education

-go to Self Guided Tours and Brochures for more details re: Nathan Tufts Park, videos for past walking tours and bike rides, and <https://mhc-macris.net/> to search for historical info for specific properties such as the Susan Russell House (1830)at 58 Sycamore St.

Thank you for taking a spin with us, and exploring some of the ever expanding greenways and trails of metropolitan Boston via carbon free cycling!